

The Palestine Press

October 2017

Volume XXXI Number 10
Monthly newsletter of
Palestine Lutheran Church
Evangelical Lutheran Church in America
God's work. Our hands.

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Reaching Out in Christian Love to All

Our Vision:

Palestine Lutheran Church will be a haven for all generations, a people worshipping and growing continually in relationship with Jesus, inspired by God's Word; a living example of stewardship, a loving and caring fellowship that reaches out in Christ-centered faith and love to the world.

Mission Statement:

"Palestine Lutheran Church exists to proclaim and live God's Holy Word, to nurture and support our membership, and to enable us to live our faith in our daily lives. As we are nourished, we are called to reach out to our communities, our spheres of influence, and to the wider world through the church-at-large."

Considering the Reformation Movement ------With Pastor Eric

Praise the Lord for the opportunity to celebrate and reaffirm 500 years of reform in the Holy Christian Church and more specifically 163 years in the Palestine Lutheran Church! We are remembering our historical past of reform and renewal in order to consider where we are today. The Reformation is a movement both in history and spirit which involved not only theology but economics, sciences, social norms and political realities of the medieval Europe...and yes...today as well!!

The reforming movement has not stopped. We take hold of this anniversary to take stock of "who we are" and "where God is calling us." Martin Luther did not discover anything new in his study and revelation but he did have the insight and courage to challenge the status quo and remind us of what is essential in a world moving forward and changing. What is essential? *Christ alone. Word alone. Faith alone* and the question of how these essentials help us to understand the world and God's will in it and for it. Truthfully, we should always be asking this question!

With continued reforming in mind and the essentials at heart "Christ alone. Word alone. Faith alone," I want us to consider our own congregation, Palestine Lutheran Church. How are we living in the spirit of the Reformation to remain vital and relevant in a changing world? I would like us to consider four marks of vitality in the community which our synod staff introduced to me recently:

- 1. <u>Proclamation of Jesus the "Good News"</u> What do we say the good news is about Jesus?
- 2. Worship with best practices How does our worship fit our community and our current culture? Do we worship with best practices possible to reach people and connect with them?
- 3. **Do we try new things?** Experiment with new ways of doing things? Risking and Learning?
- 4. How do we connect outside of ourselves? Into the local community? Into the world? Do we live as a part of a larger whole or only for our congregation?

These four marks are what you and I need to pray about and consider during this season of celebration. How do our answers measure up to the essentials of our faith and our identity? As Christians? As Lutherans? As members of Palestine in Huxley, Iowa?

Let us pray. Gracious God, sustain us in our movement to be engaging and encouraging while staying true to the essentials of our faith, so that we might be a productive instrument of your grace and will in an ever changing world, in Jesus name we pray. Amen.

"God's Work. Our Hand" Sunday (September 10th, 2017)



"God's work. Our hands." Sunday was an opportunity to celebrate who we are as the

Evangelical Lutheran Church in America (ELCA) one church, freed in Christ to serve and love our neighbor. You work every day to make your community a better place. It was great to do this work together!

62 individuals helped on the 10th at the Clothing Pantry, at church tying quilts, and at Blackmer's farm "Iowa Gardening for Good".

We received the following thank you -THANK YOU to volunteers that came out and picked over 13,000 lbs of butternut squash in about an hour at our place last Sunday. What a great group of volunteers! That's a lot of food for hungry lowans! Tracy, Doreen and Cheryl Blackmer, Iowa Gardening for Good



Be sure to follow us on facebook to keep up to date on what is happening at church.

October 1 --- Last Sunday for the Book Lovers' Book



Bash. If there are any books left after fellowship, you may take them home or allow us to take them to the 1/2 Price Book store to be traded in for money

which we will add to the church library fund. Call Deb Moore or Sue Larson if you have any questions.



Offering Counters Needed

I am looking for a few more offering counters. You would be on a team with COUNTERS one or two other people and count three

months of the year: (January-May-September), (February-June-October), (March-July-November), or (April-August-December). Generally it takes about a 30-45 minutes after the service. If you are interested or have questions, please contact me at williams@huxcomm.net or leave a message at 515-979-5524. Thanks, Jeannie Williams

WANTED: Clean, plastic milk jugs and apples.



The confirmation class will be pressing apples and making apple cider on Sunday, October 1 starting at 11 at Blackmer's farm. The cider will be cooked, labeled and put in jugs.



- Clean jugs will be collected in the west church entrance.
- Please bring your apples to the church on October 1.
- Cider will available for free will donations on October 8 during Fellowship time.



Welcome to the Family

Prospective Member Orientation Sunday, October 15 @ 10:45 a.m. Conference Room



Palestine Lutheran Church Worship & Study Opportunities October 2017

Call in number to listen to worship services: 597-3994 [Please be sure to put your phone on mute or sounds from your home will be carried to all phones that have dialed in for the service.]

