

MEC Vancouver Race Four - June 5, 2016

Race Date
June 05, 2016

Overall Finish List

21.1 k Run				Female	
Overall	Name	City	Bib No	Time	Pace
1	Lydia Tay		46113	1:36:53	4:35/K
2	Dianne Kaltenegger		37018	1:38:41	4:41/K
3	Leah Goldstein		32287	1:42:18	4:51/K
4	Carolyn Berry		32219	1:44:06	4:56/K
5	Hilary Spires		46108	1:44:17	4:57/K
6	Audrey Wagenaar		46173	1:46:04	5:02/K
7	Katherine Johnston		37016	1:48:41	5:09/K
8	Julia Roos		46175	1:48:55	5:10/K
9	Karen Hayley		37001	1:52:41	5:20/K
10	Maji Poushali		46159	1:52:57	5:21/K
11	Sarah Beck		32218	1:52:59	5:21/K
12	Nancy Hughes		37007	1:53:17	5:22/K
13	Claire David		32255	1:53:30	5:23/K
14	Maeve Willoughby		46133	1:53:51	5:24/K
15	Tanis Ridout		37091	1:55:19	5:28/K
16	Soile Weaver		46127	1:56:10	5:30/K
17	Naho Omura		37072	1:56:13	5:30/K
18	Corinne Byblow		32229	1:58:59	5:38/K
19	Frauke Seewald		46101	1:59:01	5:38/K
20	Janeen Lee		37033	1:59:55	5:41/K
21	Teresa Yeung		46158	2:02:13	5:48/K
22	Patricia Guerrero Cardenas		32293	2:02:18	5:48/K
23	Kim Hong		46170	2:02:29	5:48/K
24	Jennifer Derksen		32258	2:02:59	5:50/K
25	Stefanie Grieser		32289	2:03:02	5:50/K
26	Makiko Kitama		37025	2:03:35	5:51/K
27	Tracy Harvey-Chan		32298	2:03:47	5:52/K
28	Heather Fairbrother		46162	2:05:31	5:57/K
29	Spoorthy Seenappa		37100	2:05:43	5:57/K
30	Amanda Kenny		37021	2:06:16	5:59/K
31	Leanne Bullick		32228	2:06:56	6:01/K
32	Tina Cheng		32245	2:07:01	6:01/K
33	Sally Lin		37036	2:07:16	6:02/K
34	Tiffany Tanabe		46112	2:07:18	6:02/K
35	Tyler Doyle		32265	2:08:09	6:04/K
36	Monica Lam		37031	2:10:27	6:11/K
37	Katie Huston		37009	2:10:31	6:11/K
38	Jessica Sanchez		37097	2:10:35	6:11/K
39	Adriana Proton		37083	2:10:47	6:12/K
40	Cassandra Basi		32216	2:11:01	6:13/K
41	Jenny Tam		46111	2:11:55	6:15/K
42	Becky Ingbritson		37011	2:12:10	6:16/K
43	Joanne Reid		37088	2:12:29	6:17/K
44	Miranda Holroyd		37004	2:13:07	6:19/K
45	Olivia fournier		32275	2:14:04	6:21/K
46	Leilani Toledo		46118	2:14:23	6:22/K
47	Cathy-Rae V Hollett		37003	2:14:36	6:23/K

