4:20	LORENA	ALYSSA	KATIE
4:25			
4:30	**LEVEL 2 WARM UP**	**Level 1 Team**	**Level 1 Team**
4:35			
4:40			
4:45	**TUMBLE**	VAULT	BARS
4:55			
5:00			
5:05			
5:10	VAULT	FLOOR	BEAM
5:15			
5:25			
5:30			TRAMPOLINE
5:35	BEAM	BARS	
5:40			
5:45			
5:55			TUMBLING
6:00	**BARS**		
6:05			
6:10			
6:15		**PLATINUM CONDITIONING**	
6:20			
6:25	**DONE**		
6:30	**GOLD BARS**	**TEAMGYM LEVEL 3 - FLOOR 1**	**PLATINUM BARS**
6:40			
6:45		**FLOOR ROUTINE**	
6:55			
7:00	**GOLD VAULT**		**PLAT BEAM OR DANCE**
7:10			
7:15		**TEAMGYM TUMBLING**	
7:20			
7:25			
7:30	**PLATINUM VAULT**		**GOLD BEAM OR DANCE**
7:35		**MINI TRAMP IN VAULT AREA**	
7:40			
7:45		**VAULT IN VAULT AREA**	
7:55			
8:00	**GOLD TUMBLE**		**PLAT TUMBLE**
8:15			
8:30			