

Food Allergy Facts

So much misinformation exists concerning food allergies that we will do our best to explain what current research supports and answer your questions. The vast majority of food allergy reactions are characterized by immediate onset(2 to 60 minutes) itchy or swollen skin, hives, flushing of skin, respiratory tract swelling, and less often vomiting, abdominal pain, or diarrhea.

Drs. Weiner and Frick