



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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e KOYO

NATURAL RICE CAKES

0101	Original ~ unsalted	150g	12	+	C	0-65493-00001-2	G	K
0102	Original ~ salted	150g	12	+	C	0-65493-00002-9	G	K
0103	Buckwheat ~ unsalted	150g	12	+	C	0-65493-00003-6	G	K
0104	Buckwheat ~ salted	150g	12	+	C	0-65493-00004-3	G	K
0111	Multigrain ~ unsalted	150g	12	+	C	0-65493-00011-1	G	K
0112	Multigrain ~ salted	150g	12	+	C	0-65493-00021-0	G	K

MACROBIOTIC RICE CAKES

0114	Nori seaweed ~ unsalted	150g	12	+	C	0-65493-00006-7	G	
0115	Dulse seaweed ~ unsalted	150g	12	+	C	0-65493-00018-0	G	

ORGANIC RICE CAKES

0117	Original ~ unsalted	150g	12	+	C	0-65493-00007-4	G O	K
0118	Original ~ salted	150g	12	+	C	0-65493-00008-1	G O	K
0119	Buckwheat ~ unsalted	150g	12	+	C	0-65493-00012-8	G O	K
0120	Buckwheat ~ salted	150g	12	+	C	0-65493-00013-5	G O	K
0121	Millet ~ unsalted	150g	12	+	C	0-65493-00014-2	G O	K
0122	Millet ~ salted	150g	12	+	C	0-65493-00015-9	G O	K
0125	Mixed grain ~ unsalted	150g	12	+	C	0-65493-00125-5	G O	K
0126	Mixed grain ~ salted	150g	12	+	C	0-65493-00126-2	G O	K

TAMARI ~ SELECT

6101	Authentic ~ black label	150mL	12		½	0-65493-01015-8		K
6102	Authentic ~ black label	475mL	12		½	0-65493-01011-0		K
6103	Authentic ~ black label	950mL	12		½	0-65493-01012-7		K
6105	Organic ~ black label	295mL	12		½	0-65493-06105-1	O	K
6109	Organic ~ black label	475mL	12		½	0-65493-01020-2	O	K

TAMARI ~ SELECT IN BULK

6104	Authentic ~ black label	4L	1		U	0-65493-06104-4		K
6110	Organic ~ black label	4L	1		U	0-65493-06110-5	O	K

TAMARI

6001	Classic ~ purple label	150mL	12		½	0-65493-06001-6		K
6002	Classic ~ purple label	475mL	12		½	0-65493-06002-3		K
6003	Classic ~ purple label	950mL	12		½	0-65493-06003-0		K
6005	Organic wheat-free ~ green label	475mL	12		½	0-65493-06005-4	O	K
6006	Organic wheat-free ~ green label	950mL	12		½	0-65493-06006-1	O	K
6008	Organic ~ blue label	475mL	12		½	0-65493-06008-5	O	K
6009	Organic ~ blue label	950mL	12		½	0-65493-06009-2	O	K

MISO

6150	Mame ~ soybean	300g	12		½	0-65493-06150-1		K
6173	Hatcho ~ unpasteurized soybean	300g	12		½	0-65493-06173-0		K

ORGANIC MISO

6160	Genmai ~ soybean & brown rice	300g	6		C	0-65493-06160-0	O	K
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SPECIAL ORDER ITEM



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	6161	Shiro ~ soybean & white rice MITOKU ~ INSTANT MISO SOUP	300g	6	C	0-65493-06161-7	O K
	6193	Red miso with wakame	40g	6	C	0-21009-11730-8	
	6194	Mellow white with tofu DRIED SEaweEDS	40g	6	C	0-21009-11728-5	
	6256	Arame	50g	10	½	0-65493-06252-2	K
	6272	Wakame	50g	10	½	0-65493-06260-7	
	6276	Kombu	50g	10	½	0-65493-06276-8	
	6296	Kombu seaweed salad	12g	6	C	0-65493-06296-6	
	6260	Nori ~ 10 sheets	25g	6	C	0-65493-06272-0	
	6360	Sushi nori ~ 7 sheets AGAR-AGAR	15g	12	½	0-65493-06360-4	
	6263	Flakes	28g	10	½	0-65493-06263-8	
	6267	Bars ~ 2 bars AGAR-AGAR <u>IN BULK</u>	15g	10	½	0-65493-06267-6	
	6264	Flakes DRIED SEaweEDS <u>IN BULK</u>	910g	1	U	N/A	
	6361	Sushi nori ~ 50 sheets MITOKU ~ DRIED SEaweEDS	190g	1	U	0-65493-06361-1	
	6285	Kizami nori ~ fine cut nori	10g	10	½	0-21009-13013-0	
	6287	Sushi nori ~ 7 roasted sheets	17g	12	½	0-21009-13022-2	
	6289	Ao-nori flakes	20g	20	½	0-21009-12910-3	
	6290	Nori strips ~ spicy MITOKU ~ DRIED SEaweEDS <u>IN BULK</u>	13.5g	10	½	0-21009-13003-1	
	6257	Arame	1Kg	1	U	0-21009-12301-9	K
	6279	Kombu	1Kg	1	U	0-21009-13511-1	K
	6294	Sushi nori ~ 50 roasted sheets ORGANIC NOODLES	190g	1	U	0-21009-13017-8	
	6420	Fine udon	227g	12	½	8-13551-00102-6	O
	6421	Round udon	227g	12	½	8-13551-00103-3	O
	6423	Soba	227g	12	½	8-13551-00110-1	O
	6424	Udon	227g	12	½	8-13551-00101-9	O
		ORGANIC RAMEN NOODLES					
	6430	Mushroom ~ 89% organic	57g	12	C	0-65493-06430-4	O
	6431	Seaweed ~ 89% organic	57g	12	C	0-65493-06431-1	O
	6432	Tofu and miso ~ 89% organic	57g	12	C	0-65493-06432-8	O
	6433	Asian vegetables ~ 88% organic	60g	12	C	0-65493-06433-5	O
	6434	Lemongrass ginger ~ 88% organic	60g	12	C	0-65493-06434-2	O
	6435	Garlic pepper ~ 88% organic	60g	12	C	0-65493-06435-9	O
	6436	Soba ramen ~ 89% organic ORGANIC RAMEN NOODLES	60g	12	C	0-65493-06436-6	O
		~ REDUCED SODIUM					
	6437	Asian vegetables ~ 92% organic	60g	12	C	0-65493-06437-3	O

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ORDER ITEM**



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	6438	Garlic pepper ~ 92% organic	60g	12	C	0-65493-06438-0	O
	6439	Tofu and miso ~ 92% organic	60g	12	C	0-65493-06439-7	O
		ORGANIC FRUIT SPREAD					
	6701	Strawberries	250ml	12	½	0-65493-06701-5	O
	6702	Blueberries	250ml	12	½	0-65493-06702-2	O
	6703	Raspberries	250ml	12	½	0-65493-06703-9	O
	6704	4 fruits ~ straw / cran / rasp / blue-berries	250ml	12	½	0-65493-06704-6	O
		MITOKU ~ ORGANIC TEAS					
	6519	Kukicha ~ roasted twig tea ~ loose leaf	85g	12	½	0-21009-14119-8	O K
	6522	Kukicha ~ roasted twig tea ~ 10 tea bags	20g	12	½	0-21009-14120-4	O K
	6530	Sencha ~ green tea ~ 10 tea bags	20g	12	½	0-21009-14204-1	O K
	6531	Sencha ~ green tea ~ loose leaf	85g	12	½	0-21009-14201-0	O K
	6540	Hojicha ~ roasted leaf tea ~ 10 tea bags	20g	12	½	0-21009-14308-6	O K
		MITOKU ~ ORGANIC TEAS ~ IN BULK					
SPECIAL ORDER ITEM	6521	Kukicha ~ roasted twig tea ~ loose leaf	1Kg	1	U	0-21009-14102-0	O K
	6532	Sencha ~ green tea ~ loose leaf	1Kg	1	U	0-21009-14202-7	O K
		PICKLES					
	6641	Umeboshi ~ pickled plums	200g	12	½	0-65493-06641-4	
	6664	Organic umeboshi ~ pickled plums	100g	12	+ ½	0-65493-06664-3	O K
	6645	Umeboshi ~ pickled plum paste	200g	12	½	0-65493-06645-2	
	6668	Organic umeboshi ~ pickled plum paste	200g	12	½	0-65493-06668-1	O
		MITOKU ~ PICKLES					
	6651	Daikon ~ pickled white radish	200g	12	½	0-21009-27004-1	
	6658	Sushi ginger ~ lightly pickled ginger root	50g	20	¼	0-21009-27007-2	
		MITOKU ~ PICKLES IN BULK					
SPECIAL ORDER ITEM	6643	Umeboshi ~ pickled plums	11Kg	1	U	0-21009-14713-8	
	6647	Umeboshi ~ pickled plum paste	12Kg	1	U	N/A	K
	6665	Organic umeboshi ~ pickled plums	1Kg	1	U	0-21009-17907-8	O K
		CONDIMENTS					
	6773	Mirin ~ liquid seasoning	150mL	12	½	0-65493-06773-2	K
	6774	Mirin ~ liquid seasoning	475mL	12	½	0-65493-06774-9	K
		MITOKU ~ CONDIMENTS					
	6820	Tekka ~ hacho miso & dried vegetables	80g	12	½	0-21009-21005-4	
	6840	Wasabi powder ~ japanese horseradish	25g	6	+ C	0-21009-22902-5	K
		VINEGARS					
	6735	Organic genmai-su ~ brown rice vinegar	150mL	12	½	0-65493-06735-0	O K
	6736	Organic genmai-su ~ brown rice vinegar	475mL	12	½	0-65493-06736-7	O K
	6785	Ume-su ~ plum vinegar	150mL	12	½	0-65493-06785-5	K
	6786	Ume-su ~ plum vinegar	475mL	12	½	0-65493-06786-2	K
		MITOKU ~ VINEGAR IN BULK					
SPECIAL ORDER ITEM	6787	Ume-su ~ plum vinegar	4L	1	U	N/A	
		OIL					
	6751	Toasted sesame oil	250mL	12	½	0-65493-06751-0	



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SPECIAL ORDER ITEM	6752	Toasted sesame oil OIL IN BULK	500mL	12	½	0-65493-06752-7	
	6753	Toasted sesame oil SEA SALT	1.8L	1	U	0-21009-19102-5	
SPECIAL ORDER ITEM	6811	Amashio ~ japanese sea salt	250g	12	½	0-65493-06811-1	
	6812	Amashio ~ japanese sea salt SEA SALT IN BULK	500g	12	½	0-65493-06812-8	
	6814	Amashio ~ japanese sea salt MITOKU ~ ORGANIC KUZU	20Kg	1	U	N/A	
SPECIAL ORDER ITEM	6920	Kuzu ~ wild japanese arrowroot MITOKU ~ KUZU IN BULK	100g	12	½	0-21009-20003-1	G O K
	6921	Kuzu ~ wild japanese arrowroot MAGNESIUM CHLORIDE	5Kg	1	U	N/A	G K
SPECIAL ORDER ITEM	7295	Magnesium chloride for tofu MAGNESIUM CHLORIDE IN BULK	250g	1	U	0-65493-07295-8	T
	7296	Magnesium chloride for tofu COOKWARE	20kg	1	U	N/A	T
	7525	Suribachi (earthenware mortar)	15cm	1	U	N/A	T
	7526	Suribachi (earthenware mortar)	17cm	1	U	N/A	T
	7531	Surikogi (wooden pestle) #6	18cm	1	U	4571101-554021	T
	7532	Surikogi (wooden pestle) #8	25cm	1	U	4571101-554038	T
	7561	Bamboo sushi mat	1 mat	1	U	0-65493-07561-4	T
	7564	Tawashi (vegetable brush)	1 brush	1	+ U	4971871-101010	T

AÇAI ROOTS

ORGANIC AÇAI DESSERTS

* 7005	Sorbet	473mL	8	C	8-98685-00109-8	O	
ORGANIC SMOOTHIE POUCH							
* 7007	Pure açai ~ unsweetened	4x100g	16	½	8-98685-00112-8	G O K	

e AMANO

ORGANIC UNPASTEURIZED MISO

± 6220	Shiro miso (white)	400g	12	+ ½	0-67334-07001-7	O K
± 6221	Aka miso (red)	400g	12	+ ½	0-67334-07002-4	O K
± 6222	Genmai miso (brown rice)	400g	12	+ ½	0-67334-07003-1	O K
± 6223	Mugi miso (barley)	400g	12	+ ½	0-67334-07004-8	O K

e AMYCO

DRIED MUSHROOMS

5900	Morel	20g	6	C	6-28055-03516-9
5902	King bolete (Porcini)	20g	6	C	6-28055-03518-3
5903	Oyster mushroom	20g	6	C	6-28055-03507-7
5904	Shiitake	20g	6	C	6-28055-03508-4



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	5905	Forest mix	20g	6	C	6-28055-03515-2	
	5906	Black trumpet	20g	6	C	6-27843-14777-0	
	5907	Chanterelles	20g	6	C	6-27843-14774-9	
	5908	Pine Mushroom (Matsutake)	20g	6	C	6-27843-14772-5	

AMY'S KITCHEN

NEW PRODUCTS

NEW	*	8708	Rice mac & cheeze ~ gluten free & vegan	227g	12	1/2	0-42272-91389-3	G O	K
NEW	*	8738	Asian Dumpling Bowl	241g	12	1/2	0-42272-91219-3	O	K
NEW	*	8739	Mac & 3 Cheese with Cauliflower Bowl	234g	12	1/2	0-42272-91320-6	G O	K
NEW	*	8750	Indian samosa wrap	142g	12	1/2	0-42272-90260-6	O	K

ORG. CANNED SOUPS ~ GLUTEN FREE

5859	Quinoa, kale & red lentil	398mL	12	1/2	0-42272-90669-7	G O	K
5860	Golden lentil dal	398mL	12	1/2	0-42272-90593-5	G O	K
5880	Lentil	398mL	12	1/2	0-42272-90502-7	G O	K
5890	Lentil vegetable	398mL	12	1/2	0-42272-90535-5	G O	K
5862	Hearty french country vegetable	398mL	12	1/2	0-42272-90591-1	G O	K
5863	Chunky vegetable	398mL	12	1/2	0-42272-90540-9	G O	K
5864	Fire roasted southwestern vegetable	398mL	12	1/2	0-42272-90547-8	G O	K
5870	Tomato bisque	398mL	12	1/2	0-42272-90536-2	G O	K
5884	Cream of tomato	398mL	12	1/2	0-42272-90501-0	G O	K
5885	Black bean vegetable	398mL	12	1/2	0-42272-90504-1	G O	K
5886	Split pea	398mL	12	1/2	0-42272-90505-8	G O	K
5891	Mushroom bisque with porcini	398mL	12	1/2	0-42272-90626-0	G O	K
5892	Carrot Ginger	398mL	12	1/2	0-42272-90740-3	G O	K

ORG. CANNED SOUPS

5881	No chicken noodle	398mL	12	1/2	0-42272-90503-4	O	K
5882	Minestrone	398mL	12	1/2	0-42272-90507-2	O	K
5883	Cream of mushroom	398mL	12	1/2	0-42272-90506-5	O	K
5887	Vegetable barley	398mL	12	1/2	0-42272-90508-9	O	K
5888	Alphabet	398mL	12	1/2	0-42272-90514-0	O	K
5889	Butternut squash	398mL	12	1/2	0-42272-90534-8	O	K

ORG. CANNED SOUPS

~ LOWER IN SODIUM & GLUTEN FREE

5865	Lentil	398mL	12	1/2	0-42272-90583-6	G O	K
5866	Minestrone	398mL	12	1/2	0-42272-90585-0	G O	K
5868	Lentil vegetable	398mL	12	1/2	0-42272-90582-9	G O	
5867	Tomato bisque	398mL	12	1/2	0-42272-90586-7	G O	K
5869	Split pea	398mL	12	1/2	0-42272-90584-3	G O	K

ORG. CHILI ~ GLUTEN FREE

5877	Medium	398mL	12	1/2	0-42272-90510-2	G O	K
5878	Medium with vegetables	398mL	12	1/2	0-42272-90511-9	G O	K
5879	Spicy chili	398mL	12	1/2	0-42272-90512-6	G O	K



