



WORKING WITH MILITARY AND THEIR FAMILIES

RIKKI A. VIDAK. LCSW

RVIDAK@YAHOO.COM

850-293-5923

SW ROLES WITH THE MILITARY: ACTIVE DUTY AND CIVILIAN

- Family Support Centers
 - Counseling
 - Family Advocacy
 - New Parent Support Program
 - Transition Support
 - Financial Counseling
- Medical
 - Substance Abuse
 - Sexual Assault (SAPR)
 - Command Support/Deployed
 - Community Support (MFLAC)



2 SEPARATE AREAS TO CONSIDER

1. MILITARY CULTURE
 2. CLINICAL SKILLS
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MILITARY CULTURE

- Branches of Service
 - Rank structure
 - Chain of command
 - Acronyms
 - Impact of problems on careers
 - Active duty vs Reservists
 - Respect the command – know your role
- Some programs to know:
 - CACO
 - EFMP/Air Force Aide Society
 - NMCRS
 - TAPS



CENTER FOR DEPLOYMENT PSYCHOLOGY

<https://deploymentpsych.org/>

Military Culture: Enhancing Clinical Competence Course Description

Description: This training module is for civilian mental health providers who want to develop a better understanding about how the military works and who comprises the armed forces. It provides an overview of military culture to include basics about its history, organizational structure, core values, branches of the service, mission, and operations, as well as the differences between the active and reserve components. Participants acquire greater competency in working with Service members by learning military culture and terminology, and by discussing how aspects of the military culture impact behaviors and perspectives.

Learning Objectives:

- Characterize the structure and major components of the United States military.
- Articulate common characteristics of the military population and how they compare to the general population.
- Substantiate the importance of a distinct culture to the military.
- Appraise elements of the military experience and lifestyle that are integral to military culture.

MILITARY ONESOURCE

WWW.MILITARYONESOURCE.MIL

- Confidential Help
- Military Life Cycle
- Family and Relationships
- Moving and Housing
- Financial and Legal
- Education and Employment
- Health and Wellness
- Recreation, Travel & Shopping
- National Guard
- Service Providers and Leaders

WHILE IT IS IMPORTANT TO KNOW YOUR CULTURE BASIC SOCIAL WORK SKILLS ARE CRITICAL

- Suicide risk assessment
- ETOH abuse
- Domestic violence
- Developmental Stages
- Stress Management
- Positive parenting
- Problem solving skills

COLUMBIA-SUICIDE SEVERITY RATING SCALE (C-SSRS)

- To complete the C-SSRS Training for Clinical Practice, visit <http://c-ssrs.trainingcampus.net/>
- For more general information, go to <http://cssrs.columbia.edu/>
- Risk Assessment is the first step – Safety Planning is the last – must have both.

Social workers should screen every adult patient, including pregnant women, for risky drinking. You can help women avoid drinking too much, including avoiding alcohol during pregnancy, in 3 steps.*

1 Screening

- Ask women about their drinking to identify those who drink at risky levels (4 or more drinks on any day or 8 or more drinks per week for women).
- Use a validated screener (such as the AUDIT-C) during a routine session.*

2 Intervention

- Build rapport and show compassion before going over screening results and provide a clinical recommendation to women who are drinking too much.
- Ask if your client would like your help. If she wants to change, help set a goal and make a plan, and let her know there will be a follow-up discussion.



3 Referral


If a client can't stop drinking on her own, but wants to change:

- Provide information on local programs or suggest she use the SAMHSA treatment locator: <https://findtreatment.samhsa.gov>
- Consider referral to treatment or recommend Alcoholics Anonymous: www.aa.org
- If she refuses treatment, respect her decision, make a short-term follow-up appointment, and assure her you will welcome her back.



*Learn how to do alcohol screening and brief intervention at www.cdc.gov/ncbddd/fasd/alcohol-screening.html

SOURCE: Adapted from Centers for Disease Control and Prevention www.cdc.gov/ncbddd/fasd/materials.html



NATIONAL INSTITUTE ON ALCOHOL ABUSE AND ALCOHOLISM

- <https://www.niaaa.nih.gov/>
- <https://www.niaaa.nih.gov/publications/clinical-guides-and-manuals>

HURT, INSULTED, THREATENED WITH HARM AND SCREAMED (HITS) DOMESTIC VIOLENCE SCREENING TOOL

[HTTPS://WWW.GETDOMESTICVIOLENCEHELP.COM/HITS-SCREENING-TOOL.HTML](https://www.getdomesticviolencehelp.com/hits-screening-tool.html)

How often does your partner?

