

## 2016 YCKC Dragon Boat Competition

Get your team ready for YCKC's 3<sup>rd</sup> Annual Summer Dragon Boat Competition on **Saturday, August 13<sup>th</sup>**, 2016! **Ten** team members paddle the dragon, **one** member to beat the drum, and **one** to steer!

Book team practice sessions on beginning June 15<sup>th</sup>. All equipment is supplied—paddles, life jackets, and the dragon boat, including the dragon's head and drum! As well, a certified coach and lifeguard along with a safety boat are there to teach and protect.



What is YCKC? The Yorkton Canoe and Kayak Club (YCKC) is a non-profit organization dedicated to introducing and developing the Olympic sport of Sprint Canoe and Kayak in Yorkton and district. For 30 years now, YCKC has and continues to offer programs for all ages!

Dragon Boating is a new component under Canoe Kayak Canada, our national Olympic body of which YCKC is a member. YCKC has added Dragon Boating to its Learn-to-Paddle Program this season, and is now able to offer this exciting sport to Yorkton community! Here's how to get in the game:

- Create a team of <u>11</u> (10 paddlers plus 1 to beat the drum) within your organization/business/family, or combine with another organization/family;
- 2) Give your team a <u>unique name</u> & **Register your team** with YCKC **by JULY 25<sup>th</sup>** Form available on YCKC's Website
- 3) Book your **3** Team Practices additional practices available for \$50/session
- 4) Pay Registration Fee at first team Practice. Cost is \$60/person. Fee includes YCKC membership for each team member (CKS insurance), 3 dragon boat team sessions, team race entry to the Yorkton Developmental Regatta, and 1 YCKC drop-in session for each team member;
- 5) Compete at the Yorkton Developmental Regatta Saturday, August 13<sup>th</sup>, 2016! Team Costumes/t-shirts welcome!!!

Check YCKC's website <a href="www.yorktoncanoekayakclub.com">www.yorktoncanoekayakclub.com</a> for updates and more information. There, you'll find a fascinating article on the **history of dragon** boating by Professor Andrew Chittick. Listed and updated daily are current weather conditions, YCKC's various paddling programs and schedules, athlete development articles, membership prices and info., our sponsors, and volunteer opportunities. Be sure to follow YCKC on Facebook and Twitter.

Join today! Become a YCKC member and enjoy the lifelong benefits of paddling plus supporting your own local club!





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# 3rd Annual Summer DRAGON BOAT COMPETITION

Saturday, August 13th, 2016

WHO:	11 Team members ages 8+! Businesses, organizations, schools, churches, charities, clubs, banks, families
WHAT:	Dragon Boat Competition—Part of YCKC's Yorkton Developmental Regatta 2015!
WHERE:	Yorkton Canoe and Kayak Club, <b>York Lake, SK</b> Saturday Practices – Contact YCKC to arrange your Team practice time; additional practice days may also be available upon request.
WHEN:	Dragon Boat Competition — Saturday, August 13 <sup>th</sup> 2016 — Be a part of YCKC's Yorkton Developmental Regatta 2016!
WHY:	To have fun this Summer!  • Develop a "team" environment at your work;  • Encourage healthy living and physical fitness;  • Relieve stress while learning a new skill;

#### N. Carlotte

COST:

\$60/person

\$660 11 person team - SAVE \$60 by registering your team before June 30<sup>th</sup>!

Raise funds for YCKC's Learn-to-Paddle and Dragon Boat programs!

- Includes membership to YCKC for each team member;
- Includes 3 Team Practice Sessions; additional practice times available;
- Includes 1 YCKC Drop-In Session per team member

Your team/organization/business will be listed on YCKC's website as well mentioned in our promotion of the Dragon Boat Program throughout the summer. Great way to advertize!

#### Contact

Jessica Riley, YCKC Head Coach, at <a href="mailto:yorktoncanoekayakclub@yahoo.ca">yorktoncanoekayakclub@yahoo.ca</a> with any questions or to **register your team**.

### Information

YCKC Summer Program information can be found at <a href="https://www.yorktoncanoekayakclub.com">www.yorktoncanoekayakclub.com</a>.

We look forward to seeing you on the water!