Sunday, October 1 17th Sunday after Pentecost 9:30 a.m. Worship: Holy Communion; Baptism for Grace Saveraid; Children's Church; Reformation Hymnfest; Presentation of 3rd grade Bibles

5 p.m. Adult Catechism, Conference Room <u>Monday, October 2</u> 2 p.m. Women of ELCA Bible study <u>Wednesday, October 4</u> 7:00 a.m. Men's Bible Study 6:30 p.m. Confirmation

<u>Thurs, October 5</u> 6:30 p.m. GriefShare @ Ballard Creek <u>Sat, Oct 7</u> 7 am Tri County Men's Bible study, Ballard Creek <u>Sunday, October 8</u> 18th Sunday after Pentecost 9:30 a.m. Worship: Holy Communion; Children's Church

10:45 a.m. Confirmation candidates meet in confirmation room to discuss faith statements

11 a.m. Blessing of Pets & Caretakers (weather permitting) outside behind parsonage

5 p.m. Adult Catechism, Conference Room <u>Wednesday, October 11</u> 7:00 a.m. Men's Bible Study 6:30 p.m. Confirmation

<u>Thurs, October 12</u> 6:30 p.m. GriefShare @ Ballard Creek <u>Sat, Oct 14</u> 7 am Tri County Men's Bible study, Ballard Creek <u>Sunday, October 15</u> 19th Sunday after Pentecost 9:30 a.m. Worship: Holy Communion; Children's Church 10:45 a.m. Prospective Member Orientation, Conference Room

2 p.m. 'Celebrating the Reformation' @ CY Stephens Auditorium, Ames

5 p.m. Adult Catechism, Conference Room <u>Wednesday, October 18</u> 7:00 a.m. Men's Bible Study 6:30 p.m. Confirmation

<u>Thurs, October 19</u> 6:30 p.m. GriefShare @ Ballard Creek <u>Sat, Oct 14</u> 7 am Tri County Men's Bible study, Ballard Creek <u>Sunday, October 22</u> 20th Sunday after Pentecost

9:30 a.m. Worship: Holy Communion in the pew; Children's Church; Reformation drama – The Trial of Martin Luther

5 p.m. Adult Catechism, Conference Room <u>Wednesday, October 25</u> 7:00 a.m. Men's Bible study 6:30 p.m. Confirmation

<u>Thurs, October 26</u> 6:30 p.m. GriefShare @ Ballard Creek Friday, October 27

5:30 p.m. Reformation 500 Festival @ St. John's Lutheran Church, Des Moines

Sat, Oct 28 7 am Tri County Men's Bible study, Ballard Creek

Saturday, October 28 8:30 a.m. Reformation 500 Festival continues @ Grand View University

Sunday, October 29 Reformation Sunday

9:30 a.m. Worship: Holy Communion; Affirmation of Baptism

3 pm Reformation 500 Concert @ St. John's Lutheran Church, Des Moines

5 p.m. Adult Catechism, Conference Room

Daily Discipleship themes which will be used for Wed. morning Men's Bible study (uses the text for the following Sunday).. They are available on the ELCA website—

<u>www.elca.org</u> → Resources → Downloadable Resources → Bible Studies

October 1 17th Sunday after Pentecost –

Primary Text: Matthew 21:23-32

The Challenge of Discipleship: Responsible Living

October 8 18th Sunday after Pentecost –
Primary Text: Matthew 21: 33-46
The Challenge of Discipleship: Courage
October 15 19th Sunday after Pentecost –

Primary Text: Matthew 22:1-14

The Challenge of Discipleship: *Invitation*October 22 11th Sunday after Pentecost –

Primary Text: Matthew 22:15-22

The Challenge of Discipleship: Citizenship

October 29 Reformation Sunday –

Primary Text: John 8:31-36

The Challenge of Discipleship: Freedom



Reformation 500 Celebration Activities @ Palestine

Holy Communion Every Sunday – Oct 1 – Aisle, Oct 8-Aisle, Oct 15 – Aisle, Oct 22 – Pews, Oct 29 – Rail

Reformation Hymnfest – Oct 1st and Presentation of Bibles (3rd grade)

Reformation Drama – Oct 22nd – The Trial of Dr. Martin Luther

Adult Catechism – Sunday evenings @ 5pm (Conference Room) – Topics: The Ten Commandments We will take another look at the teachings of the Lutheran perspective as introduced in The Small Catechism and how they apply to our faith and daily life. Discussions will include a Small Catechism, Bible reading, short video introduction and discussion questions. Bring your Bible and a reforming spirit. Childcare will be available upon request in advance.

KICK Upcoming Events:

Kids in Christ's Kingdom (3rd thru 6th grades)

Sunday, October 8th - Wheelchair pushing at Bethany Manor! Sign up on KICK Facebook page.



Sunday, Oct 8th -

6-8 p.m. Center Grove Orchard Family Night



Hayrack ride, corn maze, bonfire with smore's and cider, and jumping mats. Sign up in

fellowship hall or on KICK Facebook page. \$9.95/person. Give money to Lesa Lewis or when you arrive at 5:45 for group photo out front!

Wednesday, October 25th - Ornament making/Pizza Party/Game night! 6 - 8 p.m. at the church!

Saturday, November 4 - Kumla serving help needed!

Christmas Program - <u>Sunday, December 17th</u> with special music starting at 4:30

Christmas Program rehearsal schedule (all at the church):

Sunday, November 26th - 6-7:30

Wednesday, November 29th - 6-7:30 with

dinner from 5:30-6

Sunday, December 3rd - 6 - 7:30

Sunday, December 10th - 6 - 7:30

Sunday, December 17th - after church until noon

- preschool through 6th grade practice

Preschool - 2nd grades will start learning the Christmas songs and actions Sunday, November 19th!