MEC Vancouver Race Four - June 5, 2016

Race Date

June 05, 2016

Overall Finish List

21.1 k Run				Female	
Overall	Name	City	Bib No	Time	Pace
48	Misty Pope		37081	2:14:48	6:23/K
49	Anice Wong		46136	2:14:49	6:23/K
50	Freda Maideen		37043	2:14:55	6:24/K
51	Jessica Brodeur		32226	2:14:55	6:24/K
52	Meg Peters		46161	2:15:04	6:24/K
53	Elizabeth Siggers		46104	2:15:13	6:25/K
54	Karen Orr		37074	2:16:02	6:27/K
55	Sarah Eisler		32267	2:17:18	6:30/K
56	Danielle Dmytar		32263	2:19:03	6:35/K
57	Cassandra Galpin		32280	2:19:28	6:37/K
58	Carolyn Leong		37034	2:19:56	6:38/K
59	Amy Hou		46150	2:21:53	6:43/K
60	Kerry Duvall		46166	2:22:57	6:46/K
61	Mabel Fong		32272	2:23:02	6:47/K
62	Linette Schut		37098	2:23:44	6:49/K
63	Sherry Chen		32242	2:24:47	6:52/K
64	Calista Cai		32231	2:24:52	6:52/K
65	Cathy Wu		46139	2:24:54	6:52/K
66	Iris Anahi Aguilar Macedo		32208	2:25:42	6:54/K
67	Andrea Vaags		46123	2:27:16	6:59/K
68	Dagmar Eschrich		32268	2:31:21	7:10/K
69	Audrey Cook		32253	2:32:15	7:13/K
70	JESSICA LU		37040	2:38:00	7:29/K
71	Melanie Lewis		37035	2:38:16	7:30/K
72	JENNIFER KHUONG		37022	2:39:13	7:33/K
73	Teena Frost		32277	2:39:13	7:33/K
74	Michelle Yamaguchi		46141	2:39:15	7:33/K
75	Samantha Marsh		46177	2:43:08	7:44/K
76	Sunny Yu		46146	2:46:44	7:54/K
77	Stephanie Marron		37046	2:47:21	7:56/K
78	Alicia Close		32251	2:52:46	8:11/K
79	TABATA NAVA HERRERA		37065	2:53:02	8:12/K
80	aimee illescas		37010	2:53:52	8:14/K
81	Magdalena Blasiak		32222	2:54:05	8:15/K
82	Véronique Thivierge		46114	3:26:05	9:46/K
83	Cindy Xia		46140	3:32:36	10:05/K
84	Lauren Lam		37030	3:32:37	10:05/K

MEC Vancouver Race Four - June 5, 2016

Race Date
June 05, 2016

Overall Finish List

21.1 k Run				Male	
Overall	Name	City	Bib No	Time	Pace
1	David Morrissey		37062	1:15:05	3:34/K
2	Jeremy Hopwood		37005	1:22:56	3:56/K
3	Ben Hanke		32294	1:23:03	3:56/K
4	Erik Hulten		37008	1:25:09	4:02/K
5	Ryan Cawsey		32237	1:29:06	4:13/K
6	Simon Monk		37061	1:29:14	4:14/K
7	Gavin Bong		32223	1:29:49	4:15/K
8	Gabriel Palacind		46155	1:30:30	4:17/K
9	Simon Richards		37090	1:30:37	4:18/K
10	William Harvey		32297	1:32:28	4:23/K
11	Ryan Griffin		32291	1:33:06	4:25/K
12	Mark Dawson		32257	1:35:50	4:33/K
13	Robert Rowan		37095	1:36:19	4:34/K
14	Mark Wong		46135	1:36:49	4:35/K
15	Paul Taylor		46167	1:36:56	4:36/K
16	Jon Inns		37012	1:37:16	4:37/K
17	Paul Fenech		32271	1:37:35	4:37/K
18	Samjaya Harvey		32296	1:39:10	4:42/K
19	Joe Brennan		32225	1:40:07	4:45/K
20	Anders Mjos		46149	1:41:51	4:50/K
21	Stuart Thorsen		46117	1:42:41	4:52/K
22	Peter Harris		32295	1:42:54	4:53/K
23	Luca Raffaello		37085	1:42:55	4:53/K
24	Christopher Wong		46137	1:43:08	4:53/K
25	Christopher Brandt		32224	1:43:21	4:54/K
26	Philip Roehricht		46176	1:43:31	4:54/K
27	E Yu		46145	1:43:50	4:55/K
28	Matt Colpitts		32252	1:43:53	4:55/K
29	Anthony Meyer		37057	1:44:12	4:56/K
30	Cheng Hsu		37006	1:44:26	4:57/K
31	David Williams		46130	1:44:27	4:57/K
32	Jon Marshall		37047	1:45:02	4:59/K
33	Ivan Dolzhenkov		32264	1:45:02	4:59/K
34	Don Barnes		32215	1:46:16	5:02/K
35	Chris Diplock		32262	1:46:37	5:03/K
36	Heer Ranjit		46168	1:47:11	5:05/K
37	Shahab Jabbari		37013	1:47:41	5:06/K
38	YE ZHANG		46147	1:47:44	5:06/K
39	Christian Paul		37077	1:47:53	5:07/K
40	Fred Tsar		46171	1:48:06	5:07/K
41	Neil Chadha		32239	1:48:47	5:09/K
42	James Rupert		37096	1:48:49	5:09/K
43	Kin Fai Mak		46163	1:49:40	5:12/K
44	Jack Lai		37029	1:49:56	5:13/K
45	Jordan Harris		46153	1:50:23	5:14/K
46	Fergus Knight		37026	1:50:35	5:14/K
47	Brent Johnston		46165	1:50:42	5:15/K

