

# TRI-COUNTY OPPORTUNITIES COUNCIL

Community Action Agency



*Serving the 9 Counties of Bureau, Carroll, LaSalle, Lee, Marshall, Ogle, Putnam, Stark, and Whiteside Illinois*

# RESOURCE BOOK

## Lee County

Tri-County Opportunities Council  
405 Emmons Avenue  
P.O. Box 610  
Rock Falls, IL 61071  
PH: 815/625-7830  
TOLL FREE: 1-800-323-5434  
[www.tcochelps.org](http://www.tcochelps.org)

*Building opportunities to transform communities.*



# Tri-County Opportunities Council

## *Mission Statement*

*Tri-County Opportunities Council will investigate the impact of poverty throughout our nine county service area and will work, in partnership with individuals, families and communities to provide opportunities that supports movement towards stability and self-sufficiency.*



### **Community Services Block Grant Program (CSBG)**

- Provides comprehensive needs assessments, information and referrals and numerous case management programs to eligible customers to obtain self-sufficiency for employment, youth, education, housing, medical, and emergency needs.
- Offers various housing programs to those facing homelessness or on the verge of becoming homeless. In addition, case management is provided to ensure housing is affordable and sustained to prevent future homelessness.
- Annually awards educational scholarships to income-eligible service area residents attending an Illinois institution of higher learning.
- Bureau County Food Pantry – provides food to meet meal gaps to families residing in Bureau County.

### **Foster Grandparent Program**

- Provides meaningful volunteer opportunities for those in the lower income range who are 55 years old and older.
- Offers supportive person-to-person services to at-risk children with special or exceptional needs in reading, math, spelling, art and other constructive projects.

### **Head Start/Early Head Start Program**

- The EHS/HS programs are federal programs that provides comprehensive early childhood education, health, nutrition, and parent engagement services to children from birth to 5 years of age, expectant mothers, and their families.
- The program's services and resources are designed to foster stable family relationships, heighten family resiliency, enhance children's physical and emotional well-being, and establish an environment to develop skills toward school readiness and a love of life-long learning.
- Families must meet the eligibility criteria established by the federal government.

## **Low-Income Energy Assistance (LIHEAP)**

- LIHEAP – makes a one-time payment to the utility company, bills must be in the name of the person applying.
- LIHEAP Furnace Program – Repair or replace furnaces to homeowners who are current on their mortgage and taxes and be within the LIHEAP guidelines.
- PIPP – The Percentage of Income Payment Plan (PIPP) is designed to help client’s pay their own bill with a manageable budget bill. Eligibility for this program included being within the LIHEAP guidelines and must have a participating utility company, such as, Ameren, Com-Ed, and Nicor.
- Com-Ed Hardship – helps households that may be having a hardship crisis situation. Income guidelines are 200% of poverty level.
- Neighbor to Neighbor – helps households with utility assistance. Income guidelines are 300% of poverty level.

## **Illinois Home Weatherization Program**

- Make homes more energy efficient, provide safe heating equipment, if needed, replace furnace, and provide clients with safety equipment.

## **Rental Housing**

- Provides decent, safe and affordable housing to low-income clients.

## **TRI-COUNTY OPPORTUNITIES COUNCIL OFFICES:**

### Main Office

405 Emmons Avenue  
Rock Falls, IL 61071  
PH: 815-625-7830  
PH: 1-800-323-5434

### LaSalle Office

308 N. 30th Road  
LaSalle, IL 61301  
CSBG: 815-224-0028  
CSBG: 815-224-3939  
LIHEAP: 815-223-2333  
HEAD START: 815-224-2533  
HEAD START: 815-220-1602  
HEAD START: 815-220-1603

### Princeton Office

1019 N. Main Street  
Princeton, IL 61356  
Food Pantry/CSBG: 815-875-6064  
LIHEAP: 815-879-6035

### Office Hours

8:00 a.m. – 4:30 p.m.  
Monday-Friday

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## **BASIC NEEDS**

### **CLS Thrift Shop**

607 First Ave  
Rock Falls, IL 61071  
PH: 815/625-0517

*Provides clothing and knickknacks at a low price*

### **Dixon Area Emergency Needs Fund/Lee**

#### **County Salvation Army**

Marty & Randall Bartelt  
PH: 815/857-7022

*Help on an emergency basis.*

### **Dixon Furniture Mart**

2400 W. 4<sup>th</sup> Street  
Dixon, IL 61021  
PH: 815/288-2488

*New and gently used furniture. 60-day layaway plans.  
Monday-Friday 10:00 -5:00, Saturday 10:00-3:00.*