Contact any KICK advisor with questions!

Jody Calvert 515-451-3332

jodycalvert18@gmail.com

Lesa Lewis 515-669-3131

lesalewis5@gmail.com

Lori Schonhorst 515-321-2833

ljschonhorst@gmail.com

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Church e-mail is: PLC@huxcomm.net
Pastor Eric Klimpel's email: ericklimpel@gmail.com

cell: 936/444-3895

Treasurer's Report

Balance on hand September 17, 2017

Checking Account \$ 13,246.68
General Fund - \$ 3,451.16
Designated Fund \$ 16,697.84

1,095.00 Benevolence **Building Improvement** 2,630.00 Technology 3,464.86 2,475.00 Kitchen Parsonage 4,909.71 Confirmation 1,456.07 Evangelism/Fellowship 347.37 **ROCK** 169.83 PLC Checking Acct-Other 150.00

Principal balance for building improvement loan \$8,352.75

You may donate to exterior repair projects thru the Building Improvement Fund. As a reminder...you can make contributions online or on any mobile device to this fund along with any other offerings. Just go to our website at www.plchuxley.com and click on the "Online Giving" link on the homepage and you can set up an account to quickly and easily give anytime and anywhere!

Next Council Meeting – Sunday, October 8 at 8 a.m.

Church Council 2017 Pastor Eric Klimpel

President: Matt Williams Vice President: Jeff Van Pelt

Secretary: Jacob Huxford Treasurer: Deidre Qual

Financial Sec'y: Dick Kepler

Council: Nels Dovre David Eisenmann
Bruce Hartman Cynthia Johnson
Laura Kepler Brad Lewis
Jean Saveraid Kristin Shelton

Lora Young

An Evening to End Hunger:

a conversation with David Beckman

The Southeastern Iowa Synod is hosting a special event featuring David Beckman, President of Bread for the World and a World Food Prize Laureate. The event will be held during the week of the World Food Prize on Wednesday evening, October 18, 2017, at St. James Lutheran Church, 5665 Merle Hay Road, Johnston, Iowa, from 7:00 – 9:00 PM. All are invited to attend, to hear stories about and to be encouraged to feed hungry people here in Iowa and beyond.

Palestine Lutheran Church Council Meeting Minutes [not yet approved] September 10, 2017- Sunday - 8:00 AM

In Attendance: Pastor Eric Klimpel, Matt Williams, Jeff Van Pelt, Laura Kepler, Jacob Huxford, Lora Young, Cynthia Johnson, Jean Saveraid, Bruce Hartman, David Eisenmann, Kristin Shelton, Nels Dovre, and Deidre Qual. A quorum was established.

Devotions – Jeff Van Pelt

Read Vision and Mission Statements

Goals and Reflections – Summer is winding down...full steam ahead into fall!

Minutes of the previous meeting

 Kristin Shelton moved to approve the minutes from the previous meeting, Jeff Van Pelt seconded. Motion passed unanimously.

Treasurer's Report - Deidre

PLC Checking Account				
Benevolence	\$ 1,095.00			
Building Improvement	2,620.00			
Confirmation	1,456.07			
Evangelism/Fellowship	347.37			
Committee				
General Fund Checking	-2,674.19			
Kitchen	2,475.00			
Parsonage	4,909.71			
Rock Group	169.83			
Technology Fund	3,464.86			
PCL Checking Other	150.00			
Total PLC Checking Account	\$ 14,013.65			

David Eisenmann moved to approve the Treasurer's report, Bruce Hartman seconded the motion. Motion passed unanimously.

Pastor's Report -- Pastor Klimpel See his report.

New business:

- 1. Resolution for authority to accept investment funds on behalf of PLC.
- Jeff Van Pelt moved that Palestine Lutheran Church Council authorizes the president, Matt Williams, to sign on behalf of Palestine Lutheran Church to open and administer an investment account at Edward Jones. David Eisenmann seconded the motion. Motion passed unanimously.
- 2. Approval of confirmation program.
- Jeff VanPelt moved to approve the confirmation program. Lora Young seconded the motion.
 Motion passed unanimously.
- 3. Approve baptism Grace Saveraid on October 1st
- Jean Saveraid moved to approve the baptism of Grace Saveraid. Kristin Shelton seconded the motion. Motion passed unanimously
- 4. Approval of new members: Jacob and Hannah Saltzman
- Laura Kepler moved to approve the new members. Deidre Qual seconded the motion. Motion passed unanimously

Unfinished Business:

- 1. Reagan Doty matching funds.
- 2. Kitchen committee Update. Back to square one.
- 3. Parsonage Update.
- Finalizing the deposit and cleaning of the parsonage.
- Still looking for a new tenant and/or use and/or ideas.

Jacob Huxford moved to adjourn the meeting. Bruce Hartman seconded the motion. Motion passed unanimously.

Adjourn with Lord's Prayer

Next meeting – October 8th, 2017 at 8:00am

Oct Devotions - Nels Dovre

Oct Treats - Cynthia Johnson



"God is our refuge and strength, a very present help in trouble." – Psalm 46:1

The devastating impact of Hurricane Harvey and Hurricane Irma is coming fully into focus, we see that the need will be great and recovery will take many years.

