

# 2017 KWPR Swim Team Information

Welcome to the 2017 Swim Season! Please read the information listed. Remember, we are built on volunteering to make the meets successful. If you have any questions just ask!

## 2017 Swim Fees and Expenses

Swim Team Fee - \$100 per child (includes swim cap and t-shirt)

Family Expenses outside of swim fees (estimated)

Pasta Pump – Normally held Thursday night before Divisionals - \$5.00 per person with a max of \$20.00 per family.

Home Meet Concessions – normally a case of water or case of Gatorade is requested per family, along with a donation of baked goods or chips to sell at concessions at a home meet.

Team Swim Suit – (Optional – not required) up to \$25.00 depending on gender.

Sonic Nights – (Optional) typically the team goes to Sonic (normally in Mauldin)

## Meet Schedule for GOLD Division

Week 1- June 1st	McCarter (MC) @ KWPR 127 Gail Drive, Mauldin, SC 29662
Week 2- June 8th	KWPR, Weatherstone (WST) @ Heritage Lakes (HL) 104 Black Horse Run, Simpsonville, SC 29681
Week 3- June 15th	Weatherstone (WST) @ KWPR 127 Gail Drive, Mauldin, SC 29662
Week 4- June 22nd	KWPR, Bent Creek (BC) @ McCarter 300 McCarter Ave., Greenville, SC 29615
Week 5- June 28th	KWPR, McCarter (MC) @ Weatherstone (WST) 1 Weatherstone Lane, Simpsonville, SC 29680

## **Divisionals**

Saturday, July 15th      Away @ Bent Creek (BC)  
100 Marcie Rush Lane, Greer, SC 29651

## **Championships**

Saturday, July 22nd      Away @ Westside Aquatic Complex  
2700 W. Blue Ridge Drive, Greenville, SC 29611

## **Classics**

Sunday, July 23rd      Away @ Westside Aquatic Complex  
2700 W. Blue Ridge Drive, Greenville, SC 29611

## Practice Schedule

Our first practice will be Monday MAY 15, from 4:30-5:30 pm at Knollwood Pool (125 Gail Drive, Mauldin, SC 29662). Subsequent practices will be at the same time and location unless otherwise communicated, until school is out. The first practice will be on land; all other practices please be prepared to swim! We are currently working on the summer practice schedule for once school is out; however tentative practices are listed below (and Planter's Row swimmers are welcome to practice at Knollwood):

### Planter's Row:

M, T, W and Th 8:30-9:30am

### Knollwood:

M, T, W, and Th 10-11 am, Friday fun day/ribbons- typically 10am but communicated after meet!

M, T, and W 6:30 – 7:30 pm

### Contact information

#### **Coaches:**

Michelle Carpenter – 704-4068 – [michellecarpenter79@yahoo.com](mailto:michellecarpenter79@yahoo.com)

#### **SAIL and Assistant SAIL Reps:**

Knollwood - Sally Anderson - 630-4284 - [swimmersmom@bellsouth.net](mailto:swimmersmom@bellsouth.net)

Planter's Row - George Dowling – 905-0077 – [dowling927@bellsouth.net](mailto:dowling927@bellsouth.net)

**KWPR Swim Website:** [www.SwimMauldin.com](http://www.SwimMauldin.com)

**KWPR Swim Team email:** [kwprbarracudas@yahoo.com](mailto:kwprbarracudas@yahoo.com)

### Training/Certification

**All parents must be certified in timing.** We ask that you also get certified in runner and records & ribbons if possible. We are in need of Stroke and Turn Judges, a Starter, and a Referee this year. **As an added incentive for those never before certified in these positions, once you attend training and are certified in these areas, we will return 20% of swim fees paid for one swimmer to you. (Should both parents become certified in these areas, we will return this fee for up to 2 swimmers.)** Contact the SAIL reps for more information.

#### **2017 Training Schedule**

##### **Stroke & Turn, Starter, Referee**

Tuesday, April 25, 6 – 9 pm

Saturday, April 29, 9 am – 12 n

Saturday, May 6, 9 am – 12 n

Tuesday, May 9, 6 – 9 pm

Saturday, May 13, 9 am – 12 n

Thursday, May 18, 6 – 9 pm

Saturday, April 30, 1 – 4 pm

##### **Clerk of Course**

##### **Computers (Setting Up and Running Meets)**

Saturday, April 29, 9 – 11 am

Saturday, May 6, 9 – 11 am

Thursday, May 18, 6 – 8 pm

All training classes will be held at First Baptist Church, 847 Cleveland St, Greenville 29601.

For timer, runner, and records & ribbons, go to: <http://certification.swimsail.org/> to study material and take online certification test.

