

King Tut's Existential Crisis:

Applying archetypal and neurodevelopmental paradigms to treat children with severe anxiety using sandplay and play therapy

Presented by: Dr. Lorraine R. Freedle



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Live, interactive webinar

**Saturday, April 6, 2024
1pm - 5:30pm Hawai'i Time
(4pm to 8:30pm PST)**

- Location:** Virtual event. Zoom link will be provided upon registration
- Cost:** \$100 professionals, \$75 - STH members, \$50 - students
- 4 CEs:** Pending through NASW-HI (Social Workers, Counselors & MFTs)

Archeologist Howard Carter nearly gave up on his life's work until he made an epic discovery: The tomb of "Boy King" Tutankhamen. The treasures found there reveal the nature and significance of the spiritual journey of the ancient Egyptian in life and death. Through archetypal and neurodevelopmental paradigms, this workshop explores best practices for treating children with severe anxiety using Sandplay and Play Therapy. Symptoms of anxiety and trauma are expressed through play and reprocessed over time—leading to functional and transformative change. Concepts, archetypal themes, and contemporary treatment approaches are illustrated through a case study of 7-year-old "Carter" whose anxiety is situated in the context of the high conflict divorce of his parents and the asynchronous development and emotional intensities associated with giftedness. Carter's industrious play leads him through the darkness of alienation to the bright and sacred light of his own kingly treasures.

Who should attend: Play/sandplay therapists, social workers and mental health professionals interested in a post-graduate level workshop and earning training hours in play therapy and sandplay. Intermediate levels of sandplay knowledge and experience are welcome.

Play Therapy "non-contact" hours: This Live Webinar is an STA/ISST Certified Training® approved for up to 4 APT "non-contact" hours by the Sandplay Therapists of America (STA-Association of Play Therapy Approved Provider #13-343),



Register online: <http://www.sandplaytherapistsofhawaii.org>



Learning Objectives:

1. Distinguish separation anxiety from other anxiety disorders in children.
2. Define “asynchronous development” in gifted children and how it may affect their sense of self and belonging.
3. List three sources of anxiety in children of high conflict divorce.
4. Distinguish symptom reduction from transformative change in play therapy and sandplay therapy processes.
5. Identify and track two archetypal themes from Egyptian mythology that become activated in Carter’s play process to promote psychological/spiritual development.
6. Assess treatment response to play therapy and sandplay using Mitchell and Friedman’s model for charting archetypal themes (2017, 2021).



Lorraine R. Freedle, LCSW, Ph.D., ABPdN, CST-T is a pediatric neuropsychologist and international sandplay teacher (STA/ISST) who practices at the crossroads of depth psychology and neuroscience. A trainer in the Neurosequential Model™ she also serves on faculty at Southwestern College, in Santa Fe, NM and the Trauma Research Foundation, and has published research in the neuropsychology, trauma and sandplay therapy. Dr. Freedle is the author of an upcoming book, *When a Goddess Erupts: Pele in the psyche of women* and co-produced and directed the award-winning documentary film, [Fire and Sand](#). Dr. Freedle is a past-president and current Board member of the Sandplay Therapists of America (STA), Research Editor for the *Journal of Sandplay Therapy*, and also serves on the Board of the International Society for Sandplay Therapy (ISST). She provides clinical oversight for several integrative behavioral health organizations and maintains a private practice, Black Sand Neuropsychological Services, in Hilo, HI.

*For cancellations within 1 week of the program, a \$25 cancellation fee will be applied.

*In the event this workshop must be canceled due to a natural disaster or other unforeseeable event, STH's expenditures will be deducted from the collected registration fees and the remainder will be refunded to registrants.