Your gifts to Lutheran Disaster Response designated for "Hurricane Response – United States" at this time will be used in full (100 percent) in responding to Hurricane Harvey and Hurricane Irma until the response is complete.

The work of Lutheran Disaster Response is comprehensive and extensive. From when the news breaks to years after the headlines fade, from hurricanes in the United States to flooding in South Asia, we're there — walking alongside disaster survivors and helping them recover and rebuild for as many years as it takes. I also invite you to be part of our multiple responses to disasters in the U.S. and around the world by making a gift to <u>Lutheran Disaster Response</u> where it's needed most.

Please continue to pray and stay connected through our <u>Facebook</u> page.

Checks or money orders can be sent to:

Lutheran Disaster Response P.O. Box 1809 Merrifield, VA 22116-8009

The Rev. Daniel Rift, Director ELCA World Hunger and Disaster Appeal Evangelical Lutheran Church in America

(information is included in this newsletter regarding Thrivent match program; also inserts are available at church regarding each of these hurricanes.) A Prayer for those impacted by the hurricanes & the aid workers that are helping -

Gracious God, you are our refuge and strength, a very present help in time of trouble. In the wake of Hurricane Harvey and Hurricane Irma reveal your presence so that all may know your healing, hope, and love. As one community on earth bound together by your grace, inspire us to pray, serve, and help all those who suffer.

Lord in your mercy, Hear our prayer.

God, you still the storms and are a very present help in trouble. We pray for all those suffering the effects of Hurricane Harvey and Hurricane Irma. Bring comfort to the afflicted and strength to those who come to their aid.

Lord in your mercy, Hear our prayer.

A note from the SE IA Synod that appeared in their weekly eNews

In the Face of Disaster, Mission Support Matters
Donations to Lutheran Disaster Response (LDR)
remains among the best ways to respond to the
devastation of hurricanes Harvey and Irma, as well
as to the wild fires that are doing such damage in
the western part of the United States. Few other
responding agencies can promise 100% of your
donation going to the response itself.

It is important and helpful to remember that the promise of 100% to relief is only possible because of the Mission Support provided to this synod that is then shared with our churchwide partners. Mission Support provides the organizational infrastructure for LDR to do its work. Mission Support makes it possible to forward the entirety of donations to the relief efforts.

Thank you to all the congregations and partners who give generously to our shared ministries. Help us tell the story of how this financial support really matters. And take yet another opportunity to give generously.

Michael Buk

Bishop Michael Burk

PALESTINE WOMEN OF ELCA

PALESTINE WOMEN OF ELCA Bible study Monday, October 2, 2:00 p.m.

In the Gather magazine

FALL 2017: The Apostles' Creed

This fall 2017, take part in a threesession Gather Bible study on the Apostles' Creed and what we together say we believe.

In "The Apostles' Creed," Bible study author Julia Seymour, pastor at Lutheran Church of Hope, Anchorage, Alaska, writes: "Beyond preferences or evenly deeply held convictions, the theological underpinnings of a religious community are the structure for teaching, preaching and action. For our life of faith together, creeds are more than just words. They are vessels for carrying one another through doubt, joy and sorrow."

Session1: I believe in God...

Session 2: I believe in Jesus Christ... Session 3: I believe in the Holy Spirit...

In October we will be studying Session 2:**I believe in Jesus Christ...**

In Scripture, Jesus is called the Messiah, the Son of God, a teacher, a healer, the pioneer of our faith, the rock of our salvation, Son of Man and other titles. In the Apostles' Creed, Jesus' life and ministry is briefly summed up. Jesus is described as God's only Son and our Lord—one who was conceived by the Holy Spirit and born by the Virgin, who suffered under Pilate, who was crucified, died and was buried. The creed is a definition of the work of the Father, Son and Spirit, yet there is also fullness to being followers in the Way of Christ that is not described in the creed. How does the creed encompass faithful living in imitation of Christ? In other words, what does it mean to believe even more about Jesus and following Jesus than we say in the words of the creed?

The theme for the October 2017 *Gather* magazine is **THE APOSTLES' CREED:** Creeds are more than just words. They carry us through doubt, sorrow and joy.



Prepare Your Palates, Kumla Kometh!

Plans are underway for the 28th annual Kumla supper on November 4th.

Opportunities abound to share your talents for this annual event. Sign up sheets will be available on the counter in Fellowship Hall during October allowing you to choose the task you most enjoy! ©



2017

Volunteer schedule

Greeters

10/1 Tim & Shannon Wilson Bruce & Angela Hartman
10/8 Cindi & Mike Thomas Chris & Rich Nelson
10/15 ... Tom & Kristin Shelton Lesa & Brad Lewis
10/22 ... Doreen & Cheryl Blackmer Mike & Holly Larson
10/29 ... Holly & Tim Wise (Hunter) Deidre Qual

Acolytes -

Lectors -

Ishers

Rich Nelson, captain Jacob Huxford David Eisenmann Jacob Larson

Sunday Fellowship

Families who greet also serve beverages for fellowship.

