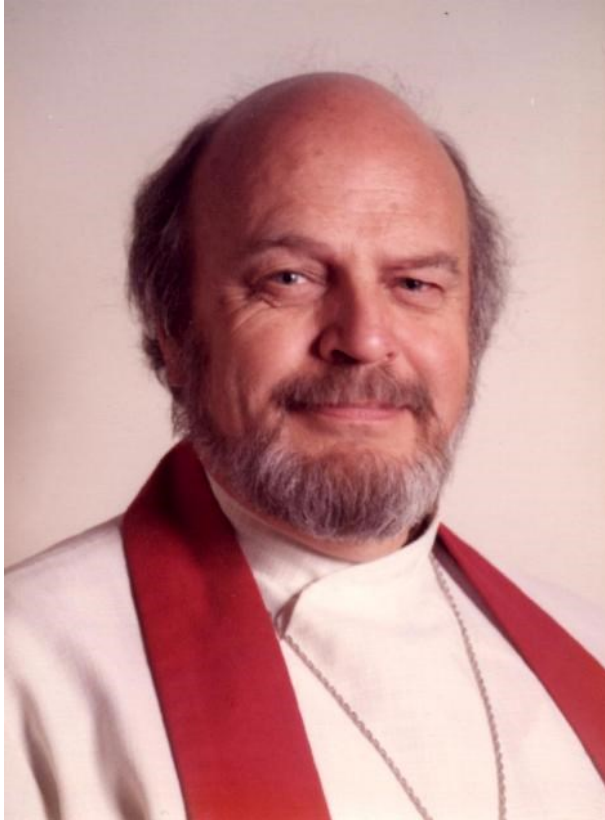


**Memorial Service of  
Rev. Kristian Vester Frosig  
January 21, 2017**



**First Lutheran Church**  
**BOTHELL**

**Celebration of the Life  
and Resurrection of  
Rev. Kristian Vester Frosig  
January 21, 2017  
3:00 pm**

**PRELUDE**

**WELCOME**

**INTRODUCTION: 2 Corinthians 1:3-4**

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God.

**THANKSGIVING FOR BAPTISM: Romans 6:3-5**

Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his.

**GATHERING HYMN: *In the Garden***

The musical score for the hymn 'In the Garden' is presented in two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both staves are in the key of B-flat major (two flats) and 6/8 time. The melody is simple and hymn-like, with a final measure featuring a long note with a fermata. The lyrics are written below the staves, with three verses provided.

1. I come to the gar - den a - lone, While the  
2. He speaks, and the sound of his voice Is so  
3. I'd stay in the gar - den with him Though the

dew is still on the ro - es; And the voice I hear  
sweet the birds hush their sing - ing; And the mel - o - dy  
night a - round me be fall - ing; But he bids me go—

fall - ing on my ear, The Son of God dis - clos - es.  
that he gave to me With - in my heart is ring - ing.  
through the voice of woe, His voice to me is call - ing.

And he walks with me, and he talks with me,

And he tells me I am his own, And the joy we share

as we tar - ry there, None oth - er has ev - er known.

## GREETING

The grace of our Lord Jesus Christ, the love of God,  
and the communion of the Holy Spirit be with you all.  
And also with you.

## PRAYER OF THE DAY

Let us pray.

O God of grace and glory, we remember before you today our brother Kristian. We thank you for giving him to us to know and to love as a companion in our pilgrimage on earth. In your boundless compassion, console us who mourn. Give us faith to see that death has been swallowed up in the victory of our Lord Jesus Christ, so that we may live in confidence and hope until, by your call, we are gathered to our heavenly home in the company of all your saints; through Jesus Christ, our Savior and Lord.  
Amen.

## WORD

*God speaks to us in scripture reading, preaching, and song.*

## EPISTLE READING: *Ephesians 3:14-18*

<sup>14</sup>For this reason I bow my knees before the Father, <sup>15</sup>from whom every family in heaven and on earth takes its name. <sup>16</sup>I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, <sup>17</sup>and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. <sup>18</sup>I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, <sup>19</sup>and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

## PSALM 23

<sup>1</sup>The LORD is my shepherd, I shall not want.

<sup>2</sup>He makes me lie down in green pastures;  
he leads me beside still waters;

<sup>3</sup>he restores my soul.

