

Shore Staffing

Med Surg RN / LPN Competency Exam

Directions: circle the best answer or fill in the blank.

Name _____ date _____

1. Sublingual Nitroglycerin is used in the treatment for:
 - a. Renal Insufficiency
 - b. Chronic Obstructive Pulmonary Disease
 - c. Ulcerative Colitis
 - d. Angina

2. An elevation of Troponin 1 indicates:
 - a. Renal failure
 - b. GI ulcers
 - c. Acute myocardial infarction (AMI)
 - d. Abnormal hepatic function

3. The most common cause of angina is:
 - a. Coronary artery vasospasm
 - b. Artherosclerosis
 - c. Congenital heart defect
 - d. Mitral valve stenosis

4. A 45 year old patient returned from a colon resection 2 hours ago. Which vital signs would indicate possible hemorrhagic shock?
 - a. BP 125/80, HR 88
 - b. BP 82/55, HR 130
 - c. BP 160/90 HR 54
 - d. BP 175/100 HR 120

5. You are called in to a patient's room and he tells you he is very thirsty and urinating a lot. He also seems somewhat confused. What intervention would be among your first?
 - a. Get patient more to drink
 - b. Check blood glucose
 - c. Check patients potassium
 - d. Place Foley catheter

6. A patients morning Digoxin level is 3.2, What would be the appropriate intervention:
 - a. Hold Digoxin until speaking with MD
 - b. Give Digoxin as level is in therapeutic range
 - c. Call MD to increase Digoxin Dose
 - d. Give half the dose until speaking to MD

7. A patient is diagnosis with renal artery stenosis with increasing creatinine, what medication would you give?
 - a. Aspirin
 - b. Plavix
 - c. Vasotec
 - d. Lopressor

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8. Your patient's weight has increased 4 pounds since yesterday. The most likely cause is:
- Over eating
 - Bowel obstruction
 - Fluid retention
 - Urinary retention
9. Your patient is on anticoagulant therapy and his morning labs indicate that his INR is 9.0. What is the appropriate nursing intervention:
- Anticipate an order to increase his anticoagulants.
 - Hold Coumadin and notify MD
 - Give Coumadin and notify MD
 - Give scheduled Coumadin, INR is therapeutic
10. The nurse would expect the physician to treat a patient's hypertension with which drug?
- Plavix
 - Lidocaine
 - Clonidine
 - Digoxin
11. A patient is 2 days post-operative colon resection. After a coughing episode, the patient's wound eviscerates. Which nursing action is most appropriate?
- Reinsert the protruding organ and cover with 4X4s.
 - Cover the wound with a sterile 4X4 and ABD dressing.
 - Cover the wound with a sterile saline soaked dressing.
 - Apply an abdominal binder and manual pressure to the wound.
12. A patient has a history of Chronic Obstructive Pulmonary Disease (COPD) and is on oxygen therapy at 2 liter/min. He states he is short of breath. Which of these interventions is **contraindicated**:
- Give PRN nebulizer (SVN)
 - Give PRN Inhaler
 - Increase oxygen
 - Limit activity
13. A nurse is caring for a patient with acute renal failure, the patients heart rate is dropping, which electrolyte is the most concerning:
- Sodium
 - Chloride
 - Potassium
 - Phosphorous
14. Which treatment most effectively lowers the K level in a patient with hyperkalemia?
- Glucose and insulin therapy
 - Sodium and bicarbonate therapy
 - Sodium polystyrene sulfonate (Kayexalate) therapy
 - Hemodialysis
15. If bleeding is seen at puncture sites, in urine collection bags or on mucus membranes, what disease process would the nurse suspect?
- Disseminated Intravascular Coagulation (DIC)
 - Renal Failure
 - Diabetic Ketoacidosis (DKA)
 - Acute Respiratory Distress Syndrome (ARDS)

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16. The most important way to prevent diabetic ketoacidosis (DKA) in a hyperglycemic patient is to:
- Check blood sugars every hour
 - Administer glucose and fluids
 - Administer insulin and fluids
 - Replace electrolytes and fluids
17. A patient has had a recurrent Pulmonary Embolus and is scheduled for placement of an umbrella-type filter (Greenfield). Where is the placement of this filter located:
- Iliac artery
 - Superior vena cava
 - Aorta
 - Inferior vena cava
18. A Patient has recently had a coronary stent. The patient suddenly becomes short of breath with chest tightness. Probable cause is:
- Hypoglycemia
 - Re-stenosis of coronary stent
 - Anxiety disorder
 - Asthmatic attack
19. . Which of the following is a cause of **Pre-renal** failure related to a decrease in renal perfusion:
- Aminoglycosides
 - Iodine based contrast dye
 - Heart failure
 - Benign prostatic hyperplasia (BPH)
20. A patients morning labs come back with a potassium level of 6.6. What should be done with the patients morning medication:
- Hold ordered potassium.
 - Give ordered potassium, level is therapeutic.
 - Hold ordered potassium and call doctor.
 - Give ordered potassium and call doctor.