



4C Family Center

of Washington County

September, October, November, December 2017



4C-For Children

262-338-9461 ~2376 W Washington St. West Bend, 53095 www.wcfamilycenter.org



Strengthening families by providing parent education and family activities.

1-2-3 Magic (America's #1 Discipline Program)

Wednesday, September 20, 2017

Time: 9:30 am to 11:30 am

Presenter: Ann Fuerbringer-Parent Educator

Location: Family Center, 2376 W Washington St

Need a more effective discipline approach? Learn practical and effective behavior management techniques without yelling, arguing, or spanking. Solutions that work even for challenging behaviors. Learn how to stop whining, teasing, arguing, fighting, tantrums, and many other difficult behaviors.

Space is limited, so please call 262-338-9461 to register. Limited Child Care Available–Must Register.

Fee \$20 for book and materials

Brilliant Beginnings

Thursdays: October 5th, 12th, 19th, and 26th, 2017

Time: 6:00 pm to 7:30 pm

Presenter: Amy Campbell-Parent Educator

Location: Family Center, 2376 W Washington St. West Bend, 53095

An enriched environment is one filled with words, sounds, pictures, textures, books, music, and opportunities to play and explore. There is no need to rush out and buy fancy toys or go to special classes. Believe it or not-you already have the skills you need to stimulate your toddler! Join Amy in this 4-week series and get more insight, a lot of inspiration and a whole array of concrete ideas for continuing on the path toward enrichment.

Space is limited, so please call 262-338-9461. Limited Child Care Available–Must Register.

Week 1: Kids & Literacy: Steps Into Reading

Week 2: Music & Song: Nurturing a Love of Music

Week 3: Motor Skills: Encouraging Small & Large Motor Skills

Week 4: Sense of Self: Nurturing a Positive Self Image

Holiday Bash

Thursday, December 12, 2017

Time: 9:30 am to 11:00 am

Location: Family Center, 2376 W Washington St. West bend, 53095

Mark your calendars for a morning full of fun! We'll do a fun project, decorate a yummy cookie, and of course sing some Christmas songs!

Space is limited, so please call 262-338-9461 to register.

Registration begins August 28, 2017 at 8:30 am by phone

Family Activities

Family Drop-In Playgroup

Tuesdays &
Thursdays
9:30-11:00am

No sign-up needed for this one-come when you can and leave when you must! A great morning out for the kids - and YOU! Join the fun with open play time, then put the toys away & it's on to a special craft, snack & circle-singing time, too! Drop-In is for you and your 0-5 year old to come and enjoy whenever you can!

Please Note: NO DROP-IN October 10th, November 23rd, December 12th.

Location: Family Center

A Night Out With Dad *(or grandpa, uncle, or other significant male in your child's life.)*

For ages 2 - 6.

Limited Enrollment. Please call 262-338-9461 to register.

Thursday
September 14th
6:00-7:30 pm

Smores: Everybody loves smores and that is the treat we will have after we take a nature walk around Lac Lawrann Conservancy. First we will hike and then we will sit by a fire and toast marshmallows and make delicious treats. Don't forget the bug spray!

Location: Lac Lawrann Conservancy

Tuesday
October 31st
6:00-7:30 pm

Spooky Fun: Come join us for a night of Halloween fun! The night will include bobbing for apples, pumpkin painting and a costume contest. Bring your little ghost or goblin in for a night of fun. Costumes are strongly encouraged.

Location: Family Center, 2376 W Washington St. West Bend, 53095

Thursday
November 9th
6:00-7:30 pm

Hurry, Hurry Drive the Fire Truck: Come for a night of fun at the fire station. We'll get a behind the scenes tour and get to sit in the fire truck. We'll see where the firefighters eat, sleep, and even exercise!

Location: Fire Station, 325 N 8th Ave. West Bend, 53095

Let's Start With a Book

For ages 0 - 6.

Location: Family Center

Limited Enrollment. Please call 262-338-9461 to register.

