

AFTERNOON TEA MENU				
Monday	Tuesday	Wednesday	Thursday	Friday
Seasonal Fruit and Vegetable Platter Every Day	E.G. Apples, Pears Oranges, Carrots, Cucumbers, Bananas, Grapes, Tomatoes, Celery, Strawberries, Watermelon, Mandarins. Drinks: milk and Water			
Apples (red/green)	Apples (red/green)	Apples (red/green)	Apples (red/green)	Apples (red/green)
Oranges, Pears, Mandarins	Oranges, Pears	Oranges, Pears	Oranges, Mandarins, Pears	Oranges, Pears, Mandarins
Sandwiches on Wholemeal Bread	Sandwiches on Wholemeal Bread	Sandwiches on Wholemeal Bread	Sandwiches on Wholemeal Bread	Sandwiches on Wholemeal Bread
Tuna and Mayo	Fruit Spread/butter	Honey/butter	Honey/butter	Fruit Spread/butter
Vegemite	Vegemite	Vegemite	Vegemite	Vegemite
Fruit Spread/butter	Tuna and Mayo	Cheese Fruit Bread	Tuna and Mayo	Cheese Fruit Bread
SNACK	Serve fruit & sandwiches, followed by crackers if needed			
REFLECTIONS		WHAT WORKED?		
		Popular with children? Easy to prepare? Cost-effective?		