



# BB 5

Time 1:10 Warning 1:00

Mnt. .20 <i>Y</i>	BW or .60 <i>Q-w-Q</i>	R d J-scale .40 <i>Y</i>	Split leap + Str.jump .40+.40 <i>— I</i>	HDST .60 <i>!</i>	Split Jump + sisson .40+.20 <i>— Y</i>	1/1 turn .40 <i>O</i>	Dism. .60 <i>MW</i>
^ .10 luck of continuity ^ .10 no leg lift ^ .20 ins.split .10 inc. hand <hr/> <i>w!</i> ^ .20 no 3/4 hdst .60 back roll <hr/> <i>Q</i> .20 no step out	^ .10 leg no 45° .10 maint.leg in RdJ .05 failure to pause in ar. <hr/> ^ .20 leg above horiz. <i>Y</i> .10 no hold 1 sec.	^ .10 bend leg on take off <i>—</i> ^ .20 continuity between .10 no land simul. <i>I</i>	.10 incor hands ^ .30 no vertical .10 no closed ft. ^ .20 no hold 2 sec.	^ .10 no land ft closed <i>—</i> .10 no simul. ft. ^ .20 continuity betw. ^ .10 no 45° fr. Leg <i>Y-</i> ^ .10 back leg horiz. .05 no pause in ar.	.10 no fr. Passé .30 heel-snap	.10 inc. hand placement ^ .30 no vertical ^ .20 no hold 2 sec. .10 hand on BB ^ .60 failure to complete dism. + fall	
#							Avg.
#							Avg.
#							Avg.
#							Avg.

# Level 5 FX

Str. jump .40 Jump 1/1 .40 	2 Fr. Hdspr. ea. .60 	Fr.flip .60 	B. ext..40 	Fr. split.20 	Leap .60 or, Switch 	1/1 turn .40 	RO .40 	Flic-flac.40 	B tuck 
^.10 No closed ft. both jumps  ^.10 no legs together	^.20 acceler. ^.10 no arms by ears ^.20 dive .60 no repuls. .10 joint legs .20 no step out .10 no simul ft. .10 no rebound	^.60 no tuck ^.20 ins. Bend knees/hips ea	.30 hds on floor ^10 hds > shoul ^.30 no vertic .40 perf.roll	^.20 no 180°	^.10 bend. leg  .10 no 45°	^.10 no fr passé .30 heel-snap	^.30 no vert. .10 no simul ft  ^.20 acceler.	^.20 squat into .10 no simul ft	^.60 no tuck ^.20 no open .05 contr.stick
#									Avg
#									Avg
#									Avg
#									AVG