

2023 CRESTWOOD SWIM LESSONS

Six sessions which run for 1 week each, **Monday through Thursday** mornings and **Tuesday and Thursday** evenings. Fridays will serve as a makeup day if necessary.

Registration closes the Wednesday before the session begins. Payment must be submitted at registration to confirm your child's space in a particular lesson. ***Checks should be made payable to: Crestwood PAC.***

Sessions:

- 1: June 12 - June 15
- 2: June 19 - June 22
- 3: June 26 - June 29
- 4: July 10 - July 13
- 5: July 17 - July 20
- 6: July 24 - July 27

Times: Mornings: Mon-Thurs 10:30 – 11:00 AM or 11:15 – 11:45 AM
Evenings: Tues & Thurs 6:00 – 6:50 PM

Fees: \$40 per child, per session (with active pool membership for child) \$45 per child, per session (without active pool membership for child)

Level 1 - Intro to Water Skills: Participants learn basic aquatic skills like putting face in water, blowing bubbles, safely entering and exiting the pool, supported floating on both front and back, and pool safety. The goal is for participants to feel comfortable in the water and enjoy it safely.

Level 2 - Fundamental Aquatic Skills: Participants begin independent swimming on both front and back, submerging underwater, learning how to float without support and tread water for short periods of time.

Level 3 - Advanced Aquatic Skills: Participants will develop both their front and back crawl skills, learn elementary backstroke and sidestroke swimming and treading water for longer periods of time.

Level 4 - Stroke Development: Participants will learn the four competitive strokes in swimming through drills focussed on proper stroke technique and body position in the water.

Please Note:

1. Classes will be filled on a first come, first serve basis.
2. Additional classes may be offered if enough interest, so please place your name on the waitlist if full.
3. No refunds will be given for missed sessions.
4. We reserve the right to cancel a class if there is not enough participation.
5. If lessons must be canceled, you will be notified through email and on the Crestwood Swim & Dive Facebook page. Please check these often, especially if rain is in the forecast.
6. Questions should be emailed to crestwoodpac@gmail.com
7. Sign up for lessons in the Pool Office or mail registration and payment to: Michelle Holler, 16 E. 36th Street, Reading, PA 19606

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1. _____
Child's Last Name First Name Age DOB

2. _____
Child's Last Name First Name Age DOB

3. _____
Child's Last Name First Name Age DOB

Parent(s) Names _____

Address _____
Street City ZIP

Preferred Phone Contact: cell / home / work _____
(please circle one)

Primary Email: _____
(primary communication regarding lessons will be done via email)

Child's Doctor: _____ Phone: _____

Allergies, Medical, Chronic Illness, Etc (Please specify child):

Are you a member of Crestwood Pool? YES NO (please circle one)

PLEASE COMPLETE THE FOLLOWING INFORMATION. NOTE THE CLASS LEVEL, SESSION(S), AND SESSION TIME YOU WISH TO ATTEND.

Child's Name _____ Child's Name _____ Child's Name _____

Class Level (1-4) _____

Sessions (1-6) - Circle any that apply 1 2 3 4 5 6
(10% discount for four or more sessions)

Time - Circle: Morning A or Morning B or Evening C

Fee: _____ Total Due: _____

*******FOR OFFICE USE ONLY*******

Session:

Time:

Date Paid:

Accepted By: