



CHOCOLATE AND WHITE MILK ARE SERVED DAILY. CHOICE OF SALAD BAR IS AVAILABLE FOR GRADES 3-12. MENUS ARE SUBJECT TO CHANGE.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

4
COUNTRY FRIED STEAK
MASHED POTATOES
SALAD
FRUIT SALAD
BREAD

5
CHICKEN FAJITAS
MEXICAN RICE
APPLESAUCE
REFRIED BEANS

6
CATFISH
MACARONI AND CHEESE
PINEAPPLE
FRUIT JUICE
GREEN BEANS

7
SAUSAGE GRAVY AND
BISCUITS
FRESH FRUIT
HASHBROWNS
BROCCOLI

1
CHICKEN STIR-FRY
RICE
PEACHES
NO BAKE COOKIES

8
CHEESE PIZZA
SALAD
PEACHES
PUDDING DESSERT

11
CHEESEBURGER ON BUN
OVEN FRIES
PEARS
YOGURT
FRESH VEGETABLES

12
FRITO PIE
SALAD
FRUIT SALAD
RICE KRISPY TREATS

13
HOT DOG ON BUN
BAKED BEANS
CAULIFLOWER
FRUIT

14
CHICKEN PATTY
MASHED POTATOES
PEACHES
BREAD
CARROTS

15
NO SCHOOL TODAY

18
NO SCHOOL TODAY

19
BBQ RIB PATTY
AUGRATIN POTATOES
SALAD
FRUIT SALAD

20
TACOS
CORN
PEARS
JELLO

21
SPAGETTI
BREAD STICKS
APPLESAUCE
PUDDING
BROCCOLI

22
FISH STICKS
MACARONI AND CHEESE
PEAS
PEACHES
GRAHAM CRACKERS

25
SAUSAGE PATTIES
CINNAMON ROLLS
HASHBROWNS
ORANGES

26
BBQ PORK ON BUN
BAKED BEANS
SALAD
APPLESAUCE

27
CHICKEN POT PIE
GREEN BEANS
PEARS
YOGURT

28
DELI SUB
TATOR TOTS
STRAWBERRIES
PUDDING
BROCOLI

29
VEGETABLE SOUP
GRILLED CHEESE
FRESH FRUIT
FRUIT COBBLER