



WONDERS of WALKING®

2009 Sisters Stride Into Autumn

Sunday, September 20, 2009

Sisters, Oregon

16K Walk / 11K Walk/Run

16K Competitive Walk Overall Results

Place	Name	No.	Ag	S	Div/Tot	Div	City	St	Time	Pace
1	Mike Sullivan	532	64	M	1/1	M6099	Springfield	OR	2:06:16	12:44
2	Kimberly Addison	555	49	F	1/8	F4059	Sisters	OR	2:08:04	12:55
3	Susie Smith	395	54	F	2/8	F4059	Sisters	OR	2:12:47	13:24
4	Jan Stennick	396	66	F	1/3	F6099	Oregon City	OR	2:16:09	13:44
5	Christine Gann	359	57	F	3/8	F4059	Eugene	OR	2:19:05	14:02
6	Kimberly Woods	538	50	F	4/8	F4059	Portland	OR	2:19:06	14:02
7	Nina Sullivan	533	62	F	2/3	F6099	Springfield	OR	2:22:38	14:23
8	Rebecca Hagen	361	59	F	5/8	F4059	Lake Oswego	OR	2:24:18	14:33
9	Susanne Watkins	560	62	F	3/3	F6099	Bend	OR	2:30:18	15:10
10	Judy West	552	59	F	6/8	F4059	Portland	OR	2:30:46	15:12
11	Peggy Ayles	346	58	F	7/8	F4059	Estacada	OR	2:30:57	15:13
12	Mark Maynard	374	53	M	1/1	M4059	Salem	OR	2:37:26	15:53
13	Cindy Maynard	373	46	F	8/8	F4059	Salem	OR	2:37:26	15:53

16K Non-Competitive Walk Overall Results

Place	Name	No.	Ag	S	Div/Tot	Div	City	St	Time	Pace
1	Edda Sigurdar	394	60	F	1/1	F6099	Beaverton	OR	2:37:50	15:55
2	April Kniess	364	55	F	1/5	F4059	Beaverton	OR	2:37:50	15:55
3	Belinda Broussard	351	48	F	2/5	F4059	Eugene	OR	2:57:01	17:51
4	Karen Lewis	368	51	F	3/5	F4059	Eugene	OR	2:57:01	17:51
5	Laura Pavlat	382	47	F	4/5	F4059	Eugene	OR	2:57:01	17:51
6	Annette St Pierre	553	58	F	5/5	F4059	Stevenson	WA	2:59:24	18:06

11K Competitive Walk Overall Results

Place	Name	No.	Ag	S	Div/Tot	Div	City	St	Time	Pace
1	Charles Robeson	386	62	M	1/1	M6099	Eugene	OR	1:18:47	11:26
2	Maureen Robeson	387	60	F	1/2	F6099	Eugene	OR	1:22:50	12:02
3	Renee May	372	42	F	1/4	F4059	Sisters	OR	1:23:03	12:04
4	Lynn Stimson	397	56	F	2/4	F4059	Albany	OR	1:28:12	12:48
5	Bonny Benton	348	51	F	3/4	F4059	Beaverton	OR	1:34:00	13:39
6	Betty Benson	347	50	F	4/4	F4059	Cornelius	OR	1:41:32	14:45
7	Amber Lange	558	28	F	1/1	F0139	Bend	OR	1:58:37	17:13
8	Becki Lincks	554	61	F	2/2	F6099	Portland	OR	2:10:03	18:53

