

#### July 26, 2017 3:00 – 4:30 p.m. Hotel Corque • 400 Alisal Road • Solvang, CA 93464

#### **MINUTES**

**Attendance:** Amelia Abernathy, Donna Beal, Rebecca Benard, Lisa Brabo, Arlene Diaz, Jennifer Griffin, Alma Hernandez, Colleen Jensen, Vicki Johnson, Susan Klein-Rothschild, Ashley Kruzel, joyce ellen lippman, Vianey Lopez, Judi Monte, Daniel Nielson, Marco Quintanar, Margaret Weiss, Phylene Wiggins, Das Williams

**Special Guests:** Viviana Padova, Long Term Care Ombudsman Program of Santa Barbara County

Staff: Barbara Finch and Gloria Munoz

#### 1. Welcome & Introductions

Barbara Finch opened the meeting and introductions were made.

#### 2. Approve Minutes, May 24, 2017

Jennifer Griffin motioned to approve the minutes from May 24, 2017 and Das Williams seconded the motion. Supervisor Williams abstained from voting; all others voted in favor and the minutes were approved.

#### 3. Public Comment

Amelia Abernathy invited everyone to attend the Santa Barbara Care Coordination Coalition meetings, which are convened by Dignity Health and CenCal Health to improve coordination across the healthcare continuum and address gaps in services. The group is currently working on a universal release form and is discussing ways to support specific populations. The meetings are held on the third Thursday of every month from 2:30pm - 4pm at Hotel Corque.

#### 4. California Community of Constituents: AAN Regional Coalition

- Report from SoCal Regional Meeting July 13th
- October 25-26, 2017 Advocacy Day and LTSS Summit
- AAN elevator speech

Barbara stated that the Southern California Regional Meeting was hosted in Santa Barbara on July 13<sup>th</sup>. Jennifer Griffin mentioned that they asked what coalition members and stakeholders thought about the SCAN Newsletter that was sent out. Few AAN members had read the newsletter. Jennifer invited people to contact her with feedback.

The second focus was on the Capitol visits coming up in October. Each regional coalition will be bringing relevant information to elected representatives and staff regarding local work that is being done on behalf of older adults and people with disabilities. As the Central Coast Coalition, AAN will be collecting personal consumer stories that illustrate local priorities. Appointments will be made with Assembly Member Monique Limón, Senator Hannah BethJackson and possibly Assembly Member Jordan Cunningham. They will also be creating packets and leaving that information with legislators and their staff. This is the first time a coordinated effort is being made to reach legislators with unifying messages from 21 different regional coalitions. Jenn is the person that is representing the Adult & Aging Network (AAN). Preparations will include developing an AAN elevator speech. Since Santa Barbara and Ventura County share Assembly Member Monique Limón and Senator Hannah Beth-Jackson, they will be combining with Ventura County for those two visits.

Barbara concluded by encouraging people to register for the Advocacy Day and Long-Term Services and Supports Summit on October 25<sup>th</sup> and 26<sup>th</sup>. Gloria sent out an email with the link to register.

## 5. VNHC Update on Senior Assessment Program

Colleen Jensen, Nurse at Visiting Nurse & Hospice Care, gave an update on the Senior Assessment Program (SAP). She distributed two handouts (see attached) that reflected results of the SAP interventions and types of linkages made as a result of SAP assessments and screenings. Colleen added that she attended the Santa Barbara County Emergency Medical Services Agency three-day training conference that all paramedics and firefighters attended. She spoke to them about the SAP and beginning this month, if they go out on a call and the patient is not transported to the Emergency Room, they will be offering to make a referred to the SAP. She has already received a handful of referrals from them. Susan mentioned that the goal was to maximize the opportunity for any senior that is at risk of not being able to stay home to be able to make contact with someone before there is a crisis. Overall, Colleen felt that most people she's come across need help at home and either don't qualify for In-Home Supportive Services or don't have enough hours. For those that are still not very safe at home on their own, she has kept their cases open for a little bit longer. Judi Monte suggested to Colleen to add her contact information in 2-1-1.