Life can be busy, maybe you have been away from your child all day and want to reconnect, or are looking for a low key evening activity...then join us for a relaxing evening of fun especially for you and your little one! Open play from 6:00-6:30pm, promptly at 6:30 we'll "start with a book"...Pajamas encouraged.

Tuesday
September 12th
6:00-7:30 pm

Scaredy Squirrel Makes a Friend: Scaredy Squirrel doesn't have a friend. He thinks its way to dangerous, he could get BITTEN! But when he spots a perfectly safe candidate for a friend, he is prepared to make a perfect first impression. Come find out if the friend does turn out to be perfect and what adventures await Scaredy Squirrel.

Location: Family Center, 2376 W Washington St. West Bend, 53095

Tuesday
October 17th
6:00-7:30 pm

Olivia and the Haunted Hotel: One dark, rainy afternoon Olivia decides it would be fun to play "hotel" with her friends after school. But things take a spooky turn when a mysterious ghost seem to haunt Olivia.

Location: Family Center, 2376 W Washington St. West Bend, 53095

Tuesday
November 21st
6:00-7:30 pm

Bedtime for Monsters: Do you ever wonder if somewhere, not too far away, there might be monsters? Come listen to this laugh out loud bedtime tale, what this hungry monster really wants is...well, you'd better come and find out!

Location: Family Center, 2376 W Washington St. West Bend, 53095

Monday
December 4th
3:30-5:00 pm

Little Bea and the Snowy Day: It's winter and snow has covered the forest. Little Bea and her friends are ready to ice skate, make snowballs, and snow angels. They even "build" a new friend, come find out who they build.

Location: United Way Resource Center, 1121 E Sumner St. Hartford, 53027

Registration begins August 28, 2017 at 8:30 am by phone .

Workshops

- Monday
September 11th
6:00-7:30 pm** **Win The Chore Wars:** Learn fun and easy ways to involve children in chores and responsibilities of the home without a battle. This workshop will help you match age-appropriate tasks to each child, and learn ways to help children follow through with their responsibilities, while strengthening their place in the family.
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Ann Fuerbringer, Parent Educator
Location: Family Center, 2376 W Washington St. West Bend, 53095
- Monday
September 18th
9:30-11:00 am** **Raising Kids Naturally:** This program will focus on health success in children by focusing on common physical, chemical, and emotional stressors in our children. We will learn how we as parents and caregivers can learn to eliminate those in our children’s lives.
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Dr. Krysti Wick D.C.-River Shores Chiropractic
Location: Family Center, 2376 W Washington St. West Bend, 53095
- Mondays:
October 2nd, 9th,
16th and 23rd
9:30-11:00 am** **NEW! Coffee and Conversation:** The coffee is ready! Come relax, and join in as we discuss concerns and share ideas to help you through your child’s next stage and beyond. This group is an opportunity to support you in the most important job on Earth...**RAISING YOUR KIDS!**
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Kathy Bruni, Parent Educator
Location: Family Center, 2376 W Washington St. West Bend, 53095
- Wednesday
October 25th
9:30-11:00 am** **Helping Your Child Handle Disappointment:** We’ll discuss how learning to hear “no,” losing, feeling frustrated, and feeling “yucky” feelings are actually good ways to function as an adult. None of us enjoy these feelings, however they are a part of life. We lose, we don’t get things we feel we’ve earned, and unfair things occur. It’s ok to fail and feel frustrated. We’ll discuss how much comfort to offer our children and when to explain that it is ok to sit with some “yucky” feelings sometimes. This doesn’t mean we never comfort our children or support them but understanding that these events can become life lessons.
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Shana Schloemer, Psychotherapist Northshore Clinic
Location: Family Center, 2376 W Washington St. West bend, 53095
- Thursday
November 2nd
6:00-7:30 pm** **The Spirited Child:** Some children are clearly more intense, persistent, and energetic than others. Learn how to recognize the ways that children express a wide variety of emotions and encourage them to express their many feelings in healthy ways. Help your “spirited child” through everyday challenges without “squashing” their independence and unique qualities.
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Jennifer Pfannerstill-Purnell, LCSW Greensquare Developmental Specialist Children’s Hospital of Wisconsin
Location: Family Center, 2376 W Washington St. West Bend, 53095
- Tuesday
November 7th
6:00-7:30pm** **Special Needs Awareness:** Whether you are a parent, caregiver, educator, or sibling this program will help you understand the unique issues of a special needs child. Get a glimpse into an important perspective of being part of a family with someone with special needs and know that you are not alone and the important role you play in that individual’s life.
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Lisa Zockert-Sibling, Parent, and Educator with Special Needs
Location: Family Center, 2376 W Washington St. West Bend, 53095

Workshops Continued.....

