



"ALL ABOUT YOU" WORKSHOP

By investing in the "All About You" Workshop, you will deepen your understanding of your unique combination of Behaviors, Motivators, and Competencies. It's a Celebration of YOU!

Process:

- 4 hour workshop, up to 12 participants
- Using their Tri-Metrix report, participants will create a personalized 2'x3' poster which will help them understand and embrace their unique talents and skills.
- Participants will present their completed poster to the entire group and explain "Who They Are" including Ways to Communicate and Ways not to Communicate.
- Participants will review their Possible Time Wasters and Areas for Improvement and decide on a specific Development Plan.

Benefits:

- Improve interpersonal relationships and communication skills.
- Encourage participants to act on their results in their personal and professional lives.
- Understand and appreciate individual strengths and the value they bring to an organization.
- Awareness of challenges which may result in performance blocks both personally and professionally.