### **Gianna's House – Pregnancy Resource Center**

700 10th Ave.  
Rock Falls, IL 61071  
PH: 815/625-6520  
[www.giannashouse.com](http://www.giannashouse.com)

### **Good Fellows**

P.O. Box 674  
Dixon, IL 61021  
PH: 815/973-5135  
[www.goodfellowsofleecounty.com](http://www.goodfellowsofleecounty.com)

*Provides Christmas baskets that include toys, clothing,  
food and decorations.*

### **Goodwill**

2216 East Lincolnway  
Sterling, IL 61081  
PH: 815/625-1740

*Provides low cost clothing, households items, furniture  
and miscellaneous items.*

### **Leydig Center**

1101 Warp Road  
Dixon, IL 61021  
PH: 815/284-7772  
[www.leydigonline.com](http://www.leydigonline.com)

*Offers used clothing, furniture and small appliances at a  
minimal charge.*

## **CHILD CARE**

### **Bright Beginnings**

1033 Franklin Grove Road  
Dixon, IL 61021  
PH: 815/285-1033  
[www.brightbeginningsdixon.com](http://www.brightbeginningsdixon.com)

### **Early Bird Preschool Program**

Reagan Middle School  
620 Division Street  
Dixon, IL 61021  
PH: 815/285-7725

### **Open Sesame Child Care Center**

1101 Middle Road  
Dixon, IL 61021  
PH: 815/288-5905  
[www.opensesamechildcarecenter.com](http://www.opensesamechildcarecenter.com)

### **Sauk Valley Interagency Council Child & Family**

206 S. Galena Avenue, Suite 40	2319 E. Lincolnway
Freeport, IL 61032	Sterling, IL 61081
PH: 888/297-1041	815/626-2572

*Serves as the single access point to Early Intervention  
Services.*

## **DISABILITIES**

### **Jack Mabley Developmental Center**

1120 Washington Ave.  
Dixon, IL 61021  
PH: 815/288-8300

*Serves those with developmental disabilities*

**Kreider Services, Inc.**

500 Anchor Road  
Dixon, IL 61021  
PH: 815/288-6691  
[www.kreiderservices.org](http://www.kreiderservices.org)

*Provides direct care programs to persons with developmental disabilities.*

**Lee County Special Education Association**

1335 Franklin Grove Road, Suite B  
Dixon, IL 61021  
PH: 815/284-6651

*Prepares students with disabilities to be functional members of society and provides specialized programs and services.*

**Self Help Birth to Three**

2300 West LeFevre Road  
Sterling, IL 61081  
PH: 815/626-3115

*Early intervention program for children under three years of age who show evidence of a developmental disability, a developmental delay, or a high probability of a developmental delay*

**The Arc of Lee County**

500 Anchor Road  
Dixon, IL 61021  
PH: 815/288-6691  
[www.thearcofil.org](http://www.thearcofil.org)

*Advocates people with disabilities and their families.*

**Lee/Ogle Regional Superintendent of Schools**

7772 Clinton Street  
Dixon, IL 61021  
PH: 815/652-2054

*Apply to take GED classes*

**Project Vital**

Sauk Valley Community College  
173 IL Rt. 2  
Dixon, IL 61021  
PH: 815/288-5511, ext. 241 or ext. 363  
[www.svcc.edu](http://www.svcc.edu)

*Provides free adult tutoring service to adults who aspire to improve their reading skills, master English language, obtain citizenship or pass GED.*

**EMERGENCY ASSISTANCE**

**YWCA of Sauk Valley**

412 1<sup>st</sup> Avenue  
Sterling, IL 61081  
PH: 815/626-7277  
[www.ywca.org](http://www.ywca.org)

*Assists with domestic violence and sexual assault.*

**Shining Star Children’s Advocacy Center**

215 E. 1<sup>st</sup> Street  
Dixon, IL 61021  
PH: 815/284-1891  
<http://www.shiningstarcac.org/>

*Provides a coordinated multi-agency approach and prompt response to child abuse.*

**EDUCATION**

**Adult Education and GED Program**

173 IL Route 2  
Dixon, IL 61021  
PH: 815/835-6250  
[www.svcc.edu/academics/adult\\_ed/index.html](http://www.svcc.edu/academics/adult_ed/index.html)

