

Loch Haven Tymes

June 2018



A publication of
Loch Haven
Senior Living Community
Macon, Missouri



Jennifer Stivers

Dietary

Employee Spotlight

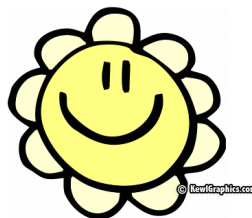
- ♦ **Were you named after anyone?** Yes. My grandmother and aunt.
- ♦ **Describe your-**

self in one word. Diligent

- ♦ **What kind of pets do you have?** I have 2 dogs and 3 cats.
- ♦ **What is your favorite saying/quote?** "Don't be busy, be productive."
- ♦ **What is your favorite movie?** Too many to pick just one.
- ♦ **What is the best place you ever went on vacation?** Las Vegas.
- ♦ **What was your favorite subject in school?** Math and English.
- ♦ **Everyone has a talent. What is yours?** Crafting
- ♦ **What would be your dream vacation?** A cruise with my kids.

- ♦ **Who was your favorite celebrity as a child?** Too many to pick just one.
- ♦ **How long have you worked at Loch Haven?** 20 years
- ♦ **What are your duties?** Dietary Supervisor, paper-work. All jobs in the kitchen.
- ♦ **Live In:** Macon
- ♦ **Family:** I have two sons, Bradley & Jerod and one daughter, Lindsey.

Smile It Looks



Good On You!

"Working here is like being part of a big extended family."

Jennifer

Welcome to Team Loch Haven

Thanks

Samantha Searcy	Dietary
Sesilia Kelso	Laundry
Nicole Cleeton	CNA
Robin Jarvis	LPN, Pal
April Thomas	CNA
Breanna Akery	NA
Helen Perkins	Housekeeping
Michaela Brammer	Dietary
Cameron Thrasher	CNA
Cassandra Doty	CNA

www.lochhaven.com

To Prokup's Family Pharmacy for their donation to the Loch Haven Foundation.

To Sacred Heart for donating a hummingbird feeder.

To Ben Franklin for donating craft supplies to the Activities Department.

To The Women's Missionary Union from Friendship Baptist Church for their donation to the Loch Haven Foundation.

Velma Hinda Sunset Village

Resident Spotlight



I was asked recently by Loch Haven to write something about my Mother so they could use it in a program. Velma Woods Hinds was born October 22, 1910 in Webb City, MO. This family later moved to Turkey Ford in Oklahoma. That little wide place in the road is now

covered by the waters of "The Grand Lake of the Cherokees" near Grove, Oklahoma. There were 14 babies born into that family. This included two sets of twins—one set of boys and one set of girls. Mother was baby #11. Five babies died in infancy. This left 9 siblings to grow up together. Now there are two. One younger brother, the baby of the family at 100 years of age lives in the state of California. He will be moving soon to Cayman Brac with his son and daughter-in-law who are doing missionary work. Mother was always strong willed, also free spirited. Definitely believed in "spur-of-the-moment" activity. She ALWAYS insisted on doing things her way. She had kept us laughing and highly entertained with her antics and wit. She has told many stories about her "growing up" days—some funny, some sad—but, through it all there seemed to be a strong resiliency that kept her going. Growing up with brothers left no chance for dull moments. She told of riding bare back behind an older brother. After riding awhile, he got off the horse, lit a bush on fire and told her the world was burning. She was so scared that she jumped down and ran all the way home—bare foot. She went through 7th grade in school. By this time, much of the home-work was



dependent on news stories taken from newspapers and magazines. Since the family was very poor, there was no money for extra school supplies—resulting in her not being able to turn in home work and not knowing what to do about it. She was. She was terribly embarrassed by being often rebuked by the teacher who was mean and unforgiving, so she chose to leave school. She did graduate, however, with honors from the "School of Hard Knocks". Her strong will and determination have opened new doors for her. While a young girl of 14, she operated a manual elevator for the rich folks who lived in and had offices in the hotel. Later she became a waitress and worked at this job until she married on February 2, 1935—Ground Hog's Day! She was and still is the Wonderful, Adoring Mother of two daughters, Grandmother of 8, Great Grandmother of 7 and Great-Great Grandmother of 1. She and Daddy lived together until his passing in February of 1960. Mother moved from Oklahoma to Kansas, then to Missouri to be near her girls. She has a strong belief and faith in her Lord and Savior, Jesus Christ. She has always loved music and loved to sing (still does). Before moving to Loch Haven, she fell at home and fractured 6 ribs. She was just past 100 at this time. They told us in the ER that she wouldn't live—but, that strong will and determination went to work for her once again. She has exceeded everyone's hopes and expectations. After a time of recuperation, she decided it was time to move to Loch Haven. Soon to be 8 years. Recently, she dropped her dentures, resulting in the need for "new teeth". The dentist said it was a "first" for him—making impressions and teeth for a 107 year old lady. Recently she was heard saying her 12's multiplication tables—got them all right too! She certainly keeps us all on our toes. This miraculous lady, who Cayrol and I proudly boast of, is our Mother. We love her to the moon and back—and more. Happy Mother's Day Mother.



