

Biography

Marcie R. Anderson Ph.D.

Marcie Anderson, PhD is a soul doctor and meditation specialist with over 15 years in practice. She is an international teacher, healer, author, and master in helping to bridge Western methods and practices with Eastern spiritual knowledge and soul healing techniques.

Marcie earned her degree in Eastern Psychology and Spirituality from The Soul University in Penukonda, India. While in India, Marcie spent 10 years under the direct guidance of Spiritual Master and Saint, Sri Kaleshwar, and in total studied for more than thirteen years. She is the author of "*Are We There Yet?... Enlightenment for Busy People*", and the author of "*Meditation for Athletes*", which was presented to each athlete at the London Summer Olympics.

Since 2002 Marcie has been a certified and practicing yoga instructor, and currently teaches Yoga & Meditation to cancer patients and survivors through Sunflower Wellness in Marin County, CA. Since 1996 Marcie has been an AMFPT certified and practicing fitness trainer.

Marcie is a former competitive athlete and sports/print model for Nike, Adidas, Precor, Stairmaster, Avia, and Asics. Runway and Print for Saks Fifth Avenue, Nordstrom, Columbia Sportswear, Pendleton, and a member of IDEA Foundation since 2002.