



## **Constitution & Bylaws**

**2015-2016**

**C.I.F. Sac-Joaquin Section**

**Lincoln Trojans**

**Lodi Flames**

**St. Mary's Rams**

**Tokay Tigers**

**Tracy Bulldogs**

**West Wolf Pack**

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# CONSTITUTION OF THE TRI-CITY ATHLETIC LEAGUE

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## ARTICLE 1 Name and Purpose

**Section 1. Name:**

The name of this Athletic Conference shall be the **TRI-CITY ATHLETIC LEAGUE**.

**Section 2. Purpose:**

- a. To sponsor and govern competitive sports among the members of the League in accordance with the provisions of this constitution and by-laws.
  - b. To foster and sponsor sports to the end that many students may qualify for participation, and that each school may have a well-balanced program of interscholastic competition.
  - c. To foster high standards of scholarship and sportsmanship within the member schools.
- 

## ARTICLE 2 Membership

**Section 1.** Membership in this league shall be composed of the secondary schools in this area which are assigned to it by the Board of Managers of the Sac-Joaquin Section of the C.I.F.

**Section 2.** Membership in this league shall be as follows: Lincoln, Lodi, St. Mary's, Tokay, Tracy and West High Schools.

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## ARTICLE 3 Government and Organization

**Section 1. Organization:**

The Governing Board of this league shall be known as the policy making board and shall consist of the principals from the league schools.

**Section 2. Name of Officers:**

The officers shall be President and President-Elect. The League Commissioner shall act as the Secretary.

**Section 3. Terms:**

- a. The President of the league shall be the principal of one of the member schools and will serve two years commencing July 1, to be followed by the next school in alphabetical order, unless a new administrator is appointed to the next school. In such case, a special election will be held by the policy making board.
- b. The President-Elect shall be the incoming administrator and shall serve a two-year term.

**Section 4. Duties of Officers & Committees:**

- a. The President shall perform the duties commonly assigned under parliamentary law as given in "Robert's Rules of Order," and shall appoint all committees.
- b. The President-Elect shall perform the powers and duties of the President when the President is unavailable.
- c. The Secretary shall perform the duties commonly assigned under parliamentary law. He/she shall send out notice of meetings as directed by the President and shall keep a file and record of all features called for by this constitution.
- d. Committees shall perform such duties as assigned to them by the policy making board or the President.

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**ARTICLE 4  
Meetings, Quorum and Voting**

**Section 1. Policy Making Board:**

- a. The policy making board of this League shall meet monthly and the League Commissioner shall send notice of each meeting. Special meeting shall convene upon the call of the President, who may call one at his/her discretion and who must call a meeting upon the request of the principals from two (2) member schools. Notices and agendas shall be sent out not later than five (5) days prior to the date of the meeting.
- b. All meetings of the League will comply with the open meeting requirements of the Ralph M. Brown Act of the State of California.

**Section 2. Quorum:**

- a. A quorum of an assembly is such as must be present in order that business can be legally transacted. The quorum refers to the number present--not to the number voting.
- b. A quorum shall consist of 2/3 of the member schools.
- c. When a quorum is present, a majority of the votes cast, ignoring blanks, is sufficient for the adoption of any motion that is in order, except those that require a 2/3 vote.

**Section 3. Voting:**

All voting will be done by schools with the Principal or his/her designee as the person authorized to vote.

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**ARTICLE 5  
Finances**

**Section 1. Duties:**

To be a member in good standing of the Tri-City Athletic League, a school must have paid its annual assessment to the Commissioner of the Sac-Joaquin Section of the C.I.F.

**Section 2. Finances:**

- a. In all contests under the direction of the league, the proceeds and expenses shall go to the home school, unless the administrators of the competing schools can agree on other arrangements.
- b. If / when the Sac-Joaquin Section distributes playoff revenue to leagues the TCAL share shall be divided as follows:

- 1. 50% shall be divided into equal shares for all League members participating in varsity revenue sports (football, basketball), including a share for the TCAL.
- 2. The remaining 50% shall be divided into shares and distributed to the schools that participated in the Sac-Joaquin Section football and basketball playoffs. The formula options are as follows:

a) A share shall be given for each playoff contest in which a TCAL school participated. In contests where both participants were TCAL schools, a share shall be given to each school (total two shares). The total shares earned by all TCAL playoff participants shall be divided into the amount of money to determine a "share value".

**Example:** 50% of the total playoff revenue is \$3,000.00. The total playoff participations by TCAL member schools is ten (10), or \$300.00 per participation. School "A" is awarded three (3) shares, or \$900.00

b) In the event that the TCAL's share of revenue from football playoffs exceeds that from basketball by 90% (or visa versa), a revised formula shall apply. In this case the money shall be divided so that each share for a football participation shall be 50% greater than each share for basketball (or visa versa).

**Example:** The TCAL's total playoff revenue is \$3,000.00. Football revenue is \$2,000.00 and basketball is \$1,000.00. Formula "b" applies, and, if there were a total of ten (10) shares, five (5) for football and five (5) for basketball, a football share would be worth \$360.00 and a basketball share would be \$240.00

**Formula:** X = Basketball Share, Y = Football Share  
X = 1  
Y = 1.5  
5X + 5Y = \$3,000.00  
5X + 7.5X = \$3,000.00  
12.5X = \$3,000.00  
  
X = \$240.00  
Y = \$360.00

- 3. In case where playoff revenue from another sport is determined as "significant" an additional playoff share may be awarded by the TCAL Board. The share shall be included in the formula outlined under 2a or 2b.

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**ARTICLE 6**  
**Registration of Athletes**

**Section 1. Competitors:**

Competitors in any sport held in this League must comply with the eligibility rules of the Sac-Joaquin section of the C.I.F. and must be registered for that year in the C.I.F. Section, Sac-Joaquin Section.

**Section 2. Forfeitures:**

If a member school has an athlete compete in an event, and then determines the participant was not eligible, the team must forfeit the event or points as stated in C.I.F. Rule 226.

When forfeiting an event or points, the member school must notify in writing the Sac-Joaquin Section Commissioner, Tri-City Athletic League President and Commissioner and the school with whom the competition took place. The Tri-City Athletic League Commissioner will send copies of written communication to all schools with the minutes of the next meeting.

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**ARTICLE 7**  
**Conditions To Be Filled At The Time of Contest**

**Section 1.** Competitors must be registered as indicated in Article 6.

**Section 2.** Each Competitor must be an amateur athlete as defined by the constitution of the Amateur Athletic Union. To Wit: "One who had not entered in an open competition for either a state, public, or admission money, entrance fee or under a fictitious name; or has not instructed, pursued or assisted in the pursuit of athletic exercise as a means of livelihood; or for gain or emolument; or whose membership or any athletic club on any kind was brought about or does not continue because of any mutual understanding, expressed or implied, whereby his becoming or continuing a member of such club would be of any pecuniary benefit to him/her whatever, direct or indirect, and who shall in other and all respect conform to the rules and regulations of the Amateur Athletic Union."

**Section 3.** Each competitor must be satisfactory to his/her principal in department and attention to his/her school duties.

**Section 4.** Eligibility of students who are found guilty of falsifying their addresses in order to participate in interscholastic activities will not be eligible to engage in Tri-City Athletic League athletics for a period of not less than one calendar year commencing with the date the infraction is verified.

**Section 5.** Each competitor must be accompanied by a certificated/certified member of the school staff who has been delegated to have complete charge of the team and who is responsible for its conduct.

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**ARTICLE 8**  
**Bylaws Infractions -- Hearings and Penalties**

**Section 1. Committee:**

The bylaws infractions committee shall consist of the policy making board. A quorum shall consist of 2/3 of the membership schools.

**Section 2. Voting:**

All voting shall be done by the school's principal or his/her designee as the person authorized to vote. When a quorum is present, a majority of the votes cast, ignoring blanks, abstentions and absences, is sufficient for the adoption of any motion that is in order.

**Section 3. Meetings:**

The bylaws infractions committee shall meet as a segment of regularly scheduled TCAL meetings and/or special meeting convened upon the call of the president. An appeal presentment received by the president shall activate this committee.

**Section 4. Appeals Presentment:**

- a. If a school suspects a violation of TCAL or C.I.F. rules, a letter will be sent by the school's principal to the suspected offending school's principal clearly outlining the suspected rule violation and provide evidence confirming the violation. If the suspected infraction violates TCAL rules a copy of the letter shall be sent to the TCAL President and League Commissioner. If the suspected infraction violates C.I.F. rules a copy of the letter shall be sent to the Sac-Joaquin Commissioner, TCAL President and League Commissioner.
- b. The school suspected of the rule violation will have 30 calendar days from the receipt of the letter to respond to the inquiring school. The communication will be from school principal to school principal with copies mailed as outlined above. The response will either confirm or reject the suspected violations. If the suspected violation is confirmed, the violating school will provide an "in house" penalty for violating the rule.
- c. The inquiring school will have five working school days to accept or reject the suspected schools response. If accepted and an infraction of the rules has occurred, the League will be informed of the infraction and self-imposed penalties. If the response is rejected and is a violation of TCAL rules the presentment will then be made to the TCAL policy making board at its next regularly scheduled meeting. The policy board will then commence with the Appeals Hearing as outlined in the following Sections of Article 8. If the suspected infraction violates C.I.F. rules it will then be submitted to the Sac-Joaquin Commissioner for further consideration and proposed recommended action. All appeals procedures will be available to the offending school as outlined in the C.I.F. Constitution and Bylaws.
- d. All questions of eligibility shall be submitted directly to the Sac-Joaquin Section Commissioner.

