It's all right here

July 2021

Volume 10, Issue 07

June Yard of the Month



8106 Letica Drive Section 1



7610 Rolling Rock Street Section 2



7803 Adagio Avenue Section 3



8103 Rondo Court Section 4

IMPORTANT CONTACTS

CONSTAB	LE'S	OFFI	CE
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Harris County Pct. 4 Constable's Offi	ce281-376-3472
	http://www.cd4.hctx.net

BOARD OF DIRECTORS

President	Mendi Strnadel
Vice-President	Jeffrey Krahn
Treasurer	Daniel Kallus
Secretary	Kate Weatherford
Director	

NEWSLETTER AND WEBSITE

News	etter	Edito	•
INCWS	letter	Eaito	I

Website

"Ask the Board"www.woodwindlakeshoa.com

GROUNDS COMMITTEE

Ann Tatum.....anntatum9203@gmail.com

PAVILION & ADULT POOL

Leigh Allen lallen@grahammanagementhouston.com

FAMILIES OF WWL

Dana Patterson.....greg.dana.patterson@gmail.com

CHRISTMAS COMMITTEE

Terry Buckner terry214@live.com

WOMEN'S CLUB

President: Ann Tatum	anntatum9203@gmail.com
Vice President: Gulshan Hira	gbkhira@gmail.com
Secretary: Cindy Horn	cindy.d.horn@gmail.com
Treasurer: Lynn Collins	lynn.collins@garygreene.com

OTHER USEFUL NUMBERS

Graham Management

...... graham@grahammanagementhouston.com, 713-334-8000 Mailing Address: 2825 Wilcrest Dr., Suite 600, Houston, TX. 77042

Association Manager

Leigh Allen.....Lallen@grahammanagementhouston.com

Improvement Application Submittal

.....arc@grahammanagementhouston.com **Call Before You Dig** 1-800-DIG-TESS or 1-800-344-8377 **Pct. 4 Constable.....** 281-376-3472

Street Light Outage.....713-207-2222

...... www.centerpointenergy.com - Have light number.

Texas Department of Public Safety Crime Service

......http://records.txdps.state.tx.us **DEAD ANIMALS** - To collect dead animals from the streets or off to the side of roads, please Dial 311. There is an option for them to pick up dead animals.

UTILITIES

SECTIONS 1, 2, 3

WASTE MGT CUSTOMER SERVICE.....713-686-6666

Trash Pick-up are Mondays (trash) and Thursdays (trash and recycle). Heavy trash is 2nd Thursday of each month.

Water/Sewer Issues, all Sections: 281-807-9500

M.U.D. #261 BOARD SECTIONS 1, 2 & 3

11.0.D. #201 BOMB SECTIONS 1, 2 & 3					
S. Brady Whittaker (05.12.18)	President				
	713-333-6411				
Jason Vanloo (05.14.20)	Vice President				
	281-236-6419				
John Oyen (05.14.20)	Secretary				
	713-446-3959				
Larry Goldberg (05.12.18)					
Milt Dooley (05.14.20)					
	713-858-7303				
M.U.D. 261					
1.1.0.2.2.2					

SECTION 4 VILLAGE OF WOODWIND LAKES

Texas Pride Disposal - 281-342-8178

TOPS Water - 281-807-9500

Pick-up are Wednesdays (trash, heavy trash) and Saturdays (trash, heavy trash and recycle).

USEFUL LINKS

WL Websitewww.woodwindlakeshoa.com
Sec 1, 2 and 3 Utility
http://hcmud261.com/HCMUD261/Index.htm
Section 4 Utility
Social Media https://woodwindlakes.nextdoor.com/news_feed/
Newsletterhttp://www.peelinc.com/
Sec 4 Gate Leigh Allen Lallen@grahammanagementhouston.com

ADVERTISING INFO

Please support the advertisers that make the Woodwind Lakes Newsletter possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or *advertising@peelinc.com*. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Woodwind Lakes Newsletter is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to Lynn. Collins@garygreene.com. The deadline is the 7th of the month prior to the issue.