Communion Assistants

10/1 - David and Vallery Eisenmann

10/8 - Brent and Julie Emerson

10/15 - Brent and Missy Larson

10/22 - Teenage kids for communion in the pews

10/29 - Jean Saveraid for communion at the rail

Offering Counters

Cindi Thomas, Nancy Fausch, Brad Lewis

Altar Guild

Nancy and Melanie Fausch

Mowing (church & parsonage grounds)

Sept 25-Oct 1

Oct 2-8

Oct 9-15

Oct 16-22

Oct 23-30

Deliver Food Pantry donations for Oct

"October is **Autumn colors** month at the food pantry - please donate items having the colors of orange, brown, red – canned oranges, canned sweet potatoes, spaghetti-o's, carrots, ramen noodles, canned pumpkin, red beans &rice, etc. "

Sponsored by Palestine Mission Outreach Committee

Nov 2017

S	М	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October

- 1 Evans, Allen 'Pete' Morford, Lily
- 2 Johnson, Hannah Ness, Taylor
- 3 Twedt, Holly
- 4 Ness, Paul Saveraid, Grace
- 5 Johnson, Ethan Kochheiser, Sue Larson, Jacob
- 8 Gotta, Jim Locker, Rose
- 10 Calvert, Colby Hill, Heather
- 13 Morse, Monica
- 14 Brendeland, Mabel Moore, Roger
- 17 Engler, Benjamin Halverson, Wanda (96th)
- 19 Larson, Nickolas
- 20 Sheldahl, Lisa
- 21 Fausch, Nancy
- 23 Baldwin, Seth Emerson, Julie

- 24 Millang, Dennis
- 25 Larson, Diane Larson, Zachary
- 27 Harmon, Jennifer
- 28 Lewis, Sienna
- 30 DeHaven, Hayden Engler, Annabelle Schmidt, Chandler Wise, Hunter
- 31 -Shaffer, Sam



OCTOBER WEDDING ANNIVERSARIES

- 3 Rick & Lisa Sheldahl (30th)
- 8 Eric & Janell VanGorp
- 22 Scott & Megan Brendeland
- 23 Charles & Mary Brendeland
- 24 Kevin & Jill Rahner
- 26 Tom & Jenny Gallagher

If your birthday or anniversary was not included or is listed incorrectly, please contact the church office so we can update our records.

Christian Ed Report

We are off to a great year with our children's church program! Sunday school (children's church) will meet during the church service. Kids will walk out to Sunday School immediately following the children's sermon and return sharing of the peace. Our teachers were installed on Sunday, September 10th. We're thankful for your service again this year to our children's ministry. Teachers for the year include the following:

PK/K - Alyssa Johnson Shannon Wilson Julie Huxford

1st/2nd - Erika Williams Lesa Lewis

Christa Hartsook

3rd/4th- Kim VanPelt

Lynae Kruse

5th/6th- Teri Klimpel

Michelle Siepker

Subs - Holly Larson & Louise Larson

Plans are underway for our fall and winter programs, including presenting our third graders with their first Bibles from the church and the Christmas program.

Remember in Prayer

The following were included in the Prayers of the Church during September: Anita Brendeland; Joan Carson; Elinor (Anderson) Christiansen; Mark Doty; Kim Fears; Merlin Lyon; Pat Murphy; Deidre Qual; Christian Russell; Lorraine Sorensen;; Arlene Wee; Randy Young.

- Those impacted by hurricanes, flooding, earthquakes, tsunamis, storms, tornadoes, drought & wild fires.
- Those impacted by terrorist attacks around the world & also here at home.
- Syrian refugees.

We extend our prayers and best wishes...

...to **Hannah Greene** and **Jacob Saltzman.** who were married at Palestine on Saturday, September 9. May God be with them as they begin their married life together.

We extend our prayers and sincerest Christian sympathy... ... to family and friends of **Bryce Biedermann** (son of Jim & Laurie Biedermann).

...to family & friends of Mike Hanks

to family & friends of **Sharon Twedt** (grandmother of Jason Kam)

May the risen Lord give his strength and comfort to their families in their time of loss.



Connecting faith & finances for good.*

We join you in praying for all those affected by

devastating Hurricanes.

When disaster strikes, Christians are among the first to roll up their sleeves and open their wallets – and Thrivent Financial members often look for additional opportunities to help those in need. In addition to relief efforts your church might be involved with, Thrivent members and others in your church can help in the following ways:

- Donate. Thrivent will match up to \$3 million on individual personal donations to specific disaster relief organizations.*
- Lend a hand. Learn how Thrivent members can share time and talent to help with recovery efforts by leading a Thrivent Action Team.
 Eligible members can also direct Choice Dollars.

Thrivent members and others who are interested in ways to help with the recovery efforts are encouraged to visit www.Thrivent.com to learn more about the organization's \$3 million match on individual personal donations and other ways in which they can help.

Community Events - Check bulletin board & counter in Fellowship Hall for additional announcements & information.

Wheelchair Pushing at The Households of Bethany

212 Lafayette Ave, Story City
We will be pushing wheelchairs on Sunday
mornings, October 1 & 8, to make worship
services possible and meaningful for
residents. You need to arrive about 9:20 a.m.
It is helpful to have 4-6 wheelchair pushers
so that it goes smoothly. Sunday School classes are very

welcome and are encouraged to participate. A sign up sheet is available in Fellowship Hall.



Blood Drive October 10

We count on

your support so consider giving blood — A Blood Drive will be at Palestine on Tuesday, October 10 between 3-7 p.m. You may schedule an appointment to donate blood by going online www.lifeservebloodcenter.org or by calling 1-800-287-4903. Previous donors will be contacted by email or phone. Deb Moore is our contact from Palestine you may reach her at 515-460-1037

To be eligible to donate, donors must be at least 16 years of age (16 and 17 year old first time blood donors must have a signed parental/guardian consent form). Donors must weigh at least 120 pounds and be in general good health. An ID pre-printed with the donor name is required at registration. Donors are encouraged to eat a good meal and drink plenty of water before donating blood.



We all have opportunities everyday to change the world, whether we're adopting a Highway to patrol for litter or volunteering at a local shelter to help the homeless. It's amazing what just a small effort by an individual or group of individuals can do to change the world, or at least their local neighborhood. Make a

difference Day was established to help encourage us to take one day a year to try to make a difference in the world.

Saturday, October 28, 2017

How to Celebrate Make A Difference Day

The ways to celebrate Make a Difference Day are limited only by your imagination, and your willingness to contribute your time and efforts to changing the world.

Remember, making a difference doesn't have to involve a grandiose gesture, it can be as simple as buying a coffee for a coworker who's looking down, or lunch for a homeless person just trying to get through the day. You can even donate your old clothes and blankets to shelters to help people get back on their feet and stay warm.



As you know the year is flying by! We have a few short months until Christmas is upon us. On November 19th we have our fall Bazaar and Bake sale. We are and will be looking for homemade craft items and homemade baked goods. We also do an avenue of trees, where anyone can decorate a 3ft tree or

wreath, themed or not, and will be put into a silent auction that will last a week or so after the Bazaar. A flyer will be available once it gets a little closer to that date

Shortly after that we will have to prepare for Christmas for all our residents here at the Madrid Home. Our Resident Christmas party will be held on December 22nd and there will be open times December 11th- 15th for volunteers to come help wrap Christmas presents! (call and schedule a time if you are interested) Remember we try to give each resident 3 gifts! ©

Some things that are good for Christmas presents are:

- pants of any size (elastic band)
- nail polish
- jewelry
- grippy socks
- individual snacks
- shirts of any size
- Kleenex
- Calendars for 2018

ALL CHRISTMAS GIFTS TO BE DELIVERED BEFORE DECEMBER 8TH PLEASE!

If you have any craft items for the bazaar you may drop them off at the Madrid Home or may contact me and I can meet to pick up- along with any Christmas present donations.

You may contact me @ either (515)-795-3007 and ask for Tanae Hollar (Activity Director) or my personal Cell @ (515)-494-7689. I also do text messaging.

Thank you all again for everything you do to put smiles on our residents faces! Not only do they appreciate it, but we do too!

Tanae M. Hollar

Activities Director
Friends of the Madrid Home Coordinator



Warming Hearts with God's Love and a Good Pair of Mittens

Far too often, there are children who arrive at LSI's Beloit and Bremwood Residential Treatment Centers with almost nothing in their possession. And for children or youth who have been in the foster care system, it's not uncommon for them to arrive with everything they own in a single garbage bag.

We give thanks for Iowa congregations because you faithfully respond to these needs, year after year! As winter approaches, LSI relies on your loving support to meet the demands for hats, gloves, and mittens for children and youth at Beloit and Bremwood. It's important for us to give children the opportunity to shop for their favorite new winter coat. Because of that, we ask that you please not donate articles of clothing. With your generous financial donation, each child will have the simple joy of buying their new coat, knowing that they are loved and cherished.

Your church has likely received or will soon be receiving a letter inviting you to participate in LSI's hats and mittens appeal. If you would like more information, please contact Deb Whitford, LSI director of philanthropy and church relations, at Deborah.Whitford@LSlowa.org.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at www.LSlowa.org and www.facebook.com/LSI.iowa.

Healing through Harmony

Jaden's life changed when he was 5 years old. His father unexpectedly passed away, and through his grief, Jaden's connection to his mother became strained and he struggled to manage his anger at home.

He was placed in LSI's Beloit Residential Treatment Center in Ames when he was 10, and he remembers being introduced to Spiritual Life. The voluntary LSI program connects youth in residential treatment with faith-based art, music, and film. It is there to serve as a safe space for children to open up about their emotions and get the support they need to thrive.

"I always knew I loved to sing and I liked music," Jaden says. "Songs made me feel better, and music allowed me to express myself."

Jaden eventually relocated to LSI's Bremwood Residential Treatment Center in Waverly, where he reconnected with Pastor Dennis Bauer, the director of the Spiritual Life program.

"Jaden is one of the few kids who would actively set up lunch appointments with me," Pastor Dennis says. "He's really benefitted from being able to talk during the day."

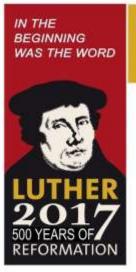
Having access to a support network and a trusting relationship with Pastor Dennis has helped Jaden feel empowered to make a positive change during his time at Bremwood. Now 14, Jaden's finding his faith through music, and he's learning how to talk about his trauma and become a role model for other lowa children in residential treatment.