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		ORG. BAKED BEANS ~ GLUTEN FREE					
	5873	Vegetarian	398mL	12	½	0-42272-90517-1	G O K
	5874	Traditional	398mL	12	½	0-42272-90550-8	G O K
	5875	Black beans	398mL	12	½	0-42272-90551-5	G O K
	5876	With green chiles	398mL	12	½	0-42272-90552-2	G O K
		LASAGNA					
*	8705	Vegetable	269g	12	½	0-42272-90032-9	O K
*	8710	Vegetable ~ gluten free & dairy free	255g	12	½	0-42272-90814-1	G O K
		WHOLE MEAL ~ GLUTEN FREE					
*	8754	Cheese enchilada with beans & corn	255g	12	½	0-42272-90057-2	G O K
*	8715	Veggie loaf ~ mashed potatoes & vegetables	284g	12	½	0-42272-90053-4	G O K
		INDIAN MEALS ~ GLUTEN FREE					
*	8712	Palak paneer	283g	12	½	0-42272-90059-6	G O K
*	8714	Mattar paneer	284g	12	½	0-42272-90058-9	G O K
*	8716	Vegetable korma	269g	12	½	0-42272-90250-7	G O K
		BOWLS ~ GLUTEN FREE					
*	8764	3 cheese & kale bake bowl	241g	12	½	0-42272-91056-4	G O K
*	8766	Mexican casserole bowl	269g	12	½	0-42272-90163-0	G O K
		BOWLS					
*	8767	Spinach & ricotta cheese ravioli	241g	12	½	0-42272-91129-5	O K
		MACARONI & CHEESE					
*	8703	With aged cheddar cheese	255g	12	½	0-42272-90030-5	O K
*	8704	Rice mac & cheese ~ gluten free	255g	12	½	0-42272-90045-9	G O K
*	8709	Rice macaroni & cheese ~ dairy free	227g	12	½	0-42272-90043-5	G O K
		PIZZAS					
*	8722	Cheese pizza	369g	8	C	0-42272-90101-2	O K
*	8723	Spinach pizza	397g	8	C	0-42272-90102-9	O K
*	8728	Margherita pizza	369g	8	C	0-42272-90199-9	O K
*	8730	Supreme pizza ~ dairy free	369g	8	C	0-42272-91245-2	O K
		BURRITOS					
*	8706	Bean & rice burrito	170g	12	C	0-42272-90070-8	O K
*	8707	Bean rice & cheese burrito	170g	12	C	0-42272-90071-5	O K
*	8745	Black bean burrito	170g	12	C	0-42272-90073-9	O K
*	8719	Vietnamese bahn mi burrito	170g	12	C	0-42272-91238-4	O K
*	8721	Greek spanakopita burrito	170g	12	C	0-42272-91237-7	O K
		BURRITOS ~ GLUTEN FREE					
*	8747	Bean & cheese burrito	156g	12	C	0-42272-90353-5	G O K
*	8748	Bean & rice burrito (non dairy)	156g	12	C	0-42272-90352-8	G O K
		WRAPS ~ GLUTEN FREE					
*	8749	Tofu scramble breakfast wrap	156g	12	C	0-42272-90807-3	G O K

AMY'S KITCHEN

FEBRUARY 2023 PRICE CHANGE

LASAGNA



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FEBRUARY PRICING	***	* 8705 Vegetable	269g	12	+	1/2	0-42272-90032-9 O K
		* 8710 Vegetable ~ gluten free & dairy free	255g	12	+	1/2	0-42272-90814-1 G O K
		WHOLE MEAL ~ GLUTEN FREE					
	***	* 8754 Cheese enchilada with beans & corn	255g	12	+	1/2	0-42272-90057-2 G O K
		* 8715 Veggie loaf ~ mashed potatoes & vegetables	284g	12	+	1/2	0-42272-90053-4 G O K
		INDIAN MEALS ~ GLUTEN FREE					
		* 8712 Palak paneer	283g	12	+	1/2	0-42272-90059-6 G O K
		* 8714 Mattar paneer	284g	12	+	1/2	0-42272-90058-9 G O K
		* 8716 Vegetable korma	269g	12	+	1/2	0-42272-90250-7 G O K
		BOWLS ~ GLUTEN FREE					
FEVRIER		* 8764 3 cheese & kale bake bowl	241g	12	+	1/2	0-42272-91056-4 G O K
		* 8766 Mexican casserole bowl	269g	12	+	1/2	0-42272-90163-0 G O K
		BOWLS					
		* 8767 Spinach & ricotta cheese ravioli	241g	12	+	1/2	0-42272-91129-5 O K
		MACARONI & CHEESE					
FEBRUARY PRICING	***	* 8703 With aged cheddar cheese	255g	12	+	1/2	0-42272-90030-5 O K
		* 8704 Rice mac & cheese ~ gluten free	255g	12	+	1/2	0-42272-90045-9 G O K
		* 8709 Rice macaroni & cheese ~ dairy free	227g	12	+	1/2	0-42272-90043-5 G O K
	***	PIZZAS					
		* 8722 Cheese pizza	369g	8	+	C	0-42272-90101-2 O K
	* 8723 Spinach pizza	397g	8	+	C	0-42272-90102-9 O K	
	* 8728 Margherita pizza	369g	8	+	C	0-42272-90199-9 O K	
	* 8730 Supreme pizza ~ dairy free	369g	8	+	C	0-42272-91245-2 O K	
	BURRITOS						
	* 8706 Bean & rice burrito	170g	12	+	C	0-42272-90070-8 O K	
	* 8707 Bean rice & cheese burrito	170g	12	+	C	0-42272-90071-5 O K	
	* 8745 Black bean burrito	170g	12	+	C	0-42272-90073-9 O K	
	* 8719 Vietnamese bahn mi burrito	170g	12	+	C	0-42272-91238-4 O K	
	* 8721 Greek spanakopita burrito	170g	12	+	C	0-42272-91237-7 O K	
	BURRITOS ~ GLUTEN FREE						
PRIX DE FEVRIER	***	* 8747 Bean & cheese burrito	156g	12	+	C	0-42272-90353-5 G O K
		* 8748 Bean & rice burrito (non dairy)	156g	12	+	C	0-42272-90352-8 G O K
***	WRAPS ~ GLUTEN FREE						
	* 8749 Tofu scramble breakfast wrap	156g	12	+	C	0-42272-90807-3 G O K	

e ATLANTIC MARICULTURE

ORGANIC SEAWEED

6301 Dulse 40g 12 1/2 0-67835-77405-6 O

BENTILIA

PLANT BASED LENTIL PASTA

7010 Red lentil penne 227g 6 C 6-28055-20921-8 G K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	7011	Red lentil rotini	227g	6	C	6-28055-20920-1	G K
	7012	Red lentil small macaroni	227g	6	C	6-28055-20925-6	G K

e BLUE MONKEY

COCONUT WATER IN CAN ~ 330ML							
	4170	Pure coconut water	330mL	24	C	0-59654-17003-4	G
COCONUT WATER IN CAN ~ 520ML							
	4168	Pure coconut water	520mL	24	C	0-59654-17001-0	G
	4169	Pure coconut water with pulp	520mL	24	C	0-59654-17002-7	G
ORG COCONUT WATER							
	4189	Pure coconut water ~ 1L in tetra pak	1L	12	C	0-59654-22222-1	G O
	4184	Pure coconut water ~ 500mL in can	500mL	12	C	0-59654-13333-6	G O
ORGANIC COCONUT CREAM							
	4185	Coconut cream	400mL	24	C	0-59654-33001-8	G O
WATERMELON JUICE IN CAN							
	4190	100% watermelon juice	1L	12	C	0-59654-50001-5	

BOB'S RED MILL

GRANOLA							
NEW	4908	Maple sea salt	312g	6	C	0-39978-00361-4	G K
NEW	4909	Lemon blueberry	312g	6	C	0-39978-00363-8	G K
NEW	4910	Peanut butter	312g	6	C	0-39978-00370-6	G K
BOB'S BAR ~ GLUTEN FREE OAT BAR							
NEW	4911	Peanut butter & jelly	50g	12	C	0-39978-25902-8	G K
NEW	4912	Peanut butter & chocolat	50g	12	C	0-39978-24902-9	G K
NEW	4913	Peanut butter & honey	50g	12	C	0-39978-00371-3	G K
ROLLED OAT							
NEW	5052	Extra thick	907g	4	C	0-39978-35155-5	K
NEW	5053	Old fashioned	907g	4	C	0-39978-00379-9	K
NEW	5054	Quick cooking	907g	4	C	0-39978-00384-3	K
BAKING AIDS							
≠	4857	Active dry yeast	227g	5	C	0-39978-32501-3	G K
	4860	Arrowroot starch/flour	454g	4	C	0-39978-33505-0	G K
	4861	Baking powder	397g	4	C	0-39978-31392-8	G K
	4862	Baking soda	454g	4	C	0-39978-32391-0	G K
	4914	Coconut flakes unsweetened	284g	4	C	0-39978-32581-5	K
	4863	Corn starch	510g	4	C	0-39978-32583-9	G K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	4870	Egg replacer - gluten free	340g	5	C	0-39978-30620-3	G K
	4868	Guar gum	227g	5	C	0-39978-31554-0	G K
	4866	Nutritional yeast - large flakes	142g	4	C	0-39978-32546-4	G K
	4864	Potato starch	624g	4	C	0-39978-32525-9	G K
	4915	Shredded coconut ~ unsweetened	340g	4	C	0-39978-33578-4	K
	4979	Tapioca flour	454g	4	C	0-39978-32536-5	G K
	4869	Xanthan gum	227g	5	C	0-39978-35555-3	G K
		NUT FLOUR					
	4934	Almond flour ~ blanched almonds	907g	4	C	0-39978-33381-0	G K
	4945	Almond flour ~ blanched almonds	453g	4	C	0-39978-34381-9	G K
	4971	Natural almond flour	453g	4	C	0-39978-33380-3	G K
	4984	Organic coconut flour	453g	4	C	0-39978-32815-1	G O K
		GLUTEN FREE FLOUR & MEALS					
	5011	1 to 1 baking flour	624g	4	C	0-39978-34453-3	G K
	5012	1 to 1 baking flour	1.24Kg	4	C	0-39978-35453-2	G K
	5017	1 to 1 baking flour	1.8kg	4	C	0-39978-36453-1	G K
	4955	All purpose baking flour	624g	4	C	0-39978-33452-7	G K
	4982	All purpose baking flour	1.24Kg	4	C	0-39978-34452-6	G K
	4974	Brown rice flour	680g	4	C	0-39978-00197-9	G K
	4983	Brown rice flour ~ organic	680g	4	C	0-39978-00242-6	G O K
	4970	Cassava flour	567g	4	C	0-39978-30178-9	G K
	4851	Corn flour	624g	4	C	0-39978-00229-7	G K
	4956	Garbanzo & fava bean flour	624g	4	C	0-39978-00228-0	G K
	4954	Chickpea flour	454g	4	C	0-39978-00240-2	G K
	4944	Millet flour	567g	4	C	0-39978-00243-3	G K
	4967	Organic quinoa flour	510g	4	C	0-39978-35320-7	G O K
	5146	Paleo baking flour	454g	4	C	0-39978-33349-0	G K
	5147	Paleo baking flour	907g	4	C	0-39978-34349-9	G K
	4973	Potato flour	680g	4	C	0-39978-00238-9	G K
	4924	Sweet white rice flour	680g	4	C	0-39978-00244-0	G K
	4957	Sweet white sorghum flour	624g	4	C	0-39978-00234-1	G K
	4980	Teff flour	567g	4	C	0-39978-00239-6	G K
	4975	White rice flour	680g	4	C	0-39978-00198-6	G K
	5072	Whole grain oat flour	510g	4	C	0-39978-00227-3	G K
		FLOUR & MEALS					
	5103	All purpose flour ~ unbleached white	2.27Kg	4	C	0-39978-33301-8	K
	4951	Cornmeal medium	680g	4	C	C	K
	4988	Cornmeal medium - organic	680g	4	C	0-39978-00214-3	O K
	4949	Masa harina corn flour	624g	4	C	0-39978-00215-0	K
	4961	Organic buckwheat flour	624g	4	C	0-39978-00187-0	O K
	5077	Organic spelt flour	567g	4	C	0-39978-00210-5	O K
	4976	Semolina flour	680g	4	C	0-39978-00213-6	K
		GRAIN FREE MIXES					



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5007	Blueberry muffin mix	255g	5	C	0-39978-00300-3	G K
	5008	Chocolate cake mix	300g	5	C	0-39978-00318-8	G K
	5009	Brownie mix	340g	5	C	0-39978-00322-5	G K
	5010	Flatbread mix	200g	5	C	0-39978-00329-4	G K
		GLUTEN FREE MIXES					
	5019	Brownie mix	595g	4	C	0-39978-00200-6	G K
	5028	Chocolate chip cookie mix	624g	4	C	0-39978-0207-5	G K
	5029	Combread mix	567g	4	C	0-39978-00199-3	G K
	5018	Muffin mix	454g	4	C	0-39978-00226-6	G K
	5013	Pie crust	454g	4	C	0-39978-00224-2	G K
	5032	Pizza crust	454g	4	C	0-39978-00208-2	G K
		OATS ~ GLUTEN FREE					
	5046	Extra thick rolled oats	907g	4	C	0-39978-33374-2	G K
	5068	Oat bran cereal	454g	4	C	0-39978-32378-1	G K
	5049	Old fashioned rolled oats	907g	4	C	0-39978-32375-0	G K
	5047	Quick-cooking rolled oats	794g	4	C	0-39978-32376-7	G K
	5048	Steel cut oats	680g	4	C	0-39978-32373-6	G K
		ORGANIC OATS ~ GLUTEN FREE					
	5143	Extra thick rolled oats	907g	4	C	0-39978-32386-6	G O K
	5144	Old fashioned rolled oats	907g	4	C	0-39978-32387-3	G O K
	5145	Quick cooking oats	794g	4	C	0-39978-32388-0	G O K
	5142	Steel cut oats	680g	4	C	0-39978-32385-9	G O K
		ORGANIC OATS					
	5065	Extra thick rolled oats	454g	4	C	0-39978-34954-5	O K
	5063	Extra thick rolled oats	907g	4	C	0-39978-35954-4	O K
	5058	Oat bran cereal	510g	4	C	0-39978-32955-4	O K
	5061	Old fashioned rolled oats	454g	4	C	0-39978-34952-1	O K
	5062	Old fashioned rolled oats	907g	4	C	0-39978-35952-0	O K
	5059	Quick-cooking rolled oats	454g	4	C	0-39978-33953-9	O K
	5060	Quick-cooking rolled oats	907g	4	C	0-39978-34953-8	O K
	5064	Scottish oatmeal	567g	4	C	0-39978-32956-1	O K
	5066	Steel cut oats	680g	4	C	0-39978-32957-8	O K
		OATS					
	5055	Extra thick rolled oats	454g	4	C	0-39978-34155-6	K
	5051	Scottish oatmeal	567g	4	C	0-39978-34121-1	K
	5057	Steel cut oats	680g	4	C	0-39978-34140-2	K
		OATMEAL - MICROWAVABLE CUP					
	5135	Apple cinnamon	67g	12	C	0-39978-30184-0	G K
	5136	Blueberry hazelnut	71g	12	C	0-39978-31184-9	G K
	5137	Classic	51g	12	C	0-39978-32184-8	G K
	5138	Maple brown sugar	61g	12	C	0-39978-33184-7	G K
		MUESLI					
	4894	Muesli ~ gluten free	453g	4	C	0-39978-32366-8	G K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	4888	Old country style	510g	4	C	0-39978-34103-7	K
	5149	Paleo style ~ gluten free	396g	4	C	0-39978-30350-9	G K
	5150	Tropical ~ gluten free	396g	4	C	0-39978-30368-4	G K
		GRAINS & SEEDS					
	4999	Hulled millet	794g	4	C	0-39978-00253-2	G K
	4997	Organic buckwheat groats	454g	4	C	0-39978-00189-4	G O K
	5005	Organic farro	680g	4	C	0-39978-00211-2	O K
	4918	Organic quinoa grain ~ tricolour	369g	5	C	0-39978-32946-2	G O K
	4995	Organic quinoa grain ~ white	737g	4	C	0-39978-34323-9	G O K
	4916	Organic quinoa grain ~ white	369g	5	C	0-39978-33323-0	G O K
	5006	Whole grain sorghum grain	680g	4	C	0-39978-00254-9	G K
	4996	Whole grain teff	680g	4	C	0-39978-00255-6	G K
	5140	Yellow popcorn	850g	4	C	0-39978-32307-1	K
		SEEDS					
	5002	Chia seeds ~ organic	340g	5	C	0-39978-30844-3	O K
	4952	Flaxseed meal	453g	4	C	0-39978-33330-8	G K
	4953	Flaxseed meal	907g	4	C	0-39978-34330-7	G K
	4962	Flaxseed meal ~ organic	453g	4	C	0-39978-33937-9	G O K
	4964	Flaxseed meal ~ organic golden	453g	4	C	0-39978-33940-9	G O K
	4991	Flaxseeds ~ brown	368g	4	C	0-39978-33620-0	G K
	5001	Hulled hemp seeds	227g	5	C	0-39978-32596-9	K
		PANCAKE MIX					
	5025	Pancake / waffle mix ~ 10 grain	680g	4	C	0-39978-32204-3	K
	5026	Pancake / waffle mix ~ buckwheat	680g	4	C	0-39978-31881-7	K
	5027	Pancake / waffle mix ~ buttermilk	680g	4	C	0-39978-32880-9	K
	5024	Pancake / waffle mix ~ paleo	368g	4	C	0-39978-00185-6	G K
	5021	Pancake mix	680g	4	C	0-39978-32462-7	G K
		CEREALS					
	4884	"Creamy rice" brown rice farina	737g	4	C	0-39978-00121-4	G K
	4883	10 grain	709g	4	C	0-39978-00119-1	K
	4880	5 grain rolled	454g	4	C	0-39978-00115-3	K
	4882	8 grain - gluten free	709g	4	C	0-39978-00118-4	G K
	4889	Mighty tasty hot cereal	680g	4	C	0-39978-00117-7	G K
	4896	Organic creamy buckwheat	510g	4	C	0-39978-00106-1	G O K
	4905	Wheat bran	227g	4	C	0-39978-00217-4	K
	4907	Wheat germ	340g	4	C	0-39978-00216-7	K
		ENTREES					
	4936	13 beans soup mix	822g	4	C	0-39978-00127-6	K
	4932	Golden couscous	680g	4	C	0-39978-00258-7	K
	4935	Organic corn grits / polenta	680g	4	C	0-39978-00257-0	O K
	4930	Red bulgur - cracked whole grain wheat	680g	4	C	0-39978-00248-8	K
	4939	Tvp ~ textured veg protein ~ gluten free	340g	4	C	0-39978-00129-0	G K
	4937	Vegi soup mix	794g	4	C	0-39978-00128-3	K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	ORDER CODE						
	4958	Vital wheat gluten flour DISPLAY	567g	4	C	0-39978-00212-9	K
	5079	Empty shipper (can hold 8 CS)	--	1	U	N/A	

