



U7

Week by Week

Outline for

Coaches

Refer to document: Coach Toolkit U3, U5, U7

You can find it in your email and there is a link on our website at

www.devonsoccer.com

PRACTICE NIGHTS

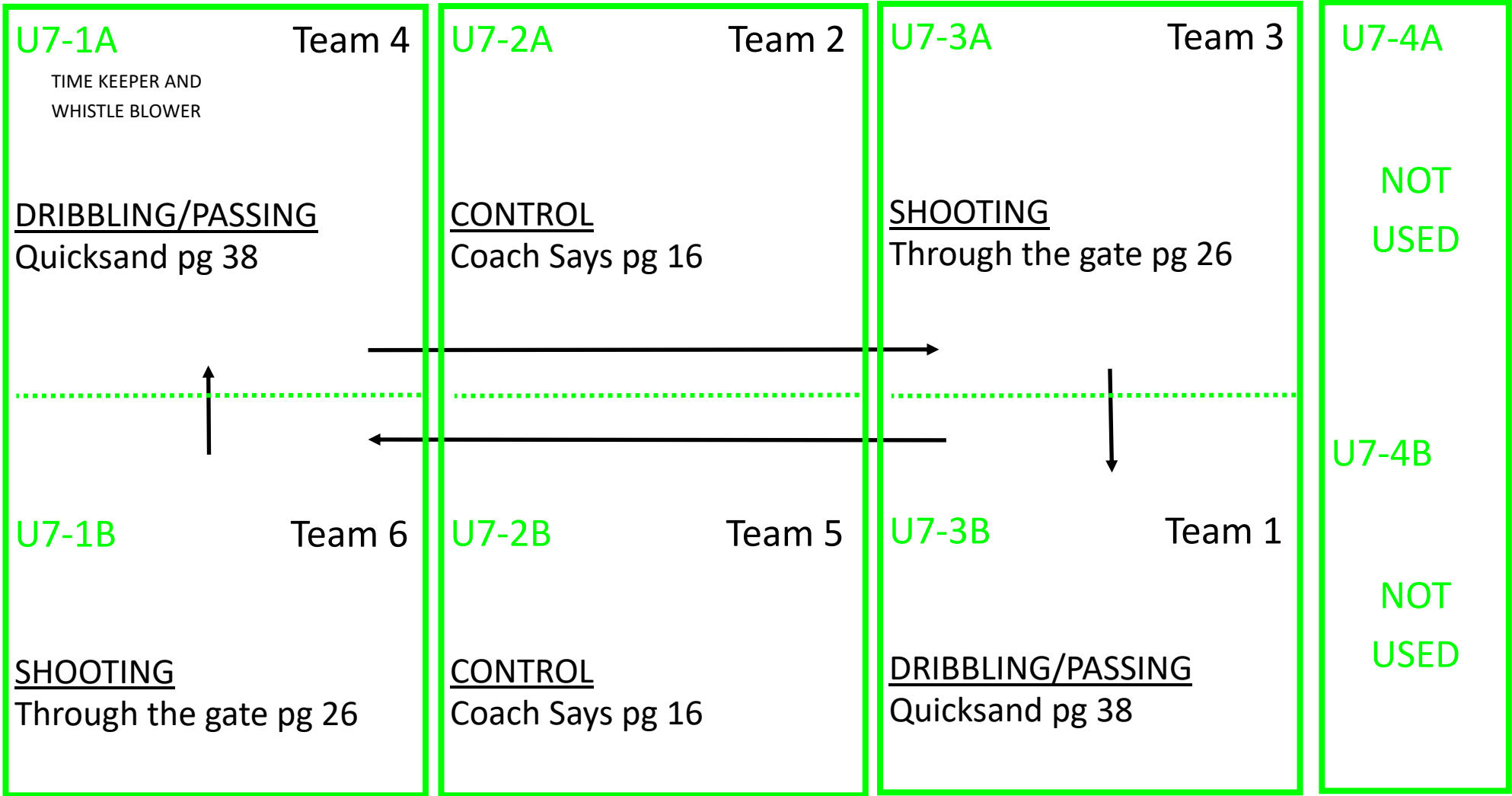
- The Team in U7-1A position will keep time and double blow whistle for rotation.
- Teams will rotate clockwise every 15 minutes
- 1 coach or co-coach stays on original field to teach the assigned drill to the next team of players
- Coach be prepared to set up and teach your skill

