



# Breakfast

Served Mon-Fri **7am-10:30am**  
Saturday **7am-12pm**

## Original Burritos

On a Flour Tortilla with Choice of Hot or Mild freshly made Salsa

### Potato Burrito

2 Eggs, Potatoes, Cheddar & Red Onion  
• Add Bacon, Sausage or Ham

### Veggie Burrito

2 Eggs, Potatoes, Red Onions, Spinach, Mushrooms & Swiss

### Southwest Burrito

2 Eggs, Sausage, Potatoes, Red Onion, Green Chiles & Monterrey Jack

### Chipotle Burrito

2 Eggs, Bacon, Avocado, Mushrooms, Parmesan,  
Cream Cheese & Chipotle Sauce on a Wheat Tortilla

## Classic Breakfast

2 Eggs any style • Side of Bacon or Sausage • Toast or Home Fries

## Espresso Drinks

Cappucino • Latte • Mocha • Raspberry Truffle  
French Caramello • Milky Way • Vanilla Nut

## Smoothies

Very Berry • Strawberry Banana • Orange Strawberry  
Orange Banana • Peanut Butter, Chocolate & Banana

## Z Favorites Your favorites your way!

### Scramble Mix it up

**Omelette** 3 Eggs, and choice of Toast, Salsa or Fruit

**Burrito** On a Four Tortilla with fresh Salsa

**Egg Sandwich** Choice of Bread

### The Albuquerque

2 Eggs, Sausage, Monterrey Jack, Cream Cheese,  
Green Chiles and Homemade Salsa

### Spinach, Mushroom & Bacon

2 Eggs, Spinach, Mushrooms, Bacon and Cream Cheese

### Traditional Egg & Cheese

2 Eggs and Cheddar

### Irwin

3 Eggs, Red Onion, Double Bacon & Double Cheddar

### Spicy

3 Eggs, Green Chiles, Monterrey Jack Cheese, Jalapeños,  
Red Onion & Cream Cheese

### Zinke

2 Egg Whites, Chicken, Mushrooms, Artichoke Hearts,  
Tomatoes, Spinach, Roasted Red Peppers & Monterrey Jack

# Sandwiches

1. Choose your Sandwich
2. Choose your Bread/Wrap
3. Choose your Side Dish

**Breads:** White, 9 Grain, Sourdough, Marble Rye, Ciabatta, Croissant, Gluten Free

**Wraps:** Flour, Wheat, Spinach, Sun-dried Tomato, Jalapeno Cheddar

**Sides:** Macaroni Salad, Potato Salad, Bow-tie Pasta Salad, Fruit, Chips

**Upgrade:** Add a House Salad, Soup or Specialty Salad

## COLD SANDWICHES

### Chicken Bacon Ranch

Chicken, Bacon, Lettuce, Tomato, Ranch & Chipotle Sauce

### BLT & Avocado

Bacon, Lettuce, Tomato, Avocado & Mayo

### Turkey, Bacon & Avocado

Turkey, Bacon, Avocado, Lettuce, Tomato, Chipotle Sauce & Mayo

### Chicken Z-Light

Chicken, Avocado, Lettuce, Tomato & Mayo

### Manhattan Club

Turkey, Ham, Bacon, Cheddar, Lettuce, Tomato, Mayo & Mustard

### Turkey & Swiss

Turkey, Swiss, Sprouts, Lettuce, Tomato & Mayo

### Chipotle Chicken Salad

Chicken Salad made with Chipotle Sauce, Avocado,  
Lettuce & Tomato

### Chicken Caesar Wrap

Chicken, Romaine, Parmesan & our Homemade Caesar Dressing

### Italian Roast Beef

Italian Roast Beef, Cheddar, Red Onion, Lettuce, Tomato,  
Creamy Horseradish & Mayo

### Southwest Wrap

Chicken, Avocado, Tomato, Corn, Black Beans, Cilantro, Red Onion,  
Mixed Greens and our Homemade Salsa Ranch Dressing

### Tuna Salad, Egg Salad or Chicken Salad

Served with Lettuce & Tomato

### Hummus & Peppers (Vegetarian)

Our Homemade Hummus, Cucumber, Spinach, Tomato, Sprouts,  
Roasted Red Peppers, Red Onion, Lettuce & Feta Cheese  
• Add Chicken or Turkey

### Gabster (Vegetarian)

Cream Cheese, Avocado, Sprouts, Lettuce, Tomato,  
Cucumber, & Red Onion  
• Add Chicken or Turkey

### Mediterranean Wrap (Vegetarian)

Mixed Greens, Tomato, Cucumber, & Red Onion, Feta,  
Artichoke Hearts, Olives & Balsamic  
• Add Chicken or Turkey

## Soup Served with Bagel Chips

8oz Cup or 12oz Bowl

## Just for Kidz

1/2 Turkey & Cheese • 1/2 Ham & Cheese  
Whole Grilled Cheese • Whole PBJ  
Served with chips or fruit

## HOT SANDWICHES

### The Bloom

Turkey, Bacon, Provolone, Cheddar, Avocado, Red Onion & Chipotle Sauce

### Godfather

Ham, Salami, Provolone, Pepperoncini, Roasted Red Peppers,  
Italian Dressing & Mayo

### Alloush

Turkey, Provolone, Cheddar, Red Onion, Tomato, Chipotle Sauce & Mayo

### Vincente

Turkey, Cheddar, Sliced Avocado & Mayo

### Dylan

Chicken, Bacon, Monterrey Jack, Green Chiles, Ranch & Chipotle Sauce

### Reuben

Corned Beef, Swiss, Sauerkraut, Spicy Mustard & Thousand Island

### Spicy Roast Beef

Italian Roast Beef, Monterrey Jack, Green Chile, Avocado, & Chipotle Sauce

### Mushroom Melt

Chicken, Mushrooms, Spinach, Provolone, Red Onion  
& Chipotle Sauce

### Maddy's Grilled Cheese

Cheddar, Cream Cheese & Avocado • Add Bacon & Tomato

### Z-Chick

Chicken, Bacon, Swiss, Red Onion & Honey Mustard

## SALADS Served with Bagel Chips

### Mediterranean

Mixed Greens, Tomato, Cucumber, Red Onion, Feta Cheese,  
Artichoke Hearts, Olives & Balsamic

### Chef

Mixed Greens, Tomato, Cucumber, Red Onion,  
Ham, Turkey, Swiss, Hard Boiled Egg & Ranch

### Southwest

Mixed Greens, Tomato, Red Onion, Chicken, Avocado,  
Corn, Black Beans, Cilantro, & Salsa Ranch

### Spinach

Spinach, Bacon, Mushrooms, Hard Boiled Egg & Tomato Vinaigrette

### Chicken Caesar

Romaine Lettuce, Sliced Chicken, Parmesan & Caesar

### House

Mixed Greens, Tomato, Cucumber, Red Onion & Ranch

## Light Lunch (Cold Sandwich only)

1/2 Sandwich with Soup or Salad  
1/2 Salad with cup of Soup