BRAGG

ORGANIC VINEGAR IN GLASS BOTTLE

3965	Organic apple cider vinegar	473mL	12	½	0-74305-10116-8	O	K
3966	Organic apple cider vinegar	946mL	12	½	0-74305-10132-8	O	K

LIQUID SOY SEASONING

3961	Liquid soy seasoning	473mL	12	½	0-74305-10016-1	G	K
3962	Liquid soy seasoning	946mL	12	½	0-74305-10032-1	G	K

ORGANIC SOY FREE ALL PURPOSE SEASONING

3969	Coconut nectar	296mL	12	½	0-74305-10610-1	G O	K
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NUTRITIONAL YEAST

3959	Nutritional yeast	127g	12	½	0-74305-06600-9	G	K
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e CESARES

SNACKS

7880	Chestnuts ~ roasted & peeled	150g	24	½	8-19377-00012-0	G	
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e CITY SNACKS

FREEZE DRIED FRUIT SNACKS

7870	Banana & strawberry	17g	8	C	8-19377-00824-9	G	T
7871	Pineapple	16g	8	C	8-19377-00819-5	G	
7872	Peach	15g	8	C	8-19377-00821-8	G	
7873	Pear	15g	8	C	8-19377-00823-2	G	
7874	Apple	18g	8	C	8-19377-00822-5	G	
7875	Banana	20g	8	C	8-19377-00820-1	G	
7876	Strawberry	11g	8	C	8-19377-00818-8	G	

COCONUT BLISS (undergoing transition to become COSI)

ORGANIC DESSERTS

* 9394	Legendary cookie dough	473mL	8	C	8-51499-00676-5	G O T K
* 9355	Madagascar vanilla bean	473mL	8	C	8-96767-00130-1	G O T K
* 9363	Sea salt caramel + chocolate	473mL	8	C	8-96767-00167-7	G O T K
* 9352	Dark chocolate	473mL	8	C	8-96767-00127-1	G O T K
* 9360	Chocolate peanut butter	473mL	8	C	8-96767-00148-6	G O T K
* 9351	Chocolate hazelnut decadence	473mL	8	C	8-96767-00126-4	G O T K
* 9397	Golden banana brownie swirl	473mL	8	C	8-51499-00659-8	G O T K
* 9362	Mint chip galactica	473mL	8	C	8-96767-00166-0	G O T K
* 9348	Chocolate walnut brownie	473mL	8	C	8-96767-00188-2	G O T K
* 9353	Infinite coconut	473mL	8	C	8-96767-00128-8	G O T K

ORG. COOKIE SANDWICH DESSERT ~ GLUTEN FREE



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

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* 9396 Vanilla 155ml 12 C 8-96767-00677-2 G O T K

COLD MOUNTAIN

MISO

≡ 6232 Mellow red miso 397g 6 C 8-13074-00170-1 G K
 ≡ 6235 Mellow white miso 397g 6 C 8-13074-00171-8 G K
 ≡ 6233 Kyoto red miso (low sodium) 397g 6 C 8-13074-00168-8 G K
 ≡ 6234 Kyoto white miso (low sodium) 397g 6 C 8-13074-00169-5 G K
 ≡ 6236 Light yellow miso 397g 6 C 8-13074-00172-5 G K
 ≡ 6237 Red miso 397g 6 C 8-13074-12173-2 G K

COSMIC BLISS (formely known as COCONUT BLISS)

ORGANIC DESSERTS

* 9394 Legendary cookie dough 473mL 8 C 8-50034-84018-5 G O T K
 * 9355 Madagascan vanilla bean 473mL 8 C 8-50034-84011-6 G O T K
 * 9363 Sea salt caramel + chocolate 473mL 8 C 8-50034-84013-0 G O T K
 * 9352 Dark chocolate 473mL 8 C 8-50034-84012-3 G O T K
 * 9360 Chocolate peanut butter 473mL 8 C 8-50034-84016-1 G O T K
 * 9351 Chocolate hazelnut decadence 473mL 8 C 8-50034-84020-8 G O T K
 * 9397 Golden banana brownie swirl 473mL 8 C 8-50034-84019-2 G O T K
 * 9362 Mint chip galactica 473mL 8 C 8-50034-84014-7 G O T K
 * 9348 Chocolate walnut brownie 473mL 8 C 8-50034-84017-8 G O T K
 * 9353 Infinite coconut 473mL 8 C 8-50034-84015-4 G O T K

ORG. COOKIE SANDWICH DESSERT ~ GLUTEN FREE

* 9396 Vanilla 155ml 12 C 8-50034-84025-3 G O T K

COMING SOON

EARTH BALANCE

TRADITIONAL SPREAD

≡ 8814 Soy free 425g 12 1/2 0-33776-01169-7 G K
 ≡ 8815 Original 425g 12 1/2 0-33776-01172-7 G K
 ≡ 8816 Organic 368g 12 1/2 0-33776-01184-0 G O K
 ≡ 8817 Soy free made with olive oil 368g 6 C 0-33776-01170-0 G K

COOKING & BAKING STICKS

≡ 8820 Vegan 454g 18 1/2 0-33776-01182-6 G K

TRADITIONAL SPREAD ~ 1.3KG

≡ 8819 Original 1.3Kg 6 C 0-33776-01188-8 G K

EARTH ISLAND

VEGENAISE ~ 473ML

VEGAN CHEESE ~ SLICES

VEGAN GOURMET

DAIRY-FREE CHEESE

DAIRY-FREE CRUMBLES



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KOYO
FOODS INC.

MAIN LISTING

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≡	7975	Roasted garlic	355mL	6	C	0-49568-70355-8	G K
≡	7977	Pesto	355mL	6	C	0-49568-73355-5	G K

EARTHBOUND FARM

ORGANIC FRUITS

* 9400	Blueberries	300g	12	1/2	0-32601-02530-4	O
* 9401	Dark sweet cherries	300g	12	1/2	0-32601-02529-8	O
* 9402	Strawberries	300g	12	1/2	0-32601-02528-1	O
* 9404	Berry blend	300g	12	1/2	0-32601-02531-1	O
* 9405	Mango chunks	300g	12	1/2	0-32601 02533-5	O
* 9407	Sliced peaches	300g	12	1/2	0-32601 02535-9	O

ORGANIC VEGETABLES

* 9410	Green peas	350g	12	1/2	0-32601-02522-9	O
* 9411	Sweet corn	350g	12	1/2	0-32601-02526-7	O
* 9412	Cut spinach	300g	12	1/2	0-32601-02524-3	O
* 9413	Butternut squash	400g	12	1/2	0-32601-02525-0	O
* 9414	Whole green beans	300g	12	1/2	0-32601-02521-2	O
* 9415	Kale	300g	12	1/2	0-32601-02554-0	O
* 9416	Broccoli	300g	12	1/2	0-32601-02527-4	O

e EARTH'S OWN

OAT BEVERAGE ~ 946ML

4130	Original	946mL	12	+	C	6-26027-81402-6	K
4131	Vanilla	946mL	12	+	C	6-26027-81404-0	K
4132	Barista blend	946mL	12	+	C	6-26027-81407-1	K
4133	Chocolate	946mL	12	+	C	6-26027-81405-7	K

SO NICE ~ SOY COFFEE CREAMER

4138	Barista blend	946mL	12	+	C	6-26027-08770-3	G K
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e ECHOCLEAN

FABRIC SOFTENER SHEETS

2763	Lavender	80 sheets	12	1/2	0-63827-60043-3	T
2764	Vanilla citrus	80 sheets	12	1/2	0-63827-60042-6	T

EDEN FOODS

ORGANIC BEANS IN A CAN

3360	Pinto beans	398mL	12	1/2	0-24182-00350-5	O K
3362	Garbanzo beans	398mL	12	1/2	0-24182-00351-2	O K
3363	Adzuki beans	398mL	12	1/2	0-24182-00352-9	O K
3364	Black beans	398mL	12	1/2	0-24182-00353-6	O K
3366	Kidney beans	398mL	12	1/2	0-24182-00354-3	O K
3367	Navy beans	398mL	12	1/2	0-24182-00355-0	O K
3368	White kidney beans (cannellini)	398mL	12	1/2	0-24182-00358-1	O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	3370	<i>Black soy beans, no salt added</i>	398mL	12	½	0-24182-00320-8	O K
	3371	<i>Small red beans</i>	398mL	12	½	0-24182-00356-7	O K
	3373	<i>Black eyed peas</i>	398mL	12	½	0-24182-00357-4	O K
	3374	<i>Great northern beans</i>	398mL	12	½	0-24182-00387-1	O K
	3387	<i>Butter beans</i>	398mL	12	½	0-24182-00359-8	O K
		ORGANIC BEANS IN A CAN (LARGE SIZE)					
	3865	<i>Pinto beans</i>	796mL	12	½	0-24182-28350-1	O K
	3866	<i>Black beans</i>	796mL	12	½	0-24182-28353-2	O K
	3867	<i>Garbanzo beans</i>	796mL	12	½	0-24182-28351-8	O K
	3868	<i>White kidney beans (cannellini)</i>	796mL	12	½	0-24182-28358-7	O K
	3869	<i>Navy beans</i>	796mL	12	½	0-24182-28355-6	O K
	3870	<i>Kidney beans</i>	796mL	12	½	0-24182-28354-9	O K
	3871	<i>Black eyed peas</i>	796mL	12	½	0-24182-00379-6	G O K
		ORGANIC BEANS IN A CAN <u>IN BULK</u>					
	3855	<i>Garbanzo beans</i>	3.06Kg	6	C	0-24182-00263-8	O
	3856	<i>Black beans</i>	3.06Kg	6	C	0-24182-00265-2	O
	3857	<i>Pinto beans</i>	3.06Kg	6	C	0-24182-00262-1	O
	3860	<i>Navy beans</i>	3.06Kg	6	C	0-24182-00267-6	O
		SNACKS					
	3217	<i>Organic pumpkin seeds</i>	113g	15	C	0-24182-02084-7	O K
	3218	<i>Organic spicy pumpkin seeds</i>	113g	15	C	0-24182-02081-6	O K
		ORGANIC PRECOOKED BEANS					
	3396	<i>Baked beans with mustard</i>	398mL	12	½	0-24182-00385-7	O K
	3397	<i>Lentils-onion & bay leaves</i>	398mL	12	½	0-24182-00388-8	O K
		ORGANIC REFRIED BEANS					
	3400	<i>Organic black beans</i>	398mL	12	½	0-24182-00399-4	O K
	3402	<i>Organic kidney beans</i>	398mL	12	½	0-24182-00396-3	O K
	3403	<i>Organic pinto beans</i>	398mL	12	½	0-24182-00398-7	O K
		ORGANIC CHILI					
	3425	<i>Pinto beans & spelt</i>	398mL	12	½	0-24182-00336-9	O K
		ORGANIC TOMATO SAUCES					
	3379	<i>Spaghetti sauce in jars, unsalted</i>	680mL	12	½	0-24182-00318-5	O K
	3376	<i>Pizza & pastas sauce</i>	398mL	12	½	0-24182-00317-8	O K
	5610	<i>Pizza & pasta sauce (amber glass)</i>	398mL	12	½	0-24182-03313-7	O K
		ORGANIC CRUSHED TOMATOES IN AMBER GLASS					
	5608	<i>Crushed tomatoes</i>	680mL	12	½	0-24182-03312-0	O K
		EDENSOY ORGANIC SOY BEVERAGE					
	3461	<i>Original</i>	946mL	12	C	0-24182-02705-1	O K
	3463	<i>Carob</i>	946mL	12	C	0-24182-02515-6	O K
	3466	<i>Unsweetened</i>	946mL	12	C	0-24182-02706-8	O K
		ORGANIC SAUERKRAUT					
	3822	<i>Sauerkraut in jar</i>	796mL	12	½	0-24182-01300-9	O K
	3818	<i>Sauerkraut in jar</i>	447mL	12	½	0-24182-01304-7	O K

SPECIAL
ORDER
ITEM



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	3819	3 onion sauerkraut in jar	447mL	12	½	0-24182-01306-1	O K
	3820	Kimchi sauerkraut in jar	447mL	12	½	0-24182-01305-4	O K
		CONDIMENTS					
	3844	Wasabi powder in tin can	25g	6	C	0-24182-00218-8	K
		ORGANIC NUT BUTTER					
	4252	Roasted tahini	454g	12	½	0-24182-00392-5	G O
	4253	Roasted black sesame butter	454g	12	½	0-24182-00393-2	G O
		ORGANIC MUSTARD ~ GLASS JAR					
	3845	Brown stone ground mustard	253mL	12	½	0-24182-00312-3	O K
	3847	Yellow stone ground mustard	253mL	12	½	0-24182-00213-3	O K
		ORGANIC MUSTARD ~ SQUEEZE BOTTLE					
	3848	Brown mustard with apple cider vinegar	253mL	12	½	0-24182-00314-7	O K
	3849	Yellow mustard with apple cider vinegar	253mL	12	½	0-24182-00313-0	O K
		GOMASHIO					
	3880	Original sesame shake (with sea salt)	100g	12	½	0-24182-00301-7	K
	3881	Garlic shake (with sea salt)	100g	12	½	0-24182-00305-5	K
	3882	Seaweed shake (with sea salt)	100g	12	½	0-24182-00309-3	K
	3883	Organic black & tan gomashio	100g	12	½	0-24182-00203-4	O K
		SEA SALTS					
	3885	French celtic	397g	12	½	0-24182-00315-4	
	3886	Portuguese	453g	12	½	0-24182-00316-1	
		VINEGAR					
	3951	Org apple cider vinegar (unpasteurised, unfiltered)	473mL	12	½	0-24182-00362-4	O K
	3952	Org apple cider vinegar (unpasteurised, unfiltered)	946mL	12	½	0-24182-00361-1	O K
	3955	Red wine vinegar	473mL	12	½	0-24182-00162-4	
	6790	Brown rice vinegar	148mL	12	½	0-24182-42086-9	K
	6791	Brown rice vinegar	296mL	12	½	0-24182-42087-6	K
	6794	Umeboshi Vinegar	296mL	12	½	0-24182-42590-1	K
		FRUITS					
	4246	Organic apple sauce	398mL	12	½	0-24182-00349-9	O K
	4255	Organic apple butter	482g	12	½	0-24182-00369-7	O K
		FIRST PRESSED OILS					
	4648	Sesame	473mL	12	½	0-24182-00025-2	O K
	4652	Toasted sesame seed	148mL	12	½	0-24182-00030-6	K
	4653	Toasted sesame seed	295mL	12	½	0-24182-42329-7	K
		ORGANIC POPCORN					
	5082	Organic popcorn	566g	12	½	0-24182-03386-1	O K
		ORG 100% WHOLE GRAIN PASTA					
	5643	Kamut & buckwheat rigatoni	340g	6	C	0-24182-11153-8	O K
	5644	Kamut elbows	396g	6	C	0-24182-11157-6	O K
	5619	Kamut spirals	340g	6	C	0-24182-11351-8	O K
	5630	Kamut vegetable spirals	340g	6	C	0-24182-11356-3	O K
	5655	Spelt ribbons	227g	6	C	0-24182-00109-9	O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
		ORGANIC GOLDEN AMBER DURUM WHEAT PASTA					
	5626	Vegetable spirals	340g	6	C	0-24182-11340-2	O K
		IMPORTED TRADITIONAL PASTA					
	6450	Mung bean ~ harusame	70g	12	½	0-24182-20502-2	G
		DRIED SEAWEEDS					
	6345	Kombu	60g	6	C	0-24182-15273-9	K
	6352	Sushi nori (7 sheets, toasted)	17g	6	C	0-24182-15769-7	
		ORGANIC TEAS					
	6495	Sencha green tea (16 bags)	24g	12	½	0-24182-18137-1	O K
	6505	Hojicha (16 bags)	24g	12	½	0-24182-18145-6	O K
	6497	Hojicha chai roasted green tea (16 bags)	43g	12	½	0-24182-18138-8	O K
	6496	Chamomile herb tea (16 bags)	16g	12	½	0-24182-18142-5	O K
	6502	Kukicha (16 bags)	32g	12	½	0-24182-18120-3	O K
	6504	Genmaicha (16 bags)	29g	12	½	0-24182-18156-2	O K

