The DeSisto School

June 8, 1997

To whom it may concern,

As Andrew's supervisor, I am happy to write a letter of recommendation on behalf of Andrew Kahn, who has worked at the DeSisto School since November of 1995. The DeSisto School is a year-round, residential school for high school students who have been unable to function due to serious emotional problems and addictions.

Andrew began as a yoga teacher, but his role grew and he became the school's Spiritual Director. Andrew taught alternative coping skills. He nurtured and uplifted our students, staff, and parents, by teaching yoga classes, guiding relaxation, giving massages, providing individual consulting, and teaching breathing and meditation techniques. Andrew taught spiritual principles as a classroom teacher and facilitated groups using stories, singing, music, and dance. He also brought in guest teachers, performers, and religious leaders to help educate our community.

Andrew organized a Random Acts of Kindness Week where teams of students performed kind acts both on campus and in the community. I was especially impressed by the conscious eating guidelines that he posted on our dining room tables. Andrew directed a three day long Yoga and Spirituality Intensive for parents which was rated excellent by those who attended.

Perhaps even more impactful than Andrew's formal teaching, was the way he role modeled integrity, harmony, and love in all of his interactions. It is without hesitation that I can recommend Andrew. He is a mature man with vision and the qualities of a leader. He is highly responsible and open to constructive criticism. I am confident that he will prove to be an asset to your organization as he has been to ours.

If you have any questions or wish to hear more about Andrew feel free to call me at (413) 298-3776.

A. Michael DeSisto

Singerely,