A Warm Welcome

Wanda Crawford Flossie Johnson
Robert Smith June Spencer
Victoria Sadler Mary Chloupek
James Farris

Thanks to those who joined us for a therapeutic stay:
Kathryn Shores

We will always remember

Catheryn Ronchetto Walter Davis
Betty Pagliai Ralph Schmedake
Dorothy Lovland

God is ever near to those
Who have a broken heart
Through the loss of someone dear
That tears your world apart.



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facebook

Medical Records & Central Supply

A GREAT Big THANKS for all that you do!!



Central Supply: Debbie Atha



Central Supply Manager: Brenda Primrose



Medical Records: Shonda Wood



Happy
Father's
Day

Father's Day
BBQ
June 15, 2018
11:00 AM



Oak View & Cedar View COTTAGES

Susie's Musings

Hello from the Cottages! Spring has sprung and the cottages are having fun. They are enjoying being out on the patio getting some sunshine, playing some games and just visiting with one another. Residents had fun getting their flowers and vegetable plants planted. The flowers are already beautiful. Many beautiful birds are really being seen at the feeders. We celebrated Mother's Day and the ladies had lots of their families to help them celebrate their Big Day. How neat that was. Residents look forward to Clark Dobbs coming and doing the Bible study each week. Also, Roy Fancher and Barbara Jenkins bring some ole'time music for the residents. They enjoy the country and gospel music with David Snarr and Bill Lear. Lots of hand clapping to the music by the residents. Thanks. Our 101 year old Viola Kraettli wanted to bowl so we set up the pins and she rolled the ball and boom! She hit some of the pins. Wow! We need to take lessons from her!! Way to go, Viola. National Nursing Home week was celebrated and many dressed up for the theme of the day. Staff member Courtney Peavler brought in her horse saddle and stand on Western Day. We had lots of fun trying to act like cowgirls. E-HAW-GITTY-UP. On Patriotic Day, Phyllis Belt came and played patriotic songs on the piano. So beautiful it was. Thanks Phyllis. All the outside yards, flowers and grass looks so nice. Thanks to Richard Watts. Bye for now and bring a smile and enjoy a visit with the residents. They like the company. Until next time. God Bless!

Susan Lenon

Susie's Slogan: Be IN STYLE....Wear a SMILE!



JUNE Birthdays

Don't Go It Alone!
**Loch Haven's
 Alzheimer's
 Support Group**

**2nd Monday of
 each month**

*5:30 p.m. light supper
 6 p.m. meeting*

**For more
 information call
 385-3113**

2	Martha Bragg	18	Mary Overstreet
3	Larry Overstreet	20	Rosie Thompson
6	Johnny Walker	22	Dorothy Burton
8	Marguerite Bowen	22	Alma Techau
16	Joseph Kiser	24	Martha Dawson
15	Shirley Shears	28	Vera Geigel
18	Laverne Heaton		
18	Carol Beleos		



Balloon Launch 2018

News from RCF



Hello everyone. I think we skipped spring and headed straight for summer. We started the month off with Art Class with Twila. She brought daffodils for us to draw this time. The ladies enjoyed it. We also went to the Casino this month. We went to the Mark Twain Casino in La Grange. We have a good time whether we win or lose. On May 11th we invited our ladies and their families to a Mothers Day Tea. What an awesome afternoon we had. Wendy Bouman, our manager, made the cutest tea bag cookies. We also served homemade pimiento cheese (made by Janis Fraley the head cook) with crackers. The ladies also received a paper tea cup made by my neighbor Connie. Thank you so much to those who helped make the event a

success. We then went around the room and told stories about our mothers and the mothers told stories about their kids. The room was filled with laughter.

On Mothers Day, May 14th, Janis and Mary Summers decorated the dining room for a special lunch. Each of our ladies received a corsage. The corsages were made by Sherry Lenzini. Thank you Sherry. Janis served the ladies Fried Chicken. It's always a favorite. Then for dessert the ladies had angel food cake with strawberries. What a feast!