EDWARD & SONS

		ORGANIC MASHED POTATOES					
	9770	Home style	100g	6	C	0-43182-00070-3	G O K
	9771	Roasted garlic	100g	6	C	0-43182-00071-0	G O K
		ORGANIC BREADCRUMBS					
	9760	Panko ~ japanese style	300g	6	C	0-43182-00060-4	O
	9761	Lightly salted	425g	6	C	0-43182-00058-1	O
	9762	Italian herbs	425g	6	C	0-43182-00059-8	O
		EXOTIC RICE TOAST					
	9765	Jasmine rice & spring onion	65g	12	½	0-43182-00061-1	G
	9766	Purple rice & black sesame	65g	12	½	0-43182-00062-8	G
		ORGANIC BAKED BROWN RICE SNAPS					
	9794	Black sesame	100g	12	½	0-39631-00046-2	G O
	9830	Unsalted plain	100g	12	½	0-39631-00041-7	G O
	9833	Vegetable	100g	12	½	0-39631-00044-8	G O
		BAKED BROWN RICE SNAPS					
	9834	Tamari sesame	100g	12	½	0-11206-00034-3	G
	9835	Tamari seaweed	100g	12	½	0-11206-00035-0	G
	9836	Unsalted sesame	100g	12	½	0-11206-00036-7	G
		MISO SOUP					
	9838	Organic miso Japanese restaurant style	82g	6	C	0-43182-00098-7	O
	9839	Reduced sodium miso soup	29g	12	C	0-43182-00091-8	
	9840	Original golden miso soup	72g	12	C	0-11206-00093-0	
	9841	Seaweed miso soup	72g	12	C	0-11206-00094-7	
	9844	Organic traditional tofu miso soup	36g	12	C	0-43182-00092-5	O

ENLIGHTENED

FROZEN DESSERT ~ KETO



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	* 8355	Chocolate	473ml	8	C	8-10036-94502-8	G T
	* 8356	Vanilla bean	473ml	8	C	8-10036-94503-5	G T
	* 8357	Mint chocolate	473ml	8	C	8-10036-94504-2	G T
	* 8358	Coffee chip	473ml	8	C	8-10036-94505-9	G T
	* 8359	Glazed donut	473ml	8	C	8-10036-94506-6	G T
	* 8360	Caramel fudge	473ml	8	C	8-10036-94508-0	G T
NEW	* 8361	Brownies & cookie dough light	473ml	8	C	8-10036-94601-8	T
	FROZEN DESSERT BARS ~ KETO						
	* 8365	Dark chocolate ~ caramel peanut	4x31ml	8	C	8-10036-94300-0	T K
	* 8366	Peanut butter chocolate	4x31ml	8	C	8-10036-94301-7	T K
	* 8367	Dark chocolate ~ vanilla almond	4x31ml	8	C	8-10036-94302-4	T K
	* 8368	Mint chocolate	4x31ml	8	C	8-10036-94303-1	T K
	* 8369	Double chocolate	4x31ml	8	C	8-10036-94304-8	T K

e EVERLAND

NUTRITIONAL YEAST

7320	Engevita yeast powder	285g	6	C	0-59443-10006-8
7321	Flakes	250g	6	C	0-59443-10027-3

ORGANIC PEANUT

7323	Organic redskin raw peanuts	400g	12	1/2	0-59443-10326-7	O
7324	Organic roasted peanuts	400g	12	1/2	0-59443-10328-1	O
7325	Organic roasted peanuts ~ salted	400g	12	1/2	0-59443-10329-8	O

ORGANIC CHOCOLATE CHIPS

7326	Organic dark chocolate chips ~ 55%	400g	12	1/2	0-59443-10381-6	O
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OIL

7329	Avocado oil	375mL	12	1/2	0-59443-11423-2	
7330	Organic flax oil	500mL	6	C	0-59443-11426-2	O

ORGANIC VINEGAR

7331	Organic rice vinegar	375mL	12	1/2	0-59443-60215-9	O
7332	Organic balsamic vinegar	375mL	12	1/2	0-59443-60216-6	O

ORGANIC OAT

7333	Organic small rolled oats	2lbs	12	1/2	0-59443-91544-0	O
7334	Organic large rolled oats	2lbs	12	1/2	0-59443-91546-4	O

BAKING PRODUCT

7322	Baking soda	400g	6	C	0-59443-10181-2	
7327	Organic almond meal ~ raw	340g	12	1/2	0-59443-10602-2	O
7328	Organic coconut flour	454g	12	1/2	0-59443-10609-1	O
7335	Organic chickpea flour	500g	6	C	0-59443-91585-3	O

FIELD ROAST

PLANT-BASED BURGERS

* 9170	Fieldburger ~ barley, carrots & celery	368g	12	1/2	6-38031-60650-4	
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

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PLANT-BASED SAUSAGE

*	9172	Italian ~ garlic & fennel	368g	12	½	6-38031-61215-4	
*	9173	Smoked apple & sage	368g	12	½	6-38031-61217-8	
*	9174	Spicy mexican chipotle	368g	12	½	6-38031-61216-1	
*	9175	Breakfast sausage patties	241g	8	C	6-38031-22616-0	

PLANT-BASED HOT DOGS

*	9176	Signature stadium dog	283g	8	C	6-38031-62251-1	
*	9171	Frankfurter ~ classic smoked	340g	12	½	6-38031-61228-4	

PLANT-BASED APPETIZERS

*	9177	Classic nuggets	284g	8	C	6-38031-68417-5	
*	9178	Miniature corn dogs	283g	8	C	6-38031-21238-5	
*	9179	Fruffalo wings ~ original	283g	8	C	6-38031-21323-8	

MAC'N CHAO

*	9180	Creamy	312g	8	C	6-38031-22570-5	
*	9181	Chili	312g	8	C	6-38031-22522-4	

e FITBITE

CASSAVA CHIPS

	7700	Spicy	100g	12	+ C	6-28055-77500-3	T
	7701	Sea salt	100g	12	+ C	6-28055-77501-0	T

FOOD FOR LIFE

EZEKIEL 4:9 ~ ORG SPROUTED GRAIN BREAD

*	8314	Flax ~ yellow label	680g	6	C	0-73472-00124-0	O K
*	8320	Original ~ orange label	680g	6	C	0-73472-00120-2	O K
*	8321	Sesame ~ green label	680g	6	C	0-73472-00123-3	O K
*	8323	Low sodium ~ light orange label	680g	6	C	0-73472-00153-0	O K

GENESIS 1:29 ~ ORG SPROUTED GRAIN & SEED LOAF

*	8317	Original ~ blue label	680g	6	C	0-73472-00141-7	O K
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BREADS (WHEAT FREE & GLUTEN FREE)

*	8333	Brown rice bread	680g	6	C	0-73472-00169-1	G K
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EZEKIEL 4:9 ~ SPROUTED GRAIN CEREAL

	3250	Original	454g	6	C	0-73472-00255-1	K
	3251	Golden flax	454g	6	C	0-73472-00256-8	K
	3253	Almond	454g	6	C	0-73472-00258-2	K

EZEKIEL 4:9

~ SPROUTED FLOURLESS FLAKE CEREAL

	3254	Original	397g	6	C	0-73472-00260-5	O K
	3255	Flax + chia	397g	6	C	0-73472-00261-2	O K
	3256	Raisin	397g	6	C	0-73472-00262-9	O K
	3257	Almond	397g	6	C	0-73472-00263-6	O K

GLUTEN FREE ENGLISH MUFFINS



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	* 8315	Brown rice	510g	6	C	0-73472-00185-1	G K
	* 8316	Multi seed	510g	6	C	0-73472-00186-8	G K
		EZEKIEL 4:9 ~ ORGANIC ENGLISH MUFFINS					
	* 8318	Cinnamon raisin ~ purple label	454g	6	C	0-73472-00117-2	O K
	* 8319	Original ~ orange label	454g	6	C	0-73472-00119-6	O K
		EZEKIEL 4:9 ~ TORTILLAS					
	* 8340	Organic sprouted grain tortillas ~ 10 inch	340g	12	1/2	0-73472-00200-1	O K
	* 8342	Gluten free brown rice tortillas ~ 10 inch	340g	12	1/2	0-73472-00369-5	G K
	* 8343	Org sprouted whole kernel corn ~ 6 inch	283g	12	1/2	0-73472-00370-1	O K

e FUNCTION NATURAL FOODS

KALE & QUINOA BITES

PRICE ↓	* 9475	Mediterranean ~ sundried tomato & basil	280g	8	- C	8-51335-00072-8	
PRICE ↓	* 9476	Teriyaki ~ garlic and ginger	280g	8	- C	8-51335-00073-5	
PRICE ↓	* 9477	Bombay ~ coconut curry	280g	8	- C	8-51335-00076-6	
		QUINOA ARANCINI					
PRICE ↓	* 9478	Rosemary + lemon	280g	8	- C	8-51335-00074-2	

GARDEIN

FISH FREE

* 9253	Golden filets	288g	8	C	8-42234-00170-1
* 9265	Crabless cakes	205g	8	C	8-42234-00222-7

MEAT FREE PORK

* 9259	Porkless bites ~ sweet & sour	255g	8	C	8-42234-00322-4
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MEAT FREE BEEF

* 9262	Meatless meatballs ~ classic	360g	8	C	8-42234-00171-8
* 9263	Beefless tips ~ home-style	255g	8	C	8-42234-00063-6

MEAT FREE CHICKEN

* 9250	Crispy chick'n ~ mandarin orange	300g	8	C	8-42234-00087-2
* 9251	Crispy tenders ~ seven grain	255g	8	C	8-42234-00064-3
* 9254	Crispy fingers ~ chipotle line	270g	8	C	8-42234-00089-6
* 9255	Barbeque wings ~ sweet & tangy	255g	8	C	8-42234-00088-9
* 9258	Chick'n strips	225g	8	C	8-42234-00320-0
* 9260	Chick'n patties ~ crispy	350g	8	C	8-42234-00323-1
* 9275	Chick'n tenders ~ nashville style hot	260g	8	C	8 42234-00137 4
* 9276	Chick'n wings ~ spicy gochujang style	240g	8	C	8 42234-00155 8
* 9277	Crispy golden chick'n nuggets	245g	8	C	8 42234-00135 0

MEAT FREE BEEF ~ GLUTEN FREE

	* 9252	Beefless ground ~ the ultimate	390g	8	C	8-42234-00109-1	G
	* 9274	Supreme burger	226g	8	C	8-42234-00714-7	
NEW	* 9278	Supreme black bean burger	226g	8	C	8-42234-00175-6	
NEW	* 9279	Supreme falafel burger	226g	8	C	8-42234-00182-1	



ALIMENTS
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FOODS INC.

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MEAT FREE TURKEY

*	9256	Turk'y cutlets ~ lightly breaded	300g	8	C	8-42234-00114-5	
*	9273	Stuffed turk'y ~ herbed	454g	8	C	8-42234-00093-3	K

e GO BIO!

ORGANIC BOUILLON CUBES

8925	Vegetable	66g	15	C	6-87789-05120-3	G O	K
8928	Beef	66g	15	C	6-87789-05111-1	G O	K
8927	Chicken	66g	15	C	6-87789-05115-9	G O	K
8931	Mushroom	66g	15	C	6-87789-05113-5	G O	K
8932	Vegetable ~ yeast free	66g	15	C	6-87789-05114-2	G O	K

ORGANIC BOUILLON CUBES ~ NO SALT ADDED

8929	Chicken	54g	15	C	6-87789-05100-5	G O	K
8926	Vegetable	54g	15	C	6-87789-05101-2	G O	K

ORGANIC BROTH POWDER ~ YEAST FREE

8935	Vegetable ~ glass jar	100g	6	C	6-87789-05121-0	O	K
8936	Vegetable ~ refill bag	200g	8	C	6-87789-05122-7	O	K
8937	Chicken ~ low sodium ~ glass jar	75g	6	C	6-87789-05123-4	O	K
8938	Chicken ~ low sodium ~ refill bag	150g	8	C	6-87789-05124-1	O	K

ORGANIC PESTO CUBES

8895	Genovese	54g	15	C	6-87789-03223-3	G O	
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ORGANIC GRAVY CUBES

8898	Brown gravy	60g	15	C	6-87789-02113-8	G O	
8899	Poultry gravy	60g	15	C	6-87789-02112-1	G O	

ORGANIC GELATIN

8910	Gelatin ~ 6 sheets	10g	20	C	6-87789-12528-7	G O	
8911	Gelatin powder	30g	18	C	6-87789-12511-9	G O	
8912	Gelatin powder	150g	12	C	6-87789-12512-6	G O	

ORGANIC CANDIES

8920	Fruit gummi bears	75g	10	C	6-87789-21601-5	G O T	
8922	Sour gummies	75g	10	C	6-87789-21701-2	G O T	
8921	Vegan gummi bears	75g	10	C	6-87789-21501-8	G O T	
8923	Vegetarian licorice	75g	10	C	6-87789-21801-9	O T	
8944	Wine gums	75g	10	C	6-87789-22001-2	G O T	

e GOLD RUSH

ORGANIC POTATO PRODUCTS

*	8400	Diced hashbrowns	454g	12	½	6-29066-03614-5	G O
*	8401	Julienne fries	454g	12	½	6-29066-03618-3	G O
*	8402	Crinkle fries	454g	12	½	6-29066-03626-8	O



ALIMENTS
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FOODS INC.