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Hello all,

This month's article will be formatted a little differently. Several medical newsletter articles have caught my attention. If they are of interest, do your research and see if they might be helpful.

• Weighted blankets decrease *INSOMNIA* severity." (Study from

the Journal of Clinical Sleep Medicine). Also, people with coconcurring psychiatric disorder, example ADHD, depression, hyperactivity, anxiety, or bipolar disorder found patients using blanket for 4 weeks noticed substantial improvement.

• Psychology Today notes "a review of nearly 400 scientific studies found evidence that music and sounds can help reduce stress, ease pain, cut through the fog of dementia and benefit health in many ways."

- The best way to combat cancer is to prevent it. One source said one of the major keys to preventing breast cancer is selenium. (Selenium is found in seafood, meats, poultry, eggs and particularly Brazil nuts). The source said a dose of 200 micrograms a day is a safe amount...again do your research.
- The Anti-Malignant Antibody Test is an early detection tool for many types of cancer. The AMAS test was first used to diagnose brain cancer but is now widely used to detect other forms of cancer. The test, according to my sources, says there is approximately 97% accuracy in detecting the malignant antibody. "Because of its accuracy the AMAS test can detect most types of cancer in the very early stage. The patient would need to take the test early enough to receive effective treatment.

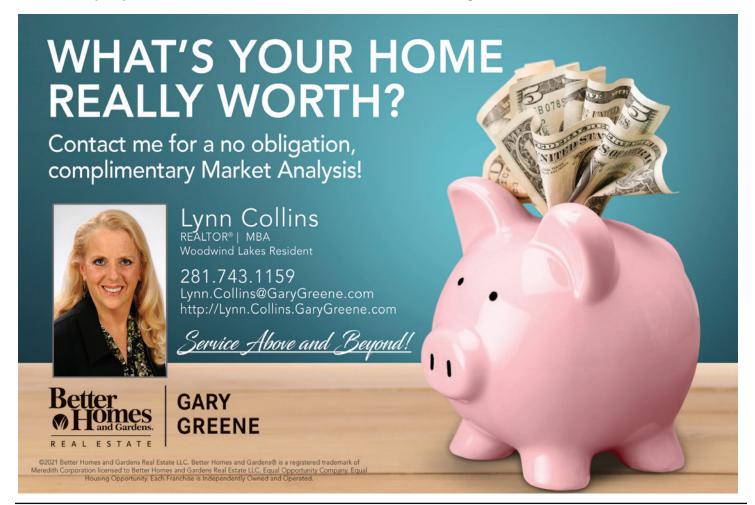
I am always looking for possible health tips that could help us live a healthier and happier life. I am a health advocate not a medical authority so I always encourage you to explore and analyze the information.

Hopefully, life is treating you kindly.

Take care,

Healthy regards,

Donna Konopka



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Take off that mask, and let's get back to living! Want to enrich your life while making a difference in the lives of children in need? Houston Junior Woman's Club is currently accepting new members to do just that. We are an organization based on friendship, faith and service. Check us out!

- On Facebook at Houston Junior Woman's Club-Public
- Instagram at HoustonJuniorWoman'sClub
- Or on our website at www.hjwconline.org

Looking forward to seeing your smiling face soon!



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Monthly Contract Stats

WOODWIND LAKES

Categories		
Burglary Habitation: 0	Burglary Vehicle: 0	Theft Habitation: 0
Theft Vehicle: 0	Theft Other: 0	Robbery: 0
Assault: 0	Sexual Assault: 0	Criminal Mischief: 0
Disturbance Family: 0	Disturbance Juvenile: 0	Disturbance Other: 0
Alarms: 4	Suspicious Vehicles: 4	Suspicious Persons: 1
Runaways: 0	Phone Harrassment: 0	Other Calls: 10

Detailed Statistics By Deputy										
Unit (Contract	District	Reports	Felony	Misd	Tickets	Recovered	Charges	Mileage	Days
Number	Calls	Calls	Taken	Arrests	Arrests	Issued	Property	Filed	Driven	Worked
W14	31	23	13	1	5	36	24107	8	1529	20
W15	55	40	14	0	0	17	0	0	936	19
TOTAL	86	63	27	1	5	53	24107	8	2465	39

OTHER CALLS:

7800 ADAGIO AVE- A known female juvenile complainant was sexually assaulted by known adult

male relative while attending a family gathering. The case is under investigation.