The rest of the month was spent doing our usual activities such as: wheel of fortune, bingo, happy hour, bible study and trivia. See you next month!!

By Katie Nelson

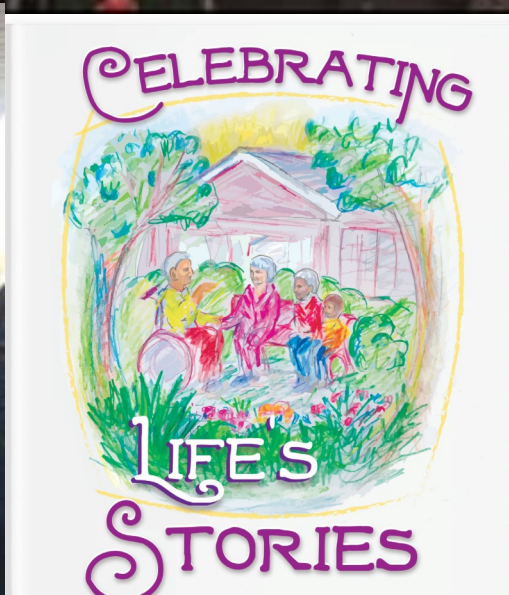
SPECIAL Brook



June 2018 Dining Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Pork Loin w/gravy Apple Stuffing Brussel Sprouts Pineapple Upside Down Cake	2 Smoked Sausage Casserole Vegetable Blend Brownie
3 BBQ Chicken Corn on the Cob Green Beans Fruit Cobbler	4 Pork Chop w/gravy Sweet Potato Casserole Buttered Cabbage Lemon Cream Pie	5 Salisbury Steak Oven Browned Potatoes Spinach Salad Peanut Butter Brownies	6 Sliced Roast Turkey w/gravy Garlic Mashed Potatoes Sauteed Fresh Zucchini Orange Drop Cookies	7 Pork Lo Mein Broccoli Fruit Crisp	8 Crunchy Baked Fish Macaroni & Cheese Mixed Vegetables Glazed Lemon Cake	9 Hawaiian Meatballs Steamed Rice Carrots Tropical Fruit
10 Orange-/Rosemary Pork Baked Sweet Potato Vegetable Blend Angel Peach Dessert	11 Broccoli Chicken Divan Buttered Pasta Side Salad Frosted Red Gelatin	12 Ham & Beans Fired Potatoes Mixed Greens Fresh Fruit Cup Cornbread	13 Chicken & Dump- lings Carrots Fruit Crumble	14 Meatloaf w/gravy Mashed Potatoes Buttered Peas Cream Cheese Brownie	15 Turkey Ala King over Biscuit Green Beans Marinated Cucumber & Onions Lemon Pie	16 Cheeseburger Steak Fries Iced Raisin Bars
17 Spaghetti w/ meatballs Italian Vegetables Tossed Salad Boston Cream Pie	18 Sliced Turkey Baked Sweet Potato Brussel Sprouts Fruit Crumble	19 Fiesta Hamburger Steak Roasted Potatoes Confetti Corn Frosted Gelatin Cake	20 Sliced Baked Ham Au Gratin Potatoes Steamed Vegetables Carrot Cake	21 Grilled Salmon Long Grain & Wild Rice Steamed Yellow Squash Cinnamon Apple Gelatin	22 BBQ Pork Chop Baked Beans Potato Salad Peaches	23 Chicken Piccata Spaghetti Noodles Broccoli Mixed Berry Crisp
24 Beef Pot Roast w/ gravy Carrots, Potatoes, Onions Fruit Cobbler	25 Country Style Ribs Baked Potato Casserole Green Beans Peach Pound Cake	26 Roasted Chicken Creamy Risotto Peas & Carrots Mandarin Oranges & Pineapple	27 Beef Stroganoff over noodles Steamed broccoli Tossed Salad Cheesecake	28 Resident's Choice	29 Pork Loin w/ gravy Apple Stuffing Brussel Sprouts Pineapple Upside Down Cake	30 Smoked Sausage Casserole Vegetable Blend Brownie

