

PM Snack: Chex Mix, Watermelon & Water

July 2018

Mon	Tue			
2		3	4	5 6
Breakfast: Cereal Bars & Milk	Breakfast: Cheerios, Bananas & Milk	Breakfast: Pancakes, Raisins & Milk	Breakfast: Sausage Biscuit Pineapple & Milk	
Lunch: Beef Sticks, Mashed Potatoes, Oranges & Milk	Lunch: Chicken Pasta, Lima Beans, Mandarin Oranges & Milk	Lunch: Mac & Cheese, Green Peas, Mixed Fruit & Milk	Lunch: Chicken Alfredo, Field Peas, Pears & Milk	Lunch: Cheese Pizza, Baby Carrots Applesauce & Milk
Pm Snack: Chex Mix, String Cheese & water	Pm Snack: Cheez-it crackers, Watermelon & Water	Pm Snack: Oatmeal Cookies, Pears & Water	Pm Snacks: Gold Fish, Raisins & Water	PM Snack: Pretzels, String Cheese, Cranberries, & Milk
9	10	11		
Breakfast : Biscuits W/ Grape Jelly, Applesauce & Milk	Breakfast: Waffles, Bananas & Milk	Breakfast: Bagels W/ Cream Cheese, Applesauce & Milk	Breakfast: Sausage Biscuits, Apple Sauce, & Milk	Breakfast: French Toast sticks, Pears & Milk
Lunch: Cheese Quesadilla, Pinto Beans, Tropical Fruit & Milk	Lunch: Turkey Sandwich, Veggie Straws, Pineapples	Lunch: Ravioli, Corn, Peaches & Milk	Lunch: Spaghetti, Salad, Sweet Peas, Mandarin	Lunch: Meat Loaf, Mashed Potatoes, Peaches & Milk
Pm Snack : Vanilla Wafers, Bananas & Water	PM Snack: Oatmeal Cookies, Cantaloupe & Water	PM Snack: Cereal Bars & water	Oranges & Milk PM Snack: Gold Fish, Raisins, & Water	PM Snack: Butter Cookies, Sliced Apples & Water
16	17	18	40	
Breakfast: Blueberry Muffins & Milk	Breakfast: Cheerios, Bananas & Milk	Breakfast: Cheese toast, Applesauce & Milk		Breakfast: Yogurt w/ Strawberries & Milk
feans,, Mixed Fruit & Milk	Lunch: BBQ Chicken, Baked Beans, Wheat Roll, Pears & Milk	Lunch: Chicken Sandwich, Sweet Potato Fries, Mixed Fruit &	Lunch: Steak Fingers, Peas, Mandarin Oranges, with Milk	0
M Snack: Veggie traws, Sliced Oranges water	PM Snack: Chex Mix, Bananas & Water	Milk PM Snack: Ritz Crackers, Cheese & Water	PM Snack: Teddy Grahams, Raisins, with Water	PM Snack: Cheez-it Cracker, Raisins & Water
reakfast: Cinnamon oast, Applesauce & ilk	24 Breakfast: Yogurt, Strawberries & Milk	Breakfast: Waffles, Raisins & milk	Breakfast: Sausage Biscuits, Mixed Fruit, & Milk	Breakfast: Cheerios, Bananas, & Milk
aked Beans,	Nuggets, Mashed Potatoes, Pineapple & Milk	Lunch: Mac & Cheese, Black Eye Peas, Pears & Milk	Lunch: BBQ Meatballs, Wheat Roll, Green Beans, Pineapples, & Milk	Lunch: Chicken Alfredo, Field Peas, Applesauce, & Milk
ream cheese, Craisins C	M Snack: Oatmeal Cookies, Bananas, & Vater	PM Snack: Cereal Bars & Water	PM Snack: Gold Fish, Raisins, & Water	PM Snack: Veggie Straws, Sliced Apples & Water
nch: Cheese Pasta, as, Mandarin Oranges	reakfast: Strawberry reakfast Bars & Milk unch: Pizza, Corn landarin Oranges &	The following alternate fruits and/or vegetables will be served to children in our Seedlings, Sprouts, and Little Buds classrooms: *Applesauce instead of sliced apples *Mixed vegetables instead of tossed salad *All children under the age of 3 will be served diced carrots instead of raw baby carrots. >Water will be offered throughout the school day		