GAME NIGHTS

- 5 v 5 including goal keeper
- 2—20 minute halves with 5 min break
- Refer to Coach Handbook for more rules/guidelines

ROBINA BAKER SCHOOL

30-Apr



1A moves to 2A; 2A moves to 3A; 3A moves to 3B; 3B moves to 2B; 2B moves to 1B; 1B moves to 1A

ROBINA BAKER SCHOOL

2-May

U7-1

Team 4 vs Team 6

U7-2

Team 2 vs Team 5

U7-3

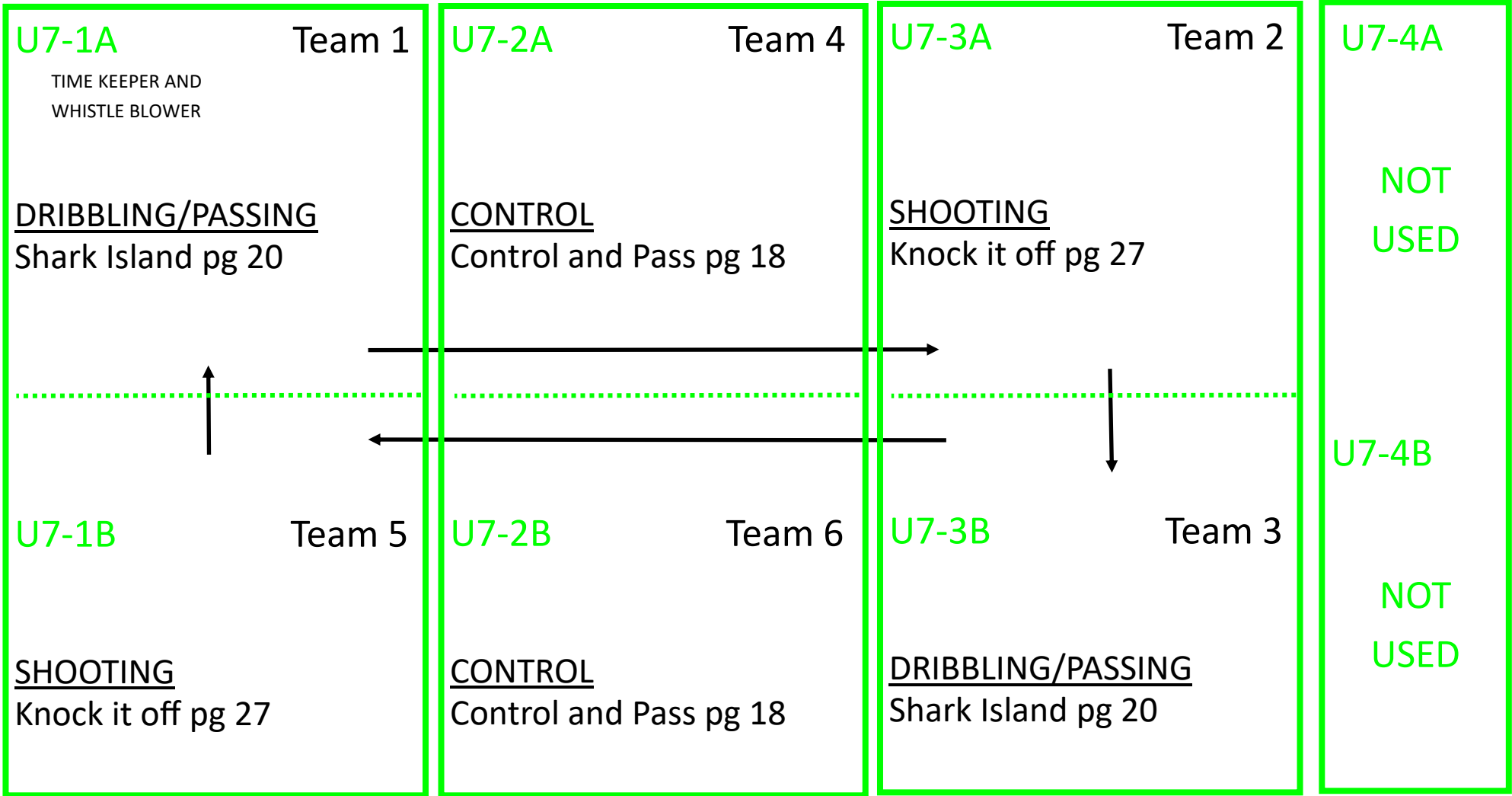
Team 3 vs Team 1

U7-4

NOT
USED

ROBINA BAKER SCHOOL

7-May



1A moves to 2A; 2A moves to 3A; 3A moves to 3B; 3B moves to 2B; 2B moves to 1B; 1B moves to 1A