- Tuesday
November 14th
6:00-7:30 pm** **Back to Basics-2 Part Parenting Series: Rules:** Family rules??? Who needs them? As children grow they begin to need clear limits or boundaries. Family rules provide structure and limits. Without structure and limits, children do not learn responsibility. Maybe it is time to create rules for your family.
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Kathy Bruni, Parent Educator
Location: Family Center, 2376 W Washington St. West Bend, 53095
- Thursday
November 16th
6:00-7:30 pm** **Back to Basics-2 Part Parenting Series: Redirection, Rewards, and Other Great Discipline Tricks:** Behavior can be positively managed with words of direction, praise, and clear communication. Come to this workshop and learn to relearn some basic positive discipline techniques.
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Kathy Bruni, Parent Educator
Location: Family Center, 2376 W Washington St. West Bend, 53095
- Wednesday
December 6th
9:00-11:30 am** **Keeping Kids Safe:** What is the best way to talk to our children about safety and self-protection. How do we communicate “caution” without making them afraid? We will address these questions along with dangers that exist for young children and ways to teach them to say “yes” to safety.
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Bill Niehus-Washington County Sherriff’s Department
Location: Family Center, 2376 W Washington St. West Bend, 53095
- Thursday
December 7th
6:00-7:30 pm** **Simplicity for the Holidays:** Let’s put the “happy” back into the holidays and eliminate some of the stress, overwork, and overspending. I will share ideas on how to “simplify” and reprioritize this holiday season.
Limited Child Care Available–Must Register. Call 262-338-9461 to register for program.
Presenter: Kathy Bruni, Parent Educator
Location: Family Center, 2376 W Washington St. West Bend, 53095
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Afternoon of Fun

- Monday
September 11th
3:30-5:00 pm** **Fall Fun:** Fall is in the air and today we will be all about leaves. We will read some stories, do a really cool hand leaf project, and we will have a fall scavenger hunt.
Space is limited, so please call 262-338-9461 to register.
Presenter: Kathy Bruni, Parent Educator
Location: United Way Resource Center, 1121 E Sumner St, Hartford, 53027
- Monday
October 16th
3:30-5:00 pm** **Halloween Hoopla:** Today we will do all things that are “Halloween.” We’ll craft a cute pumpkin bag, play Halloween bingo, guess how many candy corn in the jar, and all sorts of other surprises.
Space is limited, so please call 262-338-9461 to register.
Presenter: Kathy Bruni, Parent Educator
Location: United Way Resource Center, 1121 E Sumner St, Hartford, 53027
- Monday
November 13th
3:30-5:00 pm** **We Give Thanks:** Thanksgiving is coming and what better way to give thanks by making cute pilgrim place holders for the table. Each child will make a boy and girl pilgrim and one Native American place holder. We’ll also make a candy corn cob treat.
Space is limited, so please call 262-338-9461 to register.
Presenter: Kathy Bruni, Parent Educator
Location: United Way Resource Center, 1121 E Sumner St, Hartford, 53027

NOTICE TO PROFESSIONALS: There will be \$5.00 fee per class
if proof of attendance is needed for certification processes.

Hours

Monday thru Friday

8:30am - 4:30pm

Closed September 4th, November 10th, 23rd, 24th, December 25th, 26th and January 1st.

There will no Drop-In on October 10th, November 23rd, and December 12th.

