

**Frisco High School Upper 90 Soccer Booster Club**  
**VOLUNTEER SERVICE HOURS OPPORTUNITIES**  
**2 0 1 6 UPDATED – FROM 2015 Parent Meeting**

This soccer season there are a number of volunteer opportunities to earn both onsite and offsite service hours while “giving back” to the FHS Soccer Program. These hours can be used towards your 100 hours of community service at Frisco High and to the community organization you choose that requires service hours. Please check with your organization that school service hours are eligible.

**ONSITE HOURS** These are hours earned while serving the Soccer Program “onsite” through volunteering to work Concession Stand shifts, FSA Soccer Clinic and Dr. Pink FISH Tournament. Additionally, middle school games. **NEW 2015-2016: Players will earn 4 hours for each 2 hr Concession Stand shift.**  
[www.SignUpGenius.com/go/20F054AAFAC2B0-concessions](http://www.SignUpGenius.com/go/20F054AAFAC2B0-concessions)

**OFFSITE HOURS** As the name suggests, these are hours earned while serving the Soccer Program “offsite”, through donations of “**most needed**” items for soccer sponsored events: CONCESSIONS, Alumnae game, Dr. Pink Tourn. **“MOST NEEDED” Items list and DROP OFF DETAILS -BACK SIDE OF THIS PAGE**

**LOGGING HOURS: Sign in sheets** will be available at every donation drop off and onsite volunteer opportunity . If you are logging hours on the FISH system of X2VOL, then once donations are dropped off or volunteer shift is completed, you will need to log your hours to your account. If you are using your hours for additional service groups as well, please bring your “Service Hours” sheet and Dody Brigadier, Debi Dionne or Heather Walton can sign off on your hours. If these contacts are not available to sign sheet, please text/call Heather Walton at 214-683-9201 and we will make sure this gets done for you.

**Contact information for your service hour sheet or X2VOL entry:**

**Volunteer Description (ONSITE or OFFSITE):** you can write “ Player participation in the FHS Soccer Volunteer Program” – concessions –clinic – or Dr Pink Tourn.

**Contacts to verify hours:** Dody Brigadier : [dbrigadier@tx.rr.com](mailto:dbrigadier@tx.rr.com) 972-768-5711

Or, Heather Walton: [heatherwalton1@mac.com](mailto:heatherwalton1@mac.com) cell : 214-683-9201

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## **MOST NEEDED ITEMS LIST: Updated January 2016**

### **EARN:**

1 service hour/item/PLAYER:

- \***water:** 24 case-,**16.9 oz size**  
(Deja Blue, if possible – all appreciated)
- \***soda:** 12 case -,**12 oz cans**  
(Dr Pepper Products only)
- \***Gatorade/ Powerade**  
12pack-12 fl oz bottle  
red or any blue flavor

- \***snack/energy bars:** 8-12 pack  
(i.e. Quaker chewy , Nature Valley...)
- \***Cheez-It:** 12 pack snack box  
Any flavor
- \***Chex Mix:** 10 pack snack box
- \***RITZ or similar cracker sandwiches**  
8-12 pack box – cheese or peanut butter

2 service hours/item/PLAYER:

- \***water:**25+ case,**16.9oz size**  
(Deja Blue, if possible )
- \***soda:** 13+ case - **12oz cans**  
(Dr Pepper Products only)
- \*\***Gatorade/ Powerade**  
13+pack -12 fl oz bottle  
red or any blue flavor

- \* **snack/energy bars:** 13+ pack  
(i.e.Quaker Chewy ...etc)
- \***Cheez-It:** 13 + pack snack box  
Any flavor
- \***Chex Mix:**11+ pack snack box
- \***RITZ or similar cracker sandwich**  
13+ packs – cheese or p.butter

\***KEURIG-16+ K cup packs box**  
(i.e. Coffee,Decaf Coffee, hot chocolate,cider,tea)

**WEBSITE: As season starts , List and Drop off locations will be updated regularly.**

### **DROP OFF:**

1. Items can be brought to the Frisco High concession stand at the field and placed in bin outside concessions, any home game
2. Alternative drop off options: **CONTACT-Heather Walton, cell: 214-683-9201**