### MEETS

#### **What to expect**

-kids, chairs and towels everywhere!

-parents cheering on all the kids from around the pool



-kids in the tent area with friends, hanging out playing games, waiting for their events  
 -food (dinner and snacks) and drinks available at concessions, or pack a picnic  
 -new friends and a great time for kids and parents alike, as we get to know each other thru the season!

### What to bring

- towels
- goggles
- swim cap
- clothing (may occasionally need a sweatshirt for evenings)
- chair
- dinner/healthy snacks
- water bottle
- money for concessions
- games, headphones, etc (though remember: stuff gets wet!)
- sun block
- bug spray

### Events

Coaches determine which events a swimmer will swim in. Each swimmer may participate in up to 3 individual events plus relays. Events are as follows:

Ages 8 & under and 9/10 (Boys & Girls)	Ages 11/12, 13/14, 15-18 (Boys & Girls)
100 m Medley Relay	200 m Medley Relay
25 m Freestyle (short free)	50 m Freestyle (short free)
100 m Individual Medley	100 m Individual Medley
25 m Breaststroke	50 m Breaststroke
50 m Freestyle (long free)	100 m Freestyle (long free)
25 m Backstroke	50 m Backstroke
25 m Butterfly	50 m Butterfly
100 m Free Relay	200 m Free Relay

### Other information

Swimmers and Parent Volunteers must inform coach or SAIL rep at least 1 week in advance if they are **unable** to attend a meet. For purposes of entries and coordination with the other swim team, we need to know if you will miss a meet NO LATER than NOON on the MONDAY before that meet. Illness is of course unavoidable, and we will deal with unplanned absences when they happen.

Meets start at 6 pm (except for Divisionals). Warm up times are typically at 5:35pm for away meets and 5:15pm for home meets. Therefore, try to arrive by 5pm for home meets and 5:15 for away meets to get parked and settled.

After Thursday morning practice, when a meet is scheduled, swimmers must stay out of sun for remainder of day up until time of meet.

Swimmers are responsible for reporting to their event on time. Kids need to pay attention in the designated "tent area" (where team sits) and be listening for their event and name to be called. The tent parent and coaches will have the heat sheets (which lists all swimmers and events in order) and other heat sheets will be posted for parents and swimmers to check in what events a swimmer will participate.



Swimmers must stay with their team in the designated tent area during the meet when not swimming. They should not wander far or be sitting on the pool deck.

Do not leave the meet without checking with a coach, tent parent, or SAIL Rep first! Your child may be scheduled for a relay event at the end of the meet.

Coaches, Referees, and SAIL Reps have the authority to dismiss a swimmer, parent, or spectator from a meet for unruly behavior, failure to comply, or disrespect.

Swimmers are responsible for cleaning up the team area at both home and away meets.

And...many nights after a long, crazy meet, what could be better than a slushy drink or ice cream! Many Thursday nights we meet at Sonic (typically in Mauldin) to hang out and decompress- all invited!!!

### **Weather**

We probably said it before, but it will always thunderstorm on Thursday evening ☺. That said, we rarely cancel meets or practices in advance. Swim meets (and practices) can and will take place in the rain, but there will be a storm delay in the event of lightning and thunder. Typically this means we try to wait out the quick summer storms to get a meet in because they are very hard to reschedule and rarely made up if they are cancelled.

Occasionally we have a cool rainy morning or a morning thunderstorm that may interfere with swim practice. Please check your email in the morning for information in these cases.

### **Swimsuits**

Team swimsuits are not required to purchase, but are encouraged for team unity. Parents will order the swimsuits directly off of the website: <http://www.kiefer.com/teams/KWPR> You will first need to create an account on the website. Once you do, and you ensure you are on the Team Page (**KWPR**), you should see the three team suits (one girls suit, and two boys suits). Prices with team discount (shown in red) are \$22.91 for girls suit and \$16.96 for the boys suit (not including tax and S&H). IF the price does NOT come up with red the team discount, try to logout and log back in again.

### **Concessions for Home Meets**

For our home meets, we ask families to help provide items to be sold at the concessions stand during the meet. Typically this means bringing water, ice and/or a snack/dessert type item with you to the home meets. Look for an email during the week of the home meet to see what each of us is asked to bring.

### **Divisionals**

This is our last meet as a team for the season where all the teams in Gold division come together for one last hurrah. Points are scored for the team based on the number of swimmers that swim (Splash Points) and the placements of the swimmer (Quality Points). Typically this day can run approx. 8am-2pm. More information about Divisionals (as well as championships and classics) will be forthcoming as we reach the end of the season.

