



December 2016 Newsletter

Dear Parents,

Conferences – Thank you to all the parents who came to their child's conference. Our teachers learn so much when they discuss a child's progress and development with his/her parents. I even learn a lot by being in the background, helping out as I am needed and talking to families as they are waiting for their conference. The learning process and support for each child really becomes a team effort. The teachers commented that they appreciated the kind words and support offered from parents. Thank you for that, and thank you for sending your child to Sunrise.

Uno Night – It was such a delight to see so many families at Uno's Night. Thank you so much for supporting the school with this fundraiser. It was also very special as the group sang Happy Birthday to Lillian Zhou. Thank you to Amy Gilman for organizing our Uno's Fundraiser. It was nice that it was a whole day event because many teachers and families did go at noontime to support the school as well. Thank you to everyone.

New Music Teacher

Please welcome our new music teacher, Mary Rett. I'm sure the children have mentioned the fun they are having as they practice their songs and prepare for their special performance at the Pot Luck Dinner. We are very fortunate to have Mary Rett– she has extensive experience as a music teacher in both Montessori and public schools. The children seem to have bonded with her right away, as they sing with such enthusiasm and excitement.



Health & Nutrition corner

by Amy Gilman – Registered Dietitian Nutritionist (R.D.N.)

In each upcoming newsletter, you will find a kid-friendly recipe that both you and your child can prepare together.

The holiday season tends to bring an abundance of sugary sweets – sweets often made with refined flour and unhealthy fats. Here are some alternate ways to have a sweet treat without breaking healthy habits!

Fruit for dessert! Use your cookie cutters on pieces of honeydew and watermelon slices instead of cookie dough. Kids can still enjoy a sweet treat in a fun shape; they'll get some important nutrients too! Frozen cherries or fresh apples are also delicious warmed on the stove-top or in the microwave – just sprinkle with cinnamon and serve. Try strawberries drizzled with dark chocolate for a sweet, antioxidant-packed dish that your kids will love.

Offering quality Montessori preschool, pre-k transitional and kindergarten programs since 2005.

31 Hayward St., PO Box 515, Franklin, MA 02038

www.MySunriseMontessori.com

Upcoming Events

Pot Luck Dinner

We hope everyone can attend the Pot Luck Dinner on Wednesday, December 21st at 6pm. Details have already been sent home, but if you have any questions please call the office or email me. Our Pot Luck Dinners provide a wonderful opportunity for families to get to know each other and share a meal.

Looking Ahead

2017 – 2018 School Year

The priority enrollment period for current students, their siblings and alumni families will be held beginning January 9th through February 13th and application forms for the 2017 – 2018 school year will be distributed to families in early January. There is no cost to register your child at Sunrise (siblings and new applicants to Sunrise do pay a \$50 application fee), but you should return the enrollment form no later than February 13th to reserve a spot for the upcoming school year.

A Sunrise Parent Association Meeting will also be planned for January. Rebecca Baril and I have talked about scheduling a meeting in January, and we will soon let you know the selected date. Believe or not, this is when we start to plan all our spring events. We hope to hear new and refreshing ideas from you.

The Children's Museum in Easton will visit Sunrise on Thursday, January 12th for **Science on the Go** and will present **Shh! Hibernating and Migrating**. By January most of the animals around here have migrated and some are still migrating. It would be a great time to discuss and ask questions like how do some animals stay active all winter long, what do they eat, how do they stay warm, where are they living, etc....?

Admissions Open House – Saturday, January 21 from 11:00am to 1:00pm. Please tell your friends, neighbors and co-workers about our upcoming open house. (We will also hold an additional one on February 11th) Parents and their children are welcome to explore the classrooms, meet the teachers, watch a Montessori lesson and learn more about our programs. Open House events are open to the general public and no RSVP is necessary.

Application forms for the current and upcoming year will be available. If you know someone who is interested in enrollment, please refer them and remind them to list your name on their admissions questionnaire.

Family Bowling – January 22nd

Amy Gilman and Rebecca Baril have been busy behind the scenes to bring an exciting and fun New Year to everyone. Amy organized our Bowling Day for Sunday, January 22nd from 2:00 until 4:00pm. This is a lot of fun for the entire family, and watching the children bowl can be quite memorable. The bowling event will be held at Splitsville Howl in Foxborough, MA (Patriots Place Mall.)

Vendor Night

Amy has also scheduled a Vendor Night for Friday, February 3rd from 6:00 until 9:00pm. There will be between 15 – 20 vendors at the school providing a range of items. For Example: Tyra Beauty - a cosmetic experience; Wildtree - organic, healthy food Origami Owl - customizable jewelry; 2-Minute Miracle Gel, Thirty One and more. If you like to shop, this is the event for you. As we get closer we will provide you with more details of this event.

Keeping in touch

If you have any questions or comments, please know that you can reach us via email. As the teachers are working with the children during the day, please note that a reply to your question may come after the afternoon dismissal or later. If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.

Director, Karen Roeber: Director@MySunriseMontessori.com

Lead Teachers: Andrea Koska: Andrea@MySunriseMontessori.com

Elizabeth Mason: Elizabeth@MySunriseMontessori.com

Kara Stegeman: Kara@MySunriseMontessori.com

Weather delays and closures

There has already been a bit of inclement weather in December. As a reminder, Sunrise follows the Franklin Public School policy on delays/closings. Also watch Channel 5 for updates.

For a 1 hour delay, classroom A will begin at 9:30AM and classroom B will begin at 10:00AM.

For a 1 ½ hour delay, classroom A will begin at 10:00AM and classroom B will begin at 10:30AM.

2 hour delay means there will be NO morning programs but afternoon and full-day children may come to school at 12:00pm. (Please bring your lunch).

For clarification on snow days and delays, you are welcome to call the school @ 508 541 8010



CALENDAR OF EVENTS

Please note that all current events, news and the academic year calendar are also found on the school's website: www.MySunriseMontessori.com

Wednesday, December 21 – Pot Luck Dinner beginning at 6pm. Please bring your appetite and your voices.

Thursday, December 22 through Monday January 2 – Winter Break. Enjoy the holidays.

Tuesday, January 3 – Classes and Extended day program resume. Welcome back!

Monday, January 9 – Priority enrollment for current students, younger siblings and children from alum families. Application forms for the 2017 – 2018 school year will be distributed in early January.

Open enrollment will begin Monday, February 13th. Please tell your friends, co-workers and neighbors.

Thursday, January 12 – Onsite visit by the Easton Children's Museum

Monday, January 16 – Martin Luther King, Jr. holiday; no classes, no extended day

Saturday, January 21 – Admissions Open House from 11:00am to 1:00pm. All are welcome.

Please help spread the word about Sunrise and our Montessori Programs.

Sunday, January 22 – Family Bowling Day at Splitsville Howl in Foxboro.

