

RACE DAY INSTRUCTIONS

Race Venue Address:

Slate Valley Museum
17 Water Street
Granville, NY 12832

Race Start:

5k-9AM
1k-Immediately following the 5k (approx 10am)

Please visit www.railtrailtothefootbridge5k.com for a copy of the course map and directions for parking. There is no parking at the Museum. Parking is located in the Mettowee River park off Church Street near the entrance to the Slate Valley Museum. There will be signs to guide you. You may also park at the High School Track or the Public Parking at the corner of Church and Main. Please do not park on Main Street or behind the Main Street businesses. We want to ensure that our businesses have parking available for their customers.

Race registration/packet pickup is at the Slate Valley Museum and opens at 7 am. 5k Participants should be checked in no later than 8:30. This is a point-to-point race so you will be bussed to the start. The buses will leave at approx 8:30-8:40. There will be two busses and a second run may be added as needed. The buses will load right at the Slate Valley Museum. If you wish to drive to the start, there is limited parking available by the trail entrance at the top of the hill however, there will be no transportation back to the start after the race. You may also take the trail, about 2 miles from Potter Ave to the start, if you wish.

THE START- When you arrive at the starting area please be advised that this road is **open to traffic** until just before the start of the race. When you arrive, **please use caution** when warming up. There will be water at the start. There are no facilities so please plan accordingly. If you have items that you wish to have brought back to the finish you are welcome to toss them in my car and you can retrieve that at the finish. (I am not responsible for any valuables so if it's something of significant value, please do not bring it with you.)

A portion of this race is run on the trail which is fairly easy to navigate but it is a trail and rocks and roots may present themselves. Please use caution! Also, because this is in the woods, there are **BUGS** so unless you think you can out-run them, make sure you apply some bug spray. (I hear they have been training in earnest the last two years and are pretty quick again this year!) Also, use caution when coming off the trail through the intersection as the road is torn up and a small lip is present.

The water station is shortly after mile 2.

Refreshments will be provided at the Slate Valley Museum.

We strive to provide a safe and enjoyable experience for all so if you are not feeling well, please stay home.

If you have any questions or concerns, please feel free to send an email to ldyhyker@gmail.com and I will get back to you as soon as I can.

We are looking forward to seeing everyone tomorrow. It is going to be a great day! **Thank you Thank you Thank You** for participating in our event and allowing us to give back to our community!!!