Jaden has now been adopted into a loving family. As he finishes up his treatment at Bremwood, his family is there to visit and worship with him, and Jaden is enjoying being a new big brother in his family.



Celebrating the Reformation

October 15 . . . 2:00 pm . . . Stephens Auditorium, Ames



Celebrating the Reformation



Dr. Paul Maier Simon Estes

Historian and Novelist International Opera Singer





Pati Kachel

Don Rothweiler As Katie Luther As Martin Luther

Reformation 500 Festival

Singing Heritage ♦ Sustaining Faith/ Reformation Roots ♦ Fruitful Seeds

Reformation Weekend 2017 -- October 27-29

Friday, Oct. 27 – St. John's Lutheran Church

- 5:30 Registration and optional boxed supper
- 6:15 Evening Prayer (Vespers)
- 7:00 Pole-vaulting the Word to the Heart-God, Luther & Your Voice
- 8:00 Prayer at the Close of the Day (Compline)

Saturday, Oct. 28 – Grand View University

All Day Luther Display

- 8:30 What do you do with the "Braying of Donkeys"? - Luther on Re-forming Worship
- 9:30 Breakout sessions Choral Reading session -Enriching the Congregation's Song; The Road to Reformation; Connecting Faith & Finances for Good; Luther Down and Dirty (confirmation & high school students)
 - 10:30 "Hailing the New Creation" Singing as a Mark of the Church

12:30 Mythbuster's Luncheon

2:00 Rehearsal at St. John's

Sunday, Oct. 29 - St John's Lutheran Church

3:00 Reformation 500 Concert

Cost: Fri & Sat - \$30, Single day - \$20; Sunday Concert Free-will Offering Sponsored by Nate Beattie & Dan Rundahl with Thrivent Financial.



rlbc@riverside.org

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www.RiversideLBC.org

"To Know Christ and to make Christ known to all."

Our new <u>website</u> is now live! Take a look around to see what's happening at camp. Check out Riverside's Facebook page & keep up to date on what's happening at camp.

Upcoming Events

October 7 12:30-4:30 pm Ride with the King (grades 3-5)
October 20-22 Jr Recharge (grades 3-6)
October 27-29 or Nov 10-12 Jr High Recharge (grades 6-9)
November 17-19 High School Recharge (grades 9-12)
Reserve the date! Riverside is hosting the Gala on April 7,
2018. This Gala will be an elegant evening of food and music, as enjoyed in the past

What's a Recharge?

recharge - (n): The process of reloading or refueling a power source with it's proper fuel; ie: your fuel tank, your batteries, your mind, your heart.

A Recharge is a super fun weekend event at Riverside during the fall that is like a whole week of camp smashed into 40 hours! You'll have a ton of fun! Cool music, wonderful friends, great food, games, activities, free time, small groups, carpetball, foosball, awesome counselors, fabulous skits, and a "no homework guarantee"!! Everything begins between 8:00-9:00pm on Friday night and ends at noon on Sunday. You'll have a ton of fun!

Additional Information

Fee: \$75 (A \$25 deposit is required to register, balance may be paid upon arrival. The deposit is non-refundable and non-transferable. If registering less than one week before the recharge, please add \$5)

- Arrival is from 8:00-9:00pm on Friday, please do not arrive before 8:00pm.
- Recharge ends at noon on Sunday.
- You may want to bring some extra money as the camp store will be open selling candy, soda, t-shirts, and other great camp gear.
- Please bring your Bible, pen or pencil, paper or notebook, sleeping bag or bedding, flashlight, and warm clothes for lots of outdoor activities.
- Please DO NOT bring cell phones, gaming devices, iPods or MP3 players, any type of electronics, expensive jewelry, or food.

Registration available online or forms available in church office.



Lutheran World Relief kits update

The next shipment will be sent October 21. More information can be found on LWR website — www.lwr.org **Guidelines:** Please give new items only, except where otherwise noted; Please do not donate items with any religious symbols, or messages; Please do not donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces, including camouflage.

School Kits – we have 41 complete kits. There are 5 bags available to fill with a list of items attached to the bag. We also have extra erasers, scissors, pencils, pens and crayons.

Personal Care Kits A list of items to include are available in the confirmation/choir room.

Baby Care Kits – we continue to gather individual items to complete these.

Please place items in marked boxes in the choir room. Items will be assembled to create complete kits ?s talk to Oriett



Take the Pledge: Learn About Mental Illness

This year, Oct. 1–7 is Mental Illness Awareness Week, a time to shine a light on mental illness and replace stigma with hope. Each year we fight stigma, provide support, educate the public and advocate for equal care. The National Day of Prayer for Mental Illness Recovery and Understanding has been designated as the Tuesday of Mental Illness Awareness Week.

One in five adults experiences a mental illness in any given year. Those problems can contribute to onset of more serious long-term conditions such as major depression, bipolar disorder or schizophrenia.

Approximately one-half of chronic mental illness begins by the age of 14. Unfortunately, long delays—sometimes decades—often occur between the time symptoms first appear and when people get help.

