

# October Menu

|   | Tuesday 1  | Wednesday 2   | Thursday 3  | Friday 4   |
|---|--|---|---|--|
|   | <b>Breakfast:</b> Blueberry Bagel, Cream Cheese, Pears & Milk<br><br><b>Lunch:</b> Grilled Cheese Sandwich, Sweet Peas, Mandarin Oranges & Milk<br><br><b>Snack:</b> Animal Crackers & Water | <b>Breakfast:</b> Breakfast Pizza, Pineapple & Milk<br><br><b>Lunch:</b> Chicken & Rice, Green Beans, Sliced Apples<br><br><b>Snack:</b> Cheez-It & Water                   | <b>Breakfast:</b> Chicken Biscuit, Tropical Fruit & Milk<br><br><b>Lunch:</b> Spaghetti, Salad, Pineapple & Milk<br><br><b>Snack:</b> Graham Cracker & Water                | <b>Breakfast:</b> French Toast Sticks, Applesauce & Milk<br><br><b>Lunch:</b> Pot Luck, Salad, Pineapple & Milk<br><br><b>Snack:</b> Pretzels & Water  |
| <b>Monday 7</b>   | <b>Tuesday 8</b>   | <b>Wednesday 9</b>  | <b>Thursday 10</b>  | <b>Friday 11</b>   |
| <b>Breakfast:</b> Blueberry Muffin, Pears & Milk<br><br><b>Lunch:</b> Turkey & Cheese Wrap, Veggie Stix, Sliced Apples & Milk<br><br><b>Snack:</b> Trail Mix & 100% Grape Juice | <b>Breakfast:</b> Pancake, Applesauce & Milk<br><br><b>Lunch:</b> Chicken Patty, Tater Tots, Peaches & Milk<br><br><b>Snack:</b> Strawberry Chex Mix & Water                                 | <b>Breakfast:</b> Yogurt, Sliced Strawberry & Milk<br><br><b>Lunch:</b> Cheese Pizza, Corn, Mandarin Oranges & Milk<br><br><b>Snack:</b> Graham Cracker & Water             | <b>Breakfast:</b> Turkey Sausage Biscuit, Pineapple & Milk<br><br><b>Lunch:</b> Beef Fingers, Mashed Potatoes, Pears & Milk<br><br><b>Snack:</b> Bunnies Graham & Water     | <b>Breakfast:</b> Cinnamon Toast, Tropical Fruit & Milk<br><br><b>Lunch:</b> Turkey Meatballs w/ Gravy, Sweet Peas, Peaches & Milk<br><br><b>Snack:</b> Animal Crackers & Water                            |
| <b>Monday 14</b>  | <b>Tuesday 15</b>  | <b>Wednesday 16</b>   | <b>Thursday 17</b>  | <b>Friday 18</b>   |
| <b>Breakfast:</b> Blueberry Bagel, Mandarin Oranges & Milk<br><br><b>Lunch:</b> Lasagna, Garlic Bread, Corn, Peaches & Milk<br><br><b>Snack:</b> Graham Cracker & Water         | <b>Breakfast:</b> Kix Cereal, Banana & Milk<br><br><b>Lunch:</b> Pancake, Sausage, Applesauce, Tater Tots & Milk<br><br><b>Snack:</b> Goldfish Crackers & Water                              | <b>Breakfast:</b> Cinnamon Toast, Tropical Fruit & Milk<br><br><b>Lunch:</b> Hamburger w/ Bun, Baked Beans, Pineapple & Milk<br><br><b>Snack:</b> Cheese & Crackers & Water | <b>Breakfast:</b> Cheese Toast, Pears & Milk<br><br><b>Lunch:</b> BBQ Chicken, Field Peas, Pears & Milk<br><br><b>Snack:</b> Pretzels & Water                               | <b>Breakfast:</b> Breakfast Pizza, Peaches & Milk<br><br><b>Lunch:</b> Macaroni & Cheese, Blackeye Peas, & Milk<br><br><b>Snack:</b> Veggies Stix & Water  |
| <b>Monday 21</b>  | <b>Tuesday 22</b>  | <b>Wednesday 23</b>   | <b>Thursday 24</b>  | <b>Friday 25</b>   |
| <b>Breakfast:</b> Turkey Sausage Biscuit, Peaches & Milk<br><br><b>Lunch:</b> Cheese Quesadilla, Pinto Bean, Applesauce & Milk<br><br><b>Snack:</b> Bunnies Graham & Water      | <b>Breakfast:</b> Bagel, Cream Cheese Mandarin Oranges & Milk<br><br><b>Lunch:</b> Chicken Nuggets, Mashed Potatoes, Mandarin Oranges & Milk<br><br><b>Snack:</b> Animal Cracker & Water     | <b>Breakfast:</b> French Toast Stick, Applesauce & Milk<br><br><b>Lunch:</b> Spaghetti, Salad, Pineapple & Milk<br><br><b>Snack:</b> Cheez-It & Water                       | <b>Breakfast:</b> Yogurt, Sliced Strawberry & Milk<br><br><b>Lunch:</b> : Chicken & Rice, Mixed Vegetable, Pears & Milk<br><br><b>Snack:</b> Graham Crackers & Water        | <b>Breakfast:</b> Buttered Toast w/ Fruit Spread, Tropical Fruit & Milk<br><br><b>Lunch:</b> Grilled Cheese Sandwich, Sweet Peas, Mandarin Oranges & Milk<br><br><b>Snack:</b> Strawberry Chex Mix & Water |
| <b>Monday 28</b>  | <b>Tuesday 29</b>  | <b>Wednesday 30</b>   | <b>Thursday 31</b>  |  |
| <b>Breakfast:</b> Blueberry Muffin Pears & Milk<br><br><b>Lunch:</b> Turkey & Cheese Wrap, Tater Tots, Pineapples & Milk<br><br><b>Snack:</b> Trail Mix & Water                 | <b>Breakfast:</b> Yogurt, Sliced Strawberry & Milk<br><br><b>Lunch:</b> Beef Finger, Mix Vegetable, Pears & Milk<br><br><b>Snack:</b> Graham Cracker & Water                                 | <b>Breakfast:</b> Kix Cereal, Banana & Milk<br><br><b>Lunch:</b> : Cheese Pizza, Salad, Mandarin Orange & Milk<br><br><b>Snack:</b> Goldfish Crackers & Water               | <b>Breakfast:</b> Cinnamon Toast, Tropical Fruit & Milk<br><br><b>Lunch:</b> Hamburger w/ Bun, Baked Beans, Pineapple & Milk<br><br><b>Snack:</b> Cheese & Crackers & Water |  |