**Section 5. Appeals Hearing:**

Notice shall be given by the Commissioner to all parties concerned at least three days before the hearing of an appeal and in accordance with the California Ralph M. Brown Act.

**Exception:** When playoff berths are involved and a decision must be made within three working school days an emergency meeting may be called within 24 hours.

**Exception:** The time period may be waived by the accused.

**Section 6. Hearing Chairperson:**

Affiliation as the accused or the signer of the presentment renders the league president ineligible to act as committee chairperson. The chair passes to the next non-affiliated member in order of ascendancy to the presidency.



**Section 7. Evidence:**

To be presented at the hearing, evidence must be written and signed.

**Section 8. Penalties:**

The hearing phase of the committee shall determine guilt or acquittal.

Definition of probation: A school found to be in violation (guilty of misconduct) will be notified (by the League) of the violation. The school must take immediate steps to correct the situation and ensure no recurrence of the violation. The probation extends to the specific sport and includes all levels of the sport. Any further violations will result in a higher level penalty.

- A) Level One Misconduct -- Suggested Penalty
  - 1. **in house action** reported back to the League
  - 2. **a written league reprimand** to the school involved
  - 3. one sport (all levels) -one year probation
  
- B) Level Two Misconduct -- Suggested Penalty
  - 1. one sport (all levels) -one year probation
  - 2. loss of one playoff share
  
- C) Level Three Misconduct -- Suggested Penalty
  - 1. **team** -- not eligible for playoff participation; not eligible for championship
  - 2. **individual** -- not eligible for playoff participation
  - 3. loss of additional playoff shares
  
- D) Level Four Misconduct -- Suggested Penalty
  - 1. **sport** -- reduce future schedule by ten percent
  - 2. game(s) forfeiture
  - 3. player ineligibility for the season
  - 4. request coach to be suspended by his/her principal

**Section 9. Penalty Phase:**

Penalty phase shall focus on the level of misconduct and be appropriate for the guilty party (athlete, team, coach and/or school). Penalty prescribed may include one or more items from any suggested penalties more severe than the identified level of misconduct.

**Section 10. Self-presentment:**

Self discovery/self presentment offenses shall be considered level one and/or level two misconduct.

**Section 11. Second & Third Offenses:**

Second and third offenses shall be considered level three and/or four misconduct.

**Section 12. Statute of Limitations:**

Statute of Limitations shall be one calendar year.

**Section 13. Burden of Proof:**

The burden of proof rests with the accuser.

**Section 14. Appeal Procedure:**

Decisions of this committee may be appealed to the C.I.F. Sac-Joaquin Section Commissioner.

**Note: See Addendum 6 -- Bylaws for hearings and penalties accused violation form.**

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**ARTICLE 9  
Game Protests**

**Section 1. Protest Committee:**

The committee shall consist of voting members of the policy making board, three members being necessary for a quorum. Affiliation with one or the other of the interested schools renders a member ineligible to act. If this reduces the committee to less than three, the other members shall select a third member, who is so affiliated to act with them.

**Section 2. Matters Before this Committee:**

Only such matters as the faculty representatives of the contesting schools cannot settle by mutual agreement may come before this committee.

**Section 3. Protest Requirements:**

All protests must be in writing, signed by the principal of the protesting school, must bear a postmark not later than three working school days after the date of the contest concerned, and must be addressed to the president and commissioner of the League and to all TCAL schools.

**Section 4. Protests Which Will Not Be Heard:**

No protest may be made upon the decisions of the referee or other game official in regards to facts or interpretations of the rules of the game except in the event of a clear misinterpretation of the letter of the law. The decisions of the chief official on the field shall be final as to the facts and interpretations of the spirit of the law. He/she shall be the supreme authority concerned.

**Section 5. Protest Limitations:**

All protests concerning the eligibility of a player; the qualifications of officials; the peculiarities of the grounds or the places for holding contests, or the equipment or the furnishings used in contest; or any other fact which reasonable observations should discover will not be considered by the committee unless a statement has been made in writing and signed by a faculty representative to the other school or the game official before the contest begins. All such defects are to be called to the attention of the official at the time or before that starting time of the contest.

**Section 6. Notification of Protests:**

In the event of a protest being filed and accepted, notice shall be given by the Commissioner to all parties concerned at least three (3) days before the hearing of a protest, stating the time and place that the case will be heard.

**Section 7. Burden of Proof:**

In protests concerning the eligibility of a contestant, if the charges appear to be well-founded to the committee, the burden of proof rests with the accused.

**Section 8. Judgment and Costs:**

The judgment rendered by the protest committee after a proper hearing of the case shall ordinarily be final. The costs, incident to the meeting, will be paid by the protesting school in the event of the protest not being upheld, while the losing school shall stand costs if the reverse is true.

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**ARTICLE 10  
Special Recognition of Reservations  
by Sac-Joaquin Section of C.I.F.**

This association is an integral part of the Sac-Joaquin Section of the California Interscholastic Federation. As such, it declares itself to be governed by the constitution and bylaws of the Sac-Joaquin Section of the C.I.F., and shall pass no legislation in conflict with them.

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**ARTICLE 11  
Amendments**

Amendments to this constitution and bylaws must be presented in writing at a meeting of the policy making board. To be adopted, an amendment must receive a vote of 2/3 of the vote of the policy making board.



# TRI-CITY ATHLETIC LEAGUE

## GENERAL BYLAWS

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- Section 1.**
- a) TCAL members compete officially in Badminton, Baseball, Basketball, Cross Country, Football, Golf, Soccer, Softball, Swimming, Tennis, Track, Volleyball, Water Polo and Wrestling.
  - b) When four or more TCAL members compete in a sport at any level, that competition becomes official when approved by the TCAL governing board. Competition between less than four member schools in any sport is not recognized as official league play.
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**Section 2.**      **Starting dates for 2015-16 practice shall be as follows:**

- a) **Fall Sports** -- may not begin practice before the C.I.F. approved date for football preconditioning, August 10, 2015.
- b) **Winter Sports** -- November 9<sup>th</sup>, or in accordance with C.I.F. dates.
- c) **Spring Sports** -- February 8<sup>th</sup>, or in accordance with C.I.F. dates.

**Definition of Practice:**

Organized team practice shall be interpreted as meaning the association of a coach with potential team members for the purpose of learning or practicing the skills of that particular sport.

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- Section 3.**      All officials in Baseball, Basketball, Football, Soccer, Softball, Volleyball, Water Polo and Wrestling shall be members of the Northern California Officials Association (N.C.O.A.) and shall be assigned by the commissioner of officials.
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- Section 4.**      The status of a sophomore in all sports except Badminton, Swimming, Track, Wrestling, Tennis, and Cross Country is as follows:
- a) if he/she has been moved up to the Varsity or Junior Varsity and enters a league game he/she cannot be moved down to the sophomore team during the remainder of the league season. The same rule will apply to freshman moving up. (**Exception** - see specific sport bylaws.) Refer to C.I.F. Rule #301.3
  - b) a sophomore cannot be beyond the fourth semester and cannot be 17 years of age as of September 1 in order to compete as a sophomore.
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- Section 5.**      The TCAL does not purchase league championship trophies, but they may be purchased by the championship school. All-League patches may be purchased by the school of the selected athletes. All-League certificates will be provided by the league.
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**Section 6.**      **Rescheduling Games:**

League game dates shall not be changed unless both participating schools agree and the reason(s) for the change fall under one or more of the following categories:

- a) Game facilities are unavailable or not in working condition.

b) Official(s) are unavailable or fail to appear within 15 minutes after the game is scheduled to start.

Exceptions:

1) Both schools must agree to play without the correct number of assigned officials.

2) Both schools must agree to a non-assigned individual being allowed to officiate.

c) An emergency deemed by the Principal of either school serious enough to warrant postponement or rescheduling.

d) Game dates and times may be changed by mutual agreement of both participating school principals and/or their appointed designees.

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**Section 7.**

a) Athletic Directors will be assigned on an annual basis to each participating sport. He/she shall serve as a liaison between the policy making board and the sport's coaches. Official business cannot be conducted at coaches meetings unknown to the assigned athletic director.

b) Each athletic director will be assigned a sport for which he/she will be responsible. This athletic director and his/her school's coach (or designee) will call and conduct any league meetings necessary dealing with business concerning this sport.

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**Section 8**

a) TCAL dual competition will be determined by won/lost record. Ties count as 1/2 win and 1/2 loss.

b) Cross Country, Golf, Track, Wrestling and Swimming shall determine a champion school by combination of dual-tournaments or center-meet tournaments (as determined by each sport) and TCAL league tournament. During the regular season, one point is awarded for each dual match won or for each win within a center-meet. One-half (1/2) point is awarded for a tie. In the league tournament, one point is awarded for each team beaten (unless otherwise noted in sport-specific bylaw). One-half (1/2) point is awarded for a tie. Highest point total determines TCAL champion.

c) If two or more teams have the same record/points, the head-to-head dual meet or center-meet competitions will be used as the tie breaker.