ROBINA BAKER SCHOOL

9-May

U7-1

Team 1 vs Team 5

U7-2

Team 4 vs Team 6

U7-3

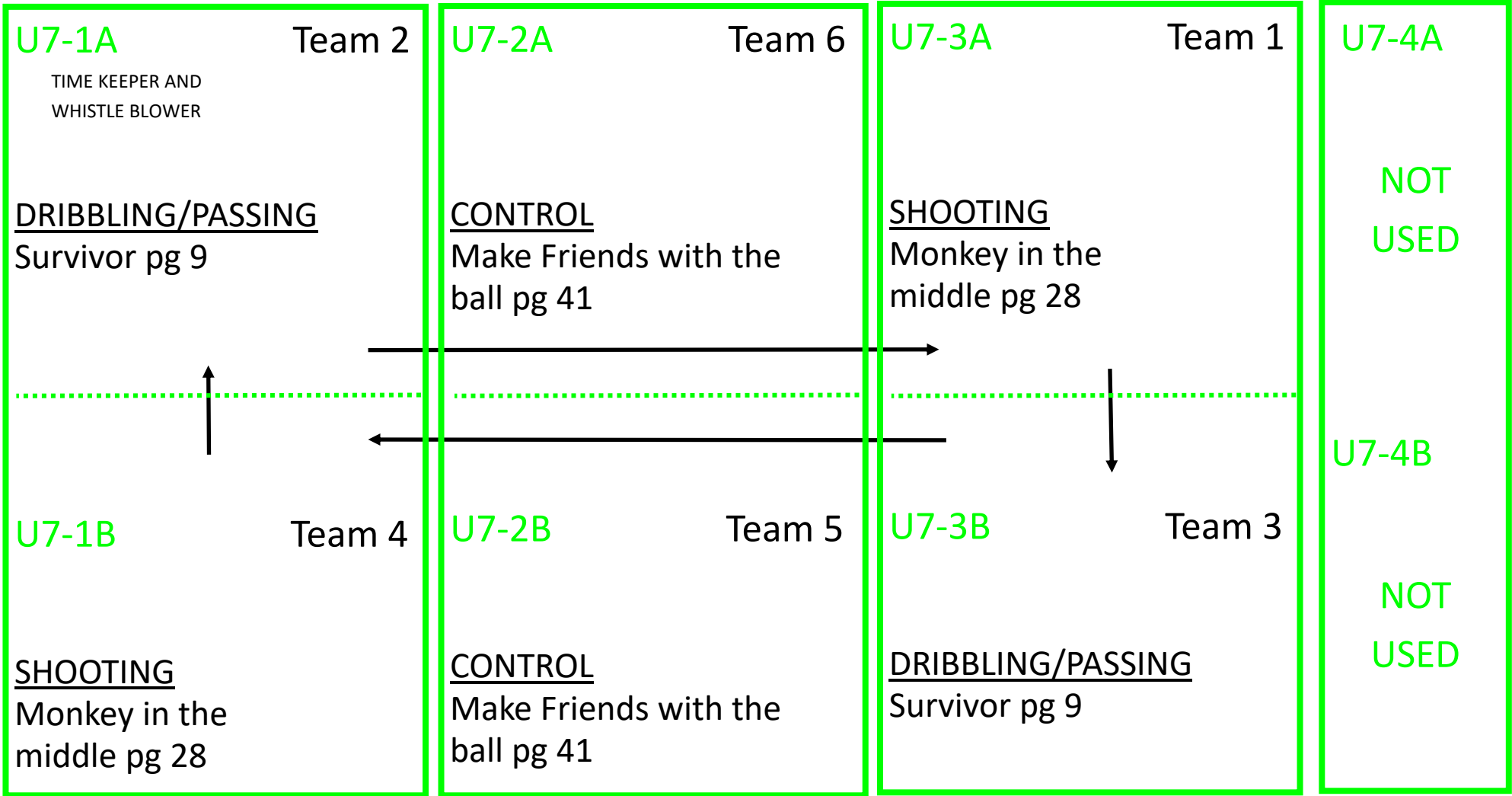
Team 2 vs Team 3

U7-4

NOT
USED

ROBINA BAKER SCHOOL

14-May



1A moves to 2A; 2A moves to 3A; 3A moves to 3B; 3B moves to 2B; 2B moves to 1B; 1B moves to 1A