*Assist adults who want to pass the GED (General Educational Development) tests in reading, social studies, science, mathematics, writing, and the Constitution.*

**EMPLOYMENT**

**Burton Placement Services**

629 N. Galena Ave., Suite 115  
Dixon, IL 61021  
PH: 815/288-1009

*Provides employment services.*



## **Business Employment Skills Team - BEST/JTPA**

173 IL Route 2  
Dixon, IL 61021  
PH: 815/835-6371  
[www.best-inc.org](http://www.best-inc.org)

*Provides job assessments, goal setting, labor market information, college assistance, job search and placement, work experience, job training, and retention services for adults.*

## **Corporate Services**

609 W. 3<sup>rd</sup> Street  
Dixon, IL 61021  
PH: 815/288-7402  
[www.corpserv.com](http://www.corpserv.com)

*Provides employment services.*

## **Dislocated Workers Program**

Sauk Valley Community College  
173 IL Rt. 2  
Dixon, IL 61021  
PH: 815/288-5511  
[www.svcc.edu](http://www.svcc.edu)

*Provides employment related services to both employers and job seekers.*

## **Ethical Search Professionals**

508 Depot Avenue  
Dixon, IL 61021  
PH: 815/285-4773

*Recruiters for engineering, manufacturing management and maintenance management for industries.*

## **Job Smart**

110 E. 1st Street  
Dixon, IL 61021  
PH: 815/288-2103

*Provides employment/vocational training.*

## **Manpower**

1678 S. Galena Avenue, Suite C100  
Dixon, IL 61021  
PH: 815/288-7800  
[www.manpower.us/en/index.htm](http://www.manpower.us/en/index.htm)

*Employment agency.*

## **FOOD**

### **Amboy Food Pantry**

32 N. Jones Avenue  
Amboy, IL 61310  
PH: 815/757-0815

*Food is distributed on the 3rd Wednesday of each month from 9:00 AM to 10:00 AM.*

### **Community Food Pantry**

2001 W. 4<sup>th</sup> Street  
Dixon, IL 61021  
PH: 815/288-4848

*Monday, Wednesday and Friday; 1:00 p.m. – 3:00 p.m.*

### **Loaves and Fishes**

St. Patrick's Church  
612 Highland Avenue  
Dixon, IL 61021  
PH: 815/284-7719  
[www.stpatrickdixon.org](http://www.stpatrickdixon.org)

*Provides a free meal and fellowship for anyone who is hungry in the Dixon area. Monday 5:00 p.m. – 6:30 p.m.*

### **Meals on Wheels**

403 E. First Street  
Dixon, IL 61021  
PH: 815/284-0333

### **Saint Vincent DePaul**

7 West Sixth Street  
Sterling, IL 61081  
PH: 815/625-0311  
<http://www.svdpusa.org/>

*Provides food for those people with limited income*

### **Smart Choice Food**

Ashton United Methodist Church  
906 Richardson Avenue  
Ashton, IL 61006  
PH: 815/453-2328

# HEALTH

## **Dental Connections**

2661 W. Stephenson Street  
Freeport, IL 61032  
PH: 815/233-1215

*Accepts the Illinois Medical Card and other insurance plans.*

## **Dental Dreams**

6215 E. State Street  
Rockford, IL 61102  
PH: 815/399-7777

*Accepts the Illinois Medical Card and other insurance plans.*

## **Family Healthcare Center**

320 N. 1<sup>st</sup> Street  
Ashton, IL 61006  
PH: 815/453-1212

## **Hearing Clinic – Northwestern IL Association**

2002 East 5th Street  
Sterling, IL 61081  
PH: 815/625-7931  
[www.thenia.org](http://www.thenia.org)

## **Hope Life Center**

2323 E. Lincolnway  
Sterling, IL 61081  
815-625-5376  
[www.hopelifecenter.com](http://www.hopelifecenter.com)

*Free family planning*

## **Lee County Health Department**

309 S. Galena Avenue  
Dixon, IL 61021  
PH: 815/284-3371  
[www.lchd.com](http://www.lchd.com)

*WIC, immunizations, family management with selected clients to work program, car seat program, fluoride varnish treatment (birth-age 3).*