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**Section 9.**

a) Sub-Section/Section qualifying for Badminton, Cross Country, Golf, Swimming, Tennis and Wrestling shall be by league standing, league tournament, league meet or combination of the three.

b) Individual Sports: If an individual or team (relay team or doubles team) is unable to compete in Sub-Sections, the next place individual or team from the league tournament should compete in their place.

c) Sub-Section/Section qualifying for Baseball, Basketball, Football, Soccer, Softball, Volleyball and Water Polo shall be by regular league season play. See individual sports for Baseball (Section 10), Soccer (Section 10), and Football (Section 11, and Addendum 8, Universal Tie-Breaker).

d) In the event of a tie(s), refer to the specific sport bylaw. *If none exists, the following shall apply:*

The league tournament seeding or league playoff position(s) shall be determined in the following manner:

**1) Head-to-head league competitions:**

a) **two-way tie:** team "A" beats team "B" twice. Team A earns higher seeding in league tournament or higher league playoff position.

b) **three-way tie:** team "A", "B" and "C" have identical league records. The highest team win/loss percentage in head to head competition among the three teams shall determine the league tournament or league playoff position(s).

2) **If Section 9 (1)** does not resolve tie(s), the highest team win/loss percentage on the entire regular season with a tie counting as a half win/half loss shall determine the league tournament seeding or the league playoff position(s).

**3) Coin flip.**

e) League meet / tournament entries must be submitted to the meet director / AD in charge in a timely fashion and no later than by the deadline established by the meet director / AD.

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**Section 10. Unless stated otherwise in sport-specific bylaws, the following All-League process will be used:**

1. All-League teams (if selected) shall be selected by league coaches at the varsity level only.
2. All-League certificates shall be purchased/provided by the league for selected athletes.
3. All-League patches may be purchased/provided by each school for their own athletes.
  - a. All-League patches are typically awarded to First Team honorees.
4. No more First Team All-League honorees may be selected for recognition than rules of competition allow on the field of play or unless otherwise allowed in sport-specific bylaws. (Example: Football may grant First Team All-League selections for both an offense and defense squad, plus an additional 3 players to recognize specialty players (kickers, punters, etc.) for a total of no more than 25 players.)
5. Each sport may recognize one "special award" (MVP, Outstanding Goalie, etc.) in addition to named First Team All-League selections. [Example: In volleyball, 6 players on the court allow for 6 First Team All-League selections, plus one league MVP.] Any additional recognition must come from existing First Team All-League selections.
6. Sports which allow for individual advancement to post-season play (wrestling, tennis, track, cross country, badminton, swimming, diving, golf) shall determine First Team awards via individual advancement to post season competition.
7. Second Team All-League selections shall follow the same guidelines as First Team recognitions (or as stated in sport-specific bylaws). There shall be no "special awards" or recognitions (MVP, etc.) for Second Team All-League selections.
8. Each school may name one Honorable Mention per sport.

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**Section 11.** The use of computers, television and video equipment in each sport shall be governed by the provisions of the national federation rule book for that sport.

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**Section 12.** The visiting team provides its own towels.

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**Section 13.** Physical education classes are physical education--not athletics.

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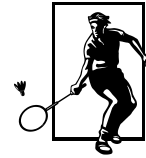
**Section 14.** All scheduled events shall be played regardless of league standings.

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**Section 15.** The following teams (basketball, baseball, golf, soccer, softball, tennis, volleyball, water polo, track, cross country, swimming and badminton) will have twenty-seven game contact limits. Football is allowed 10 contests. Wrestlers are allowed 40 matches per season. Contacts for tournaments are defined in CIF Sac-Joaquin Section bylaw #519.

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## BADMINTON -- MEN/WOMEN

1. See general bylaws.
2. The starting time for matches shall be 3:30 p.m.
3. A Mavis 350 Shuttlecock shall be used in league competition. The only permissible headwear during competition is a single white elastic headband no wider than one inch. Absolutely no hats or handkerchiefs.
4. U.S. Badminton Association laws shall govern all league matches.
5. Singles and doubles matches shall be the best two out of three games.
6. There shall be competition for men and women at the varsity and junior varsity level. Each team shall be composed of three singles and two doubles. The athletes' placement on the challenge ladder prior to each league match shall be the only determining factor for placement in the match. A player may participate in only one event per match which will count toward a team score.
7. There shall be no blanks in the ladder.
8. The original placement of an athlete on the ladder shall be determined by a tournament among all the players on the team. Once the original positions on the ladder have been determined (prior to the first league match) and further adjustments on the ladders, leading to a change in an athlete's classification from the varsity shall be determined by challenge matches among the team members and not by placement by the coach.
9. If a player is missing at the start of a match, the following guide will be used:
  - 1) All players will be moved up the ladder from their original positions to fill the vacant position.
  - 2) If there are not sufficient players to fill all varsity positions, the number three singles or number two doubles match must be forfeited.
10. After the league round robin schedule, players may not move from singles to doubles or vice versa for the league tournament. Exceptions will be granted on the basis of illness or emergency **only** and shall require the prior approval of the league coaches at the seeding meeting.





## **BASEBALL**

1. See general bylaws.
2. Games will start at 4:00 p.m.
3. Each year the final league game will be played on the day before the final date of published Section final date.
4. The number of officials recommended for TCAL games are as follows:

Varsity -2

Sophomore - 1

Freshman - 1

If two of three umpires show, both the Varsity and Frosh/Soph games must be played under the following guidelines:

- 1) If both varsity coaches agree then:
  - a. Two (2) umpires at the varsity game and the frosh/soph coaches umpire their game themselves.
  - b. One (1) umpire at the varsity game and one (1) umpire at the frosh/soph game.
- 2) If both varsity coaches cannot agree, then there will be 2 umpires at the varsity game and the frosh/soph coaches will umpire their game themselves.

If 1 of 3 umpires show, then the following options are available:

- c. If both varsity coaches agree to play the varsity game with one (1) umpire, then the frosh/soph game must be played as stated above.
  - d. If the varsity coaches do not agree to play with one (1) umpire, then their game should be re-scheduled, but the frosh/soph game should be played using the one (1) umpire.
5. The official ball will be a major league baseball and/or the top ball of the manufacturer with an NFHS stamp.
6. Baseball coaches are allowed to coach from the coaches' box.
7. A game that is called due to weather, darkness, unnatural circumstances, etc. as noted in CIF-SJS Bylaw 1501.1 shall follow the procedures as noted in that Bylaw.
8. Postponed games shall be made up in the order of postponement starting the following week with a maximum of one make-up game per week.
9. Home teams must conclude their infield prior to 3:15 p.m.; visitors infield to conclude by 3:30 p.m.
10. Batting practice, if any, will be taken by the home team only, prior to infield practice. Players shall not be excused from class early in order to schedule batting practice.



**11. Baseball Section League Representation (revised / approved August 2015)**

The win/loss records of the teams involved shall determine their league standing as well as if they qualify for Sac-Joaquin Section playoffs. Should it become necessary to break a tie to either determine Section playoff qualification or the correct order of Section playoff qualification, the following methods shall be used when two or more teams are tied:

For any two-way tie:

- a) Best head-to-head league record
- b) Fewest runs allowed head-to-head
- c) Fewest runs allowed in all league contests
- d) Total runs scored head-to-head
- e) Total runs scored in all league contests
- f) Playoff game (coin flip to determine home field advantage)

For any three-or-more-team tie (once a team or teams are removed from the three-or-more team tie and two teams are remaining, the tiebreaker reverts back to head-to-head league record between the final two teams involved in the tie; from there, if head-to-head record is tied, refer to the steps in the two-way tie above):

- a) Best record in the mini-conference (mini-conference consists of the teams that are involved in the tie)
- b) Fewest runs allowed in the mini-conference
- c) Fewest runs allowed in all league contests
- d) Total runs scored in mini-conference
- e) Total runs scored in all league contests
- f) Coin flip

**12. Rainout Policy**

All league make-up games / rainouts are to be made up on the next available weekday on which no scheduled league game is played. Example: If teams have a rainout on Friday (with league games played on Wednesdays and Fridays), the teams would make up the game on the following Monday.



## **BASKETBALL -- MEN/WOMEN**

1. See general bylaws.
2. **Starting times shall be as follows:**
  - a) Freshman games - 4:00 p.m..
  - b) Sophomore games - 5:30 p.m.
  - c) Varsity games - 7:00 p.m.
3. Number of officials recommended for TCAL games: two (2).
4. The official ball will be the "Wilson Solution."
5. The home team will furnish a minimum of six (6) practice balls for visitors.
6. The home team will wear white-colored uppers. (Gold is not considered dark.)
7. November 10<sup>th</sup> (or the date established by the C.I.F.) is the first day of organized practice.
8. An adult shall be required to run the main clock for all varsity men's and women's basketball games.
9. TCAL schools shall not provide film or video of league games to non-TCAL schools.
10. Basketball tie-breaker / qualifying for the post-season:
  - a) Refer to Addendum 9, Universal Tie-Breaker (Basketball) and 16-point system. (Revised / approved October 2013)
  - b) Coin flip.



## **CROSS COUNTRY -- MEN/WOMEN**

1. See general bylaws.
2. There shall be a maximum of twenty-seven contacts per team to the end of the league center meet season.
3. All TCAL Cross Country meets will begin at 3:30 p.m.
4. All league meets shall be center meets involving all league schools.
5. Coaches shall be able to move freshmen and sophomores between frosh/soph and varsity level competition throughout the Cross Country season.
6. All TCAL cross country teams must provide a finish chute for each meet in which their school has meet management responsibilities.

A finish chute must be at least 15 feet wide at its opening and then it must narrow to 30 inches after 15 feet. The chute must extend at least 50 feet. The longer the finish chute will provide better meet management.

Requirements: 2 fifty foot lengths of flags or tape and 10 poles to attach flags.

7. Teams will exchange rosters before each center meet. Rosters will also be exchanged before the League Meet. Rosters must list athletes who are legally eligible to participate for their respective teams. No athlete will be allowed to participate in the meet unless he/she is on the roster. The roster must be updated throughout the season in order for new athletes to be eligible.
8. Athletes must participate in at least one (1) league center meet or invitational meet in order to participate in the final league meet.
9. Scoring: For center meets, teams earn one point for each team they beat. For the League Meet, teams earn two points for each team they beat. Total points combined (center meets and League Meet) determine league championship.



## FOOTBALL

1. See general bylaws.
2. Maximum of ten (10) games; plus playoffs.
3. TCAL starting times shall be as follows:
  - a) Freshman 4:00 p.m. (3:00 p.m. after daylight savings time), or 6:00 p.m. if lighted stadium. (Upon the mutual consent of both head coaches, a fifth quarter may be played.)
  - b) Sophomore - 5:00 p.m.
  - c) Varsity - 7:15 p.m.
4. Minimum number of officials recommended for TCAL games:  
Varsity -- four (4)                  Soph -- three (3)                  Frosh -- two (2)
5. A top grade natural colored ball with leather laces shall be used in TCAL games. In bad weather an "all weather" ball should be used.
  - a) When two schools use different footballs, the team putting the ball into play may use its own ball.
6. No half time intermission period for football games shall exceed fifteen (15) minutes, plus a three (3) minute warm-up. (Exception for homecoming by mutual agreement, where halftime may be 20 minutes.)
7. Visitors wear white (light) jerseys.
8. In the case of a tie game at the end of regulation play, CIF SJS Bylaw # 1906.1 for tied games will be used. All varsity games (non-league, league and playoffs) involving SJS schools that end in a tie at the end of regulation will be played to a conclusion (a winner and a loser) using the 10-yard overtime procedure as stated in the National Federation Rules Book.
9. Film exchange: Two previous games are exchanged on Saturday after previous game. The home team makes contact with the visiting team. Sophomore and freshmen teams are on their own for film exchange.
10. **Prioritizing of Football Schedule**
  - a) League varsity/sophomore football games will be scheduled on Fridays. League freshmen games will be scheduled on Thursdays.
  - b) If facilities are not available on Friday, then the varsity/sophomore football games will be scheduled on Thursday. If there is a conflict because of a freshmen game, then the freshmen game shall be moved to Wednesday.
  - c) Any level football game can be played on Saturday only if both schools agree to do so. Saturday game times shall be 12:00 noon (sophs) and 2:00 p.m. (varsity). Any single Saturday game shall begin at 12:00 noon. Freshmen games shall be played at 10:00 a.m. if a triple header is played.



**11. League Playoff Tie-Breaker Procedure**

- c) Two-way tie: Head to head league competition. Team “A” beats team “B”, team “A” earns higher play-off position.
- d) Three or more teams tie: Refer to Addendum 8, Universal Tie-Breaker and 13-point system.
- e) Coin flip.



## GOLF - - Men/Women

1. See general bylaws.
2. Starting time shall be 3:30 p.m.
3. Scoring will be by total strokes, counting five of six golfers.
4. Golfers will carry their own clubs/bags.
5. The use of scorers is allowed.
6. TCAL round robin matches are nine (9) holes.
7. In case of rain, the home team shall notify the opposing school by 12:00 p.m. if the match is postponed. After both schools arrive at the golf course, the match can only be postponed if both coaches mutually agree or if the pro shop will not allow any play on the course.
8. All players must abide by the rules and regulations that are established by the course (private or public) being played.
9. Coaches are responsible to discipline their own players for any acts of unsportsmanlike conduct.
10. The golf coaches league meeting will be annually held on the Wednesday after the last scheduled league match.
11. The awards for the TCAL League Tournament will be as follows:
  - A) winning team – 6 certificates
  - B) low six individuals - certificates
12. Playoff for team and individual if there is a tie at the League Meet:

**Individual:**

  - a) The six individuals with the lowest 18 hole scores will qualify for the Sub-Section tournament. These six individuals will come from the schools that don't qualify their team for the subsection.
  - b) If there is a tie for the last qualifying spot there will be a sudden death playoff. The playoff will begin at hole #1 and if unavailable will begin at hole #10.
  - c) Seeding for the six qualifiers if there is a tie will be as follows: Ties will be broken by using in sequence the last 9, 6, 3, or 18 hole scores. If this does not break the tie(s) then a coin flip will be used.

**Team:** The top two teams will qualify for the subsection tournament. In a case of a tie for first place:

  - a) Tie for first will result in co-champions. #1 and #2 seeds for subsections will be determined as follows:



A) Head to head competition

B) League tournament

C) Coin flip

b) The final qualifying playoff position will be determined by a team sudden death playoff: The best five out of six scores will be counted (totaled). The playoff will begin at hole #1 and if unavailable will begin at hole #10.





## SOCCER -- MEN/WOMEN

1. See general bylaws.
  2. Starting times shall be 3:30 p.m.
  3. Officials – three for varsity and two for sophomore.
  4. There shall be two (2) forty minute halves with a five (5) minute intermission. In the case of time limitations the sophomore games halves will be reduced by five minutes.
  5. League standings shall be determined by points:  

Win = three (3) points      Ties = one (1) point      Loss = zero (0) points
  6. Rain-outs: home team call game by 1:00 p.m.
  7. The official ball shall be any FIFA or NFHS approved ball.
  8. Visitors wear dark jerseys & stockings.
  9. A player who receives a red card in a league game will sit out the next league game or section game. A player who receives two (2) red cards in league for fighting will not play the remainder of the season.
  10. In the event of a two-way tie in league standings at the end of league play, the following procedures will be followed – in order until the tie is broken - to determine playoff position:  

Double round robin:

    - a) Head-to-head competition, 3 points for a win, 1 point for a tie
    - b) Head-to-head aggregate goals
    - c) Head-to-head away goals.

Triple round robin:

    - a) Head-to-head competition, 5 points for an away win, 3 points for a home win, 2 points for an away tie, 1 point for a home tie.
- If there is a multiple (three or more teams) tie, the tiebreaker policy will be used in the order listed until a multiple team tie is broken among the teams involved. Once this seed has been established, the process will revert back to the original tiebreaker order to determine the other seed(s) following the same procedure. Ties in league standings not resolved by the procedure shall be broken, if necessary, by a coin flip by the league commissioner or designee.
- (Tiebreaker process revised / approved May 2014)*
11. All-League selections for soccer will include 4 MVPs (Attacker, Mid-Fielder, Defender, Goalie). An additional twenty-one players will also be selected and all selected will be “All League” (no distinguishing between 1<sup>st</sup> Team, 2<sup>nd</sup> Team, Honorable Mention, etc.). Selection process will entail each varsity coach selecting and placing his own players for All-League. Each team’s final standing in league play will determine the number of selections each coach will have. 1<sup>st</sup> place team, 6 selections; 2<sup>nd</sup> place team, 5 selections; 3<sup>rd</sup> place team, four selections; 4<sup>th</sup> place team, three selections; 5<sup>th</sup> place team, two selections; 6<sup>th</sup> place team, one selection. (10/20/09)



### **Competition Guidelines**

- 12.** The host school administrator (or his/her designee) assigned to the game remain for both the varsity and junior varsity contest.
- 13.** The host school administrator assigned to the game introduce him/herself to the visiting coach prior to the contest.
- 14.** Opposing fans will be seated on opposite sidelines when facilities permit.
- 15.** Each coach will help with maintaining proper conduct from the parents and fans representing his/her school.
- 16.** Players shake hands prior to the contest.
- 17.** Players are not allowed to remove their jerseys on the field of play immediately after the game.



## SOFTBALL -- WOMEN

1. See general bylaws.
2. A curfew for tournaments -- no game shall begin after 9:00 p.m., and no inning shall begin after 10:30 p.m. This also applies to any tournament hosted by member schools.
3. Starting times shall be 3:30 p.m.
4. Home team must conclude their infield practice prior to 3:15 p.m.; visitors' infield practice must be concluded by 3:30 p.m.

5. **Rainout Policy**

Postponed games will be made up in order of postponement. Softball games will be made up on Fridays.

- a) If a rained-out game can be made up within a 24 hour period after the rain-out, the game can be made up out of order.
  - b) The designated Spring Break week will not be used to make up any League rain-out games.
  - c) Facilities issues and field of play conditions are at the discretion of the home team.
6. Tie games shall be replayed in entire games.
  7. Softball coaches are allowed to coach from the coaches' box.
  8. The official softball shall be the Yellow C12RYL or Section approved ball.
  9. Number of officials recommended for TCAL games:

Varsity - 2

Frosh/Soph - 1

If 2 of 3 umpires show, both the varsity and frosh/soph games must be played under the following guidelines:

- 1) If both Varsity coaches agree, then either:
  - a. 2 umpires at the varsity game and the frosh/soph coaches umpire their game themselves.
  - b. 1 umpire at the varsity game and 1 umpire at the frosh/soph game.
- 2) If both varsity coaches cannot agree, then there will be 2 umpires at the varsity game and the frosh/soph coaches umpire their game themselves.