### **Special Events**

Typically coaches and SAIL reps will try to organize a few special events or outings during the season. In addition, many fun activities take place during the week leading up to Divisionals, including Spirit Week and a "Pasta Pump" dinner toward the end of that week for families and swimmers. Please check your email regularly during swim season!!

### **And... THANK YOU!**

For your decision to participate in Knollwood/Planter's Row Swim Team this season! We are looking forward to another GREAT season! If there are areas that are in need of improvement, or you have questions or concerns at any time, please don't hesitate to talk to a coach or a SAIL rep. We are always looking to better organize and strengthen KWPR for the sake of all our families!

Your KWPR SAIL Reps and Coaches



# 2017 KNOLLWOOD/PLANTERS ROW (KWPR) SWIM TEAM REGISTRATION

**SWIMMER'S NAME** \_\_\_\_\_

**M/F** \_\_\_\_\_

**BIRTHDAY** \_\_\_\_\_

**AGE**  
**AS OF** **MAY 31**

**WOULD YOU CONSIDER CHILD**  
**A BEG / INT / ADV SWIMMER?**

**BIRTH**  
**CERTIFICATE**  
**ON FILE**

**Address (include city and zip):** \_\_\_\_\_

**Contact Phone #** \_\_\_\_\_ **(home or cell?)** \_\_\_\_\_ **e-mail address(es):** \_\_\_\_\_

**Father's name & Cell #** \_\_\_\_\_ **Mother's name & Cell #** \_\_\_\_\_

## KNOLLWOOD/PLANTERS ROW (KWPR) MEDICAL RELEASE

**Family Physician** \_\_\_\_\_ **Physician Phone #:** \_\_\_\_\_

**Insurance Carrier** \_\_\_\_\_ **Policy #** \_\_\_\_\_

I do hereby grant the bearer of this form my permission and consent to render emergency medical treatment for my swimmer(s). This authorization includes the power to consent to, and approve of, emergency medical treatment by a physician, hospital, or emergency care unit for such operations or procedures as are considered necessary or appropriate in the judgment of the medical staff of facility rendering the treatment. In addition, I understand that all expenses incurred in administering such treatment will be assumed and borne by me and are not the responsibility of SAIL or my child's team or club. I also understand that no claim may be made against SAIL or its insurance carriers until all claims have been made and answered by all other Insurance carriers on my swimmer.

**Allergies/Special Conditions:** \_\_\_\_\_

**Parent/Guardian Signature** \_\_\_\_\_

**Printed Parent/Guardian Name** \_\_\_\_\_

**Signed Date** \_\_\_\_\_

## PARENT VOLUNTEER REGISTRATION

**We need your help to make our swim program successful. Please indicate below the areas in which you would be willing to serve after getting more information and/or training. Select at least two areas from swim meet service and one area from general service.**

**Areas of service at the swim meet:**

(Select Two)  
 Referee\* \_\_\_\_\_ Runner \_\_\_\_\_  
 Starter\* \_\_\_\_\_ Concessions \_\_\_\_\_  
 Stroke & Turn Judge\* \_\_\_\_\_ Ribbons \_\_\_\_\_  
 Timer\* \_\_\_\_\_ Records, Asst \_\_\_\_\_  
 Records\* \_\_\_\_\_ Clerk of Course, Asst \_\_\_\_\_  
 Clerk of Course8 \_\_\_\_\_  
 \*training and certification required

**Areas of service in general:**

(Select One)  
 Team Newsletter \_\_\_\_\_  
 Publicity (neighborhood signs) \_\_\_\_\_  
 Computer \_\_\_\_\_  
 Team pictures \_\_\_\_\_  
 T-shirts \_\_\_\_\_  
 Telephoning \_\_\_\_\_  
 Spirit \_\_\_\_\_

**For Registrars Use Only:**

Fee Paid \_\_\_\_\_  
 Computer \_\_\_\_\_  
 Volunteer \_\_\_\_\_  
 Pool Member \_\_\_\_\_

**For further information, please contact Sally Anderson ([swimmersmom@bellsouth.net](mailto:swimmersmom@bellsouth.net) at 630-4284) or George Dowling ([dowling927@bellsouth.net](mailto:dowling927@bellsouth.net) at 905-0077). Form must be received by April 30 to avoid late payment fee. See Information Sheet for fees payable. Please make check payable to KWPR Swim Team.**





# SAIL Ethics and Liability Agreement

## Code of Ethics

All members of the League shall adhere to the following Code of Ethics (Section 3.12 of the SAIL Bylaws).