11K Non-Competitive Walk Overall Results

Place	Name	No.	Ag	S	Div/Tot	Div	City	St	Time	Pace
1	Carson Aldred	548	18	M	1/1	M0139	Bend	OR	1:22:15	11:57
2	Sue Strater	556	52	F	1/21	F4059	Portland	OR	1:30:44	13:10
3	Rebecca Womack	537	55	F	2/21	F4059	Sisters	OR	1:30:54	13:12
4	Michael Ponichtera	383	61	M	1/2	M6099	Springfield	OR	1:35:18	13:50
5	Andrea Scott	393	42	F	3/21	F4059	Clackamas	OR	1:47:00	15:32
6	Linda Cronk	356	53	F	4/21	F4059	Terrebonne	OR	1:49:20	15:53
7	Wanda Van Antwerp	535	60	F	1/2	F6099	Redmond	OR	1:49:21	15:53
8	Stephanie Jensen	562	27	F	1/13	F0139	Sisters	OR	1:49:50	15:57
9	Sandi Hull	561	38	F	2/13	F0139	Bend	OR	1:49:51	15:57
10	Lynn Greenwood	360	59	F	5/21	F4059	Portland	OR	1:51:09	16:08
11	Joann Herrigal	362	49	F	6/21	F4059	Portland	OR	1:51:10	16:09
12	Elana Turk	534	44	F	7/21	F4059	Portland	OR	1:52:13	16:18
13	Heather Dawson	357	45	F	8/21	F4059	Portland	OR	1:52:14	16:18
14	Veronica Theriot	564	39	F	3/13	F0139	Bend	OR	1:53:04	16:25
15	Adrian White	536					Redmond	OR	1:58:35	17:13
16	Cheryl Suganuma	399	39	F	4/13	F0139	Redmond	OR	1:58:35	17:13
17	Dawn Lucinio	369	43	F	9/21	F4059	Newberg	OR	1:59:27	17:21
18	Daniele Riehl	385	41	F	10/21	F4059	Oregon City	OR	1:59:27	17:21
19	Carol Ontkean	381	52	F	11/21	F4059	Portland	OR	1:59:28	17:21
20	Greg Butsch	353	52	M	1/2	M4059	Portland	OR	1:59:28	17:21
21	Christie Larson	365	57	F	12/21	F4059	Portland	OR	2:03:34	17:57
22	Jim Larson	366	54	M	2/2	M4059	Portland	OR	2:03:35	17:57
23	Anne Cox	355	50	F	13/21	F4059	Salem	OR	2:09:33	18:49
24	Robin Sturm	398	48	F	14/21	F4059	Aumsville	OR	2:09:33	18:49
25	Marianne Bloom	349	51	F	15/21	F4059	Salem	OR	2:09:33	18:49
26	Terra Copple	354	22	F	5/13	F0139	Keizer	OR	2:09:34	18:49
27	Kimberly Copple	550	46	F	16/21	F4059	Keizer	OR	2:09:34	18:49
28	Samantha Warner	546	17	F	6/13	F0139	Bend	OR	2:10:25	18:56
29	Carly Aldred	547	16	F	7/13	F0139	Bend	OR	2:10:25	18:56
30	Susan Scharer	392	43	F	17/21	F4059	Sublimity	OR	2:12:13	19:12
31	Sally Metzger	379	25	F	8/13	F0139	Salem	OR	2:12:13	19:12
32	Hans Backer	559	76	M	2/2	M6099	Sisters	OR	2:14:54	19:35
33	Renee Warner	544	50	F	18/21	F4059	Bend	OR	2:15:36	19:41
34	Jinnie Willard	563	48	F	19/21	F4059	Sisters	OR	2:15:37	19:41
35	Nancy Aldred	545	56	F	20/21	F4059	Bend	OR	2:15:37	19:41
36	Dorine Brusco	352	84	F	2/2	F6099	Milwaukie	OR	2:16:58	19:53
37	Christina Jessie	363	38	F	9/13	F0139	Eugene	OR	2:32:03	22:04
38	Sara Erickson	358	36	F	10/13	F0139	Redmond	OR	2:32:03	22:05
39	Jennifer Mariotti	371	39	F	11/13	F0139	Bend	OR	2:32:10	22:06
40	Rebecca Mellott	378	35	F	12/13	F0139	Eugene	OR	2:32:10	22:06
41	Emily Macauley	370	29	F	13/13	F0139	Eugene	OR	2:32:11	22:06
42	Martha Wright	539	54	F	21/21	F4059	Portland	OR	2:37:19	22:50

11K Run Overall Results

Place	Name	No.	Ag	S	Div/Tot	Div	City	St	Time	Pace
1	Brent Saxton	390	32	M	1/1	M0139	Hillsboro	OR	59:26	8:38
2	Keri Sanders	389	34	F	1/2	F0139	Mill City	OR	1:08:31	9:57
3	Wendy Saxton	391	34	F	2/2	F0139	Hillsboro	OR	1:17:25	11:15
4	Eileen Wehrle	551	52	F	1/1	F4059	Sisters	OR	1:22:38	12:00