ROBINA BAKER SCHOOL

16-May

U7-1

Team 2 vs Team 4

U7-2

Team 6 vs Team 5

U7-3

Team 1 vs Team 3

U7-4

NOT
USED

ROBINA BAKER SCHOOL

23-May

U7-1

Team 1 vs Team 5

U7-2

Team 4 vs Team 6

U7-3

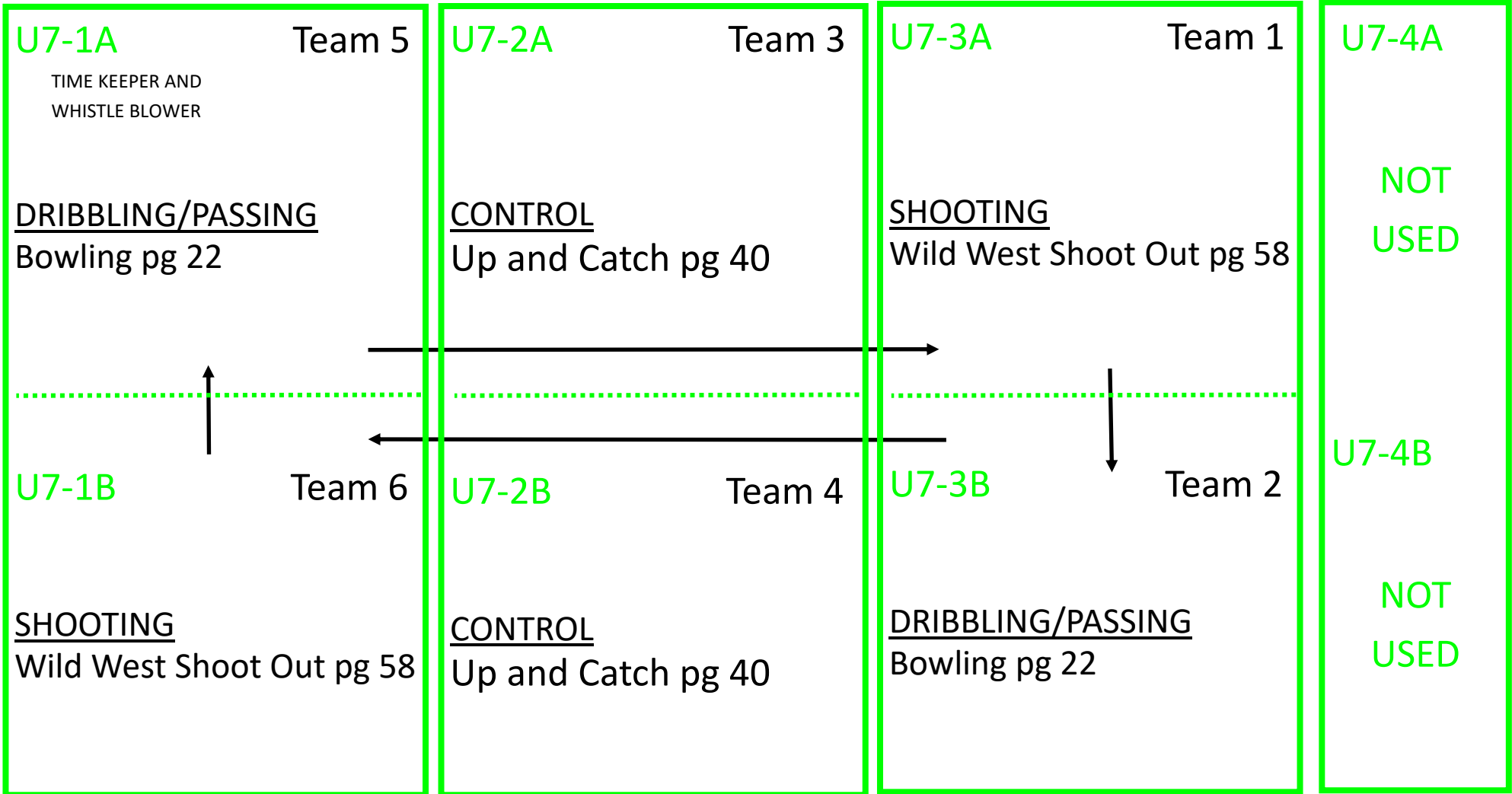
Team 2 vs Team 3

U7-4

NOT
USED

ROBINA BAKER SCHOOL

28-May



1A moves to 2A; 2A moves to 3A; 3A moves to 3B; 3B moves to 2B; 2B moves to 1B; 1B moves to 1A

