



**120 Days Prophetic Numeric
Fasting and Prayers**

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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3	4	5	6	7	8	9
	3 Days Dry Fasting from Monday 4th, to Wednesday 6th Only Fruits and Vegetables before Midnight			4 Days Break From Thursday 7th to Sunday 10th		
10	11	12	13	14	15	16
	7 Days Fasting (6am — 6pm) From Monday 11th to Sunday 17th					
17	18	19	20	21	22	23
	7 Days Break From Monday 18th to Sunday 24th					
24	25	26	27	28	29	30
	21 Days Fasting (6am — 6pm) From Monday 25th to Sunday (April) 14th					
31						

- notes**
1. No games
 2. No movies
 3. No soda (only organic/natural drinks/herbal teas)
 4. No sweets or junk food at all
 5. No outside food
 6. Water (with no fluoride)
 7. No excessive phone talking
 8. No social media (Instagram, Facebook, Twitter)
 9. A minimum of 3 prayer times a day
 10. No arguing, fussing or aggravation
 11. No deviations from this fast while you know it is a divine instruction from the Holy Spirit
 12. Be sure to record your dreams and revelations during this fast



Fasting Prayer Points for March

The Prime Meaning of the Number 3

③ Complete; The Godhead

Other Meanings Include: Perfect Testimony, Completeness, Divine Fullness in Unity, and Wholeness

Prayer Points:

- Pray that God will make you complete while fulfilling His divine purpose in your life (Psalm 138:8)
- Pray that God will strengthen you regardless of what you may be going through. That you will continue to stand firm and not give up until you see the hand of God in your affairs (James 1:2-4; 2 Corinthians 12:8-10)
- Pray that in this season, you will have a complete and permanent testimony to God's glory (Psalm 71:15-18)

The Prime Meaning of the Number 7

⑦ Total Perfection

Other Meanings Include: Signs of God, Rest, Divine Completeness, God-given Covenant, and Obedience

Prayer Points:

- Pray that the perfect peace of Yahweh be your portion, and that peace shall reign in your homes, schools, and workplaces, according to Isaiah 26:3*. Also that God will give you rest all around (2 Chronicles 20:30)
- Pray that you shall see the signs and wonders of God. And that He will re-establish and re-affirm His divine covenant with you (Psalm 105:8-10)

The Prime Meaning of the Number 21

②① Judgement on Sin

Other Meanings Include: Distress, Degradation, The Judgment of Sin Made Perfect or Complete, The Fruit of the Nature of Sin

Prayer Points:

- Plead the mercy and grace of God over yourself and your family, ask Jesus to blot away your transgressions, making them null and void and giving you a clean slate (Psalm 51:1-2; 7).
- Ask God to remove any curses that may have come upon you because of sin, according to Ezekiel 18:30-32*.
- Pray that the Lord take away any form of filth and defilement, any form of uncleanness (Zechariah 3:1-7)