## **Now Care**

841 North Galena Avenue, Suite 200  
Dixon, IL 61021  
PH: 815/285-2273  
[www.nowcare-dixon.com](http://www.nowcare-dixon.com)

*The clinic is open 7:30 AM to 6:30 PM on Mondays through Fridays and 7:30 AM to 3:30 PM on Saturdays.*

## **Whiteside County Health Department – Dental Clinic**

1300 West Second Street  
Rock Falls, IL 61071  
PH: 815/626-2230  
[www.whitesidehealth.org](http://www.whitesidehealth.org)

*The Dental Clinic at Whiteside County Community Health Clinic provides preventative dental treatment for children and adults who do not have a dentist in Bureau, Carroll, Lee, Ogle, and Whiteside counties.*

## **WIC (Woman, Infants, & Children)**

309 S. Galena Avenue  
Dixon, IL 61021  
PH: 815/284-3371

# HOUSING

## **Amboy Meadows Apartments**

121 W. Wasson Road  
Amboy, IL 61310  
PH: 815/857-4911  
[www.amboymeadowsapartments.com](http://www.amboymeadowsapartments.com)

*Rents apartments based on income guidelines.*

## **Canterbury Apartments**

1501 Lowell Park Road  
Dixon, IL 61021  
PH: 815/288-4100

*Low and Subsidized Rent*

## **Countryside Manor Apartments**

625 Countryside Lane  
Dixon, IL 61021  
PH: 815/288-6444

*Subsidized Housing*

**Cummins Place**

2104-2124 Cummins  
Dixon, IL 61021  
PH: 815/857-4911

*Low and Subsidized Rent*

**Dixon River Apartments**

624 Marclare Street  
Dixon, IL 61021  
PH: 815/284-6782

*Low and Subsidized Rent*

**Dixon Square Apartments**

1540 Freedom Walk  
Dixon, IL 61021  
PH: 815/284-3409

*Low and Subsidized Rent*

**Habitat for Humanity**

P.O. Box 11  
Dixon, IL 61021  
PH: 815/440-3040

*Builds decent, affordable homes for people who qualify but cannot obtain a standard home loan.*

**Housing & McReynolds Towers**

1000 Washington Avenue  
Dixon, IL 61021  
PH: 815/284-2759

*Low and Subsidized Rent*

**Lee County Housing Authority**

1000 Washington Avenue  
Dixon, IL 61021  
PH: 815/284-2759

*Rental Housing/Section 8*

**Nachusa House Apartments**

215 S. Galena Avenue  
Dixon, IL 61021  
PH: 815/284-0190

*Low and Subsidized Rent for seniors 55 and older.*

**PADS Homeless Shelter**

805 W. 1<sup>st</sup> Street  
Dixon, IL 61021  
PH: 815/288-6818

*Shelter for homeless: meals, assistance with employment.*

**Pineridge Apartments**

Haun Management  
601 Countryside Lane  
Dixon, IL 61021  
PH: 815/339-2140

*Low and Subsidized Rent*

**LEGAL SERVICES**

**CASA, 15<sup>th</sup> Judicial Circuit**

113 S. Peoria Avenue  
Dixon, IL 61021  
PH: 815/288-1901

*Advocates for the best interests of abused and neglected children within the Juvenile Court system*

**Lee County State's Attorney**

309 S. Galena Avenue  
Dixon, IL 61021  
PH: 815/284-5245

**MENTAL HEALTH**

**KSB Behavioral Health Care Services**

403 E. First Street  
Dixon, IL 61021  
PH: 815/285-5629

*Provides in and outpatient mental health services.*

### **Lutheran Social Services (LSSI)**

1901 First Avenue      1261 IL Route 38  
Sterling, IL 61081      Nachusa, IL 61057  
PH: 815/626-7333      PH: 815/284-7796  
[www.LSSI.org](http://www.LSSI.org)

*Provides services for addictions (gambling/cutting/drugs/ alcohol), Counseling/Mental Health*

### **Sinnissippi Centers**

325 IL Route 2  
Dixon, IL 61021  
PH: 800/242-7642 / 815-284-6611  
[www.sinnissippi.org](http://www.sinnissippi.org)

*Provides mental health services to those who are experiencing situational crisis or emotional, school, work or family problems.*

### **Whiteside County Health Department – Mental Health Program**

1300 West Second Street  
Rock Falls, IL 61071  
PH: 815/626-2230, ext. 1267

*Promotes positive social and emotional health, in adults and children, contributing to a healthy, balanced and productive life.*