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* 8403	Steak fries	454g	12	1/2	6-29066-03628-2	G O
* 8404	Sweet potato fresh fries	454g	12	1/2	6-29066-03624-4	G O

e GRANNY'S

LIQUID LAUNDRY

2787	Ultra liquid laundry	3.78L	4	C	0-63827-31038-7	T
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e GROUND LEEF

VEGAN CRUMBLES

NEW
NEW
NEW

9445	Unseasoned	100g	12	C	8-51335-00049-0	
9446	Taco	120g	12	C	8-51335-00048-3	
9447	Thai curry	110g	12	C	8-51335-00046-9	

e HENRY'S TEMPEH

ORGANIC TEMPEH

≡ 9240	Basil	250g	12	1/2	8-51193-00003-8	G O
≡ 9242	Kasha	250g	12	1/2	8-51193-00001-4	G O
≡ 9243	Original	250g	12	1/2	8-51193-00002-1	G O
≡ 9244	Red pepper	250g	12	1/2	8-51193-00006-9	G O
≡ 9245	Crumble	200g	18	1/2	8-51193-00004-5	G O

HERBARIA

HERBAL TEAS

9900	Chamomile flowers	25bags	10	C	5-997005-33010-0	
9901	Elder flowers	25bags	10	C	5-997005-33004-9	
9902	Horsetail	25bags	10	C	5-997005-33043-8	
9903	Lemon balm	25bags	10	C	5-997005-33006-3	
9904	Linden flowers	25bags	10	C	5-997005-33009-4	
9905	Peppermint leaves	25bags	10	C	5-997005-33005-6	
9906	Rosehip	25bags	10	C	5-997005-33008-7	
9907	Stinging nettle leaf	25bags	10	C	5-997005-33007-0	
9908	Yarrow	25bags	10	C	5-997005-33044-5	
9909	Fennel	25bags	10	C	5-997005-32423-9	
9910	St. John's wort	25bags	10	C	5-997005-33076-6	
9911	Milk thistle	25bags	10	C	5-997005-33091-9	
9912	Marigold blossoms	25bags	10	C	5-997005-33088-9	
9913	Senna leaves	25bags	10	C	5-997005-33089-6	
9914	Hawthorn flowers & leaves	25bags	10	C	5-997005-330902	
9915	Dandelion leaves	25bags	10	C	5-997005-33093-3	
9916	Small flowers willow herb	25bags	10	C	5-997005-33094-0	
9917	Thyme leaves	25bags	10	C	5-997005-33129-9	
9918	Valerian root	25bags	10	C	5-997005-33092-6	
9919	Echinacea herb	25bags	10	C	5-997005-34360-5	



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9920	<i>Eyebright herb</i>	25bags	10	C	5-997005-34359-9	
	9921	<i>Hyssop</i>	25bags	10	C	5-997005-34361-2	
	9922	<i>Rosemary leaf</i>	25bags	10	C	5-997005-34362-9	
	9923	<i>Sage leaves</i>	25bags	10	C	5-997005-34363-6	
	9924	<i>Passion flower</i>	25bags	10	C	5-997005-34364-3	
	9925	<i>Spearmint</i>	25bags	10	C	5-997005-34372-8	
	9926	<i>Agrimony herb</i>	25bags	10	C	5-997005-34373-5	
	9927	<i>Lavender flowers</i>	25bags	10	C	5-997005-34371-1	
	9928	<i>Birch leaf</i>	25bags	10	C	5-997005-34374-2	
	9929	<i>Lady's mantle</i>	25bags	10	C	5-997005-34383-4	
	9930	<i>Plantain leaf</i>	25bags	10	C	5-997005-34381-0	
	9931	<i>Shepherd's purse</i>	25bags	10	C	5-997005-34384-1	
	9932	<i>Uva ursi leaf</i>	25bags	10	C	5-997005-34382-7	

HOME FREE

ALLERGEN FRIENDLY COOKIES

7160	<i>Mini chocolate chip cookies</i>	144g	6	+	C	8-57313-00167-1	G	K
7161	<i>Mini vanilla cookies</i>	144g	6	+	C	8-57313-00169-5	G	K
7162	<i>Mini double chocolate chip cookies</i>	144g	6	+	C	8-57313-00168-8	G	K
7163	<i>Mini lemon burst cookies</i>	144g	6	+	C	8-57488-00436-1	G	K

e HONEY BAR

BARS ~ DISPLAY BOX

8520	<i>Almond salted caramel</i>	40g	15	+	C	6-23612-00080-2	G	K
8521	<i>Roasted lemon sesame</i>	40g	15	+	C	6-23612-00063-5	G	K
8522	<i>Peanut butter & jam</i>	40g	15	+	C	6-23612-00064-2	G	K
8523	<i>Sweet & salty</i>	40g	15	+	C	6-23612-00065-9	G	K
8524	<i>Trail mix</i>	40g	15	+	C	6-23612-00066-6	G	K
8525	<i>Quinoa & cranberry</i>	40g	15	+	C	6-23612-00067-3	G	K

e HOP

HEARTS OF PALM PASTA

4428	<i>Spaghetti</i>	400g	6		C	6-28451-16685-6	G	
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HOUSE FOODS

SHIRATAKI NOODLES

≡	8605	<i>Traditional ~ white yam (konjac)</i>	226g	12	½	0-76371-04143-0	G	K
≡	8606	<i>Fettuccini ~ tofu & white yam (konjac)</i>	226g	12	½	0-76371-04146-1	G	K
≡	8607	<i>Spaghetti ~ tofu & white yam (konjac)</i>	226g	12	½	0-76371-04145-4	G	K

IF YOU CARE

UNBLEACHED PANS

7411	<i>Loaf baking pans</i>	4ct	6		C	7-70009-25071-2	T	
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	7418	<i>Cake and pie pans</i>	4ct	6	C	7-70009-25070-5	T
		COFFEE FILTERS					
	7400	<i>No.2 coffee filters</i>	100ct	12	½	7-70009-00112-3	T
	7401	<i>No.4 coffee filters</i>	100ct	12	½	7-70009-00114-7	T
	7402	<i>8" basket filters</i>	100ct	12	½	7-70009-00111-6	T
		COOKING & BAKING PRODUCTS					
	7404	<i>Parchment baking paper</i>	70 sq.ft.	12	½	7-70009-01020-0	T
	7405	<i>Parchment baking sheets</i>	24ct	12	½	7-70009-01192-4	T
	7409	<i>Cheesecloth - unbleached 72" x 36"</i>	2 sq yd	24	½	7-70009-05004-6	T
	7410	<i>Natural cooking twine</i>	200ft	24	½	7-70009-05001-5	T
		BAKING CUPS					
	7398	<i>Mini</i>	90ct	24	½	7-70009-25018-7	T
	7403	<i>Large</i>	60ct	24	½	7-70009-01048-4	T
	7399	<i>Jumbo</i>	24ct	24	½	7-70009-25019-4	T
		100% RECYCLED ALUMINUM FOIL					
	7406	<i>Aluminum foil</i>	50 sq.ft.	12	½	7-70009-12011-4	T
		BAGS & WRAPS					
	7408	<i>Unbleached waxed paper</i>	75 sq.ft.	12	½	7-70009-25025-5	T
	7397	<i>Sandwich bags</i>	48 bags	12 +	½	7-70009-25026-2	T
	7413	<i>Compostable food waste bags ~ 3 gal</i>	30ct	12	½	7-70009-25064-4	T
	7414	<i>Compostable food waste bags ~ 13 gal</i>	12ct	12	½	7-70009-225065-1	T
		HOUSEHOLD GLOVES					
	7394	<i>Small</i>	1 pair	12	½	7-70009-25027-9	T
	7395	<i>Medium</i>	1 pair	12	½	7-70009-25028-6	T
	7396	<i>Large</i>	1 pair	12	½	7-70009-25029-3	T
		ROASTING BAGS					
	7416	<i>Medium</i>	6ct	8	C	7-70009-25073-6	T
	7417	<i>Extra large</i>	2ct	8	C	7-70009-25072-9	T

KNUDSEN

		100% FRUIT JUICE					
	3673	<i>Just black cherry</i>	946mL	6	C	0-74682-12309-8	
	3658	<i>Just blueberry</i>	946mL	6	C	0-74682-12324-1	
	3665	<i>Just pomegranate</i>	946mL	6	C	0-74682-12329-6	
	3675	<i>Just cranberry</i>	946mL	6	C	0-74682-12350-0	
		100% ORGANIC FRUIT JUICE					
	3674	<i>Just tart cherry</i>	946mL	6	C	0-74682-12318-0	O
	3678	<i>Just prune</i>	946mL	6	C	0-74682-12312-8	O



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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	3659	Just cranberry	946mL	6	C	0-74682-12335-4	O
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	3672	Just grapefruit	946mL	6	C	0-74682-20064-5	O
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e KOA NATURAL FOODS

LILO'S CLUSTERS

	3000	Dark chocolate	125g	12	1/2	6-28250-39470-2	O T
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	3001	Milk chocolate peanut butter	125g	12	1/2	6-28250-39468-9	O T
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	3002	Cookies and cream	125g	12	1/2	6-28250-39466-5	O T
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KOOPS' ORGANIC

ORGANIC MUSTARD ~ GLUTEN FREE

	3340	Dijon	325mL	12	+ 1/2	0-70281-00151-5	G O K
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	3341	Original yellow	325mL	12	+ 1/2	0-70281-00150-8	G O K
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	3342	Stone ground	325mL	12	+ 1/2	0-70281-00153-9	G O K
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	3343	Spicy brown	325mL	12	+ 1/2	0-70281-00152-2	G O K
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MUSTARD ~ GLUTEN FREE

NEW
NEW
NEW
NEW

	3344	Arizona heat	325mL	12	1/2	0-70281-41370-7	G K
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	3345	Honey mustard	325mL	12	1/2	0-70281-00127-0	G K
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	3346	Horseradish	325mL	12	1/2	0-70281-00131-7	G K
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	3347	Jalepeno	325mL	12	1/2	0-70281-41373-8	G K
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LAKWOOD

ORGANIC JUICES

	3985	Pure tart cherry	946mL	6	C	0-42608-63008-1	O K
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	3993	Beet	946mL	6	C	0-42608-63070-8	O K
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	3996	Pure carrot	946mL	6	C	0-42608-63045-6	O K
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	4003	Pure pineapple	946mL	6	C	0-42608-63005-0	O K
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	4004	Pure prune	946mL	6	C	0-42608-63009-8	O K
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	4006	Pure cranberry	946mL	6	C	0-42608-63011-1	O K
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	4007	Tart cherry blend	946mL	6	C	0-42608-63077-7	O K
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ORGANIC SUPPLEMENT JUICES

	4009	Pure aloe	946mL	6	C	0-42608-63014-2	O K
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ORGANIC CULINARY JUICES

	4012	Pure lemon	370mL	12	1/2	0-42608-36094-0	O K
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	4013	Pure lime	370mL	12	1/2	0-42608-36091-9	O K
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	4014	Pure lemon	946mL	6	C	0-42608-63094-4	O K
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PREMIUM JUICES

	4020	Pure cranberry	946mL	6	C	0-42608-63066-1	K
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	4021	Pure black cherry	946mL	6	C	0-42608-63048-7	K
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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LET'S DO... GLUTEN FREE

GLUTEN FREE CONES

	9848	Ice cream cones	36g	6	C	0-43182-00352-0	G K
NEW U/C	9849	Sugar cones	132g	6	C	0-43182-00353-7	G K

LET'S DO... ORGANIC

ORGANIC COCONUT ~ SHREDS & FLAKES

	9806	Shredded coconut	250g	12 + 1/2		0-43182-01520-2	G O
	9808	Unsweetened coconut flakes	198g	12 + 1/2		0-43182-01522-6	G O K

ORGANIC TAPIOCA

	9781	Tapioca ~ granules	170g	6	C	0-43182-00527-2	G O
	9782	Tapioca ~ starch	170g	6	C	0-43182-00528-9	G O

ORGANIC CORN STARCH

	9811	Corn starch	170g	6	C	0-43812-00529-6	O
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ORGANIC COCONUT ~ MILK & CREAM

	9800	Sweetened condensed coconut milk	195mL	6 +	C	0-43182-02205-7	G O K
	9803	Creamed coconut	200g	6 +	C	0-43182-00525-8	G O K
	9802	Heavy coconut cream	398ml	12 + 1/2		0-43182-00210-3	G O K

ORGANIC CONES

	9845	Ice cream cones	36g	12	1/2	0-43182-00355-1	O K
	9846	Sugar cones	132g	12	1/2	0-43182-00357-5	O K

MADE IN NATURE

ORGANIC DRIED FRUITS

	8505	Fruit fusion ~ superberry blast	142g	6	C	7-20379-50116-7	G O K
	8506	Dried plums	170g	6	C	7-20379-50127-3	G O K
	8507	Apricots	170g	6	C	7-20379-50118-1	G O K
	8508	Mangoes	85g	6	C	7-20379-50110-5	G O K
	8509	Smyrna figs	198g	6	C	7-20379-50128-0	G O K

MANNA ORGANICS

ORGANIC MANNA BREAD

*	9501	Carrot raisin	400g	8	C	0-58449-00003-7	O K
*	9504	Fruit & nut	400g	8	C	0-58449-00009-9	O K
*	9509	Fig, fennel and flax	350g	8	C	0-58449-00026-3	O K
*	9510	Date & cinnamon	400g	8	C	0-58449-70801-8	O K

MARANATHA

ALMOND BUTTER

	4396	Creamy ~ raw	340g	6	C	0-51651-09306-4	G K
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ORGANIC PEANUT BUTTER

	4392	Creamy	500g	6	C	0-51651-09330-9	G O K
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ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	ORDER CODE						
	4393	Crunchy	500g	6	C	0-51651-09331-6	G O K

MARUKAN

RICE VINEGAR ~ 355mL

6740	Organic	355mL	6	C	0-70641-06412-9	G O K
6741	Organic seasoned dressing	355mL	6	C	0-70641-06413-6	G O K
6742	Genuine brewed	355mL	6	C	0-70641-00006-6	G K
6739	Lite seasoned gourmet dressing	355mL	6	C	0-70641-00039-4	G K
6743	Seasoned dressing	355mL	6	C	0-70641-00009-7	G K

RICE VINEGAR ~ 710mL

6748	Genuine brewed	710mL	6	C	0-70641-00005-9	G K
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PREMIUM SOY DRESSING

6746	Yuzu Ponzu ~ with yuzu citrus	355mL	6	C	0-70641-06631-4	G K
6747	Ponzu ~ with sudachi citrus	355mL	6	C	0-70641-06621-5	G K

MORE LABS

FUNCTIONAL BEVERAGE

8550	Morning recovery	100ml	24	½	8-50004-32067-9	G T
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NATIVE

ORGANIC SUGAR NON GMO

7000	Cane sugar	1Kg	12	½	7-898206-500010	O
7001	Demerara cane sugar	1Kg	12	½	1-87759-00003-8	O

NATIVE FOREST

ORGANIC FRUIT PRODUCTS

9791	Organic young jackfruit	398mL	6	C	0-43182-01869-2	G O
9785	Mandarin oranges	284g	6	C	0-43182-01868-5	O K
9789	Pineapple chunks	398mL	6	C	0-43182-01851-7	O K
9790	Pineapple slices	425g	6	C	0-43182-00852-5	O
9786	Peach slices	398mL	6	C	0-43182-01859-3	G O K

CASHEW MILK

9812	Cashew milk powder	100g	6	C	0-43182-00102-1	G K
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COCONUT MILK

9799	Coconut milk powder	150g	6	- C	0-43182-01101-3	G K
9804	Organic light coconut milk	398mL	12	½	0-43182-00209-6	G O K
9805	Organic coconut milk	398mL	12	½	0-43182-00208-9	G O K

COCONUT CREAM

9810	Unsweetened coconut cream ~ premium	160mL	12	½	0-43182-00207-3	G O K
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VEGETABLE PRODUCTS

9823	Artichoke hearts, quartered	400g	6	C	0-43182-00891-4	
9825	Organic hearts of palm	398mL	12	C	0-43182-00890-7	O
9826	Organic cut baby corn	400g	6	C	0-43182-00830-3	O

PRICE ↓

NEW



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	ORDER CODE						
	9824	Artichoke hearts, whole, jar	170mL	6	C	0-43182-00892-1	

e NATUR-A

ORGANIC FORTIFIED OAT BEVERAGE

3454	Original	946mL	12	C	0-63667-20101-2	G O	K
3455	Vanilla	946mL	12	C	0-63667-20102-9	G O	K
3456	Chocolate	946mL	12	C	0-63667-20108-1	G O	K

ORGANIC FORTIFIED RICE BEVERAGE

3432	Original	946mL	12	C	0-63667-00601-3	G O	K
3433	Vanilla	946mL	12	C	0-63667-00602-0	G O	K

ORGANIC FORTIFIED SOY BEVERAGE 200mL

3430	Original	200mL	24	C	0-63667-50101-3	G O	K
3431	Unsweetened	200mL	24	C	0-63667-50601-8	G O	K
3434	Vanilla	200mL	24	C	0-63667-50201-0	G O	K
3435	Strawberry	200mL	24	C	0-63667-50301-7	G O T	K
3436	Chocolate	200mL	24	C	0-63667-50801-2	G O	K

ORGANIC FORTIFIED SOY BEVERAGE 946mL

3437	Unsweetened	946mL	12	C	0-63667-51100-5	G O	K
3438	Original light	946mL	12	C	0-63667-51000-8	G O	K
3439	Vanilla light	946mL	12	C	0-63667-51050-3	G O	K
3440	Cappuccino	946mL	12	C	0-63667-30180-4	G O	K
3445	Original	946mL	12	C	0-63667-30140-8	G O	K
3446	Vanilla	946mL	12	C	0-63667-30155-2	G O	K
3447	Strawberry	946mL	12	C	0-63667-30170-5	G O T	K
3448	Chocolate	946mL	12	C	0-63667-30185-9	G O	K

FORTIFIED ALMOND BEVERAGE 946mL

4193	Vanilla unsweetened	946mL	12	C	0-63667-09026-5	G	K
4194	Coconut unsweetened	946mL	12	C	0-63667-09046-3	G T	K
4195	Original	946mL	12	C	0-63667-09001-2	G	K
4196	Vanilla	946mL	12	C	0-63667-09002-9	G	K
4197	Unsweetened		12	C	0-63667-09006-7	G	K
4198	Chocolate	946mL	12	C	0-63667-09008-1	G	K