MEC Vancouver Race Four - June 5, 2016

Race Date
June 05, 2016

Overall Finish List

21.1 k Run				Male	
Overall	Name	City	Bib No	Time	Pace
48	Joseph Choi		32247	1:50:52	5:15/K
49	Denys Ng		37068	1:50:58	5:16/K
50	Norm Angell		32209	1:51:15	5:16/K
51	Brendan Kelly		37020	1:51:51	5:18/K
52	John Nelson		46172	1:52:55	5:21/K
53	Tim Booker		46174	1:53:09	5:22/K
54	Liam Gadbois		32279	1:53:52	5:24/K
55	Jeff Chow		32248	1:54:12	5:25/K
56	Michael Peacock		37078	1:54:17	5:25/K
57	David Blas		32221	1:54:26	5:25/K
58	Peter Champion		32233	1:54:39	5:26/K
59	Brian Williams		46132	1:54:58	5:27/K
60	Benjamin Milling		37059	1:55:28	5:28/K
61	Alexander Brosky		32227	1:55:38	5:29/K
62	Walter Wang		46125	1:55:58	5:30/K
63	David Ferguson		32269	1:56:44	5:32/K
64	Chad Reid		37086	1:56:44	5:32/K
65	Alvaro Reyes		37089	1:58:05	5:36/K
66	Spencer Lee		37032	1:58:50	5:38/K
67	Craig Martin		37048	1:58:51	5:38/K
68	Jan Wolter		46134	1:59:14	5:39/K
69	Jon Champion		32234	1:59:28	5:40/K
70	Benjamin Pliska		37079	1:59:33	5:40/K
71	Stephen Balnave		32214	1:59:46	5:41/K
72	Bastian Weitzel		46128	2:00:05	5:41/K
73	Fraser Roberts		37092	2:01:07	5:44/K
74	Nil Dultra		32266	2:01:49	5:46/K
75	Kevin Park		37076	2:01:50	5:46/K
76	JOSEPH CACAL		32230	2:02:21	5:48/K
77	Sony Gawley		46157	2:03:17	5:51/K
78	Wayne Gilmarton		32285	2:03:29	5:51/K
79	Stefan Nielsen		37069	2:03:31	5:51/K
80	Bruce Devereux		32260	2:03:35	5:51/K
81	Baljit Dhaliwall		46169	2:05:23	5:57/K
82	Xavier Toledo		46119	2:05:28	5:57/K
83	Tom Sherlock		46103	2:05:28	5:57/K
84	James Tai		46110	2:05:29	5:57/K
85	Daniel Mang		37045	2:06:04	5:58/K
86	Andy Arevalo		32210	2:06:23	5:59/K
87	Josh Nelson		46180	2:06:58	6:01/K
88	Yahui Zhu		46148	2:08:00	6:04/K
89	Ricardo Coppola Mendoza		46151	2:08:26	6:05/K
90	David Kwan		37028	2:09:28	6:08/K
91	Markus Griesser		32290	2:10:31	6:11/K
92	Richard Maclachlan		46179	2:11:00	6:13/K
93	Rocky Luo		37041	2:11:14	6:13/K
94	James Caspersen		32236	2:13:43	6:20/K

Overall Finish List

21.1 k Run

Male

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
95	Alberto Ochoa		37071	2:14:11	6:22/K
96	Mike Jones		46156	2:15:06	6:24/K
97	chenxin pu		37084	2:16:52	6:29/K
98	Stephen Arthurs		46154	2:18:27	6:34/K
99	tao chen		32243	2:18:30	6:34/K
100	Matthew Choi		32246	2:18:41	6:34/K
101	TAE IL YOON		46143	2:19:26	6:36/K
102	James Munson		37064	2:20:45	6:40/K
103	Dragon Ng		37067	2:21:48	6:43/K
104	Eric Fought		46178	2:21:52	6:43/K
105	Ian Ross		37094	2:22:17	6:45/K
106	Fari Fuladi		32278	2:22:27	6:45/K
107	Desmond Diablo		32261	2:22:53	6:46/K
108	Philip Lowe		37039	2:24:59	6:52/K
109	Gordon Reid		37087	2:25:17	6:53/K
110	John Reah		46164	2:35:07	7:21/K
111	Gregg McKibbin		37052	2:36:20	7:25/K
112	Ketan Chawda		32241	2:43:27	7:45/K