He leads me in right paths  
for his name's sake.

<sup>4</sup>Even though I walk through the darkest valley,  
I fear no evil;  
for you are with me;  
your rod and your staff —  
they comfort me.

**<sup>5</sup>You prepare a table before me  
in the presence of my enemies;  
you anoint my head with oil;  
my cup overflows.**

**“Surely goodness and mercy shall follow me  
all the days of my life,  
and I shall dwell in the house of the LORD  
my whole life long.**

**TIME OF REMEMBRANCE: *Daughter, Kathy Cuddy and granddaughters, Hillary Adrian & Allison Fetchero***

**ANTHEM: *It Is Well With My Soul* (Richard Edmonds, Soloist)**

**GOSPEL READING: JOHN 13:33-35**

<sup>33</sup> Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, 'Where I am going, you cannot come.'

<sup>34</sup>I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. <sup>35</sup>By this everyone will know that you are my disciples, if you have love for one another."

# SERMON

**HYMN OF THE DAY: *Tryggare kan ingen vara***



Tryg - ga - re kan ing - en va - ra än Guds lil - la bar - na - ska - ra,

1 Chil - dren of the heav'n-ly Fa - ther safe - ly in his bo - som gath - er;

2 God his own doth tend and nour-ish, in his ho - ly courts they flour-ish.

3 Nei - ther life nor death shall ev - er from the Lord his chil - dren sev - er;

4 Though he giv - eth or he tak - eth, God his chil - dren ne'er for - sak - eth;



*stjär-nan ej på him-la - fäs - tet, få-geln ej i kän-da näs - tet.*

nest - ling bird nor star in heav - en such a ref - uge e'er was giv - en.

From all e - vil things he spares them, in his might - y arms he bears them.

un - to them his grace he show - eth, and their sor - rows all he know - eth.

his the lov - ing pur - pose sole - ly to pre - serve them pure and ho - ly.

## APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, he was conceived by the power of the Holy Spirit, and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

## PRAYERS OF INTERCESSION

Let us pray.

Almighty God, in holy baptism you have knit your chosen people together into one communion of saints in the body of Christ. Give to your whole church in heaven and on earth your light and your peace. God of mercy,  
**hear our prayer.**

Grant that all who have been baptized into Christ's death and resurrection may die to sin and rise to share the new life in Christ. God of mercy,  
**hear our prayer.**

Give courage and faith to all who mourn, and a sure and certain hope in your loving care, that, casting all their sorrow on you, they may have strength for the days ahead. God of mercy,  
**hear our prayer.**

Grant to us who are still in our pilgrimage, and who walk as yet by faith, that, where this world groans in grief and pain, your Holy Spirit may lead us to bear witness to your light and life. God of mercy,  
**hear our prayer.**

Help us, in the midst of things we cannot understand, to believe and trust in the communion of saints, the forgiveness of sins, and the resurrection to life everlasting. God of mercy,  
**hear our prayer.**

God of all grace, we give you thanks because by his death our Savior Jesus Christ destroyed the power of death and by his resurrection he opened the kingdom of heaven to all believers. Make us certain that because he lives we

shall live also, and that neither death nor life, nor things present nor things to come, will be able to separate us from your love in Christ Jesus our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

**Amen.**

### **COMMENDATION**

Let us commend Kristian to the mercy of God, our maker and redeemer.

*Silence.*

Into your hands, O merciful Savior, we commend your servant Kristian. Acknowledge, we humbly beseech you, a sheep of your own fold, a lamb of your own flock, a sinner of your own redeeming. Receive him into the arms of your mercy, into the blessed rest of everlasting peace, and into the glorious company of the saints in light.

**Amen.**

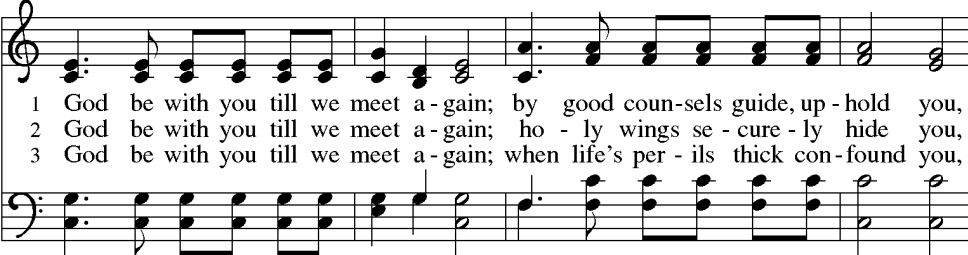
### **LORD'S PRAYER**

Lord, remember us in your kingdom and teach us to pray.

**Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever.**

**Amen.**

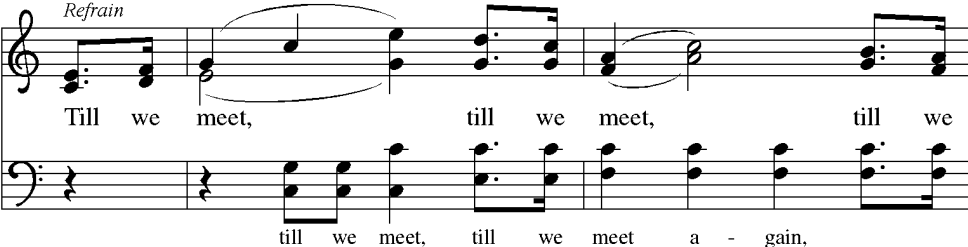
## SENDING HYMN: *God Be with You Till We Meet Again*



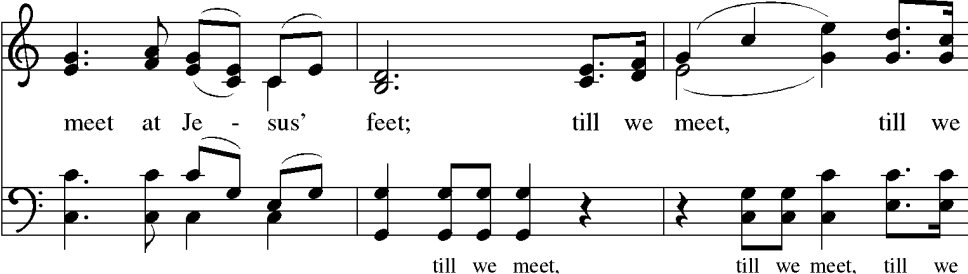
1 God be with you till we meet a - gain; by good coun-sels guide, up - hold you,  
2 God be with you till we meet a - gain; ho - ly wings se - cure - ly hide you,  
3 God be with you till we meet a - gain; when life's per - ils thick con-found you,



with a shep-herd's care en - fold you;  
dai - ly man - na still pro-vide you; God be with you till we meet a - gain.  
put un-fail - ing arms a - round you;



*Refrain*  
Till we meet, till we meet, till we  
till we meet, till we meet a - gain,



meet at Je - sus' feet; till we meet, till we  
till we meet, till we meet, till we



meet, God be with you till we meet a - gain.  
meet a - gain,



## **BLESSING**

May the silence of the hills,  
the joy of the winds,  
the peace of the fields,  
the music of the birds,  
the fire of the sun,  
the strength of the trees,  
and the faith of a little child,  
in all of which is God,  
go with you and be with you today and always.

**Amen**

## **POSTLUDE**

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### **Assisting with Today's Service:**

<b>Presiding Pastor:</b>	<b>Rev. Tor K. Berg</b>
<b>Piano:</b>	<b>Lucy Kay Osborne</b>
<b>Altar Guild:</b>	<b>Donna Hillard</b>
<b>Ushers:</b>	<b>Tom Agnew, Dan Bormann, Chris Cardwell, Dan Hendricks and David Osborne</b>
<b>Sound Technician:</b>	<b>Ken Smith</b>
<b>Reception Coordinator:</b>	<b>Nancy Funsinn</b>

## Kristian Vester Frosig

Born to Emma and Mathias Frosig on December 20, 1927, in Vejrup, Denmark, Kristian Vester Frosig began his life in a bakery. Mathias would do the baking in the basement during the night, and Emma would tend to the bakery during the day while Mathias slept. Swaddling Kristian in blankets, Emma would put him in a basket, then put the basket in the snowbank outside the kitchen door for his afternoon naps. He claims he got a good healthy immune system from sleeping in the snowbank.