FORTIFIED ALMOND BEVERAGE 200mL

4191	Original	200mL	24	C	0-63667-49001-0	G	K
4192	Chocolate	200mL	24	C	0-63667-49008-9	G	K

e NATURE'S PATH

WAFFLES ~ ORGANIC



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
*	3272	Flax plus WAFFLES ~ ORGANIC & GLUTEN FREE	210g	12	½	0-58449-59055-2	O K
*	3271	Homestyle	210g	12	½	0-58449-59052-1	G O K
*	3273	Buckwheat ~ wildberry	210g	12	½	0-58449-59057-6	G O K
*	3280	Chia plus ~ quinoa & amaranth ENVIROKIDS ~ WAFFLES ~ ORGANIC & GLUTEN FREE	210g	12	½	0-58449-59074-3	G O K
*	3281	Penguin party ~ cinnamon	240g	12	½	0-58449-21242-3	G O K
*	3282	Polar beary ~ pink blueberry CEREAL ~ ORGANIC & GLUTEN FREE ~ ECO-PAC	240g	12	½	0-58449-21243-0	G O K
	9551	Mesa sunrise	750g	6	C	0-58449-77901-8	G O K
	9543	Honey'd corn flakes	750g	6	C	0-58449-77094-7	G O K
	9545	Fruit juice corn flakes	750g	6	C	0-58449-60056-5	G O K
	9556	Crispy rice	750g	6	C	0-58449-55002-0	G O K
	9620	Whole o's	750g	6	C	0-58449-77912-4	G O K
	9621	Sunrise ~ crunchy vanilla	675g	6	C	0-58449-18110-1	G O K
	9622	Sunrise ~ crunchy maple	675g	6	C	0-58449-18112-5	G O K
	9557	Mesa sunrise ~ with raisins CEREAL ~ ORGANIC ~ ECO PAC	825g	6	C	0-58449-77161-6	G O K
	9540	Multigrain oat bran flakes	907g	6	C	0-58449-60231-6	O K
	9546	Heritage o's	907g	6	C	0-58449-77001-5	O K
	9542	Millet rice	907g	6	C	0-58449-77008-4	O K
	9547	Heritage flakes	907g	6	C	0-58449-77021-3	O K
	9550	Flax plus ~ cinnamon flakes	907g	6	C	0-58449-77163-0	O K
	9552	Kamut ~ khorasan wheat flakes CEREAL ~ ORGANIC & GLUTEN FREE ~ BOX	750g	6	C	0-58449-77069-5	O K
	9530	Crispy rice	284g	12	½	0-58449-55000-6	G O K
	9523	Honey'd corn flakes	300g	12	½	0-58449-60218-7	G O K
	9521	Whole o's	325g	12	½	0-58449-77902-5	G O K
	9519	Golden turmeric	300g	6	C	0-58449-18910-7	G O K
	9512	Sunrise ~ crunchy honey	300g	12	½	0-58449-77204-0	G O K
	9515	Sunrise ~ crunchy cinnamon	300g	12	½	0-58449-77206-4	G O K
	9538	Sunrise ~ crunchy maple	300g	12	½	0-58449-77152-4	G O K
	9539	Sunrise ~ crunchy vanilla CEREAL ~ ORGANIC ~ BOX	300g	12	½	0-58449-77154-8	G O K
	9526	Heritage crunch	400g	12	½	0-58449-77174-6	O K
	9511	Smart bran ~ wheat, psyllium & oat bran	300g	12	½	0-58449-77102-9	O K
	9534	Optimum power ~ blueberry cinnamon flax ENVIROKIDZ ~ CEREAL ~ ORG & GLUTEN FREE ~ ECO-PAC	400g	12	½	0-58449-77700-7	O K
	9553	Gorilla Munch ~ corn puffs	650g	6	C	0-58449-87008-1	G O K
	9554	Panda puffs ~ peanut butter	700g	6	C	0-58449-87009-8	G O K
	9555	Koala crisp ~ chocolate	725g	6	C	0-58449-87010-4	G O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9558	Leapin lemurs ~ peanut butter & chocolate ENVIROKIDZ ~ CEREAL ~ ORG & GLUTEN FREE ~ BOX	650g	6	C	0-58449-21241-3	G O K
	9582	Gorilla Munch ~ corn puffs	284g	12	1/2	0-58449-86002-0	G O K
	9584	Panda puffs ~ peanut butter	300g	12	1/2	0-58449-86004-4	G O K
	9586	Leapin lemurs ~ peanut butter & chocolate	284g	12	1/2	0-58449-86006-8	G O K
	9580	Choco chimps ~ chocolate PUFFED CEREALS ~ ORGANIC	284g	12	1/2	0-58449-87023-4	G O K
	9577	Rice puffs	170g	12	1/2	0-58449-62001-3	O K
	9579	Kamut puffs ~ khorasan wheat Qi'A SUPERFOOD ~ CEREAL ~ ORGANIC	170g	12	1/2	0-58449-62004-4	O K
	9632	Superflakes ~ Cocoa coconut GRANOLA ~ ORGANIC ~ ECO-PAC	284g	12	1/2	0-58449-16113-4	G O K
	9541	Hemp hearts	750g	6	C	0-58449-89017-1	O K
	9544	Pumpkin seed + flax GRANOLA ~ ORGANIC	750g	6	C	0-58449-89019-5	O K
	9516	Pumpkin seed + flax	325g	12	1/2	0-58449-89007-2	O K
	9517	Flax plus ~ pumpkin raisin crunch	350g	12	1/2	0-58449-77750-2	O K
	9532	Coconut chia	350g	12	1/2	0-58449-89032-4	O K
	9535	Hemp plus	325g	12	1/2	0-58449-89000-3	O K
	9731	Peanut butter GRANOLA ~ ORGANIC ~ FAMILY SIZE	325g	12	1/2	0-58449-89008-9	O K
	9527	Coconut chia	800g	6	C	0-58449-19214-5	O K
	9528	Pumpkin seed + flax GRANOLA ~ ORGANIC & GLUTEN FREE LOVE CRUNCH ~ GRANOLA ~ ORGANIC	800g	6	C	0-58449-77906-3	O K
	9748	Dark chocolate peanut butter	325g	6	C	0-58449-16206-3	O K
	9749	Dark chocolate macaroon	325g	6	C	0-58449-77201-9	O K
	9750	Dark chocolate and red berries	325g	6	C	0-58449-77176-0	O K
	9751	Espresso vanilla cream LOVE CRUNCH ~ GRANOLA ~ ORGANIC ~ FAMILY SIZE	325g	6	C	0-58449-20223-3	O K
	9718	Dark chocolate and red berries	700g	6	C	0-58449-18203-0	O K
	9719	Dark chocolate & peanut butter ORGANIC PURE OATS GRANOLA	700g	6	C	0-58449-21143-3	O K
	9670	Honey almond Qi'A SUPERFOOD ~ ORGANIC BREAKFAST TOPPER	312g	8	C	0-58449-89041-6	G O K
	9739	Original	225g	10	1/2	0-58449-32004-3	G O K
	9740	Cranberry vanilla ORGANIC PURE OATS HOT OATMEAL	225g	10	1/2	0-58449-32006-7	G O K
	9676	Spiced apple flax	320g	6	C	0-58449-45067-2	G O K
	9677	Brown sugar maple	320g	6	C	0-58449-45069-6	G O K
	9678	Variety pack	320g	6	C	0-58449-45071-9	G O K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE	
		SUPERFOOD OATMEAL ~ ORGANIC & GLUTEN FREE						
	9742	Cinnamon pumpkin seed	228g	6	C	0-58449-15404-4	G O K	
	9743	Creamy coconut	228g	6	C	0-58449-15402-0	G O K	
	9744	Superseeds & grains	228g	6	C	0-58449-15400-6	G O K	
	9745	Tumeric	210g	6	C	0-58449-20408-4	G O K	
	9746	Cacao	210g	6	C	0-58449-20409-1	G O K	
		INSTANT OATMEAL ~ ORGANIC						
	9559	Variety pack	400g	6	C	0-58449-45000-9	O K	
	9560	Apple cinnamon	400g	6	C	0-58449-45004-7	O K	
	9561	Maple nut	400g	6	C	0-58449-45003-0	O K	
	9562	Flax'n oats	400g	6	C	0-58449-45002-3	O K	
	9563	Original	400g	6	C	0-58449-45001-6	O K	
	9568	Optimum blueberry cinnamon	320g	6	C	0-58449-45013-9	O K	

e NEW WORLD

		ALMOND BUTTER						
	4258	Almond butter - raw	365g	12	½	0-59443-40045-8	K	
	4259	Almond butter - smooth roasted	365g	12	½	0-59443-40046-5	K	
		ORGANIC SESAME TAHINI						
	4279	Organic sesame tahini - raw	365g	12	½	0-59443-40073-1	O K	
	4293	Organic sesame tahini - raw	500g	12	½	0-59443-40112-7	O K	
		PEANUT BUTTER						
	4295	Organic peanut butter - smooth unsalted	500g	12	½	0-59443-40190-5	O K	
	4296	Organic peanut butter - crunchy unsalted	500g	12	½	0-59443-40192-9	O K	
	4263	Peanut butter - crunchy unsalted	2Kg	6	C	0-59443-40004-5	K	
	4264	Peanut butter - smooth unsalted	2Kg	6	C	0-59443-40005-2	K	
		ORGANIC NUT BUTTERS						
	4272	Organic hazelnut butter	250g	12	½	0-59443-40182-0	O K	
	4276	Organic pumpkin seed butter - raw	365g	12	½	0-59443-40049-6	O K	
		NATURAL NUT BUTTERS						
	4256	Cashew butter ~ raw	365g	12	½	0-59443-40029-8	K	
	4257	Cashew butter ~ roasted	365g	12	½	0-59443-40038-0	K	

e NOBLE JERKY

		PLANT BASED VEGAN JERKY						
	9470	Sweet BBQ	70g	12	½	8-51335-00090-2		
	9471	Chipotle	70g	12	½	8-51335-00091-9		
	9472	Teriyaki	70g	12	½	8-51335-00092-6		
	9473	Original	70g	12	½	8-51335-00093-3		
	9474	Hickory	70g	12	½	8-51335-00094-0		
	9486	Smokehouse	70g	12	½	8-51335-00096-4		
	9487	Sweet sesame	70g	12	½	8-51335-00097-1		



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9488	Sriracha	70g	12	½	8-51335-00098-8	
	9489	Original ~ no sugar added	70g	12	½	8-51335-00060-5	
	9490	Smokey ~ no sugar added	70g	12	½	8-5133-500061-2	
	9440	Sweet BBQ ~ with clip strip	70g	12	C	8-51335-00090-2	
	9441	Teriyaki ~ with clip strip	70g	12	C	8-51335-00092-6	

e NUTES

SUPERFOOD SMOOTHIES PUCKS ~ 390G

*	9030	Go go green	390g	6	C	8-53267-00121-7	G
*	9031	Pink pulse	390g	6	C	8-53267-00122-4	G
*	9032	Purple tonic	390g	6	C	8-53267-00123-1	G
*	9033	Black & blue	390g	6	C	8-53267-00124-8	G
*	9034	Mocha berry	390g	6	C	8-53267-00125-5	G

SUPERFOOD SMOOTHIES PUCKS~ 650G

*	9038	Go go green	650g	6	C	8-53267-00119-4	G
*	9039	Pink pulse	650g	6	C	8-53267-00120-0	G
*	9040	Purple tonic	650g	6	C	8-53267-00100-2	G
*	9041	Black & blue	650g	6	C	8-53267-00103-3	G
*	9042	Mocha berry	650g	6	C	8-53267-00118-7	G

e NUTRI FLORA

NUTRITIONAL YEAST

5413	Flakes	200g	12	½	0-65493-05413-8	
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NUTRITIONAL YEAST IN BULK

5411	Flakes	25Kg	1	U	N/A	
5412	Flakes	5Kg	1	U	N/A	

**SPECIAL
ORDER ITEM**

ORGANIC VALUE

ORGANIC PASTA SAUCE

3473	Italian herb	700ml	12	½	8-35373-10600-0	O K
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e ORIGIN 846

UNFILTERED FIRST COLD PRESS OIL

3108	Extra Virgin Olive Oil	846ml	6	C	8-68972-00020-2	G K
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PAPERCHEF

PAPERS

7175	Pre-cut sheets	24 sheets	12	½	6-28689-70024-2	T
7176	Parchment paper	41 sq. ft	12	½	6-28689-00001-4	T
7177	Parchment paper	123 sq. ft	12	½	6-28689-70098-3	T

CUPS



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	7180	Mini baking cups	90 cups	12	½	6-28689-70090-7	T
	7181	Large baking cups	60 cups	12	½	6-28689-70060-0	T
	7182	X-large baking cups	30 cups	12	½	6-28689-70030-3	T
	7183	Tulip cups	12 cups	6	C	6-28689-70014-3	T
	7185	Tulip cups ~ multi-coloured	12 cups	6	C	6-28689-70414-1	T
	7184	Lotus cups	12 cups	6	C	6-28689-70012-9	T
	7186	Lotus cups ~ multi-coloured	12 cups	6	C	6-28689-70412-7	T
		BAKING ROUNDS					
	7187	8" Rounds	24 sheets	12	½	6-28689-60824-1	T
	7188	9" Rounds	24 sheets	12	½	6-28689-60924-8	T
		BAGS					
	7179	Cooking bags	10 bags	12	½	6-28689-70010-5	T

PARADEIGMA

GOÛTINE ~ BUCKWHEAT ROLLED WAFERS

3490	Raspberry	125g	8	C	3-76015-2700605
3491	Dark chocolate	125g	8	C	3-76015-2700612
3492	Cocoa & hazelnut	125g	12	½	3-76015-2700452
3493	Coconut	125g	12	½	3-76015-2700469

BUCKWHEAT CRACKERS

3494	5 grain ~ rice, buckwheat, corn, millet, amaranth	160g	12	½	3-76015-2700513
3495	Buckwheat	160g	12	½	3-76015-2700568

BUCKWHEAT CEREAL

3496	Cocoa & hazelnut	300g	12	½	3-76015-2700476
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e PB&ME

POWDERED PEANUT BUTTER

4410	Natural	200g	6	C	6-27843-53841-7	G
4415	Natural	454g	6	C	6-27843-53842-4	G

ORGANIC POWDERED PEANUT BUTTER

4421	No sugar added	200g	6	C	6-28451-16651-1	G O
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PREMIER JAPAN

SAUCES

9828	Wheat free hoisin sauce	251mL	12	½	0-11206-00085-5	G
9829	Wheat free teriyaki sauce	251mL	12	½	0-11206-00086-2	G

e PRESTIGE MAPLE PRODUCTS

ORGANIC MAPLE SYRUP

7050	Maple syrup	250ml	12	½	8-01152-92025-9	O
7051	Maple syrup	375ml	12	½	8-01152-92375-5	O
7052	Maple syrup	500ml	12	½	8-01152-92005-1	O



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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ORGANIC MAPLE SUGAR

7053	Maple sugar	227g	12	½	8-01152-59107-7	O
7054	Maple sugar	454g	12	½	8-01152-59103-9	O

ORGANIC MAPLE FLAKES

7055	Maple flakes	227g	12	½	8-01152-69107-4	O
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ORGANIC MAPLE STICKS

7056	Maple sticks	30g	12	C	8-01152-79112-5	O
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e PUREST

GLUTEN FREE COCOA MIXES

7640	Hot cocoa	300g	6	C	1-85396-00003-9	G	K
7641	Hot cocoa - Mexican	300g	6	C	1-85396-00010-7	G	K
7679	Natural cocoa	300g	6	C	1-85396-00048-0	G	K
7642	Marvellous - chocolate powder	500g	6	C	1-85396-00002-2	G	K

GLUTEN FREE BAKING MIXES

7648	Chocolate chip cookies	481g	6	C	1-85396-00033-6	G	K
7643	Chocolate cake	561g	6	C	1-85396-00078-7	G	K
7646	Brownies	488g	6	C	1-85396-00036-7	G	K
7654	Pie pastry	626g	6	C	1-85396-00027-5	G	K
7652	Muffin & loaf mix	553g	6	C	1-85396-00026-8	G	K
7653	Vanilla cake mix	582g	6	C	1-85396-00025-1	G	K
7671	Tea biscuits	490g	6	C	1-85396-00079-4	G	K
7656	Ginger molasses cookie	700g	6	C	1-85396-00015-2	G	K
7657	Shortbread cookie	378g	6	C	1-85396-00016-9	G	K

GLUTEN FREE COOKING MIXES

7647	Pancakes	558g	6	C	1-85396-00037-4	G	K
7645	Pure batter	300g	6	C	1-85396-00008-4	G	K
7651	Pure batter - extra crispy	300g	6	C	1-85396-00005-3	G	K
7649	Soup thickener	300g	6	C	1-85396-00034-3	G	K
7650	Gravy mix	300g	6	C	1-85396-00007-7	G	K
7655	Artisan bread mix	360g	6	C	1-85396-00084-8	G	K

GLUTEN FREE FLOURS

7675	Potato flakes	300g	6	C	1-85396-00032-9	G	K
7676	White rice flour	500g	6	C	1-85396-00041-1	G	K
7677	Brown rice flour	680g	6	C	1-85396-00049-7	G	K
7678	Potato starch	500g	6	C	1-85396-00044-2	G	K
7680	Gluten free all purpose flour	680g	6	C	1-85396-00050-3	G	K
7682	Garbanzo bean flour	500g	6	C	1-85396-00046-6	G	K
7683	Buckwheat flour	500g	6	C	1-85396-00024-4	G	K
7684	Sorghum flour	623g	6	C	1-85396-00042-8	G	K
7686	Tapioca flour	500g	6	C	1-85396-00076-3	G	K

GLUTEN FREE BAKING AIDS

7668	Baking powder	250g	6	C	1-85396-00038-1	G	K
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NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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7669 Baking soda 453g 6 C 1-85396-00039-8 G K

e RAWESOME

ORGANIC CAKES

* 9206 Crème brûlée 95g 6 C 6-28504-86215-5 G O
 * 9207 Café mocha 95g 6 C 6-28504-86216-2 G O

RAW, VEGAN, CULTURED & NON-DAIRY CASHEW SPREAD

* 9210 Original 227g 6 C 6-28504-86205-6
 * 9211 Onion & chives 227g 6 C 6-28504-86206-3
 * 9212 Garlic & black pepper 227g 6 C 6-28504-86208-7
 * 9213 Cilantro & chili pepper 227g 6 C 6-28504-86204-9
 * 9192 Tzatziki 227g 6 C 6-28504-86207-0 G
 * 9193 Sour cream 227g 6 C 6-28504-86203-2 G

NICE CREAM - VEGAN, NON-DAIRY

BANANA BASED ICE CREAM

* 9218 Lemon basil 150g 6 C 6-28504-86239-1
 * 9219 Piña colada 150g 6 C 6-28504-86236-4
 * 9220 Double chocolate brownie 150g 6 C 6-28504-86237-7
 * 9221 Cookies and cream 150g 6 C 6-28504-86238-4

am cheese will be shipped frozen. However, they are meant to be sold fresh.
 Please tag the products with a 60 days shelf life when displaying for sale.