Inclement Weather Policy:

On days when the West Bend School District has cancelled school, the Family Center will also be closed and all programming for the day will be cancelled. If the school district has a delayed start, all morning programs will be cancelled for that day.

Please check out website (www.wcfamilycenter.org) or our Facebook page for any closings or cancellations. Also closings will be shown on channels TMJ4, WISN12, FOX 6, and you can also check their websites.

Washington County Human Services Departments

Acute Care/Crisis Intervention	262-365-6565
Aging & Disability Resource Center	262-335-4497
Alcohol & Other Drug Abuse	262-335-4583
Child Abuse/Neglect Hotline	262-335-4888
Children & Family Services/BadgerCare	262-335-4610
Energy Assistance	262-335-4677
Financial Assistance Programs	888-446-1239
Mental Health Services	262-335-4545
Washington County Toll Free	800-616-0446
WIC (Women, Infants & Children)	262-335-4466

Albrecht Free Clinic

262-334-8339

Elevate

262-677-2216

Friends of Abused Families

262-334-7298

Full Shelf Food Pantry

262-335-0685

Housing Support Hotline

262-334-4912

W2

262-306-3505

Workforce Development

262-335-5300

Breastfeeding Coalition

262-335-4741

Giving Tree Wish List

Clorox Wipes

Napkins

Individually Wrapped
Kid-Friendly Snacks/Juice

Liquid Hand Soap

Hand Sanitizer

Postage Stamps

Kitchen Garbage Bags

Children's DVDs

Glue & Glue sticks

Small Paper Plates

Gift Cards: Walmart, Pick n Save,
Office Max, Hobby Lobby, Piggly
Wiggly, Meijer

Kleenex

4C-For Children/Family Center Staff

Bonnie Debroux

Site Director

Kathy Bruni

*Family Engagement Specialist,
Family & Educational Programs*

Kelly Carini

Youngstar

The **Family Center** is located at:

2376 W Washington St. West Bend 53095

The **United Way Resource Center** is located at:

1121 E. Sumner Street, Hartford 53027

Warmline!

Tantrums? Potty Training? Sleepless Nights?

Discipline Questions?

Maybe just someone to talk to?

Call The Family Center 262-338-9461

VOLUNTEERS!

Has the Family Center made a difference in your life? How about doing the same for another? Please consider adding your name to our list of childcare volunteers! The commitment is **small**, but the rewards are **great** — lots of free hugs & smiles from the kids! Call 262-338-9461, for more information.



Like Us on Facebook!

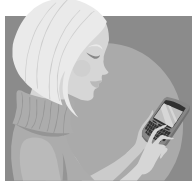


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@WCFamilyCenter*



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2376 W Washington St
West Bend, WI 53095

NON-PROFIT ORG
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PAID
Permit No. 3707



DON'T FORGET...
Registration begins
August 28, 2017 at
8:30 am by phone
only please.

www.wcfamilycenter.org



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4C Family Center

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September
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Support Groups

On the Spectrum: A support group for parents of children on the autism spectrum

4th Thursday of the month May, 6:30 pm, Location: Family Center

This group has been formed to help educate and support all who attend, with many meetings including guest speakers. Come and join us and become part of a positive autism experience within our community. Many of these discussions would apply to anyone with special needs, so anyone would truly be welcome, not just families living with ASD. For more information please contact: Nikki Busalacchi, 262-353-2335, jnbusalacchi@charter.net

Grandparents Support Group

Please contact Kathy at 262-338-9461 or kathy@wcfamilycenter.org for dates and times.

This support group is offered to any grandparents to come together to share experiences with one another while providing support and encouragement as they face the rewards and challenges of raising or caring for a grandchild. Some meetings may also include guest speakers.

West Bend La Leche League Breastfeeding Information and Support Group

2nd Wednesday of the month, 9:30 am, Location: Family Center

Whether you breastfeed your baby six days, six weeks, six months or beyond, you'll find La Leche League meetings supportive and informative. Mothers with nursing babies, mothers-to-be and children welcome. For meeting information or breastfeeding help call: Molly 507-382-5309 or Jennifer 262-674-7177 www.lalecheleague.org