In May of 1929, the Frosig family made their way from Vejrup, Denmark to Minneapolis Minnesota. Life in a Danish bakery continued for Mathias. Emma gave birth to Doris, then Gilbert, Paul, and David. Kris said he cried on his first day of school because the kids made fun of the way he talked, half Dane half English. Emma said no more Danish, and she learned English right along with her children.

Kris and a couple of his friends left school at age 17 to join the Navy. His father took him to the train station one day early in January of 1946. In their good-bye, his dad took him by the hand and said, "Remember, you are a Frosig". That little saying is now passed from one generation to the next.

Kris flew patrol over what is now Alaska. Discharged honorably in November of 1947, he returned to Minneapolis. Continuing his education at Augsburg College on the GI bill, he had many many stories to tell of those college days. He cooked on a fishing boat in the Alaskan waters during the summers of his college years. Kris found out quickly that the Norwegian fisherman wanted the parts of the fish he threw overboard while making fish soup.

With a master's degree in Biology, he taught at Shoreline High School in Seattle for eight years. Then getting the call to go into the ministry, he returned to Minneapolis with his family to Augsburg Seminary, which became Luther Seminary during his time there. While in seminary, he also taught Bacteriology to the student nurses. "Someone had to do it" he would say.

Ordained in 1964, his first call was to Zion Lutheran Church in Kent WA. He was already hiking with daughters Kathy and Laurel, so he started hiking adventures with the youth group. 50 years later those kids have come back to him to say they never quit hiking and now their children are hikers, too. Kris' second call was to Central Lutheran Church Anchorage Alaska. He loved the outdoors, especially trips with son Christopher. They were part of a group of fathers and sons who hiked, canoed, and camped together. Also in Alaska, Kris and Pastor John Ericksen would travel out to the coastal villages; Kris, with his mandolin and John, with his guitar. Country Gospel was the order of worship. The music went on way into the early morning.

At First Lutheran in Bothell there are so many stories. He loved his time there, and his church family. Thanksgiving 1988, he cooked a beautiful dinner. Then he put a ring wrapped in cellophane between the pumpkin pie and the whipped cream, and handed it to Marilyn. Oh my goodness. Marilyn

adored him, but had no idea this was about to happen. Through screaming and tears she said 'yes'. Just in time, too, because his children were waiting by their phones to find out what she said.

Marilyn became a Frosig on April 8, 1989, and this love story began. Daughter, Kathy and her husband David had three little girls - Nikki, Allison, and Danielle. Daughter, Laurel and her husband David had three little girls - Hillary, Jenny, and Hailey. Son Christopher was in the Marines.

In 1993, when Kris and Marilyn decided to go to Denmark to find his family roots, Kris had to get a passport. His father naturalized in 1942, and his mother in 1943. No one naturalized Kris, so when he tried to get his passport he did not have the proper document to get one. "Oh no, all this time I have been an illegal immigrant" he said. We had to get documents from the cathedral in Ribe, Denmark; no email then. Passport came three days before our trip. He too found out it's quite incredible to walk in the footprints of all those that had come before him.

By retirement from the ministry in 1994, Christopher married Chantelle, and in time there were two grandsons - Kristian and Ben. The grandkids called our place Camp Frosig. Come for a visit, have a science lesson, work on a craft, eat outside, spin and twirl and sing and hug. It has always been a happy place, and fun to share with others.

Kris loved his family beyond all measure; so proud to tell stories about them. Now Allison and Sam have Noelle and Caleb, Hillary and Justin have Addie and Lydia, and Danielle and Grant have Audrey. Kris' heart extended out, even to others he might meet only once. His little handmade crosses called Kris Crosses are everywhere. "Put it in your pocket" he would say, "You will never be alone". He also had a Wednesday afternoon ministry at the Manor Care convalescent center in Lynnwood.

Always with a smile, and sometimes with a twinkle in his eye, he had time for all those he met. He would remind anyone who said, "Have a nice day" to "Make it a great day; your choice". When you think of him with that joy he spread, hear his voice say, "Stand up, don't be afraid, go now and do some good".

Kristian Vester Frosig left to go see his Lord on Monday, January 16, 2017. A son, a brother, a cousin and uncle, Papa, father, grandfather, and great-great grandfather, too. A teacher, pastor, Danish immigrant, veteran, and friend. Gardener, cook, domestic, and a great sawdust maker (woodworker). A life well lived in service to others, and in service to his Lord.



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