REGINELLI

OIL

3516 Organic sunflower oil 750ml 12 1/2 8-56842-01142-7 K
 3517 Organic canola oil 750ml 12 1/2 8-56842-02102-0 K
 3520 Safflower oil 750ml 12 1/2 8-56842-01132-8 K

e RIZOPIA

RICE PASTA

5300 White Rice Spaghetti 454g 12 1/2 8-33125-00001-9 G
 5301 Brown Rice Spaghetti 454g 12 1/2 8-33125-00101-6 G
 5302 Brown Rice Fettuccine 454g 12 1/2 8-33125-00102-3 G
 5303 Brown Rice Fusilli 454g 12 1/2 8-33125-00103-0 G
 5304 Brown Rice Penne 454g 12 1/2 8-33125-00104-7 G
 5305 Brown Rice Elbows 454g 12 1/2 8-33125-00105-4 G
 5306 Brown Rice Shells 454g 12 1/2 8-33125-00106-1 G
 5307 Brown Rice Spirals 454g 12 1/2 8-33125-00107-8 G
 5308 Brown Rice Lasagna 340g 12 1/2 8-33125-00108-5 G
 5324 Spinach Rice Spaghetti 454g 12 1/2 8-33125-00201-3 G



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5325	Vegetable Rice Fusilli ORGANIC WILD RICE PASTA	454g	12	½	8-33125-00303-4	G
	5310	Spaghetti	454g	12	½	8-33125-00411-6	G O
	5311	Fusilli	454g	12	½	8-33125-00413-0	G O
	5312	Penne	454g	12	½	8-33125-00414-7	G O
	5313	Elbows	454g	12	½	8-33125-00415-4	G O
	5314	Shells ORGANIC BROWN RICE PASTA	454g	12	½	8-33125-00416-1	G O
	5317	Spaghetti	454g	12	½	8-33125-00111-5	G O
	5318	Fettuccine	454g	12	½	8-33125-00112-2	G O
	5319	Fusilli	454g	12	½	8-33125-00113-9	G O
	5320	Penne	454g	12	½	8-33125-00114-6	G O
	5321	Elbow	454g	12	½	8-33125-00115-3	G O
	5322	Fantaisa ORGANIC QUINOA BROWN RICE PASTA	454g	12	½	8-33125-00110-8	G O
	5327	Spaghetti	340g	12	½	8-33125-00601-1	G O
	5328	Fusilli	340g	12	½	8-33125-00603-5	G O
	5329	Penne	340g	12	½	8-33125-00604-2	G O

ROAD'S END ORGANICS

ORGANIC GRAVY MIX ~ GLUTEN FREE

9772	Delicious golden	28g	12	½	6-58334-47281-1	G O K
9773	Shiitake mushroom	28g	12	½	6-58334-47282-8	G O K
9774	Savory herb	28g	12	½	6-58334-47283-5	G O K

ORGANIC MAC & CHEESE ~ DAIRY FREE

9776	Semolina shells ~ cheddar style	184g	12	½	6-58334-74355-3	O
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SAHARA

ORGANIC BEANS - NO SALT ADDED

NEW	2800	Chick Peas	540ml	12	½	0-20988-02000-7	G O K
NEW	2801	Red Kidney	540ml	12	½	0-20988-02001-4	G O K
NEW	2802	Black Turtle	540ml	12	½	0-20988-02004-5	G O K
NEW	2803	Mixed Beans	540ml	12	½	0-20988-02007-6	G O K
NEW	2804	Green Lentil	540ml	12	½	0-20988-02010-6	G O K

ORGANIC PASTA SAUCE - MILD

NEW	2807	Marinara	740ml	6	C	0-20988-03030-3	G O K
NEW	2808	Sweet Basil	740ml	6	C	0-20988-03031-0	G O K
NEW	2809	Mushroom	740ml	6	C	0-20988-03032-7	G O K
NEW	2810	Roasted Garlic	740ml	6	C	0-20988-03033-4	G O K
NEW	2811	Italian Herb	740ml	6	C	0-20988-03035-8	G O K
NEW	2812	Roasted Eggplant	740ml	6	C	0-20988-03037-2	G O K
NEW	2813	Basil No Salt/Sugar	740ml	6	C	0-20988-03040-2	G O K

ORGANIC SALSA



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
<i>NEW</i>	2816	<i>Hot</i>	500ml	12	½	6-20988-03045-7	G O K
<i>NEW</i>	2817	<i>Mild</i>	500ml	12	½	6-20988-03046-4	G O K
<i>NEW</i>	2818	<i>Medium</i>	500ml	12	½	6-20988-03047-1	G O K
<i>NEW</i>	2819	<i>Black Bean Mild</i>	500ml	12	½	6-20988-03048-8	G O K
<i>NEW</i>	2820	<i>No Salt Added Mild</i>	500ml	12	½	6-20988-03049-5	G O K
		ORGANIC MILD PIZZA SAUCE					
<i>NEW</i>	2823	<i>Italian Herbs Mild</i>	500ml	12	½	6-20988-03050-1	G O K
<i>NEW</i>	2824	<i>No Salt/Sugar Added</i>	500ml	12	½	6-20988-03051-8	G O K
<i>NEW</i>	2825	<i>Hot</i>	500ml	12	½	6-20988-03052-5	G O K
		ORGANIC TOMATO PASTE					
<i>NEW</i>	2826	<i>Garlic</i>	120ml	12	½	6-20988-03066-2	G O K
<i>NEW</i>	2827	<i>Herbs</i>	120ml	12	½	6-20988-03067-9	G O K
<i>NEW</i>	2828	<i>Original</i>	120ml	12	½	6-20988-03068-6	G O K
		ORGANIC KETCHUP					
<i>NEW</i>	2830	<i>No salt/sugar added Ketchup</i>	350ml	6	C	6-20988-02030-4	G O K

SAN-J

		ORGANIC TAMARI ~ 296mL					
	6121	<i>Tamari "gold label" ~ organic, gluten free</i>	296mL	6	C	0-75810-00126-4	G O K
	6124	<i>Tamari low sodium "platinum label" ~ org</i>	296mL	6	C	0-75810-00426-5	G O K
	6141	<i>Organic shoyu "bronze label"</i>	296mL	6	C	0-75810-04126-0	O K
		GLUTEN FREE TAMARI ~ 296mL					
	6117	<i>Tamari "black label" ~gluten free</i>	296mL	6	C	0-75810-02126-2	G K
	6116	<i>Soy sauce ~ 50% less sodium</i>	296mL	6	C	0-75810-02426-3	G K
	6126	<i>Tamari low sodium "white label"</i>	296mL	6	C	0-75810-02326-6	G K
		GLUTEN FREE LOW SODIUM TAMARI					
	6118	<i>Tamari "black label" ~ gluten free</i>	592mL	6	C	0-75810-02136-1	G K
	6123	<i>Tamari "gold label" ~ organic, gluten free</i>	592mL	6	C	0-75810-00136-3	G O K
	6137	<i>Soy sauce ~ 50% less sodium</i>	592mL	6	C	0-75810-02436-2	G K
	6140	<i>Tamari low sodium "platinum label" ~ org</i>	592mL	6	C	0-75810-00436-4	G O K
	6139	<i>Tamari low sodium "white label"</i>	592mL	6	C	0-75810-02336-5	G K
		GLUTEN FREE SAUCES					
	6128	<i>Thai style peanut</i>	296mL	6	C	0-75810-14026-0	G K
	6129	<i>Korean BBQ style</i>	296mL	6	C	0-75810-13026-1	G K
	6131	<i>Hoisin sauce</i>	296mL	6	C	0-75810-15026-9	G K
	6130	<i>Teriyaki sauce</i>	296mL	6	C	0-75810-11226-7	G K
	6132	<i>Szechuan style sauce</i>	296mL	6	C	0-75810-12026-2	G K
		GLUTEN FREE LOW SODIUM SAUCES					
	6134	<i>Teriyaki sweet sauce ~ 50% less sodium</i>	296mL	6	C	0-75810-11326-4	G K
		FLAVORED TAMARI SPLASH					
<i>NEW</i>	6112	<i>No soy tamari</i>	296mL	6	C	0-75810-40026-5	G K
<i>NEW</i>	6113	<i>Ponzu tamari splash - citrus</i>	296mL	6	C	0-75810-03126-1	G K
<i>NEW</i>	6114	<i>Umami tamari splash - robust</i>	296mL	6	C	0-75810-03226-8	G K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
NEW SPECIAL ORDER ITEM	6115	Sweet doux tamari splash with maple syrup GLUTEN FREE TAMARI <u>IN BULK</u>	296mL	6	C	0-75810-03026-4	G K
	6135	Organic gluten-free tamari	18L	1	U	N/A	G O K

SANA

ORGANIC COCONUT FLOUR TORTILLAS

* 8081	Original	215g	12	1/2	8-51186-00788-4	G O
* 8082	Large wraps	342g	12	1/2	8-51186-00789-1	G O

SANTA CRUZ ORGANIC

ORGANIC FRUIT JUICE

3698	Lemonade	946mL	12	1/2	0-36192-12313-5	O T
3702	Raspberry lemonade	946mL	12	1/2	0-36192-12314-2	O T
3664	100% lemon	473mL	8	C	0-36192-12715-7	O
3661	Ginger ~ with lemon juice	236mL	12	1/2	0-36192-12365-4	G O

SO DELICIOUS

MOUSSE DESSERTS

* 9150	Salted caramel swirl	500mL	8	C	0-36632-07175-0	G K
* 9151	Lemon swirl	500mL	8	C	0-36632-07172-9	G K
* 9152	Peanut butter swirl	500mL	8	C	0-36632-07176-7	G K

COCONUT MILK DESSERTS

* 9125	Vanilla bean	500mL	8	C	7-44473-27011-8	G K
* 9128	Cookie dough	500mL	8	C	7-44473-27046-0	G K
* 9113	Cold brew coffee	500mL	8	C	7-44473-00090-6	G K

CASHEW DESSERTS

* 9107	Simply vanilla	500mL	8	C	7-44473-00066-1	G K
* 9108	Creamy chocolate	500mL	8	C	7-44473-00067-8	G K
* 9109	Cinnamon cookie dough	500mL	8	C	7-44473-00068-5	G K
* 9111	Salted caramel cluster	500mL	8	C	7-44473-27613-4	G K
* 9112	Dark chocolatey truffle	500mL	8	C	7-44473-27621-9	G K
* 9114	Chocolate banana flambé	500mL	8	C	7-44473-00091-3	G K

OATMEAL DESSERTS

* 9158	Oatmeal cookie	500ml	8	C	0-36632-07299-3	G T K
* 9159	Peanut butter & raspberry	500ml	8	C	0-36632-07297-9	G T K
* 9160	S'mores	500ml	8	C	0-36632-07758-5	G T K

MINIS SANDWICH DESSERTS

* 9135	Coconut ~ coconut milk	8x68mL	6	C	7-44473-27430-7	T K
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MINIS BAR DESSERTS

* 9137	Vanilla ~ coconut milk	4x68mL	6	C	7-44473-27411-6	G T K
* 9138	Coconut almond ~ coconut milk	4x68mL	6	C	7-44473-27412-3	G T K
* 9139	Mocha almond fudge ~ almond milk	4x68mL	6	C	7-44473-00025-8	G T K



ALIMENTS
KOYO
FOODS INC.

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	* 9140	Dipped salted caramel ~ cashew milk COCONUT WHIPPED TOPPING	4x68mL	6	C	7-44473-00074-6	G T K
	* 9116	Original	266mL	12	C	7-44473-29997-3	G T K

e SOBAYA

ORGANIC KAMUT NOODLES							
6392	Soba ~ 80% kamut, 20% buckwheat	230g	12	½	0-57443-30702-9	O	K
6393	Udon ~ 100% kamut	230g	12	½	0-57443-30704-3	O	K
6394	Somen ~ 100% kamut	230g	12	½	0-57443-30706-7	O	K
ORGANIC SPELT NOODLES							
6397	Soba ~ 80% spelt grain, 20% buckwheat	230g	12	½	0-57443-30902-3	O	K
6398	Udon ~ 100% spelt grain	230g	12	½	0-57443-30904-7	O	K
ORGANIC NOODLES							
6405	Udon ~ 100% whole wheat	230g	12	½	0-57443-30204-8	O	K
6407	Soba ~ 30% buckwheat	230g	12	½	0-57443-30202-4	O	K
NATURAL NOODLES							
6408	Soba ~ 30% buckwheat	454g	12	½	0-57443-40101-7		K
6414	Natural udon	454g	12	½	0-57443-40102-4		K

SPECTRUM

COCONUT OILS							
4708	Organic coconut oil	414mL	12	½	0-22506-97469-2	O	K
CANOLA OILS							
4752	Canola oil ~ organic	750mL	6	C	0-22506-47175-7	O	K
OLIVE OILS							
4749	Extra-virgin olive oil ~ unrefined, organic	375mL	6	C	0-22506-72137-1	O	K
4750	Extra-virgin olive oil ~ unrefined, organic	750mL	6	C	0-22506-72175-3	O	K
4782	Extra virgin olive oil spray	170g	6	C	0-22506-26581-3		K
4765	Mediterranean olive oil, organic	1L	6	C	0-22506-02204-7	O	K
OTHER OILS							
4707	Walnut oil	375mL	6	C	0-22506-41637-6		K
4743	Sesame oil ~ unref, pressed wt solvents	375mL	6	C	0-22506-40437-3		K
4763	Almond oil ~ refined, pressed wt solvents	375mL	6	C	0-22506-41037-4		K
MAYONNAISE							
4775	Organic mayonnaise	473mL	12	½	0-22506-20304-4	G O	K

STARLITE

VEGAN TAQUITOS							
* 9460	Beef	298g	6	+ C	0-37427-50720-1	G	
* 9461	Chicken	298g	6	+ C	0-37427-50721-8	G	
* 9462	Chorizo & black bean	298g	6	+ C	0-37427-50722-5	G	
VEGAN ROLLED TACOS							
* 9463	Santa fe chicken	340g	6	+ C	0-37427-50740-9		



ALIMENTS
KOYO
FOODS INC.