National Nursing Home Week



June 2018 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All activities are subject to change.					1 9:30a Coffee Club 10a Exercise 1p Bible Study w/Jim Bolin 2p Porch Time	2 Saturday with Sherry Bingo @ 9:30
3 10a Sunday School 2p United Methodist 6p Callao Bible Study	4 9:30a Chit Chat 10a Exercise 2p Bingo 3:30 Resident Council	5 10a Concentration 2p Painting 3p Pitch 7p Ethel Amish	6 9:30a Iced Tea/Porch 10a Exercise 2p Alvie & Dick 3:30p Small Groups 7p County Kickers	7 10a Bevier Baptist Bible Study 10a Mass 2p Porch Social 3p Pitch	8 9:30a Coffee Club 10a Exercise 1p Bible Study w/Jim Bolin 2p Porch Time	9 Saturday with Sherry Bingo @ 9:30
10 10a Sunday School 2p Faith Baptist 6p Callao Bible Study	11 9:30a Chit Chat 10a Exercise 2p Bingo 3:30p Dominoes	12 9p Nails 2p Birthday Party 3p Pitch	13 9:30a Porch Time 10a Exercise 2p Painting 7p County Kickers	14 Flag Day 10a Bevier Baptist Bible Study 2p Arlene & David Foster 3:15p Pitch	15 9:30a Coffee Club 10a Exercise Fathers Day BBQ 11 a.m. 1p Bible Study w/Jim Bolin 2p Small Groups	16 Saturday with Sherry Bingo @ 9:30
17 Father's Day 10a Sunday School 2p Ethel Christian	18 9:30a Chit Chat 10a Exercise 2p Bingo 3:30p Porch Time	19 10a Concentration 2p Craft 3p Pitch 6:30p Open Arms	20 9:30a Iced Tea/Porch 10a Exercise 2p Cut & Weave 7p County Kickers	21 First Day of Summer 10a Bevier Baptist Bible Study 2p Social 3p Pitch	22 9:30a Coffee Club 10a Exercise 1p Bible Study w/Jim Bolin 2p Small Groups	23 Saturday with Sherry Bingo @ 9:30
24 10a Sunday School 2p Atlanta Methodist 6p Callao Bible Study	25 9:30a Chit Chat 10a Exercise 2p Bingo 3:30p Small Groups	26 9p Nails 2p Craft 3p Pitch	27 9:30a Porch Time 10a Exercise 2p Roy & Barb 3p Small Groups 7p County Kickers	28 10a Bevier Baptist Bible Study 2p Concentration 3p Pitch	29 9:30a Coffee Club 10a Exercise 1p Bible Study w/Jim Bolin 2p Small Groups	30 Saturday with Sherry Bingo @ 9:30

A Mission To Serve



The Loch Haven Senior Living Community Foundation assists in raising funds for the Macon County Nursing Home District (Loch Haven) which serves area citizens. The Foundation received its 501 (C) 3 status in August of 2016. The Foundation will accept and steward charitable gifts for the benefit of the residents of Loch Haven. Gifts support special projects, programs, and capital improvements that cannot be funded by the regular operating budget. Some special projects we are preparing for are the addition of a spa tub in the Legacy Building, new sitting furniture, and walking trails. All gifts are **tax deductible**. The Foundation members include: B J Roberts, Kelsey Hinshaw, and Richard Waller.

Loch Haven is grateful for all past donations, but the need continues to grow. Improving the quality of life for our residents is our goal...everyday. Please consider making a **tax-deductible** gift to the Loch Haven Senior Living Community Foundation. We pledge 100% of your donation will be used to help our residents and to improve their quality of life.

If you would like to make a donation, please fill out the pledge card below , make checks payable to

Loch Haven Senior Living Community Foundation, and mail to:

Loch Haven Senior Living Community

PO Box 187

Macon, MO 63552

Name _____

Address _____

City, State Zip _____

Phone # _____

Email _____

We/I pledge our/my one time gift of: ____\$25 ____\$50 ____\$100

____\$150 Amount of _____



Loch Haven's Tribute to Veterans & Annual Ice Cream Social

Thursday, June 21, 2018

6 p.m. Recognition Ceremony
6:30—8 p.m. Ice Cream Social

Entertainment by:
Bill Lear & Friends

\$2 donation for Ice Cream Social Please bring lawn chairs!

The Loch Haven Tymes is the monthly newsletter of Loch Haven Nursing Home in Macon, Missouri. If you would like to subscribe to this newsletter OR have your name removed from this mail list, please contact us. The editorial staff is led by the Marketing Department. Photography is by the Marketing/Activities Departments. You are welcome to submit articles or news items for consideration. Send items by mail, email or deliver to Loch Haven by the third Monday of the month before publication. Resident admission, room assignment, and patient services are provided and employee/applicants are treated on a nondiscriminatory basis without regard to race, color, creed, gender, marital status, national origin, disability, veteran status, age or religion. Mary Beth Truitt, Marketing Director 660-385-3113 mbtruitt@lochhaven.com www.lochhaven.com

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