MEC Vancouver Race Four - June 5, 2016

Race Date
June 05, 2016

Overall Finish List**10 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Theona Russoq		11434	39:23	3:56/K
2	Katrina Pellatt		10333	47:03	4:42/K
3	Melody Haddow		10250	48:51	4:53/K
4	Barb Adams		10150	49:31	4:57/K
5	Carolyn Hubbard		10265	49:34	4:57/K
6	Mia Morin		10317	50:22	5:02/K
7	Catriona Hendrie		10253	50:27	5:03/K
8	Alexandra Young		11431	51:39	5:10/K
9	Madeline Young		11406	51:40	5:10/K
10	Stephanie Young		11407	52:02	5:12/K
11	Alison Atherton		11427	52:15	5:14/K
12	Cait Haggarty		11428	52:15	5:14/K
13	Alyssa Watkins		10390	53:12	5:19/K
14	Tracy-Kim Campbell		11415	54:17	5:26/K
15	Becky Kiselbach		10274	54:24	5:26/K
16	sarah gordon		10242	54:36	5:28/K
17	jessica schlegel		10356	54:36	5:28/K
18	Amanda Salkeld		10351	54:51	5:29/K
19	Aska Nakamura		10324	55:02	5:30/K
20	Leslie Myers		10319	55:57	5:36/K
21	Michelle Hirose		10256	55:58	5:36/K
22	Maria Serrano		10363	56:03	5:36/K
23	Kelsey Uyeyama		10385	56:06	5:37/K
24	Sarah Carnegie		10179	56:07	5:37/K
25	Andrea Hingston		10255	56:33	5:39/K
26	Loraine Clark		10187	56:33	5:39/K
27	kyoko horiguchi		10261	57:41	5:46/K
28	Alaina King		10271	57:48	5:47/K
29	Emily Spence		10367	57:58	5:48/K
30	Mirren Smillie		10365	58:22	5:50/K
31	Emma O'Sullivan		11441	58:25	5:51/K
32	Jessica Hathaway		11464	58:28	5:51/K
33	Sally Young		11405	58:42	5:52/K
34	Meghan Graham		10243	59:15	5:56/K
35	Carmen Wiechers		10396	59:23	5:56/K
36	Trudy Wong		11401	59:24	5:56/K
37	Nicole Fleck		11418	59:36	5:58/K
38	PETRA BLACKMORE		10169	59:39	5:58/K
39	Elizabeth Fisher		11448	1:00:07	6:01/K
40	Lindsay Murray		10318	1:00:18	6:02/K
41	Yana Ding		10208	1:00:24	6:02/K
42	Dana Hough		10262	1:00:26	6:03/K
43	Julie Campbell		11422	1:00:26	6:03/K
44	Cara Ingham		10268	1:00:29	6:03/K
45	Karen Choi		10185	1:01:01	6:06/K
46	Bethany Bohme		10170	1:01:10	6:07/K
47	Chloe Aguasa		10151	1:01:14	6:07/K