### **Hospice of the Rock River Valley**

2600 Locust St  
Sterling, IL 61081  
PH: 815/625-3858  
[www.hospicerockriver.org](http://www.hospicerockriver.org)

### **Lee/Ogle County Family Community Resource**

106 N. 2<sup>nd</sup> Street  
Oregon, IL 61061  
PH: 815/732-2166

*Helps low-income residents with medical assistance, food stamps and cash assistance.*

### **United Way of Lee County**

P.O. Box 382  
Dixon, IL 61021  
PH: 815/284-3339  
[www.unitedwayofleecounty.org](http://www.unitedwayofleecounty.org)

## **SENIOR OUTREACH**

### **Lee County Council on Aging**

100 West 2nd Street  
Dixon, IL 61021  
PH: 815/288-9236

*Provides recreational, educational and wellness activities for seniors age 60 and older.*

## **RESOURCES**

### **Alzheimer's Association – Rock River Chapter**

93 S. Hennepin  
Dixon, IL 61021  
PH: 815/285-1100  
[www.alz.org](http://www.alz.org)

### **Amboy Community Building**

280 W. Wasson Road  
Amboy, IL 61310  
PH: 815/857-2324

### **Dixon Public Library**

221 S. Hennepin Avenue  
Dixon, IL 61021  
PH: 815/284-7261

## **SUBSTANCE ABUSE**

### **Adult Education Associates**

748 Timbercreek Road  
Dixon IL 61021  
PH: 815/284-3940  
[www.adulteducationassociates.com](http://www.adulteducationassociates.com)

*Substance abuse treatment services and provide alcohol and drug counseling*

### **Norcare, Inc.**

325 IL Route 2  
Dixon, IL 61021  
PH: 815/284-7621

## **The Recovery Zone**

707 First Ave. Suite A  
Rock Falls, IL 61071  
PH: 815/626-2800

*Provides services for substance abuse, anger management, outpatient treatment and DUI services.*

## **TOWNSHIPS/CITY OFFICIALS**

### **Dixon Township**

315 Highland Ave.  
Dixon, IL 61021  
PH: 815/288-4475

*Income based general assistance up to \$245/month for shelter or utilities. Must attend a budget class for assistance.*

### **Nelson Township Supervisor**

1204 Harmon Road  
Harmon, IL 61042  
PH: 815/535-1076

*Provides assistance to individuals with little or no income with rent, utilities, and gas for transportation.*

## **TRANSPORATION**

### **Lee/Ogle Transportation System (LOTS)**

210 E Progress Drive  
Dixon, IL 61021  
PH: 815/288-2117  
[www.lotsil.org](http://www.lotsil.org)

*Provides public transportation to everyone.*

## **VETERAN ASSISTANCE**

### **Lee County Veteran's Assistance**

309 South Galena Suite 101  
Dixon, IL 61021  
PH: 815/288-5683

## **YOUTH**

### **Al Morrison Baseball Program**

P.O. Box 388  
Dixon, IL 61021  
PH: 815/288-1160

### **Boy Scouts (White Eagle District)**

1531 W. Demeter  
Freeport, IL 61032  
PH: 815/297-8247

### **Dixon Bowling Association**

401 Hancock  
Dixon, IL 61021  
PH: 815/288-1198

### **Dixon Junior Tackle Football**

1119 W. 6<sup>th</sup> Street  
Dixon, IL 61021  
PH: 815/284-4117

### **Dixon Park District**

804 Palmyra Street  
Dixon, IL 61021  
PH: 815/284-3306  
[www.dixonparks.com](http://www.dixonparks.com)

### **Dixon Wrestling Club**

134 Fieldstone Lane  
Dixon, IL 61021  
PH: 815/440-0806

### **Girl Scouts (Green Hills Council)**

234 Palmyra Road  
Dixon, IL 61021  
PH: 815/288-1000

### **YMCA Dixon Family**

110 N. Galena Avenue  
Dixon, IL 61021  
PH: 815/288-9622  
[www.dixon.saukvalleyymcas.org](http://www.dixon.saukvalleyymcas.org)

### **University of Illinois Extension**

Sauk Valley Community College  
173 IL Route 2  
Dixon, IL 61021  
PH: 815/835-2070  
[www.web.extension.illinois.edu/clw/](http://www.web.extension.illinois.edu/clw/)