- As a participant, I will refrain from all personal action that might provoke other participants, spectators, or officials to unsportsmanlike conduct.
- As an individual, I will refrain from offensive or abusive language and will confine myself to proper remarks at the proper time to officials in charge.
- As a participant, I will respect the dignity of the meet in which I am engaged, the officials, the opponents, and the communities they represent.
- As an individual participant, parent, coach, team, league representative or league officer, I will do nothing that would give myself or my team an unfair advantage over another participant or team.
- As a coach or parent, I will not engage in nor permit actions which will interfere with the operation of the league or its meets; nor will I intrude upon the area of the league and meet officials.
- As a meet official or league officer, I will return courteous answers to legitimate questions and recognize remarks made by authorized persons. I will not allow any acts by others which do not uphold the standards set forth in the by-laws of the league.
- As a participant of the meet, I will maintain an attitude of true sportsmanship.
- As a member of SAIL, I pledge myself to create a mature, healthy, and fair atmosphere for all swimmers at all times.

## Waiver and Liability Release

In consideration of the work SAIL has done and will do to organize swim meets, and of the minor participant(s) listed below being allowed to participate in SAIL swim meets and related events and activities, the undersigned:

1. Agree that the parent(s) and/or legal guardian(s) of the participant have the ability to inspect the facilities and equipment to be used at SAIL swim meets and related events and activities, and if the parent or guardian believes anything is unsafe, he or she should immediately advise supervisor (referee, lifeguard, etc.) of such condition(s) and refuse to allow participant to participate.
2. Acknowledge and fully understand that each participant will be engaging in SAIL swim meets and related events and activities, which involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from his/her own actions, inactions, or negligence but the action, inaction or negligence of others, or the condition of the premises or of any equipment used. Further, we understand there may be other risk not known to us or not reasonably foreseeable at this time.
3. Assume (for themselves and for the participant) all the foregoing risks and accept personal responsibility for the damages caused by such injury, permanent disability or death.
4. Release, waive and discharge SAIL and its Executive Board of Directors, its affiliated teams, their representatives, coaches, other members/participants, sponsoring agencies, sponsors and advertisers, all of which are hereinafter referred to as "Releasees" from any and all claims, demands, losses or damage to each of the undersigned (who sign for themselves and also on behalf of the minor participant, his or her heirs and next of kin) on account of injury including permanent disability and death, resulting from causes as described in paragraph #2 above, which causes may include, but are not limited to the negligence of the Releasees.

I HAVE READ THE ABOVE SAIL CODE OF ETHICS AND REVIEWED THEM WITH EACH PARTICIPANT BELOW. I ALSO UNDERSTAND THAT I HAVE GIVEN UP MY AND EACH NAMED PARTICIPANT'S SUBSTANTIAL RIGHTS BY SIGNING THIS WAIVER AND LIABILITY RELEASE AND SIGN IT VOLUNTARILY.

## Member/Participant Names

Name of Member/Participant	Name of Member/Participant
Name of Member/Participant	Name of Member/Participant
Name of Member/Participant	Name of Member/Participant

## Parent/Guardian Information

Home Address (with city and zip)		
Home Phone	Work phone	Cell phone
Parent/Guardian Name		Parent/Guardian Relationship
Signature		Date



# SAIL INTENT TO SWIM 2017

Swimmers must declare their intent to swim in Championships and Classics **IN ADVANCE** of their Divisional swim meet in accordance with SAIL policy. No change can be made after the start of the divisional meet.

**SCRATCH FINE:** A swimmer who is a late scratch at either the Championship or Classic meets for other than a valid reason, as determined by the sole discretion of the C&C Meet Director (physical, death in the family, etc.), will be fined \$50.00 per individual event and \$100.00 per relay event payable to the League. Scratches reported prior to Championships and Classics meets being finalized will be fined \$25.00 for any event. The meet will be finalized at 10 am on the Wednesday following divisionals. The responsibility for the fine is on the team. Failure to pay said fine(s) by February meeting of the next year on the part of the team makes that team and all its members ineligible to participate in SAIL until all fines are paid. This fine does not apply to alternates who have not been called by Thursday night. Moving a swimmer or relay from Championships to Classics is optional for the swimmer or relay if notified after 5 pm on the day before Championships. (SAIL Technical Rules 2.7)

Family (last name)

Family Address (street, city)

SAIL Team Abbreviation

Individual Team

Name of Swimmer

Divisionals  
July 14/15

Championships  
July 22

Classics  
July 23

confirmed

_____	Yes	No	Yes	No	_____
_____	Yes	No	Yes	No	_____
_____	Yes	No	Yes	No	_____
_____	Yes	No	Yes	No	_____
_____	Yes	No	Yes	No	_____
_____	Yes	No	Yes	No	_____
_____	Yes	No	Yes	No	_____

Parent Signature

Phone

Date