MEC Vancouver Race Four - June 5, 2016

Race Date
June 05, 2016

Overall Finish List

10 k Run				Female	
Overall	Name	City	Bib No	Time	Pace
48	Beth Davies		10202	1:01:18	6:08/K
49	Katherine Liu		10293	1:01:29	6:09/K
50	Lucy Loewen		10295	1:01:39	6:10/K
51	Alice Knowlden		10277	1:01:57	6:12/K
52	Jaclyn Wiebe		10395	1:02:05	6:13/K
53	Jennifer Johnston		11425	1:02:20	6:14/K
54	Manda Sayers		10355	1:03:05	6:19/K
55	Javier Gomez		10241	1:03:16	6:20/K
56	Karen Young		11411	1:03:29	6:21/K
57	Aiden MacIntyre		11433	1:03:50	6:23/K
58	Grace McCallen		10308	1:03:57	6:24/K
59	Bailey Eagan		10212	1:04:15	6:26/K
60	Ana Cristina Serrano		10362	1:04:26	6:27/K
61	Shelby Allen		11416	1:04:33	6:27/K
62	Klarissa Ehlers		10215	1:04:36	6:28/K
63	Catherine Tildesley		10377	1:04:36	6:28/K
64	Terra Pritchard		10337	1:04:50	6:29/K
65	Dawn Amber		11412	1:04:55	6:30/K
66	Irene Orimaco		11453	1:04:57	6:30/K
67	Cate Rodrigue		10347	1:05:38	6:34/K
68	Kayley Hirose		10257	1:05:48	6:35/K
69	Lorraine Douville		10211	1:06:18	6:38/K
70	BRONWEN REGNIER		10342	1:06:34	6:39/K
71	Harriet Fancott		10219	1:06:51	6:41/K
72	Melissa Lasko		10286	1:07:19	6:44/K
73	Miho Iizuka-Mitchell		10267	1:07:27	6:45/K
74	Hardeep Nahal		10321	1:07:28	6:45/K
75	Stephanie White		11423	1:08:13	6:49/K
76	Tessa May Marr		10305	1:08:58	6:54/K
77	Elyssa Grief		10244	1:08:59	6:54/K
78	Carly Barrett		10159	1:09:04	6:54/K
79	Lee Christofferson		11439	1:09:07	6:55/K
80	Kate MacMillan		10302	1:09:07	6:55/K
81	Jill Hubbard		10264	1:09:16	6:56/K
82	Mai Bui		10174	1:09:17	6:56/K
83	Vanessa Fryer		10226	1:09:18	6:56/K
84	Erin Hannon		10251	1:09:46	6:59/K
85	Cassie Wright		11402	1:09:54	6:59/K
86	Julie Berry		10165	1:10:09	7:01/K
87	Irene Scott		10358	1:10:12	7:01/K
88	Louise Utting		10383	1:10:24	7:02/K
89	Megan Berry		10166	1:10:33	7:03/K
90	Janice Reid		10344	1:10:39	7:04/K
91	Nicole Ho		10259	1:10:39	7:04/K
92	Zhe Gu		10246	1:10:47	7:05/K
93	Jessica Galo		10228	1:10:58	7:06/K
94	Deanica Galo		10229	1:11:12	7:07/K

MEC Vancouver Race Four - June 5, 2016

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Overall Finish List

10 k Run				Female	
<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
95	Pei Wen Polly Tsao		10380	1:11:42	7:10/K
96	Pam Kirby		10272	1:12:02	7:12/K
97	Amy Kirby		10273	1:12:02	7:12/K
98	Rachel Meloche		10313	1:12:34	7:15/K
99	Heidi Rampfl		10340	1:12:38	7:16/K
100	Maria Vandenhooff		11419	1:12:51	7:17/K
101	carla cote		10196	1:12:59	7:18/K
102	Meghan Edwards		10214	1:13:01	7:18/K
103	Samantha Senechal		10361	1:13:01	7:18/K
104	NEHA KISHORE		10275	1:13:06	7:19/K
105	Alana Golub		10240	1:13:24	7:20/K
106	Marlene Dong		10209	1:13:33	7:21/K
107	Mandeep Nahal		10322	1:13:38	7:22/K
108	Alicia Tiffin		10376	1:14:04	7:24/K
109	Katerina Weller-Hodgins		10393	1:14:12	7:25/K
110	Lori Ptachyk		10338	1:14:27	7:27/K
111	Katja Strauss		10368	1:14:49	7:29/K
112	Mona Rakkar-Jamed		10339	1:14:55	7:30/K
113	Ivie Cullano		10197	1:15:26	7:33/K
114	Heide Baer		10157	1:16:35	7:40/K
115	Elena Krsteva		10278	1:16:39	7:40/K
116	Julie Meyers		10314	1:17:18	7:44/K
117	Charlotte Gyoba		10249	1:17:22	7:44/K
118	Jessica Dorby		10210	1:18:07	7:49/K
119	Leohora Inocalla		11440	1:18:34	7:51/K
120	Bernice Chung		11457	1:19:11	7:55/K
121	Trayce Zimmerman		11410	1:25:04	8:30/K
122	Jennifer Brandon		10172	1:25:16	8:32/K
123	Anick Dube		11445	1:29:02	8:54/K
124	Edda Goold		11436	1:29:02	8:54/K
125	Kerry Anderson		10154	1:29:35	8:58/K
126	Lori Lee		10288	1:31:39	9:10/K
127	Vivian Tam		10371	1:36:21	9:38/K
128	Sheng-Wen Huang		10263	1:38:34	9:51/K
129	Chelsea Wilson		10399	1:40:52	10:05/K
130	Wendy Zhang		11409	1:41:13	10:07/K
131	Andrea Eidinger		10216	1:44:11	10:25/K
132	Amy Blanding		11456	1:44:12	10:25/K
133	Mengjuan Wang		10389	1:52:23	11:14/K