7700 ADAGIO AVE- A known male reportee stated that a known female in mental health crisis left

their residence and did not return home. The missing female later returned home and was

transported to the hospital for medical treatment.

Alarms:

Deputies responded to 4 residential alarms that were all cleared as false or cancelled.

Suspicious Vehicles:

Deputies responded to 4 suspicious vehicle calls that were all cleared as GOA or information.

Suspicious Persons:

Deputies responded to 1 suspicious person calls that were all cleared as GOA or information.

Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing

the possibility of accidents.

Deputies conducted multiple contract, neighborhood and business checks within the contract

increasing visibility while performing regular patrol duties.

Deputies responded to 10 other calls within the contract including:

Motor Vehicle Accidents

Animal Humane

Child Custody Disputes

Domestic Preventions

D.W.I.

Follow Up Investigations

Information Calls

Meet The Officer

Lost Found Property

Sex Offender Verification

Stranded Motorist

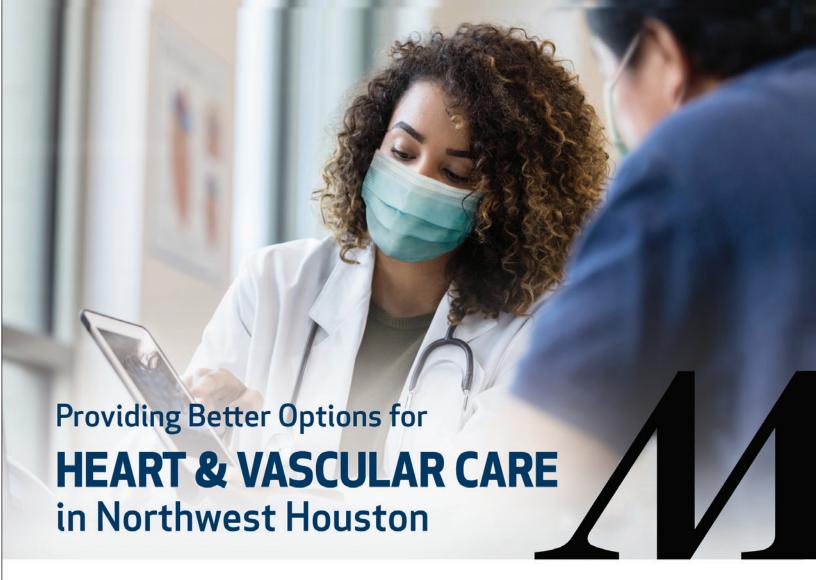
Traffic Hazard

Unknown Medical Emergency

Abandoned/Speeding Vehicles

Welfare Checks

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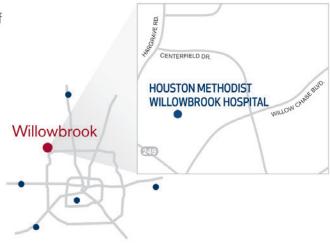


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- Coronary artery disease
- Heart failure
- Valve disease
- · Vein and artery disorders

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Leaffooted Bugs

Leaffooted bug adults may be mistaken for stink bugs while the immatures may get confused with assassin bug nymphs. Leaffooted bugs are larger than stink bugs and have an elongated body. Often, leaffooted bugs have an expanded region on their hind leg that looks similar to a leaf, hence the name leaffooted bug. Adults are fairly large and grayish-brown. Immatures, or nymphs, look similar to adults, but are often reddish-orange in color and do not have fully developed wings.





Immature leaffooted bugs.

Adult leaffooted bug.