It is critical to learn to recognize early symptoms of mental illness and talk with a doctor about any concerns. Early identification and treatment can make a big difference for successful management of a condition. For example, major depression is a mood disorder that is more serious than "feeling blue" or temporary sadness. Be alert to any combination of the following symptoms:

- Depressed mood (sadness)
- Disturbance of appetite
- Poor concentration
- Feelings of guilt
- Insomnia
- Thoughts of suicide
- Fatigue

Bipolar disorder involves cycles of both depression and mania. It is different from normal "ups and downs" that many people experience. It involves dramatic shifts in mood, energy and ability to think clearly. Symptoms are not the same in everyone; some people may experience intense "highs," while others primarily experience depression. Mania involves combinations of the following symptoms:

- Euphoria
- Extreme irritability
- Surges of energy
- Agitation
- Reduced need for sleep
- Pleasure-seeking
- Grandiosity

- Increased risk-taking behavior
- Talkativeness

Schizophrenia is a different type of mental illness but can include features of mood disorders. It affects a person's ability to think clearly, manage emotions, make decisions and relate to other people. Untreated, it also may include psychosis—a loss of contact with reality. Symptoms include:

- Difficulty with memory
- Emotional flatness
- Difficulty in organizing thoughts
- Delusions
- Lack of content in speech
- Hallucinations
- Inability to start or follow through with activities
- Inability to experience pleasure

Other types of mental illness include attention-deficit hyperactivity disorder (ADHD), anxiety disorders (including posttraumatic stress disorder) and borderline personality disorder. Mental Illness Awareness Week is a time to learn about them all.

During Mental Illness Awareness Week, there will be many opportunities to learn more and provide support. In addition, as part of Mental Illness Awareness Week, National Depression Screening Day will be held on Thursday, Oct. 5. Organizations around the world are encouraged to offer free, anonymous questionnaires that can help individuals identify potential signs of depression. Learn more at www.mentalhealthscreening.org/programs/ndsd.

NAMI offers helpful information through its website (www.nami.org) and HelpLine (800-950-NAMI (6264)). With affiliates in hundreds of communities nationwide, NAMI also offers free education classes and support groups.

Anyone who experiences symptoms of mental illness should see a doctor to discuss and be checked for possibly related physical conditions. The next step might be referral to mental health specialist. Many treatment options exist.

During Mental Illness Awareness Week, please take the first step by taking the #StigmaFree Pledge at www.nami.org/stigmafree. Help yourself, your family, your friends and your community. Help make a difference by saving lives and supporting recovery. NAMI local affiliate – NAMI of Central lowa www.namiofci.org with offices at 416 Douglas Ave, Suite 203, Ames, IA (515) 292-9400 Email: namiofci@gmail.com Please call before stopping in to be sure someone is in the office.

NAMI-CI Mental Health Wellness Center: A place where people living with mental illness have a space of their own to learn new skills, set goals for a healthy lifestyle, socialize and provide help for others. Open Monday to Friday from 1 pm - 4 pm; 416 Douglas Ave., Ste. 205, Ames. Calendar of events available online.



Save the date for the 22nd Annual Blue Sky 4K Run! October 21, 2017

You can "Sound the CYren" and support local families by joining Lutheran Services in Iowa and ISU's Homecoming Central Committee for the run, which benefits Ames kids and families utilizing LSI's human services.

We'll be meeting on ISU's central campus, with the run starting at 10 a.m.

Registration is \$25, and day-of registration begins at 9 a.m.

Receive a free T-shirt if you meet the fundraising minimum of \$25 by October 6!

Register Online Today!

https://www.firstgiving.com/LSI/blue-sky-4k

New in 2017! - Kids Fun Run

This year, young runners can participate in the Kids Fun Run, a new Blue Sky 1K event all about kids helping kids. This fun run is recommended for ages 6-12, but all are welcome.

After the run, stick around for family-friendly fun, including inflatables and face painting, free for participants in the fun run!

This run starts at 9 a.m. Registration is \$15, and day-of registration begins at 8 a.m. Receive a free T-shirt if you meet the fundraising minimum of \$15 by October 6!

Register For the Kids Run Now!

Thank you for supporting and empowering your neighbors. We hope to see you there!

LSI is a proud United Way of Story County partner agency.

Living Lutheran: 'Recipes from the heart'

Food plays an important role in the lives of many Lutherans, as so many church gatherings include the sharing of a meal. And, of course, there's the meal that matters most to the lives of the faithful – the Lord's Supper. Living Lutheran's September cover story features several vignettes of readers sharing their favorite recipes and the significance they have in their faith stories.



Know someone who needs some encouragement? Someone in the hospital? Someone struggling at home?

The Bethany Life family enjoys making crosses out of clay by hand and sharing them with people needing a bit of encouragement. Each cross also has an encouraging verse – reminding people of the beauty of the Gospel. The Bethany Life team will deliver this message of Hope and can include a personalized message from you. There is no charge for this program and there are no age limitations.

If you know of someone who could use some Hope, call 515-509-6269.

Deliver a message of Hope to someone who needs it today!



Bishop Eaton on 'Face to Faith' podcast

ELCA Presiding Bishop Elizabeth Eaton gives an incredibly candid interview on topics such as faith amid doubt, being a woman in leadership, transgender rights and Cleveland sports. She says it all with theological depth and good humor on the "Face to Faith" podcast of The Chicago Sun-Times. Listen to the interview at chicago.suntimes.com/section/podcasts/.