If 1 of the 3 umpires show, then the following options are available:

- c) If both varsity coaches agree to play the varsity game with 1 umpire, then the frosh/soph game must be played as stated above.
- d) If the varsity coaches do not agree to play with 1 umpire, then their game should be re-scheduled but the frosh/soph game should be played using the one umpire.



10. Visiting teams may start warming up no earlier than 2:45 p.m. Home players shall not be excused from class early to warm up.

11. **Softball Section League Representation** (*revised / approved August 2015*)

The win/loss records of the teams involved shall determine their league standing as well as if they qualify for Sac-Joaquin Section playoffs. Should it become necessary to break a tie to either determine Section playoff qualification or the correct order of Section playoff qualification, the following methods shall be used when two or more teams are tied:

For any two-way tie:

- g) Best head-to-head league record
- h) Fewest runs allowed head-to-head
- i) Fewest runs allowed in all league contests
- j) Total runs scored head-to-head
- k) Total runs scored in all league contests
- l) Playoff game (coin flip to determine home field advantage)

For any three-or-more-team tie (once a team or teams are removed from the three-or-more team tie and two teams are remaining, the tiebreaker reverts back to head-to-head league record between the final two teams involved in the tie; from there, if head-to-head record is tied, refer to the steps in the two-way tie above):

- g) Best record in the mini-conference (mini-conference consists of the teams that are involved in the tie)
- h) Fewest runs allowed in the mini-conference
- i) Fewest runs allowed in all league contests
- j) Total runs scored in mini-conference
- k) Total runs scored in all league contests
- l) Coin flip



## SWIMMING -- MEN/WOMEN

1. See general bylaws.
2. Maximum of 27 contacts prior to TCAL league meet. Refer to CIF SJS Bylaw # 519 for tournament contact limits.
3. Starting times shall be 3:30 p.m.
4. There will be league dual meet records and league meet records.
  - a) The record chair shall be the TCAL president's swim coach.
5. League meet entry limit shall be four entries per school per individual event and one relay team per school per relay event.
  - a) Deadline for entry for league meet shall be seven (7) days before the first day of the meet.
6. Meets will be run by the current NFHS rules except for the following in dual meets:
  - a) The home team shall provide visual counters.
  - b) The home team shall provide one timer per lane, plus two roving timers; the timers to be adults and/or qualified students.
  - c) The home team shall provide three judges to judge the finish of each swimming event.
  - d) The submitting of entries may be either by an agreement between the two coaches, or in the case agreement is not reached, each coach may select his/her own method of submitting entries.



## TENNIS -- MEN/WOMEN

1. See general bylaws.
2. Starting times shall be 3:30 p.m.
3. The tennis team is comprised of six (6) singles and three (3) doubles.
  - a) Players may participate in only one match per event.
4. The official ball shall be the Wilson Tournament ball.
5. In case of a game tie, the No Advantage Rule will be used.  
Example: The first score after “deuce” wins the game.
6. In case of a six-six tie on each set, the twelve point tie breaker will be used.
7. At the league tournament each school may enter six singles players and three doubles teams.
8. Tennis tie breaker -- shall follow this five (5) step sequence to determine team playoff representatives from the TCAL:
  - 1) head to head league play
  - 2) total match scores between tied teams
  - 3) total set scores between tied teams
  - 4) total game scores between teams
  - 5) coin flip
9. Spectator conduct:
  - a. Spectators at TCAL matches will refrain from any verbal communications with players during match play.
  - b. Spectators will show good sportsmanship at all times.
  - c. Good spectator sportsmanship is defined as non-harassment / non-heckling of any player(s).
10. Steps to be taken to handle inappropriate spectator conduct:
  - a. Coach communicates to coach.
  - b. Coach communicates to offending spectator(s).
  - c. Default the specific individual match.



## TRACK -- MEN/WOMEN

1. See general bylaws.
2. Maximum of twenty-seven (27) contacts. See CIF SJS Bylaw # 519.
3. Starting times shall be 3:30 p.m.
4. **Dual Track Meet Procedures:**
  - a) The home team shall have the odd numbered lanes for all running events. In relay events where lane one (1) is not used, the home team shall run in lane two (2).
  - b) The visiting team shall have the even numbered lanes for all running events. (Exception -- see "a" above.)
  - c) Each team shall be allowed four athletes in each field event.
  - d) Each team shall be allowed three athletes in each running event up to the 400 meters.
  - e) Each team shall be allowed six athletes per event in the 800, 1600 and the 3200.
  - f) The host team may declare "open pit" for field events with the consent of both head coaches.
  - g) Jump Procedures (*when no open pit, as in 4.h below*):
    - 1) Three jumps in trials
    - 2) Four contestants advance to finals
    - 3) Three jumps in finals.
  - h) Open Pit Jump Procedures:
    - 1) Athletes shall check in at field event.
    - 2) Event official shall declare open pit and open and closing times for pits; if no times are declared, open pit shall be for the duration of the running events
    - 3) Each competitor shall receive 4 attempts.
    - 4) The competitor with the best mark shall receive 1<sup>st</sup> place; the second best mark scored as 2<sup>nd</sup> place; the third best mark scored as 3<sup>rd</sup> place. NFHS tie-breaking procedures shall be used.
  - i) An enclosed discus throwing area is required for reasons of safety. The host school shall forfeit all discus points if the facility is not enclosed. Enclosed implies at least 10' to 12' fencing behind the throwing area and on both sides of the throwing area.
5. Field Event minimum heights (for dual meets and TCAL Championships):

<u>Pole Vault</u>		<u>High Jump</u>
9' 0"	VAR Boys	5' 2"
8' 0"	F/S Boys	4' 8"
7' 0"	VAR Girls	3' 10"
6' 0"	F/S Girls	3' 4"



## **VOLLEYBALL -- WOMEN**

1. See general bylaws.
2. Starting times shall be as follows:  
  
Freshman - 4:00 p.m.    Sophomore - 5:00 p.m.    Varsity - 6:00 p.m.
3. Number of officials recommended for TCAL matches:  
  
Varsity -- 2            Frosh/Soph -- 2
4. The official ball shall be the Tachikara SV-5W.
5. The home team shall furnish practice balls. (Minimum of six (6) for visiting team.)
6. All games within the match will be played to a point conclusion (twenty-five (25) points/two (2) point advantage), using rally scoring. Tie breaker (final game) will be played to a point conclusion (fifteen (15) points/two (2) point advantage) also using rally scoring.
7. Match Determination:  
  
Varsity -- best three out of five games.            Frosh/Soph -- best two out of three games.
8. **Playoff Seeding Procedure:**
  - a) Follow Section process for playoff seeding
9. Tiebreaker:  
  
**Two-Way Tie**
  - a. If there is a tie(s) for any place(s) in the standings, then the results of the in-season head-to-head competition shall be used to break that tie. If the tied teams split the in-season head-to-head competition, proceed to (b).
  - b. Compare the total number of games (within a match) won in the head-to-head matches between the teams involved in the two-way tie. The tied teams shall be seeded in order of games won. The team with the most games won is seeded highest. If both teams in the two-way tie remain tied, proceed to (c).
  - c. Compare the point differential in matches between the tied teams. The tied teams shall be seeded in order of point differential. The team with the best point differential is seeded highest. If both teams in the two-way tie remain tied, proceed to (d).
  - d. Compare each team's record vs. the team occupying the highest position in the league, continuing down through the division standings until one team gains an advantage. For steps D-F, when arriving at a group of tied teams while comparing records, use each team's record against the collective tied teams as a group (prior to their own tie-breaking procedure). If the teams in the two-way tie remain tied, proceed to (e).
  - e. Compare the number of games (within a match) won against all conference teams. The tied teams shall be seeded in order of games won. The team with the most games won is seeded highest. If both teams in the two-way tie remain tied, proceed to (f).
  - f. Compare the point differential in all conference matches. The tied teams shall be seeded in order of point differential. The team with the best point differential is seeded highest. If both teams in the two-way tie remain tied, proceed to General Tie Breaking rules.





### **Multiple-Team Tie (3 or more teams)**

a. For either single or multiple round-robin sports, three or more teams tied are viewed as a “mini-conference” when comparing head-to-head results. The team with the best record vs. the other teams in the mini-conference gains the advantage. If all the teams in the mini-conference have the same mini-conference record, proceed to (b) below. If two or more teams, but not all, have the same best record in the mini-conference, only those specific teams advance to the next tiebreaker step.

After the top team(s) in a mini-conference is determined, the next team is ranked by its record in the original mini-conference. If there are two remaining teams tied by their record in the mini-conference, then head-to-head results will determine the higher seed. If the teams split their games then proceed to (b) below. If there are three or more teams remaining tied by their record in the mini-conference, they would then form a new mini-conference and follow the procedure again starting at (a).

b. Compare the number of games (within a match) won against the tied teams. The tied teams shall be seeded in order of games won. The team with the most games won is seeded highest. If all teams in the mini-conference remain tied, proceed to (c). If some, but not all of the teams remain tied, then those that are still tied teams start the tie-breaking process over to determine their seed within the mini conference.

c. Compare the point differential in matches against the tied teams. The tied teams shall be seeded in order of point differential. The team with the best point differential is seeded highest. If all teams in the mini-conference remain tied, proceed to (d). If some, but not all of the teams remain tied, then those teams that are still tied start the tie-breaking process over to determine their seed.

d. Compare each team’s record vs. the team occupying the highest position in the league, continuing down through the division standings until one team gains an advantage. For steps D-F, when arriving at another group of tied teams while comparing records, use each team’s record against the collective tied teams as a group (prior to their own tie-breaking procedure). If all teams in the mini-conference remain tied, proceed to (e). If some, but not all of the teams remain tied, then those tied teams start the tie-breaking process over to determine their seed within the mini-conference.

e. Compare the number of games (within a match) won against all conference teams. The tied teams shall be seeded in order of game won. The team with the most games won is seeded highest. If all teams in the mini-conference remain tied, proceed to (f). If some, but not all of the teams remain tied, then those teams that are still tied start the tie-breaking process over to determine their seed.

f. Compare the point differential in all conference matches. The tied teams shall be seeded in order of point differential. The team with the best point differential is seeded highest. If all teams in the mini-conference remain tied, proceed to General Tie Breaking Rules. If some, but not all of the teams remain tied, then those teams that are still tied start the tie-breaking process over to determine their seed.