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	* 9464	Garlic chicken	340g	6	+	C 0-37427-50741-6	
	* 9465	Chipotle chicken	340g	6	+	C 0-37427-50743-0	
		VEGAN ENCHILADAS					
	* 9466	Green sauce	255g	6	+	C 0-37427-30750-4	G
	* 9467	Red sauce	255g	6	+	C 0-37427-30751-1	G
	* 9469	Bean & cheese	255g	6	+	C 0-37427-30753-5	G

SUNNY FRUIT

ORGANIC DRIED FRUITS ~ 5 PORTION PACKS

3802	Raisins	250g	18	1/2	8-42515-02014-8	G O K
3803	Dates	250g	18	1/2	8-42515-00691-3	G O K
3808	Mulberries	150g	18	1/2	8-42515-00688-3	G O K
3809	Bananas	150g	18	1/2	8-42515-00694-4	G O K
3811	Plums	150g	18	1/2	8-42515-00695-1	G O K

SUZIE'S

ORGANIC SALTINE CRACKERS

2960	Olive oil	246g	12	1/2	0-22929 42801-7	O
2961	Rosemary	246g	12	1/2	0-22929 42804-8	O

SWEETCANE

ORGANIC MOLASSES

7364	Blackstrap molasses	500g	12	1/2	0-59443-21321-8	G O K
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TAJ MAHAL

INDIAN MEALS ~ VEGAN

7250	Spinach dal	285g	6	C	0-59443-60001-8	
7251	Baingan bharta ~ eggplant	285g	6	C	0-59443-60002-5	
7252	Dal tadka ~ lentils, onions	285g	6	C	0-59443-60003-2	
7253	Chana masala ~ chickpeas	285g	6	C	0-59443-60006-3	
7254	Aloo matar ~ potato & green pea	285g	6	C	0-59443-60008-7	
7255	Pav bhaji ~ mashed vegetables in sauce	285g	6	C	0-59443-60009-4	

INDIAN MEALS ~ DAIRY FREE

7256	Palak paneer ~ spinach & cottage cheese	285g	6	C	0-59443-60004-9	
7257	Matar paneer ~ peas & cottage cheese	285g	6	C	0-59443-60005-6	
7258	Dal makhani ~ black gram in hot butter sauce	285g	6	C	0-59443-60007-0	
7259	Navratan korma ~ mix veg & cottage cheese	285g	6	C	0-59443-60010-0	

TASTE NIRVANA

COCONUT WATER ~ GLASS BOTTLE

3570	Real coconut water	280mL	12	C	0-11259-80686-2	
3571	Real coconut water with pulp	280mL	12	C	0-11259-80688-6	



ALIMENTS
KOYO
FOODS INC.

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	3572	<i>Real coco aloe</i> COCONUT WATER ~ GLASS BOTTLE	280mL	12	C	0-11259-80113-3	
	3573	<i>Real coconut water</i>	700mL	6	C	0-11259-90424-7	

TERRA DELYSSA

FIRST COLD PRESS OIL

3120	<i>Organic Extra Virgin Olive Oil ~ Select</i>	750ml	6	C	6-191509-903719	G O	K
3112	<i>Extra Virgin Olive Oil</i>	500ml	6	C	6-191509-903641	G	K

DATES

3130	<i>Organic pitted dates</i>	340g	12	½	8-68464-00017-8	G O	K
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e TIAMO FOODS

OH MY BUTTER ~ DAIRY FREE SPREAD

* 7480	<i>Salted</i>	255g	6	C	8-05362-34001-2	G	
* 7481	<i>Garlic & herb</i>	255g	6	C	8-05362-34101-9	G	

e TINKYADA

ORGANIC BROWN RICE PASTA

5439	<i>Elbows</i>	340g	12	½	6-21683-01055-3	G O	K
5440	<i>Lasagna</i>	280g	12	½	6-21683-01135-2	G O	K
5444	<i>Spaghetti</i>	340g	12	½	6-21683-02015-6	G O	K
5445	<i>Spirals</i>	340g	12	½	6-21683-02125-2	G O	K
5446	<i>Penne</i>	340g	12	½	6-21683-02115-3	G O	K

BROWN RICE & WHITE RICE PASTA

5451	<i>Brown rice shells</i>	454g	12	½	6-21683-92075-3	G	K
5442	<i>Spinach brown rice spaghetti</i>	340g	12	½	6-21683-62015-8	G	K
5447	<i>Brown rice spaghetti</i>	454g	12	½	6-21683-92015-9	G	K
5449	<i>White rice spaghetti</i>	454g	12	½	6-21683-52015-1	G	K
5443	<i>Vegetables brown rice spirals</i>	340g	12	½	6-21683-72125-1	G	K
5450	<i>Brown rice spirals</i>	454g	12	½	6-21683-92125-5	G	K
5438	<i>Brown rice little dreams</i>	397g	12	½	6-21683-91145-4	G	K
5441	<i>Brown rice lasagna</i>	280g	12	½	6-21683-92135-4	G	K
5448	<i>Brown rice fettucini</i>	397g	12	½	6-21683-92025-8	G	K
5452	<i>Brown rice penne</i>	454g	12	½	6-21683-92115-6	G	K
5453	<i>Brown rice elbows</i>	454g	12	½	6-21683-92055-5	G	K
5454	<i>Brown rice fusilli</i>	454g	12	½	6-21683-92065-4	G	K

BROWN RICE PASTA IN BULK

5455	<i>Brown rice spaghetti</i>	10lbs	1	U	6-21683-92014-2	G	K
5456	<i>Brown rice spirals</i>	10lbs	1	U	6-21683-92124-8	G	K
5457	<i>Brown rice shells</i>	10lbs	1	U	6-21683-92074-6	G	K



ALIMENTS
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	5458	Brown rice penne	10lbs	1	U	6-21683-92114-9	G K
	5459	Brown rice elbows	10lbs	1	U	6-21683-92054-8	G K
	5462	Brown rice lasagna	10lbs	1	U	6-21683-92134-7	G K

e TRACE WATER

NATURAL ALKALINE SPRING WATER

	3140	Water 7.7pH ~ bottle	500ml	12	½	6-28055-06300-1	
	3141	Water 7.7pH ~ bottle	1L	12	½	6-28055-06319-3	
	3142	Water 7.7pH ~ bottle	4L	4	C	6-28055-06307-0	
	3143	Water 7.7pH ~ cans	355ml	24	½	6-28055-06340-7	

e TRADITION MISO

ORGANIC MISO

≡	6210	Brown rice miso	450g	12	½	8-12139-00001-7	O
≡	6211	Barley miso	450g	12	½	8-12139-00002-4	O

TRADITIONAL MEDICINALS

ORGANIC SEASONAL TEAS

	8419	Echinacea plus ~ elderberry	24g	6	C	0-32917-00740-7	O K
	8442	Echinacea plus ~ original with spearmint	24g	6	C	0-32917-00741-4	O K
	8423	Throat coat ~ lemon echinacea	32g	6	C	0-32917-00765-0	O K
	8455	Throat coat ~ original with slippery elm	32g	6	C	0-32917-00766-7	O K

SEASONAL TEAS

	8450	Breathe easy ~ eucalytus mint	24g	6	C	0-32917-00733-9	K
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ORGANIC HERBAL TEAS

	8438	Reishi mushroom with rooibos & orange peel	24g	6	C	0-32917-00770-4	O K
	8415	Licorice root	24g	6	C	0-32917-00753-7	O K
	8416	Nettle leaf	32g	6	C	0-32917-00755-1	O K
	8433	Ginger	24g	6	C	0-32917-00747-6	O K
	8421	Fennel	32g	6	C	0-32917-00744-5	O K
	8425	Hibiscus	28g	6	C	0-32917-00751-3	O K
	8426	Lemon balm	24g	6	C	0-32917-00752-0	O K
	8443	Chamomile	21g	6	C	0-32917-00735-3	O K
	8432	Chamomile with lavender	24g	6	C	0-32917-00734-6	O K
	8445	Turmeric with meadowsweet & ginger	32g	6	C	0-32917-00768-1	O K
	8439	Raspberry leaf	28g	6	C	0-32917-00759-9	O K
	8440	Roasted dandelion root	24g	6	C	0-32917-00760-5	O K
	8430	Dandelion leaf & root	28g	6	C	0-32917-00738-4	O K
	8444	Peppermint	24g	6	C	0-32917-00758-2	O K
	8448	Spearmint	24g	6	C	0-32917-00763-6	O K
	8436	Hawthorn with hibiscus	32g	6	C	0-32917-00750-6	O K



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		ORGANIC LAXATIVE TEAS					
	8422	Smooth move ~ senna peppermint	32g	6	C	0-32917-00761-2	O K
	8453	Smooth move ~ original woth senna	32g	6	C	0-32917-00762-9	O K
		ORGANIC GREEN TEAS					
	8420	Ginger	26g	6	C	0-32917-00748-3	O K
	8441	Lemongrass	24g	6	C	0-32917-00749-0	O K
	8418	Matcha with toasted rice	24g	6	C	0-32917-00771-1	O K
		ORGANIC RELAXATION TEAS					
	8427	Nighty night extra ~ valerian	24g	6	C	0-32917-00756-8	O K
	8456	Nighty night ~ original with passionflower	28g	6	C	0-32917-00757-5	O K
	8449	Cup of calm ~ lavender mint	24g	6	C	0-32917-00737-7	O K
	8429	Stress soother ~ cinnamon	24g	6	C	0-32917-00764-3	O K
	8437	Tulsi with ginger	32g	6	C	0-32917-00767-4	O K
		ORGANIC DIGESTIVE TEAS					
	8431	Ginger aid	32g	6	C	0-32917-00745-2	O K
	8457	Belly comfort ~ peppermint	28g	6	C	0-32917-00739-1	O K
		ORGANIC WOMEN'S TEAS					
	8434	Mother's milk ~ original w/ fennel & fenugreek	28g	6	C	0-32917-00754-4	O K
	8452	Weightless ~ dandelion hibiscus	32g	6	C	0-32917-00769-8	O K
		ORGANIC DETOX TEAS					
	8428	Everyday detox ~ dandelion	24g	6	C	0-32917-00742-1	O K
	8447	Everyday detox ~ lemon	24g	6	C	0-32917-00743-8	O K

e TUNAH

SIMULATED VEGAN PLANT BASED TUNA

9492	Tunah in oil	150g	12	½	8-51335-00045-2
9491	Tunah in oil ~ sriracha	150g	12	½	8-51335-00080-3
9493	Tunah in oil ~ garlic	150g	12	½	8-51335-00081-0
9494	Tunah in oil ~ lemon pepper	150g	12	½	8-51335-00087-2

UDI'S

GLUTEN FREE BAGELS

* 7447	Plain bagel	396g	8	+	C	6-98997-80954-8	G	K
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GLUTEN FREE LOAF

* 7430	White sandwich loaf	340g	8	+	C	6-98997-80910-4	G	K
* 7435	Delicious whole grain sandwich loaf	340g	8	+	C	6-98997-82915-7	G	K

GLUTEN FREE PIZZA CRUSTS

* 7457	Pizza 9" crust	224g	8	+	C	6-98997-80917-3	G	K
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GLUTEN FREE BUNS

* 7442	Classic hamburger buns	296g	8	+	C	6-98997-80913-5	G	K
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GLUTEN FREE ENGLISH MUFFINS

* 7436	Original english muffins	480g	6	+	C	6-98997-80631-8	G	K
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e URBANI

APPETIZERS ~ ARANCINI RISOTTO BALLS

PRICE ↓	*	9480	Mozzarella	280g	8	-	C	8-51335-00030-8
PRICE ↓	*	9481	Italian ~ Italian sausage & mozzarella	280g	8	-	C	8-51335-00031-5
PRICE ↓	*	9482	Marinara ~ tomato sauce, peas & mozzarella	280g	8	-	C	8-51335-00033-9
PRICE ↓	*	9483	Porcini ~ wild mushroom & cream cheese	280g	8	-	C	8-51335-00034-6

e VEGETARIAN GOURMET

ARTISAN VEGAN BURGERS

*	9430	Quinoa & chickpea	4x100g	12	1/2		C	6-27843-51737-5	G
*	9431	Mexican spicy 3-bean	4x100g	12	1/2		C	6-27843-51739-9	G
*	9432	Lentil & walnut	4x100g	12	1/2		C	6-27843-51741-2	G
*	9433	Sweet potato & black bean	4x100g	12	1/2		C	6-27843-51743-6	G
*	9434	Eggplant & tahini	4x100g	12	1/2		C	6-28110-15008-0	G

ARTISAN VEGAN BEET BALLS

*	9435	Beetballs ~ with fresh beets and lentils	260g	12	1/2		C	6-27843-51737-5	G
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VILLA TOSCANELLA

OIL

3515	Organic extra virgin olive oil	750ml	12			C	8-56842-00152-7	K
3518	Avocado oil ~ refined	750ml	12	1/2		C	8-56842-01202-8	K
3519	Grapeseed oil ~ refined	750ml	12			C	8-56842-00132-9	K

e VORTEX 9.5 PH

GLACIAL ALKALINE WATER

4180	Vortex 9.5	500mL	24				6-28634-69307-0	K
4182	Vortex 9.5	1.5L	12				6-61431-10050-1	K

e WESTERN RICE MILLS

ORGANIC RICE

5255	Long grain brown rice	907g	6			C	0-61052-50630-8	G O K
5256	Short grain brown rice	907g	6			C	0-61052-50629-2	G O K
5257	Brown jasmine rice	907g	6			C	0-61052-40719-3	G O K
5258	White jasmine rice	907g	6			C	0-61052-40720-9	G O K

WHOLESOME SWEETENERS

SUGAR

8964	Organic sucanat	907g	6			C	0-12511-30500-0	O K
8965	Fair trade organic turbinado raw cane sugar	680g	6			C	0-12511-44471-6	O K
8962	Fair trade raw cane sugar	680g	6			C	0-12511-47071-5	K



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	8966	Organic icing sugar	454g	6	C	0-12511-32004-1	O K
	8970	Organic light brown sugar	680g	6	C	0-12511-44641-3	O K
	8971	Organic dark brown sugar	680g	6	C	0-12511-44652-9	O K
	8968	Organic golden sugar	454g	6	C	0-12511-47031-9	O K
	8969	Organic golden sugar	907g	6	C	0-12511-40600-4	O K
	ORGANIC COCONUT PALM SUGAR						
	8976	Coconut palm sugar	454g	6	C	0-12511-97106-9	O K
	ORGANIC BLACKSTRAP MOLASSES						
	8960	Blackstrap molasses unsulphured	662g	12	½	0-12511-60000-6	O K
	8961	Blackstrap molasses unsulphured	1.13kg	6	C	0-12511-70000-3	O K
	ZERO CALORIE SWEETENERS						
	8987	Organic stevia - 35 packets	35x1g	6	C	0-12511-97635-4	O K
	ORGANIC AGAVE						
	8972	Organic blue agave	240mL	6	C	0-12511-47121-7	O K
	8973	Organic blue agave	480mL	6	C	0-12511-47231-3	O K
	8980	Organic blue agave	900mL	6	C	0-12511-47441-6	O K
	8974	Organic blue agave ~ raw	240mL	6	C	0-12511-47312-9	O K
	8975	Organic blue agave ~ raw	480mL	6	C	0-12511-47323-5	O K
	8981	Organic blue agave ~ raw	900mL	6	C	0-12511-47644-1	O K

WHOLLY GLUTEN FREE

GLUTEN FREE PRODUCTS

*	8485	Pie shells ~ 2 pack ~ 9" (23cm)	422g	6	C	0-74677-99033-9	G K
*	8486	Fudge brownies	198g	12	½	0-74677-99008-7	G K
*	8487	Pizza crusts ~ 3 pack	283g	6	C	0-74677-99060-5	G K

WHOLLY WHOLESOME

ORGANIC PIE SHELLS

*	8470	Traditional ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99010-0	O K
*	8471	Whole wheat ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99011-7	O K
*	8472	Spelt ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99012-4	O K

THE WIZARD'S

SAUCES

	9815	Original hot stuff spicy sauce	147mL	12	½	0-11206-00405-1	
	9816	Worcestershire sauce	147mL	12	½	0-11206-00408-2	



ALIMENTS
KOYO
FOODS INC.

MAIN LISTING

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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	9820	Vegetarian worcestershire sauce	295mL	12	½	0-11206-00418-1	
	9813	Organic wheat free vegan worcestershire	251mL	12	½	0-11206-00419-8	G O

YOGI TEA

FUNCTIONAL TEA

	9855	Restful sleep	32g	6	C	0-76950-20348-8	K
	9856	Calming tea	29g	6	C	0-76950-20347-1	K

ORGANIC HERBAL TEA

	9853	Lemon ginger	36g	6	C	0-76950-65017-6	O K
	9854	Ginger tea	32g	6	C	0-76950-65011-4	O K
	9857	Stress relief ~ chamonile passionflower	29g	6	C	0-76950-20702-8	O K
	9859	Lemon DeTox	29g	6	C	0-76950-20346-4	K

ORGANIC GREEN TEA

	9852	Kombucha	32g	6	C	0-76950-65021-3	O K
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ORGANIC HERBAL SPICE TEA

	9860	Egyptian licorice	36g	6	C	0-76950-61516-8	O K
	9883	Chai rooibos	36g	6	C	0-76950-61533-5	O K

e YORKSHIRE VALLEY FARMS

ORGANIC CHICKEN

*	8770	Chicken breast fillets	480g	12	½	7-32352-13586-3	O
*	8771	Chicken bites	454g	12	½	7-32352-78065-0	O