Leaffooted bugs feed on a variety of fruits, nuts and seeds, such as tomatoes, peppers, pecans or sunflower seeds. They have piercing-sucking mouthparts with which they puncture fruit to suck out juices. The opening left behind after the mouthpart is withdrawn can allow access to secondary invaders like bacteria or fungus.

Leaffooted bugs can be managed by hand-picking (be sure to wear gloves if utilizing this method), using hand-held vacuums to suck the insects off the plant, or by treating the plants with pesticides. If choosing to use a pesticide, read the product label and make sure it can be used in the area you are treating (i.e. vegetable garden).

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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THE BARKING FROG



I looked across my living room the other day and noticed a green glob on the wall. I try to keep a fairly clean house so I was a little surprised to see this and wondered what the heck it was. I walked over for a closer look and realized it was a green tree frog! Now how did this little guy get in my house? I guess it doesn't matter—I just had to get it out. Success. He's now outside where he belongs.

American tree frogs can be found around just about any body of water from Delaware to Florida, in the Gulf states, in Arkansas, eastern Texas, western Tennessee and Kentucky and parts of southern Illinois and Missouri. In Texas, their range is relatively small. They reside east of the I-35 corridor throughout the piney woods and coastal prairies ecoregions.

The most interesting thing about the American green tree frog is that they can change color. When it's resting and is cool, the frog will be gray in color. Once it warms up and is active, it turns vivid green.

Male tree frogs are noisy little things. During mating season, March to October, they produce a nasal honk or bark which they repeat up to 75 times per minute. Their mating call is distinct from their other calls and is used to defend their territory or to announce rainfall. Rainfall is especially important to them since breeding takes place after a rain. After a male fertilizes a female's eggs, she deposits the clutch in shallow water among aquatic plants. Depending on the area of the country, a clutch can be from 700 eggs to 2100! The eggs hatch in about a week and the tadpoles turn into frogs in about a month. When full-grown, they'll only be about two and a half inches long.

Tree frogs have interesting feet. They have sucker-like adhesive disks on the end of their fingers and toes which they need to aid in climbing and clinging to grasses and floating vegetation.

Their diet consists of mosquitoes, flies, crickets, moths and other small insects.

Tree frogs live in groups called an army or chorus. They are largely nocturnal and breathe through their skin.

Cheryl Conley



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WOD

CREATING A LANDSCAPE DESIGN - PART 2

Creating a healthy, low-maintenance landscape starts with a well-planned design. This offers many benefits to you and the environment. Sketch your yard with locations of existing structures, trees, shrubs and grass areas. Then consider your landscaping requirements, budget, limitations, appearance, function, maintenance and irrigation.

If you have sloping areas, consider using turf grass or other thick vegetation to absorb runoff from patios and buildings. Group plants that have similar watering needs to prevent overwatering and excessive plant growth. Also be aware of sun/shade requirements.

PLANT SELECTION AND CARE

Using native and well-adapted plants is one of the easiest ways to create a low-maintenance and environmentally sound yard. Plants that are native or well-adapted to our area will:

- use less water,
- reduce the need for soil modification,
- require little or no fertilizer,
- be less susceptible to pests and
- be more tolerant of stressful environmental conditions such as drought.

Incorporate a variety of plants to provide food and cover for a variety of living things. Diversity also minimizes damage from pests because many of them attack only one plant species. Dense plantings can provide shade that keeps out invading weeds. AVOID frequent or deep cultivation of soil which can damage plant roots, dry out the soil and bring weed seeds to the surface where they can germinate. Cover all bare soil between plants with a solid layer of mulch. Shredded mulch works better than nuggets in that it doesn't wash away as easily.

Consider planting deciduous trees on the south and west sides of your home and in the vicinity of your air conditioner. Deciduous trees lose their leaves in the winter and can save you energy by keeping your home shady and cool in the summer yet allow the sun to shine through windows to warm your home in the winter.

NATIVE PERENNIAL PLANTS



Black-Eyed Susan (Rudbeckia)



Autumn sage (Salvia)



Indian Blanket (Gaillardia)

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