## WATER POLO

1. See general bylaws.
2. Starting times shall be 3:30 p.m.
3. The official league game ball shall be the Mikasa water polo ball.
4. **Game Length:** Frosh-Soph (boys/girls) game quarters shall be 6 (six) minutes in length. Varsity (boys/girls) game quarters shall be 7 (seven) minutes in length. There shall be a 2 (two) minute intermission between each quarter and a 5 (five) minute halftime.
5. **Running clock:** When a goal differential of 6 (six) or more exists at the start of the fourth quarter the game clock shall not stop, but shall be a running game clock. The running clock rule may be enacted at the start of the third quarter by mutual consent of both coaches.
  - a. If at any such time the goal differential drops to less than 6 in the fourth quarter, normal clock operation shall resume.
6. **Playoff Format:** tie breaker system to consist of the following steps:
  - A) league record
  - B) head to head competition
  - C) goal differential in head to head competition
  - D) coin flip



## WRESTLING

1. See general bylaws.
2. A wrestler will be allowed a maximum of 40 matches during the wrestling season prior to the first qualifying tournament for the CIF State Wrestling Championships (in most situations, this would be the League wrestling tournament). Forfeits do not count toward the 40 match maximum. Matches wrestled in any tournaments or competitions held prior to the first qualifying tournament will count toward the 40 match maximum. See CIF SJS Bylaw # 519.  
**Exception:** Any matches wrestled in a CIF Section team dual championship tournament will not count as part of the 40 match maximum.
3. Weigh-ins for varsity and junior varsity shall start at 5:00 p.m.
  - a) Visiting teams will be given ten (10) minutes to privately weigh-in all of their wrestlers. If any wrestlers are overweight, the team must make any adjustments it deems necessary at this time.
  - b) Each coach will exchange line-up cards and changes can be made.
  - c) Varsity, junior varsity and extras will weigh-in shoulder-to-shoulder, starting with the lightest.
  - d) The home coach will be the official at weigh-ins, his decision is final.
  - e) If at the time of the weigh-ins a wrestler is overweight, he has until 5:45 p.m. to make weight or the team must forfeit that weight class.
  - f) If the visiting coach requests, the home coach must check and verify if a wrestler is, or is not, "on weight" before line-up cards are exchanged.
4. All coaches should have a prepared line-up card to give the opposing coach for their scorekeepers.
5. Starting time is 6:00 p.m.
6. The league champion shall be determined by combination of the dual meet league standings and the league tournament standings. In dual meets, one point is awarded for each dual meet won. One-half point is awarded for a tie. In the league tournament, one point is awarded for each team beaten. One-half point is awarded for a tie. Highest point total determines TCAL champion.
  - a) If two or more teams have the same record/points, the head to head dual meet competition will be used as the tie breaker (point differential). (3/10/10)
7.
  - a) The novice tournament week will be considered a TCAL function and all schools will be assessed an entry fee whether they participate or not.
  - b) Each school will rotate in hosting the tournament.

## **ADDENDUM 1 BYLAWS** **PRICES AND PASSES**

### **Section 1.**

- a) Passes: Twenty (20) league passes shall be issued to each member school and shall be honored at all TCAL league events. (This means games / competitions between two TCAL schools during TCAL league play.) A league pass admits only one person.
- b) Local districts and schools may issue passes other than the above, but they shall be honored for that school's / district's home games only.
- c) C.I.F., TCAL and SJAA life passes will be honored at all TCAL competitions.
- d) There shall be no tax or service charge added to these passes.
- e) All Cheerleader Advisors must have either a TCAL or C.I.F. pass for free admission.
- f) Students are not permitted to use TCAL or C.I.F. passes.
- g) Coaches who are scouting must either have a TCAL or C.I.F. pass for free admission.

### **Section 2.**

The TCAL honors only TCAL high school student body cards.

### **Section 3.**

TCAL Prices: Ticket prices for TCAL league events shall not exceed the following:

- a) All TCAL football contests which include a Varsity game (i.e, any of the following - varsity only; or JV & varsity; or frosh, JV & varsity):
  - 1) \$8.00 -- adults, high school student without student body card and unsupervised elementary or middle school students.
  - 2) \$5.00 -- student body card holders of participating schools, supervised elementary or middle school students, senior citizens (55 years or older).
- b) All TCAL football contests that do not involve any Varsity level of play shall be \$6.00 and \$4.00 respectively for adults and students as noted in a.1 and a.2, above.
- c) Prices for all other TCAL contests (non-football) which include a Varsity game (i.e. any of the following - varsity only; or JV & varsity; or frosh, JV & varsity):
  - 1) \$6.00 -- adults, high school student without student body card and unsupervised elementary or middle school students.
  - 2) \$4.00 -- student body card holders of participating schools, supervised elementary or middle school students, senior citizens (55 years or older).
- d) All TCAL contests (non-football) that do not involve any Varsity level of play shall be \$4.00 and \$2.00 respectively for adults and students as noted in c.1 and c.2, above.

### **Section 4.**

Pre-sale Tickets -- Allotment Quota:

- a) 50% of capacity - home team
- b) 30% of capacity - visiting team
- c) 20% of capacity - on site sale and passes

### **Section 5.**

Pep band members, cheerleaders, song leaders, managers, trainers and statisticians are the only free admissions available for support groups. Support personnel must be listed on a roster to receive free admission.

- a) The visiting schools shall provide a list of said students to the host school.
- b) Cheerleaders and song leaders must be in uniform for free admission.
- c) Managers, trainers and statisticians must be properly identified by the coach.

**ADDENDUM 2 BYLAWS**  
**TELEVISION AND RADIO**

- Section 1.** No live coverage of athletic contest engaged in TCAL competition is permitted without expressed TCAL policy making board approval.
- Section 2.** No rebroadcast or cable cast of any TCAL competition during hours that conflict with other TCAL competitions in the same sport are permitted without expressed TCAL policy making board approval.
- Section 3.** Control of contest and all related activities remain entirely under the jurisdiction of the schools and their officials.
- Section 4.** Advertising shall be subject to the TCAL policy making board.
- Section 5.** Presentations and/or awards shall be subject to the approval of the TCAL policy making board.

**ADDENDUM 3 BYLAWS**  
**TCAL LEAGUE MEETS/TOURNAMENTS**

**Section 1.** TCAL post-season league tournaments determine league representatives to subsection and section competition.

**Section 2.** Single day competitions are to be scheduled on Saturdays, except Golf, and multiple day competitions are to begin on Saturdays and as late as possible on school days.

**Section 3.**

- a) Preliminary budgets are to be submitted to the TCAL commissioner prior to the first Friday in October for Fall sports, January for Winter sports or April for Spring sports.
- b) The final accounting is to be submitted no later than thirty (30) days after the date of competition.
- c) League sanction of a tournament is dependent on approval of the preliminary budget.
- d) TCAL tournament finances will be handled through local school accounts.
- e) All profits from TCAL tournaments will be returned to the League. (Snack bar profits are excluded.)

**Section 4.** C.I.F., TCAL and SJAA passes shall be honored at all league competitions including league playoff events.

**Section 5.** Concessions, program production and sales are the option of the host school and all expenses and profits associated therewith remain with the host school.

**Section 6.** Host school responsibilities include:

medical services	announcers	timers
locker rooms	statisticians	judges
scorekeepers	ticket sales	officials
security/crowd management		

**Section 7.** **Individual Sport Awards:**  
Awards are to be given for varsity level competition as follows:

**a) Varsity Tennis & Badminton:** individual certificate for first, second and third place singles and doubles (men & women).

**b) Varsity Swimming & Track:** individual certificate for the first three places in each event and relays.

**c) Varsity Cross Country, Golf & Wrestling:** individual certificate for the first three in each event.

**Section 8.** **Team Sports Awards:**

a) TCAL Championship certificates are awarded to members of varsity championship teams.

*(Note: Section 7 & 8 revised, Spring 2012 and Sept., 2012)*

**Section 9.** Host schools shall use the preliminary/final tournament budget form. (See Addendum 3, Section 3.)

**Section 10.**

Approved Tournament Expenses: All league tournament expenses will be included in each sport tournament's proposed budget and proposed budgets shall be presented to the Board prior to the tournament. Tournament budgets may include a tournament director's stipend or fee and money for hospitality. The hospitality money may only be used for on-site food and beverage before and during the event and may not be used for any gathering after the tournament.