Overall Finish List**10 k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Gus Amundson		10153	36:12	3:37/K
2	Mike Dean		11421	38:42	3:52/K
3	Dave Adams		11465	39:17	3:56/K
4	Dave Clarke		10189	39:57	4:00/K
5	Stephen Havas		11451	39:58	4:00/K
6	Allan Roberts		10346	41:20	4:08/K
7	Paul McArthur		10307	41:24	4:08/K
8	Erik Schneider		10357	41:39	4:10/K
9	Erik Ursel		11455	42:39	4:16/K
10	Michael Machtmes		10301	43:03	4:18/K
11	Raffaella Coluccio		11443	43:07	4:19/K
12	Adrian De Lisle		10204	43:09	4:19/K
13	Benjamin Ryan		10350	43:09	4:19/K
14	Bertalan Bacso		10156	43:47	4:23/K
15	David Vassiliev		10386	43:51	4:23/K
16	Chris Brodie		10173	45:04	4:30/K
17	Paul Beddoes		10162	45:28	4:33/K
18	Felix-Gabriel Bernard		10164	46:15	4:38/K
19	Alex Akerman		11467	46:31	4:39/K
20	Ryan Feargal		11442	46:39	4:40/K
21	Javier Vivas		10387	46:41	4:40/K
22	Martin Coles		10193	47:44	4:46/K
23	Andrew Chow		10186	48:24	4:50/K
24	Justin Mak		10304	49:06	4:55/K
25	Zach Saunders		10353	49:21	4:56/K
26	charles krzysik		10279	49:27	4:57/K
27	andrew clark		10188	50:15	5:02/K
28	Jesse Bastein		11446	50:33	5:03/K
29	Jessie Rodrigue		10348	51:02	5:06/K
30	MIN-GYU (JAMES) GWAK		10248	51:07	5:07/K
31	Jonathan Peacock		10332	52:07	5:13/K
32	John Francois		10224	52:12	5:13/K
33	Simon Chiu		10184	52:27	5:15/K
34	Jeff Hong		11430	52:33	5:15/K
35	Jeff Wu		10247	52:46	5:17/K
36	Harinder Minhas		10316	53:27	5:21/K
37	Trevor Cumming		10198	53:50	5:23/K
38	Rod Campbell		11414	53:50	5:23/K
39	Terry Petersen		10336	54:15	5:26/K
40	Pierre Magne		10303	55:11	5:31/K
41	Ben Cole		10190	55:29	5:33/K
42	Owen Cole Davies		10191	55:29	5:33/K
43	Juseph Marte		11454	56:01	5:36/K
44	Julian Clark		11432	56:48	5:41/K
45	Casey Wilcott		10398	56:54	5:41/K
46	Kelvin Lau		10287	57:11	5:43/K
47	max krzysik-horiguchi		10280	57:13	5:43/K