ROBINA BAKER SCHOOL

30-May

U7-1

Team 5 vs Team 6

U7-2

Team 3 vs Team 4

U7-3

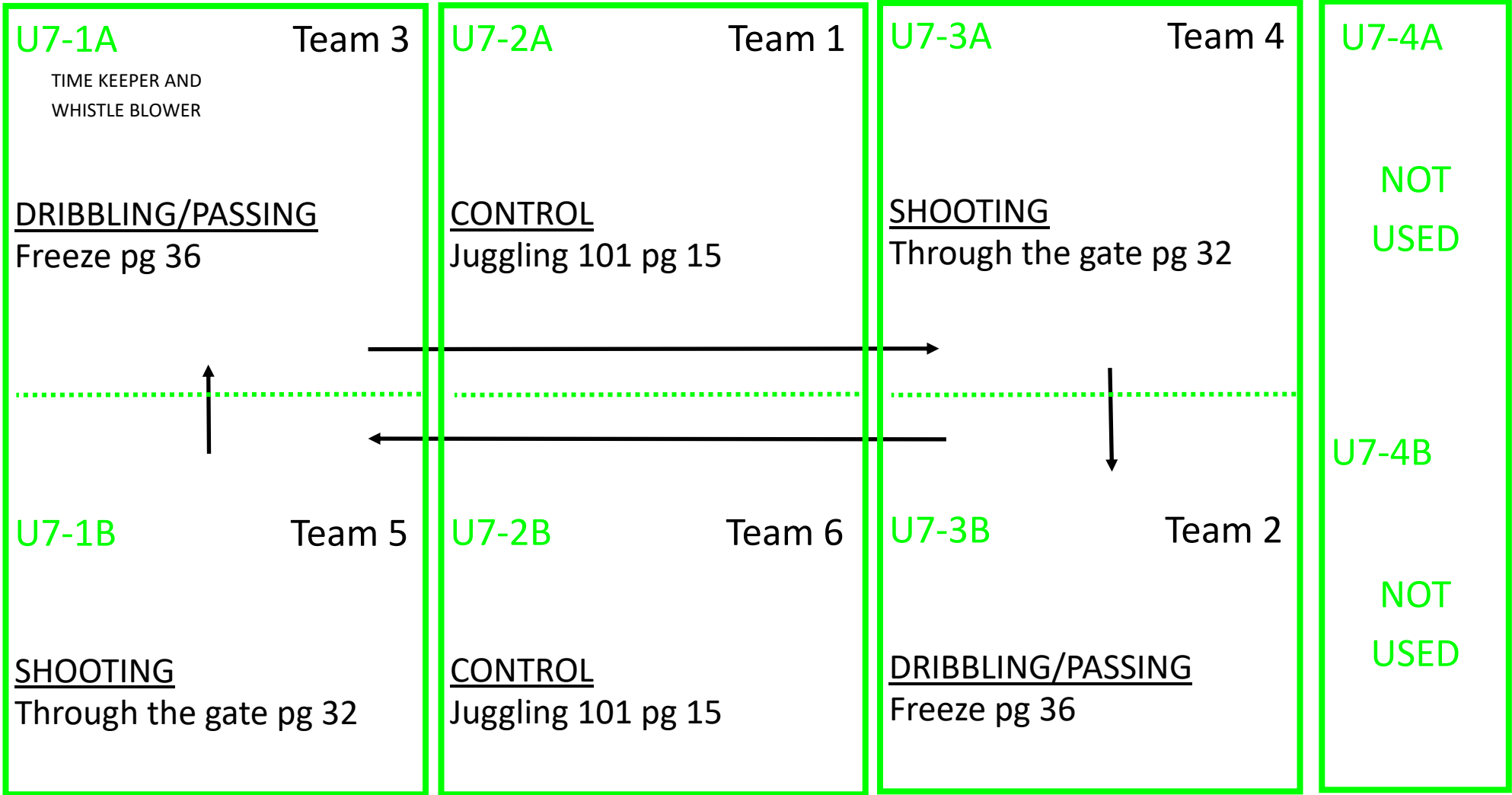
Team 1 vs Team 2

U7-4

NOT
USED

ROBINA BAKER SCHOOL

4-Jun



1A moves to 2A; 2A moves to 3A; 3A moves to 3B; 3B moves to 2B; 2B moves to 1B; 1B moves to 1A