## **ADDENDUM 4 BYLAWS**

### **CODE OF ETHICS**

The guidelines indicated below are meant to serve as a framework of operation for students and school officials. In adhering to this code of ethics, individuals within each of these two groups will be contributing toward the establishment and continuation of a superior type of interscholastic sports activity.

#### **Student Responsibilities**

- a) Members of the respective student bodies should support their teams by:
  - 1) remaining in their rooting section during the game.
  - 2) cooperating with the spirit leaders of both schools.
  - 3) treating opponents, game officials, visiting students and spectators as guests.
  - 4) demonstrating sportsmanship at all times by displaying self-control before, during and after games.
  
- b) Spirit leaders should promote sportsmanship by:
  - 1) leading organized cheers or yells which are both complimentary and appropriate.
  - 2) discouraging individual and unorganized yells.
  - 3) respecting the other school's rooters and by refraining from activities while they are performing.
  - 4) leading cheers for injured players of both teams.
  - 5) giving official recognition to visiting spirit leaders.
  - 6) respecting the custom of singing school songs at the conclusion of each game.
  - 7) organizing and conducting campaigns several times yearly to emphasize good sportsmanship.

All **Host Schools** are encouraged to exchange information with the **Visiting School** by mail. Maps for drivers of visiting busses, mutual **Responsibilities** agreements on pre-sale of tickets to visiting rooters, team rosters for programs, etc. can be satisfactorily handled in this manner.

#### **A) The Host School Should:**

- 1) provide adequate space for visiting rooters and band members (area to be roped off or designated in some other way).
- 2) mandate and control all half-time activities.
- 3) have available a program or a list of players and their numbers for spirit leaders of the visiting school
- 4) arrange for adequate dressing facilities for visiting teams with someone from the host school designated to meet the visitor's bus and direct them to the dressing room.



- 5) provide adequate supervision by police or other officials in order to prevent or take care of any disturbances.
- 6) notify visiting coach of any extended half-time activity (homecoming).
- 7) have stand-by buses available (when at all possible) in case a visiting bus breaks down.
- 8) prior to any athletic event, every effort shall be made to announce or display a request for proper conduct from players, coaches and spectators.

**B) The Visiting School Should:**

- 1) notify the host school of their intention to send rooters' busses and/or a band and approximate numbers of students involved.
- 2) have a school official in charge of the visiting students, who upon his/her arrival, is to contact an official of the host school and indicate where he/she will be located during the activities or other events where large crowds are anticipated.
- 3) sell tickets in advance for rooters' busses. Price of ticket may include price of the game. A check for an accounting of the tickets shall be sent to the host school no later than one calendar week after the game.

**C) General Responsibilities:**

- 1) For a regular league game, the home school is to be responsible for pre-game and half-time activities. The home team director may invite a band to participate in either pre-game or half-time activities.
- 2) Some effort is to be made by the host school to clear the field ten minutes prior to the beginning of the game allowing bands to play the National Anthem and the game start as scheduled.
- 3) Upon the conclusion of the game, the visiting team is to play the school song first. It is the responsibility of the visiting team to play as soon as possible.
- 4) It is recommended that the visiting team play between the first and second quarters and the home team to play between the third and fourth quarters.
- 5) School bands should not play when the ball is in play in football or basketball.
- 6) All persons not directly associated with the teams should be in the stands and clear of the field areas. (Field passes could be used to identify official personnel.
- 7) Officers hired for crowd control should be informed of their duties as related to each school and its facilities.

## **ADDENDUM 5 BYLAWS** **SUMMER LEAGUE GUIDELINES**

### **General Philosophy**

The TCAL supports reasonable summer programs for high school athletes. Summer leagues and programs which involve the use of TCAL school facilities and/or which are supervised by TCAL school coaches shall meet the criteria listed below and be approved by the TCAL on a yearly basis. While the TCAL supports each member school to ensure that summer programs remain voluntary, low pressure activities with skill development and participation are encouraged.

- 1) The TCAL will have no restrictions with regard to the number of contacts from June 1 to July 31 as per CIF bylaws.
  - a) Weight training and conditioning are not considered contacts.
- 2) Summer programs shall be financially self-supporting.
- 3) Participants shall be students of their respective summer team's school.
- 4) Schools that participate in summer activities may only use students who are officially enrolled in said school. A school that wishes to use a player of another school must have prior written approval of that player's principal and/or athletic director.

### **Violations**

Should one or more of the guidelines for summer activities be violated, the following due process shall be used to evaluate the violation.

- a) The TCAL shall act as a committee to:
  - 1) review evidence
  - 2) render judgment
  - 3) impose penalties which may include, but are not limited to the following:
    - a) cease violations.
    - b) recommend a reprimand of the coach.
    - c) penalize guilty school.

**ADDENDUM 6 BYLAWS**  
**TCAL LEAGUE COMMISSIONER**  
**AREAS OF RESPONSIBILITY**

**Section 1.**

League Meeting:

- a) Meetings - act as secretary and prepare minutes of meetings.
- b) Preparation for meetings - prepare agenda in cooperation with the league president.
- c) Implement actions of the league policy making board.
- d) Take minutes, summarize, print and mail out within one week of meeting.

**Section 2.**

League Finances:

- a) Receive and disburse league funds.
- b) Keep accurate records of financial transactions of the league.
- c) Publish regular financial reports of the league and report information at each league meeting.
- d) Prepare proposed budgets for ensuing year by the last regular meeting of the current year.
- d) Receive and audit reports of league fees and bill schools for their share of said fees.

**Section 3.**

Athletic Schedules:

- a) Work with athletic directors in preparing league schedules.
- b) Produce and distribute approved schedules of league sports competition.

**Section 4.**

Awards:

- a) Arrange for or designate the ordering of awards.
- b) Distribute awards to school and individual winners.
- c) Keep records on location of permanent league trophies and update records.
- d) Send out All League certificates.

**Section 5.**

Constitution and Bylaws:

- a) Develop and update the league constitution and bylaws annually.
- b) Distribute constitution and bylaws.

**Section 6.**

League Passes:

- a) Arrange for printing of league passes.
- b) Distribution of league passes.

**Section 7.**

Game Protests:

- a) Receive official protests.
- b) Research information; gather data.
- c) Forward pertinent information to the league president.
- d) Publish results of protest hearing and inform involved schools of final action.

**Section 8.**

Yearly Calendar:

- a) Prepare a calendar of events for ensuing year to include:
  - 1) League meeting dates.
  - 2) Distribute other calendars covering C.I.F. & Sac-Joaquin Section dates.
  - 3) Update calendar and inform league directors of date changes.

**Section 9.**

Sac-Joaquin Section Board of Managers:

- a) Assist the league representative and attend Board of Managers meetings.
- b) Check with league representatives on dates of meetings.
- c) Assist league reps in collecting required materials for playoffs.
- d) Act as liaison between Board and game officials association.

**Section 10.**

Clarification of Rules:

- a) Receive requests from coaches and administrators on interpretation of league, Sac-Joaquin Section or C.I.F. rules.
- b) When required, contact Sac-Joaquin Section or C.I.F. offices for clarification of rules.
- c) Keep updated information involving Sac-Joaquin Section and C.I.F. Constitution and Bylaws and changes from their offices.

**Section 11.**

Secretarial Duties:

- a) Receive league correspondence; forward copies to involved personnel.
- b) Prepare letters from the league at the direction of the league president.

**Section 12.**

Other duties as agreed upon by principals.

**Section 13.**

Contract

- a) Yearly contract from August 1 to July 31.
- b) Contract annually reviewed by league.

**ADDENDUM 7 BYLAWS**  
**Procedures for Implementation of**  
**CIF Rule 207 (Transfer Eligibility)**

1. To request a waiver of the residential eligibility requirements, the parent, guardian or caregiver needs to complete and fill out an **Athletic Transfer Eligibility Application Form 207, and Form 510 if required.**
2. Forms are available in the Athletic Office of the new school in which the student is transferring (the receiving school).
3. Forms and any supporting letter/statement will be faxed/mailed to the former school principal for his/her signature. He/She (the principal or athletic director) in turn returns the form and any supporting letter/statement via fax/mail to the new school principal who in turn forwards the form to the Sac-Joaquin Commissioner.
4. Decisions regarding student eligibility are made by the CIF Sac-Joaquin Commissioner:

1368 E. Turner Rd., Suite A  
Lodi, CA 95240  
(209) 334-5900

Mailing address: PO Box 289  
Lodi, CA 95241-0289

## ADDENDUM 8 BYLAWS

### Universal Tie-Breaker (Football) (qualifying for the post-season) (CIF SJS Bylaw # 1908.6)

1. The win-loss record(s) of the teams in league play shall determine seeding into the section playoffs. The league's administrators will determine win-loss records based on previously approved schedules. In the event of a tie, the tie shall be broken using the following procedures:

#### 2. Tie Between Two Teams

A. Head-to-head competition in league play among tied teams.

#### 3. Tie Between Three or More Teams

A. In all cases of ties involving more than two teams, as each team is removed from the tie, all other tied teams revert back to head-to-head competition based on the number of teams remaining in the tie.

B. Head-to-head competition in league play among tied teams.

Example of multiple team ties:

##### i. Games

- Team A defeated Team B and Team C
- Team B defeated Team C but lost to Team A
- Team C lost to Team A and Team B

##### ii. Mini Standings

- Team A is 2-0
- Team B is 1-1
- Team C is 0-2

##### iii. Results

- Team A is awarded highest seed.
- If applicable, Team B is awarded second highest seed because of head-to-head record against C.