MEC Vancouver Race Four - June 5, 2016

Race Date
June 05, 2016

Overall Finish List

10 k Run				Male	
Overall	Name	City	Bib No	Time	Pace
48	Anthony Gleeson		10238	57:26	5:45/K
49	Adrian Hingston		10254	57:35	5:46/K
50	Mark Semeniuk		11466	57:46	5:47/K
51	Russ Zapotichny		11408	58:25	5:51/K
52	Jeremy Whyte		11417	58:38	5:52/K
53	Eddie Cruz		11420	58:39	5:52/K
54	Jasper Thomas		10375	58:59	5:54/K
55	James Thomas		10373	58:59	5:54/K
56	Mardin Vabela flores		11437	59:09	5:55/K
57	Vishal Jain		10269	59:15	5:56/K
58	Cam Matches		11461	59:18	5:56/K
59	Jason Bawa		10161	59:40	5:58/K
60	Enrico Galang		10227	59:56	6:00/K
61	Gary Dhiman		10207	1:00:02	6:00/K
62	stuart richardson		10345	1:00:08	6:01/K
63	Julian Tang		11444	1:00:10	6:01/K
64	Braden King		11424	1:00:20	6:02/K
65	Jonathan Wersech		11447	1:00:31	6:03/K
66	Mohamed Azmy		11463	1:00:57	6:06/K
67	Clinton Tiroo		11413	1:01:05	6:07/K
68	Chris Loewen		10294	1:01:57	6:12/K
69	Derek Hui		10266	1:02:44	6:16/K
70	Mario Busse		10176	1:02:48	6:17/K
71	Chester Loke		10296	1:03:00	6:18/K
72	Joe Danaher		11462	1:04:15	6:26/K
73	Marc Sibson		10364	1:05:17	6:32/K
74	Michael Hawco		10252	1:05:39	6:34/K
75	Jeff Cai		11429	1:05:50	6:35/K
76	montgomery friesen		10225	1:06:09	6:37/K
77	Josh Sobil		11426	1:06:39	6:40/K
78	Patrice REGNIER		10343	1:06:41	6:40/K
79	Marshall Derksen		10205	1:06:51	6:41/K
80	Matthew Poon		11458	1:07:22	6:44/K
81	Grant Derksen		10206	1:07:23	6:44/K
82	Keith Cerny		11449	1:08:37	6:52/K
83	Dawson Thomas		10374	1:08:58	6:54/K
84	Wayne Chen		10183	1:10:05	7:01/K
85	Shaobin Luo		10299	1:12:16	7:14/K
86	Gil Yeung		11403	1:12:20	7:14/K
87	Peter Scott		11452	1:14:04	7:24/K
88	Kevin Liu		11438	1:14:15	7:26/K
89	Christopher Blunden		11450	1:14:27	7:27/K
90	Owen Bichler		10168	1:14:34	7:27/K
91	Gian Villamil		11459	1:15:14	7:31/K
92	PETER GOEL		10239	1:16:59	7:42/K
93	Benny Li		10292	1:25:54	8:35/K
94	Hung-Chun Ho		10258	1:30:16	9:02/K

Race Date
June 05, 2016

MEC Vancouver Race Four - June 5, 2016

Overall Finish List

10 k Run

Male

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
95	gerry seeley		10360	1:35:00	9:30/K
96	Jesus Galo		10230	1:45:32	10:33/K

MEC Vancouver Race Four - June 5, 2016

Race Date
June 05, 2016

Overall Finish List**5 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Elizabeth Thai		62014	22:49	4:34/K
2	Ana-Stefania Ghearghe		62042	24:55	4:59/K
3	Julie Iverson		62035	25:02	5:00/K
4	Leah Burgess		62046	26:16	5:15/K
5	Bracken Hanke		61959	26:33	5:19/K
6	Camellia Peng		61988	26:40	5:20/K
7	Flora Huang		61960	28:37	5:43/K
8	Beverley ONeil		62040	28:51	5:46/K
9	Megan Battersby		62037	29:10	5:50/K
10	Tanya Rezansoff		61993	29:50	5:58/K
11	Mira Eden		61947	29:53	5:59/K
12	Lyanna Le		62041	30:01	6:00/K
13	Kristy Jones		62049	30:18	6:04/K
14	Sarah Haggerstone		62050	30:19	6:04/K
15	Dominique Sta. Ana		62009	30:25	6:05/K
16	Anna Rodgers		61994	30:37	6:07/K
17	Magdalena Leader		61963	30:42	6:08/K
18	Sara Howarth		62033	30:42	6:08/K
19	Jennifer Singleton		62007	31:08	6:14/K
20	Kristy Miller		61979	31:19	6:16/K
21	Colleen Zapotichny		62028	31:32	6:18/K
22	Robyn Alexander		61912	31:34	6:19/K
23	Caroline Tseng		62051	31:37	6:19/K
24	Joyce Beveridge		61918	31:53	6:23/K
25	Judith Ochoa		61981	32:02	6:24/K
26	Holly Costantini		61933	32:26	6:29/K
27	Tara Schriefer		61999	32:29	6:30/K
28	Xiaojia Zhu		62038	34:00	6:48/K
29	Karley Stroscher		62010	34:02	6:48/K
30	Amanda McKenzie		61975	34:06	6:49/K
31	Devon Warren		62022	34:46	6:57/K
32	Hannah Deckert		61940	35:03	7:01/K
33	Grace Childs		61924	35:04	7:01/K
34	Jaime Chong		61925	35:07	7:01/K
35	Amanda Eng		61949	35:10	7:02/K
36	Sharan Dhaliwal		61942	35:16	7:03/K
37	Stacey Vestad		62019	35:42	7:08/K
38	Rita Tung		62015	36:13	7:15/K
39	Livia Mateus		61973	36:19	7:16/K
40	Michelle Sherbuck		62004	37:12	7:26/K
41	Pia Schattner		61998	37:30	7:30/K
42	Mariam Manuel		61969	38:26	7:41/K
43	Beth Hensler		62036	38:37	7:43/K
44	Sue Wong		62026	39:07	7:49/K
45	Jen Warren		62020	39:13	7:51/K
46	Alex Holmes		62052	39:17	7:51/K
47	Wendy Sinclair		62005	39:37	7:55/K

