

How to Make Kief Hashish



Officer Dick Downey's Re-education Protocol

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Introduction

'Kief Hashish" is one of the many wonderful ways in which cannabis gives back, so to speak. After all, anyone can collect kief and turn it into hash and it's easily accessible as a natural by-product of the flower.

What is 'Kief' and how is it collected?

Kief is simply the dried resinous trichomes formed on the flowers and some leaves of the cannabis plant that contain the cannabinoids, terpenes and other compounds.

The average person typically collects kief using a grinder equipped with a kief collection screen, which is usually a 4-level grinder. And there are other ways to collect kief, such as using what's called a 'Pollen Box' or 'Kief Collector'. Commercially, sieving is also employed, though on a large scale.

No matter how you collect it, the most important thing you can do is collect a lot of it because it takes a whole lot of kief to make hash when you're forming the product under pressure.

What You'll Need

The only specialized tool you'll need is a 'Kief Press', which is detailed in the next section.

If you don't have an X-Acto knife, any utility knife or razor blade will work.

Any type of card or paper will work. Just make sure it's rigid enough to act as a funnel or chute.



About the Kief Press

A small consumer kief press is usually some version of what is shown here. This is a Sharpstone® stainless steel and aluminum press. The end caps, when tightened, act as the force that pushes the cylinders towards each other to form a disc of kief hashish.

TIP: I recommend avoiding presses with plastic parts, especially plastic press cylinders. They easily gouge and aren't durable.



How to Make Kief Hash

Kief hash just takes a few simple steps to make.

NOTE: In these instructions, I do not use as much kief as I would have preferred. Ideally, I would have liked to use at least 3 times as much kief as I used in this demo.

1. **Insert one of the press cylinders and then screw the end cap on to that end of the body about half-way up the threads.**



2. Crease the paper and use it as a chute or funnel to load the kief into the open end of the press.



TIP: To prevent the kief from sticking to the cylinders, you can ever-so-lightly grease the ends of the cylinders with a neutral cooking oil. This is going to sound gross, but many years ago an ole' timer told me he uses his own oils from around his nose. Admittedly, I tried it and it does work better than any other method I've used. 😊

3. Insert the other press cylinder in the open end and then screw the end cap on, about half-way up the threads.



4. Tighten both end caps as tightly as possible. I like to first make sure both end caps are evenly spaced and then I tighten the ends very hard. I really crank them down about as hard as I can using only my hands, no tools or anything.



5. Once the press is tightened, simply let it sit for 24-48 hours. Halfway through you can tighten the press slightly if you want, but no more than 1/4 turn.



6. After 24 hours, you can now remove both end caps of the press.



7. Next, firmly hold the body of the press and push down on a flat surface to loosen the cylinders inside the press.



8. Now, place the end of any cylindrical stick, like a pen, on the cylinder end that's now flush with the body and press down and hold it as you carefully and slowly lift up on the body of the press with the other hand to remove it, exposing the cylinders and hash disc.



9. The next step is to separate the final disc of kief hash from the press cylinders.



10. Using a utility knife or razor blade, very carefully score between the cylinders and the hash disc.



TIP: These cylinders are aluminum and easily gouge so the best method to use is to rest the blade against the cylinder and keep it stationary as a guide as you slowly rotate the cylinder with the other hand.

11. Let the kief hash dry for at least a couple of days before using. The longer it dries the harder it gets and the better it smokes. You can put small pieces on top of a packed bowl, or smoke it by itself.