#### C. If the tie remains – Thirteen (13) point system:

Tied teams will compare their margin of victory with each other in league play. Each team will total their margin of points against the other tied teams with marginal points being the difference in the scores of a game. Winning teams will add the margin of points while losing teams will subtract the margin of points. No more than thirteen (13) points will be added or subtracted in any league game. The team with the highest number of marginal points will be awarded the best possible seed. If there is a tie for highest marginal points, then those tied teams shall revert back to head-to-head to break the tie. Once a team is eliminated, refer back to head-to-head for the remaining teams.

Example of 13-point system:

##### i. Games

- Team A defeated Team B, 23-7
- Team B defeated Team C, 21-16
- Team C defeated Team A, 10-9

##### ii. Mini-Standings

- Marginal points for A +12
- Marginal points for B -8
- Marginal points for C -4

iii. **Results**

- Team A is awarded highest seed.
- If applicable, Team B is awarded second highest seed because of head-to-head record against C.

**D. If the tie remains – Defensive points allowed between tied teams**

Each tied team will total their defensive points allowed up to but not more than thirteen (13) points for each league game with the tied teams. The team with the lowest total is awarded the highest seed. If there is a tie for the lowest defensive point total, the tied teams shall revert back to head-to-head to break the tie. Once one team is eliminated, revert back to head-to-head for the remaining teams.

Example of defensive points with 13-point rule:

i. **Games**

- Team A defeated Team B, 20-7
- Team B defeated Team C, 20-18
- Team C defeated Team A, 6-3

ii. **Mini-Standings**

- Team A's total defensive points allowed, 13
- Team B's total defensive points allowed, 26
- Team C's total defensive points allowed, 16

iii. **Results**

- Team A is awarded highest seed.
- If applicable, Team B is awarded second highest seed because of head-to-head record against C.

**E. If the above procedures do not break the tie, the following procedures will be used:**

1. A coin flip will be conducted by the league commissioner from the affected league at a site to be determined by the league commissioner and attended by the principal and/or athletic director of the affected schools.

## ADDENDUM 9 BYLAWS

### Universal Tie-Breaker (Basketball) (qualifying for the post-season)

1. The win-loss record(s) of the teams in league play shall determine seeding into the section playoffs. The league's administrators will determine win-loss records based on previously approved schedules. In the event of a tie, the tie shall be broken using the following procedures:
2. Tie Between Two Teams
  - a. Head-to-head competition in league play among tied teams.
  - b. Sixteen (16) point system (tied teams only).

Tied teams will compare their margin of victory with each other in league play. Each team will total their margin of points against the other tied teams with marginal points being the difference in the scores of a game. Winning teams will add the margin of points while losing teams will subtract the margin of points. No more than sixteen (16) points will be added or subtracted in any league game. The team with the highest number of marginal points will be awarded the best possible seed.

Example of Sixteen (16) point system:

**i. Games**

- Team A defeated Team B 66-51
- Team B defeated Team A 59-52

**ii. Mini-Standings**

- Marginal points for Team A +8
- Marginal points for Team B -8

**iii. Results**

- Team A is awarded the highest seed.
- Team B is awarded the lowest seed.

**c. Sixteen (16) point system (all league games)**

If the tied teams remain tied using the Sixteen (16) point system against each other, then the same system will be used to determine marginal points using all league contests. The team with the highest number of marginal points will be awarded the best possible seed.

**d. If the above procedures do not break the tie, the following procedures will be used:**

- i. A coin flip will be conducted by the league commissioner from the affected league at a site to be determined by the league commissioner and attended by the principal and/or athletic director of the affected schools.

**3. Tie Between Three or More Teams**

- a. Head-to-head competition in league play among tied teams.
- b. In all cases of ties involving more than two teams, as each team is removed from the tie, all other tied teams revert back to head-to-head competition based on the number of teams remaining in the tie.

Example of multiple team ties:

**i. Games**

- Team A defeated Team B twice and split with Team C
- Team B lost to Team A twice and split with Team C
- Team C split with Team A and split with Team B

**ii. Mini Standings**

- Team A is 3-1
- Team C is 2-2
- Team B is 1-3



iii. **Results**

- Team A is awarded highest seed.
- Team B and Team C are 1-1 head-to-head, so they use the Sixteen (16) point system to break the tie.

c. **If the tie remains—Sixteen (16) point system (tied teams only):**

Tied teams will compare their margin of victory with each other in league play. Each team will total their margin of points against the other tied teams with marginal points being the difference in the scores of a game. Winning teams will add the margin of points while losing teams will subtract the margin of points. No more than sixteen (16) points will be added or subtracted in any league game. The team with the highest number of marginal points will be awarded the best possible seed. Remaining teams will revert back to head-to-head record. If head-to-head record is tied, they will then complete seeding with the Sixteen (16) point system.

Example of Sixteen (16) point system:

i. **Games**

- Team A defeated Team B, 75-50 and lost to Team B, 62-54
- Team A defeated Team C, 62-55 and lost to Team C, 55-68
- Team B defeated Team C, 62-54 and lost to Team C, 60-55
- Team B defeated Team A, 62-54 and lost to Team A 50-75
- Team C defeated Team A, 68-55 and lost to Team A 55-62
- Team C defeated Team B 60-55 and lost to Team B 54-62

ii. **Mini-Standings**

- Marginal points for Team A +2
- Marginal points for Team B -5
- Marginal points for Team C +3

iii. **Results**

- Team C is awarded highest seed.
- Team A and Team B are 1-1 head-to-head. Team A gets the second highest seed because of +8 marginal points against Team B.

d. **If the tie remains—Sixteen (16) point system (all league games):**

If the tied teams remain tied using the Sixteen (16) point system against each other, then the same system will be used to determine marginal points using all league contests. The team with the highest number of marginal points will be awarded the best possible seed. Remaining teams will revert back to head-to-head record. If head-to-head record is tied, they will then complete seeding with the Sixteen (16) point system.

e. **If the above procedures do not break the tie, the following procedures will be used:**

1. A one-game playoff game will be held between the two teams tied for the final post-season playoff position. If a game is unable to be held, see (e.2) below. (*Revised / approved Dec. 2013*)
2. A coin flip will be conducted by the league commissioner from the affected league at a site to be determined by the league commissioner and attended by the principal and/or athletic director of the affected schools.

## TCAL ANNUAL TOURNAMENT ASSIGNMENTS

<u>Sport</u>	<u>School</u>	<u>Athletic Director</u>
Cross Country	Lodi	Erin Aitken
Tennis, Women's	St. Mary's	Jim Brusa
Tennis, Men's	St. Mary's	Jim Brusa
Wrestling	Lincoln	David Agnew
Badminton	Tokay	Michael Holst
Golf, Women's	Tracy	Gary Henderson
Golf, Men's	Tracy	Gary Henderson
Swimming	Tokay	Michael Holst
Track	Lincoln	David Agnew

## 2015-2016 A.D. ASSIGNMENTS

<u>Sport</u>	<u>School</u>	<u>Athletic Director</u>
Badminton	Tokay	Michael Holst
Baseball	St. Mary's	Jim Brusa
Basketball (Men/Women)	Lodi	Erin Aitken
Cross Country (Men/Women)	Lodi	Erin Aitken
Football	Tokay	Michael Holst
Golf (Men/Women)	Tracy	Gary Henderson
Soccer (Men/Women)	Tracy	Gary Henderson
Softball	West	Derek Specksel
Swimming	Tokay	Michael Holst
Tennis (Men/Women)	St. Mary's	Jim Brusa
Track	Lincoln	David Agnew
Volleyball	West	Derek Sprecksel
Water Polo	St. Mary's	Jim Brusa
Wrestling	Lincoln	David Agnew

# **TRI-CITY ATHLETIC LEAGUE**

## **DISCIPLINE POLICY**

1. An administrator, athletic director or designee must attend away league games for varsity football and boy's basketball games. Supervision by the visiting team must also be provided for other contests if home principal and visiting principal mutually agree it is necessary.
2. One administrator or his/her designee must be present at home football and boy's basketball games at the varsity and sophomore level. One administrator or his/her designee must be present at home varsity boy's soccer matches.
3. Administrators in charge for both schools will meet under the goal post nearest the ticket booth at 7:15 p.m. prior to the game for introductions and instructions. Walkie-talkies should be provided for both sides.
4. Handshaking for all sports will be informal and at the discretion of the coach.
5. When teams have to exit together, the home coach will wait with his team at the opposite goal post a few minutes.
6. The Sac-Joaquin Section has adopted a Sportsmanship Policy (Bylaw #302.3 and 302.4). A violation of this bylaw may be appealed to the respective Leagues. The TCAL has established the following appeals procedure:
  1. Any violation of Sac-Joaquin C.I.F. Section Bylaw 302.3 or 302.4 must be reported to a designated school administrator within 24 hours of its occurrence.
  2. An appeal of this violation may be made by the coach to the school's principal or designee within 48 hours of its occurrence or prior to the next athletic contest, whichever occurs first. The school's principal may deny the appeal, after which there is no further appeal, or forward it to the League Commissioner for further consideration. If the League Commissioner is unavailable the appeal will be referred to the TCAL League President.
  3. Any player receiving his/her second ejection for unsportsmanlike conduct shall be eliminated from play for the remainder of the season in their season of sport.

Constitution and Bylaws last modified and adopted September 9, 2015