Race Date
June 05, 2016

MEC Vancouver Race Four - June 5, 2016

Overall Finish List

5 k Run				Female	
<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
48	Mahima DATTAGURU		61938	40:35	8:07/K
49	Lana Lepper		61964	42:59	8:36/K
50	Zoe Benfield		61917	44:48	8:58/K
51	Jessica Bailey		62054	45:57	9:11/K
52	EKta Dwivedi		61945	46:09	9:14/K
53	Natalie Gleeson		61955	46:44	9:21/K
54	Jennifer Dalawrak		61935	47:56	9:35/K
55	Savannagh Marchell		61970	48:00	9:36/K
56	Anurita Dhiman		61943	48:36	9:43/K

Race Date
June 05, 2016

MEC Vancouver Race Four - June 5, 2016

Overall Finish List

5 k Run				Male	
<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Riccoh Talento		62053	22:46	4:33/K
2	David Bickerton		61919	22:52	4:34/K
3	Peter Kerklaan		61962	22:52	4:34/K
4	Jason Gauthier		61952	23:29	4:42/K
5	Alexander Maxwell		61974	23:32	4:42/K
6	Andrey Gromov		61956	23:34	4:43/K
7	Marlon Danilewitz		62031	23:41	4:44/K
8	David Vanderbyl		62017	23:55	4:47/K
9	Chris Seppelt		62001	25:14	5:03/K
10	Carlos Abrego		61910	26:01	5:12/K
11	Oscar Hanke		61958	26:02	5:12/K
12	Daniel Costantini		61934	26:05	5:13/K
13	David Veraguth		62018	26:40	5:20/K
14	Paul Clapham		11460	27:16	5:27/K
15	Gavin Burgess		62045	27:19	5:28/K
16	Kuan Foo		61950	27:52	5:34/K
17	Allan Corrigall		61932	28:22	5:40/K
18	Alex Wong		62025	28:28	5:42/K
19	Raymond Tsow		62048	28:35	5:43/K
20	Scott Miller		61978	29:09	5:50/K
21	Akshay DATTAGURU		61937	29:18	5:52/K
22	Andy Leclair		62039	29:18	5:52/K
23	Ben Sinclair		62006	29:19	5:52/K
24	Eric Proton		61991	29:29	5:54/K
25	David Burgess		62047	29:40	5:56/K
26	Marc Eden		61948	29:53	5:59/K
27	Benjamin Clark		61930	30:37	6:07/K
28	SRIRAM DATTAGURU		61936	30:50	6:10/K
29	Albert Chow		61926	31:45	6:21/K
30	Maurice Ormon		61983	32:16	6:27/K
31	Steve Warren		62021	32:48	6:34/K
32	Jonathan Haddow		61957	32:49	6:34/K
33	Nathan Chow		61927	33:41	6:44/K
34	Veerin Dhiman		61944	33:44	6:45/K
35	Brooke Wheelan		62043	34:09	6:50/K
36	Nan Tang		62011	34:23	6:53/K
37	Benjamin Childs		61923	35:03	7:01/K
38	Gurvinder Gill		61954	35:16	7:03/K
39	Kyle Kwan		62044	35:43	7:09/K
40	Lee Manson		61968	35:53	7:11/K
41	Joan Lui		61966	36:20	7:16/K
42	Peter Yang		62027	37:25	7:29/K
43	Dan Wong		62024	38:53	7:47/K
44	Uday Kamat		61961	40:03	8:01/K
45	DENNIS MEDALLE		61977	40:40	8:08/K
46	Jacqueline Peacock		61987	43:16	8:39/K
47	Dharni Dwivedi		61946	46:00	9:12/K

Race Date
June 05, 2016

MEC Vancouver Race Four - June 5, 2016

Overall Finish List

5 k Run

Male

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
48	Ben Salter		61997	50:39	10:08/K