

### Values List

<b>acceptance</b> -to be accepted as I am	<b>world peace</b> -to work to promote peace in the world	<b>moderation</b> -to avoid excesses and find a middle ground	<b>family</b> -to have a happy, loving family	<b>caring</b> -to take care of others
<b>fame</b> -to be known and recognized	<b>risk</b> -to take risks and chance	<b>virtue</b> -to live a morally pure and excellent life	<b>growth</b> -to keep changing and growing	<b>loving</b> -to give love to others
<b>tradition</b> -to follow respected patterns of the past	<b>ecology</b> -to live in harmony with the environment	<b>contribution</b> -to make a lasting contribution in the world	<b>forgiveness</b> -to be forgiving of others	<b>spirituality</b> -to grow and mature spiritually
<b>wealth</b> -to have plenty of money	<b>fun</b> -to play and have fun	<b>intimacy</b> -to share my innermost experiences with others	<b>strength</b> -to be physically fit and strong	<b>autonomy</b> -to be self-determined and independent
<b>inner peace</b> -to experience personal peace	<b>justice</b> -to promote fair and equal treatment for all	<b>realism</b> -to see and act realistically and practically	<b>independence</b> -to be free from dependence on others	<b>simplicity</b> -to life simply, with minimal needs
<b>service</b> -to be of service to others	<b>monogamy</b> -to have one close, loving relationship	<b>health</b> -to be physically well and healthy	<b>courtesy</b> -to be considerate and polite toward others	<b>dependability</b> -to be reliable and trustworthy
<b>attractiveness</b> -to be physically attractive	<b>commitment</b> -to make enduring, meaningful commitments	<b>generosity</b> -to give what I have to others	<b>humility</b> -to be modest and unassuming	<b>industry</b> -to work hard and well at my life tasks
<b>self-knowledge</b> to have a deep and honest understanding of myself	<b>humor</b> -to see the humorous side of myself and the world	<b>tolerance</b> -to accept and respect those who differ from me	<b>logic</b> -to live rationally and sensibly	<b>order</b> -to have a life that is well-ordered and organized

<b>comfort</b> -to have a pleasant and comfortable life	<b>responsibility</b> to make and carry out responsible decisions	<b>stability</b> -to have a life that stays fairly consistent	<b>compassion</b> - to feel and act on concern for others	<b>genuineness</b> - to act in a manner that is true to who I am
<b>creativity</b> -to have new and original ideas	<b>loved</b> -to be loved by those close to me	<b>knowledge</b> -to learn and contribute valuable knowledge	<b>leisure</b> -to take time to relax and enjoy	<b>faithfulness</b> -to be loyal and true in relationships
<b>achievement</b> -to have important accomplishments	<b>beauty</b> -to appreciate beauty around me	<b>self-acceptance</b> to accept myself as I am	<b>mastery</b> -to be competent in my everyday activities	<b>safety</b> -to be safe and secure
<b>romance</b> -to have intense, exciting love in my life	<b>self-control</b> - to be disciplined in my own actions	<b>accuracy</b> -to be accurate in my opinions and beliefs	<b>complexity</b> -to have a life full of variety and change	<b>popularity</b> -to be well-liked people
<b>hope</b> -to maintain a positive and optimistic outlook	<b>helpfulness</b> -to be helpful to others	<b>authority</b> -to be in charge of and responsible for others	<b>flexibility</b> -to adjust to new circumstances	<b>honesty</b> -to be honest and truthful