ROBINA BAKER SCHOOL

6-Jun

U7-1

Team 3 vs Team 5

U7-2

Team 1 vs Team 6

U7-3

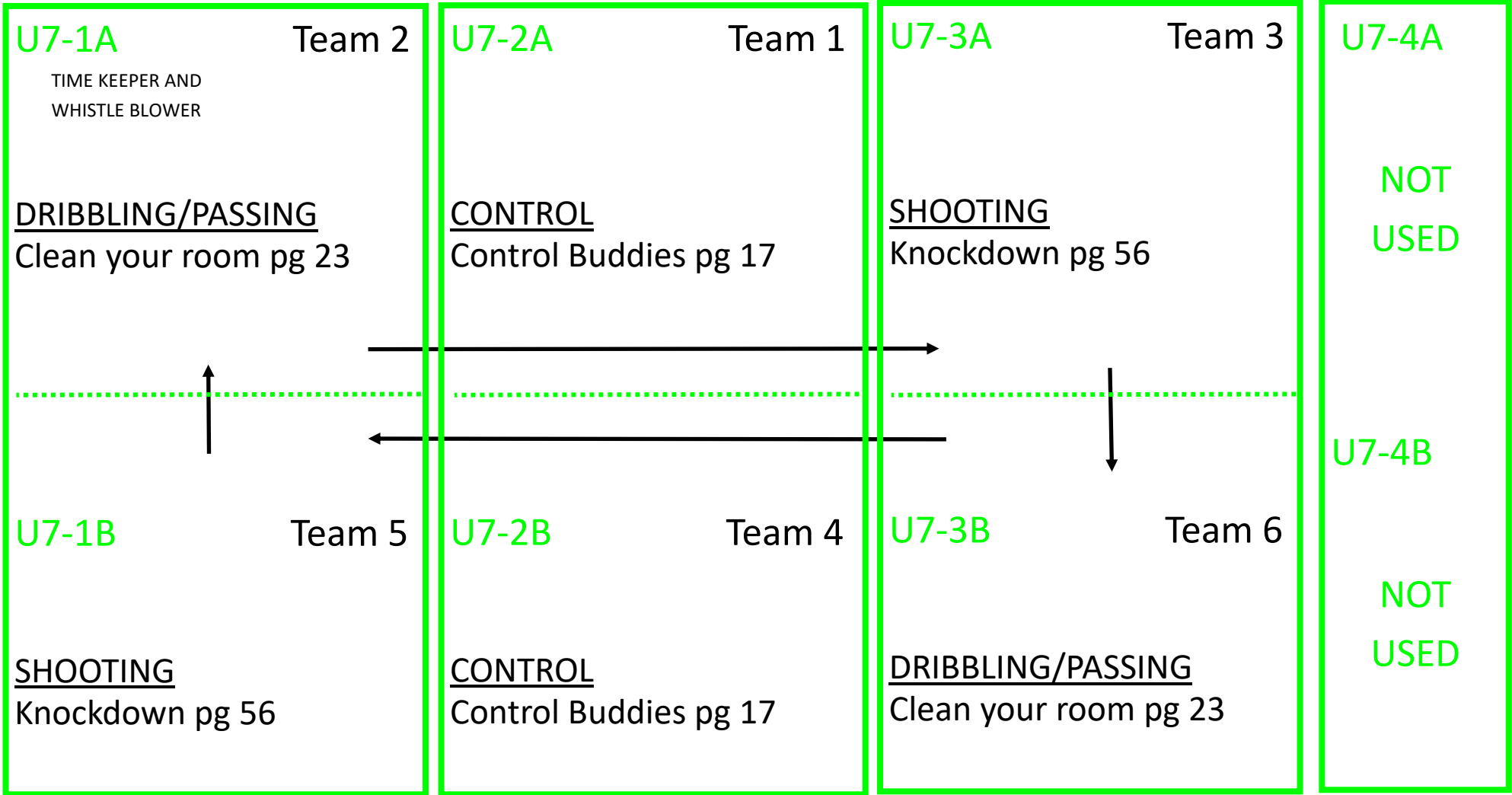
Team 4 vs Team 2

U7-4

NOT
USED

ROBINA BAKER SCHOOL

11-Jun



1A moves to 2A; 2A moves to 3A; 3A moves to 3B; 3B moves to 2B; 2B moves to 1B; 1B moves to 1A

ROBINA BAKER SCHOOL

13-Jun

U7-1

Team 2 vs Team 5

U7-2

Team 1 vs Team 4

U7-3

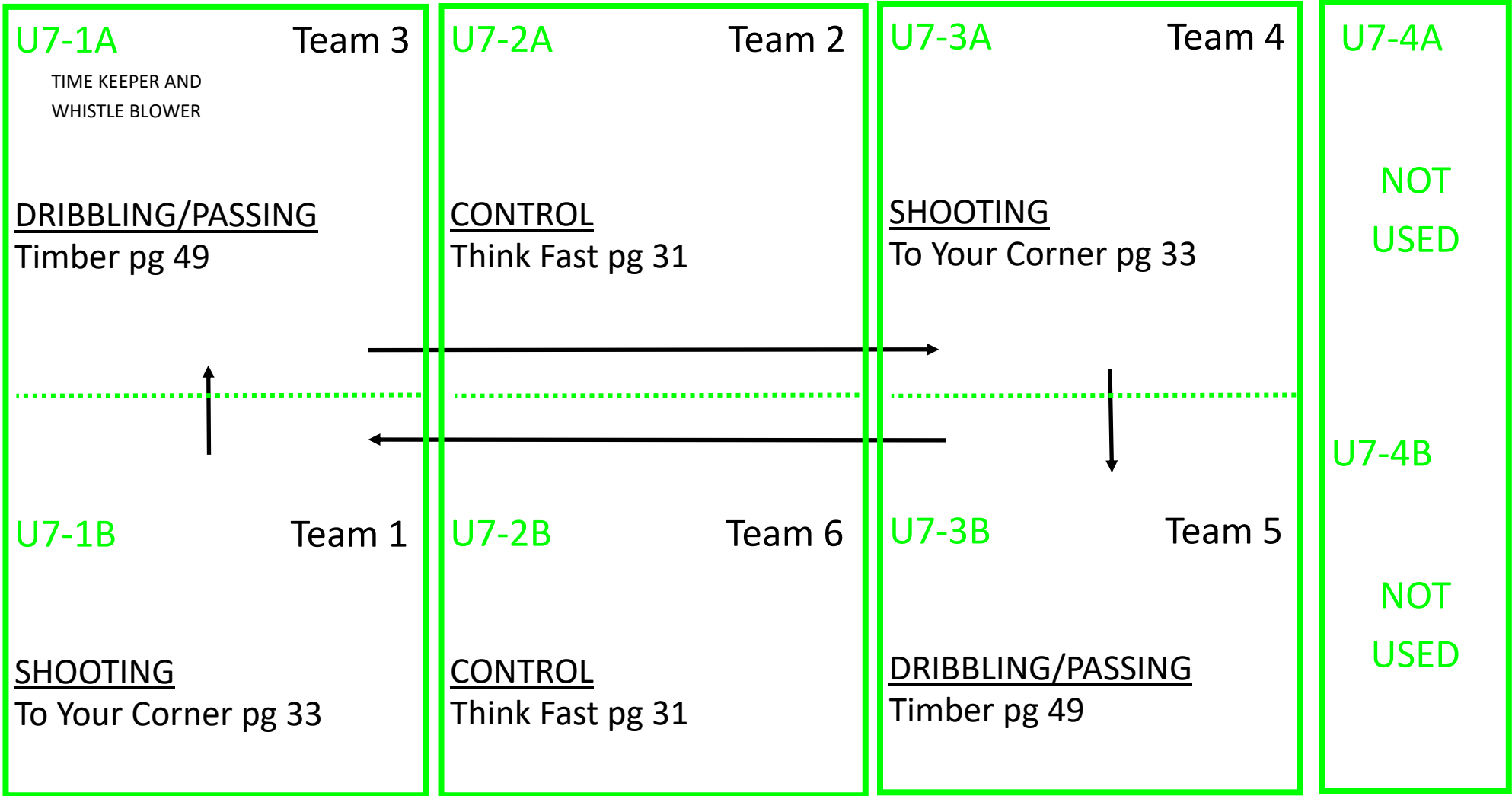
Team 3 vs Team 6

U7-4

NOT
USED

ROBINA BAKER SCHOOL

18-Jun



1A moves to 2A; 2A moves to 3A; 3A moves to 3B; 3B moves to 2B; 2B moves to 1B; 1B moves to 1A

ROBINA BAKER SCHOOL

20-Jun

U7-1

Team 3 vs Team 1

U7-2

Team 2 vs Team 6

U7-3

Team 4 vs Team 5

U7-4

NOT
USED