- 1. Physically hurt you
- 2. Insult or talk down to you
- 3. Threaten you with harm
- 4. Scream or curse at you

Score each question: 1-Never 2-Rarely 3-Sometimes 4-Fairly Often 5-Frequently

- A score greater than 10 signify that you are at risk of domestic violence abuse

FOUNDATIONAL INFORMATION

- Developmental Stages
- Stress Management
- Positive parenting
- Problem solving skills

ECO MAP

A GREAT TOOL TO SEE HOW THE TWO WORLDS – MILITARY AND HOME - ARE WORKING

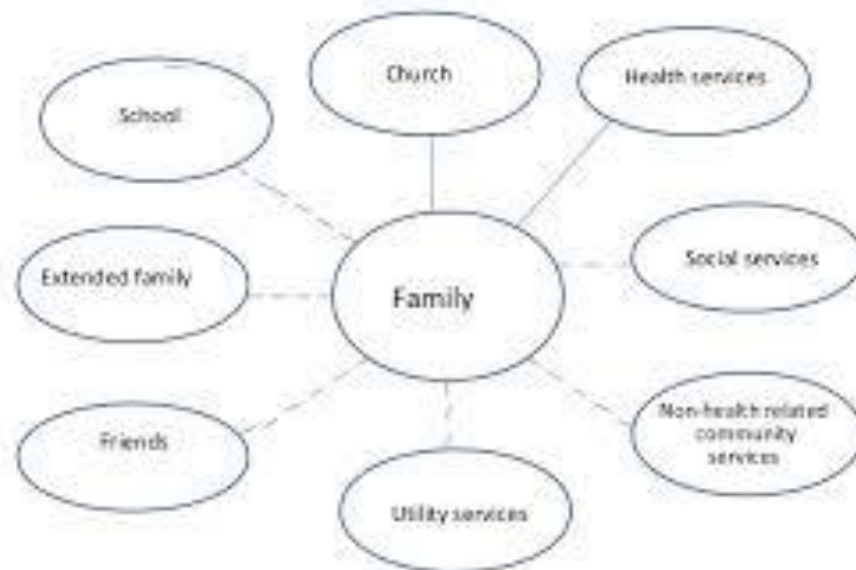
[HTTP://WWW.SOCIALWORKERSTOOLBOX.COM/ECOMAP-ACTIVITY/](http://www.socialworkerstoolbox.com/ecomap-activity/)

The ecomaps give workers a detailed picture of:

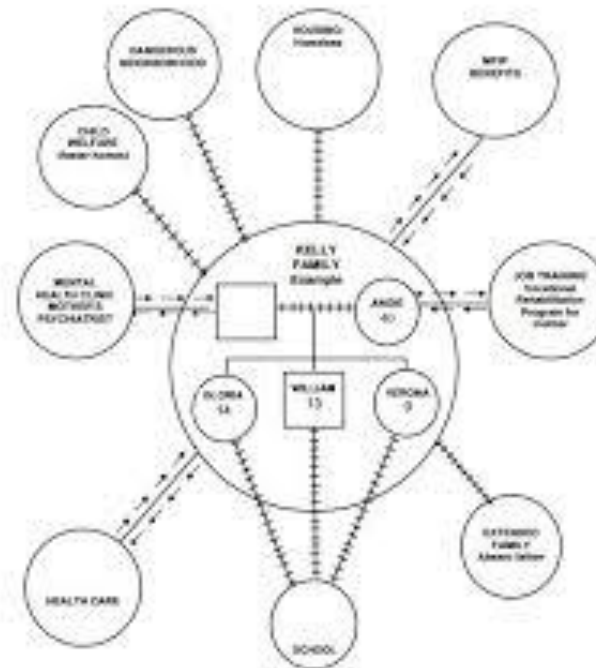
- the family dynamics ;
 - each individual family members' connections to their community;
 - each individual family members' connections to social support system;
 - areas of deprivation where resources may need to be put in place or strengthened;
- and areas of service duplication

ECO MAP EXAMPLES

STRUCTURE OF ECOMAP



ECO-MAP





THANK YOU!

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