

**ANNE FIDDICK  
AQUATIC & SPORTS  
CENTRE  
GOLD RIVER, B.C.**

**250-283-2216**

**pool@conumacable.com**



**WEIGHTROOM / CARDIO ROOM & COURT HOURS**

Monday/Wednesday 9 am -12 noon & 5 pm - 9 pm  
 Tuesday/Thursday 9 am -12 noon & 1 pm - 9 pm  
 Friday 9 am - 12 noon & 6 pm -10 pm  
 Saturday: 2 pm - 5 pm & 6 pm - 9 pm  
 Sunday: 12 noon - 4 pm



**SCHEDULE EFFECTIVE September 17 - December 15, 2017**

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure				
9 - 10 am	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	<p>Share the joy of swimming</p> <p>Swim with the best</p>		<p>EVERYONE WELCOME 12 - 4 pm</p>					
10 - 11 am	<b>EVERYONE WELCOME</b>	PARENT & TOT 10 - 11 am	<b>EVERYONE WELCOME</b>		<b>EVERYONE WELCOME</b>	PARENT & TOT 10 - 11 am	<b>EVERYONE WELCOME</b>		<b>EVERYONE WELCOME</b>	PARENT & TOT 10 - 11 am								
11 - 12 pm	↓	P/S LESSONS 11 - 12pm	SCHOOLS 11am - 12pm	↓	↓	P/S LESSONS 11 - 12pm	SCHOOLS 11am - 12pm	↓	↓	<b>EVERYONE WELCOME</b>								
12 - 1 pm	<b>AQUATIC CENTRE CLOSED DURING LUNCH HOUR</b> <i>NOTE: LANE SWIMMING MAY BE UNAVAILABLE TUES/THURS 3:30 - 5:00 PM</i>										<p>EVERYONE WELCOME 2 - 5 pm</p>							
1 - 2 pm	<b>FACILITY CLOSED 12 noon - 5 pm</b>		EVERYONE WELCOME 1 - 9 pm		<b>FACILITY CLOSED 12 noon - 5 pm</b>		EVERYONE WELCOME 1 - 9 pm		<p><b>FACILITY CLOSED 12 noon - 6 pm</b></p>						<p>EVERYONE WELCOME 6 - 10 pm</p>			
2 - 3 pm			SCHOOLS 1 - 3 pm				SCHOOLS 1 - 3 pm											
3 - 4 pm			LESSONS 3:30 - 5:45				LESSONS 3:30 - 5:45											
4 - 5 pm			↓				↓											
5 - 6 pm	<b>EVERYONE WELCOME</b> 5:00 - 9:00	P/S LESSONS 5 - 6 pm	<b>EVERYONE WELCOME</b>	P/S LESSONS 5:45 - 6:15	<b>EVERYONE WELCOME</b> 5:00 - 9:00	P/S LESSONS 5 - 6 pm	<b>EVERYONE WELCOME</b>	P/S LESSONS 5:45 - 6:15			<p>EVERYONE WELCOME 6 - 9 pm</p>		<p>↓</p>					
6 - 7 pm	↓	<b>EVERYONE WELCOME</b>	<b>EVERYONE WELCOME</b>	↓	↓	<b>EVERYONE WELCOME</b>	<b>EVERYONE WELCOME</b>											
7 - 8 pm	↓	↓	↓	↓	↓	↓	↓											
8 - 9 pm	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	<p>↓</p>		<p>↓</p>					
9 - 10 pm	<p>The pool will be closed October 9 &amp; November 11, 2017                  December 24, 25, 26, 31, 2017 &amp; January 1, 2018</p>														<p>↓</p>		<p>↓</p>	