Susan Klein-Rothschild stated that the PHN position will continue to be funded through June of 2018 and will be reassessed during the budget process every year. Barbara asked Colleen if she needed any help from the group. Colleen mentioned that a lot of seniors can't afford Life Alerts. Seniors run the risk of falling and not being able to call for help until someone stops to check in on them and the ones that are at the greatest risk are the ones that pass out.

# 6. Circles of Connection: Mapping Our Collaborations

# • What do we want to know and why?

# Local, regional and countywide efforts

The Santa Barbara Care Coordination Coalition wants to know about all of the different meetings that happen around Santa Barbara County. Amelia shared that they would like to come up with a matrix or list that they can keep updated to help them build relationships. Barbara mentioned that it is important for the Santa Barbara Care Coordination Coalition to be aware of the work being done by the Adult and Aging Network. Members worked in small groups to brainstorm issue areas that they are working to address or that they feel need to be addressed in three domains: safety, health and quality of life.

The members came up with the following issues:

### <u>Safety</u>

- Funding for community-based services New & Secure
- Multi-Disciplinary Teams to help independent seniors with dementia or mental health issues
- DME (durable medical equipment)
- Home assessments
- Dementia proof homes
- Preventing elder abuse & neglect
- Radio transmitters
- Emergency preparedness & response
- Senior Assessment Program
- Fall Prevention Programs
- Safe and affordable housing
- Crisis counseling

# <u>Health</u>

- Funding Secure expectation of reimbursement
- Isolation lack of community connection
- Access to doctors/transportation to appointments
- Quality of long-term care
- Seniors with mild to moderate mental health needs
- Adequate nutrition
- Housing in county
  - Affordable housing
  - Assisted living
- Personal care services
- Advanced Health Care Directives
- Caregiver Supports & Services
- Chronic disease management

# Quality of Life

- Skilled Nursing Facility (SNF) Transitions
- Support groups
- Counseling
- Socialization
- Housing (in county) and accessible
- Caregiver support
- Transportation
- DME (durable medical equipment) funding

The group was then asked to identify meetings where these issues were being discussed.

### **Meetings**

- Bundled Payments for Care Improvement (BCPI) SNF Coalition (Medicare) (closed group)
- C3H Housing
- Latino Elder Outreach Network (LEON)
- Cottage Homeless Transitions weekly meetings
- Elder Abuse Prevention Council
- Lompoc Valley Senior Services Network
- SM Valley Senior Services Network
- DSS/Adult Services interagency
- Association of Senior Care
- Guadalupe Senior Advisory Committee
- NPRN (virtual meeting)

A Network Mapping tool was shared as a potential way of gathering information about how people are coming together to address issues. Members will be invited to fill out on meetings, projects, initiatives or multi-agency networks that they attend. Gloria will look into sending the form electronically in a way that avoids duplication.

### 7. Invitations and Opportunities

- AAN Display for Senior Expo
- Next steps for AAN Symposium

The Adult & Aging Network will be sponsoring a table at the Senior Expo with a display about Age- Friendly Communities. Members were invited to contribute ideas.

The idea of hosting an AAN symposium was raised at the last meeting. The first steps will be figuring out a theme and what time of year people would like to have the symposium. Barbara will keep this topic on next month's agenda to continue the discussion.

### 8. Member Updates and Announcements

- joyce ellen lippman distributed handouts for the Senior Farmers' Market Nutrition Program. The coupon book can be used to purchase up to \$20 in fresh fruits and vegetables in Carpinteria, Downtown Santa Barbara, Goleta, Santa Maria, and Lompoc.
- Jennifer Griffin announced that the Independent Living Resource Center, Inc. will be celebrating their 40<sup>th</sup> Anniversary on August 19<sup>th</sup> from 4-6pm. It will be held at Casa Las Palmas at 323 E. Cabrillo Blvd. in Santa Barbara.
- 9. Adjourn Next meeting September 27, 2017 Agenda items:
  - California Community Transition Program Jennifer Griffin
  - Needs Assessment joyce ellen
  - AAN Symposium

The meeting adjourned at 4:31 p.m.

Respectfully submitted by Gloria Munoz