

Tiffelberg Open

Co-hosted by Tiffin University and Heidelberg University

April 6, 2019

Tentative Time Schedule- We will update the schedule 2 days before the meet – 4/4/2019

Field Events- Approximate times - (3 attempts then finals)

10:00 AM	6k U20 Hammer Section
10:30 AM	Women's Javelin (Men to follow) Women's PV (Men to follow) Men's Long Jump (Women to follow) Men's Hammer (Women to follow)
	Women's Discus (Men to follow) - Conclusion of hammer Men's Shot (Women to follow) – Conclusion of Jav Men's Triple Jump (Women to follow) – Conclusion of LJ
1:30	Women's High Jump (Men to follow)

Running Events- Tentative – will not go more than 20 minutes ahead of schedule

11:30	National Anthem
11:50	3000 Steeple Chase – Men
12:05 PM	3000 Steeple Chase – Women
12:20	4 x 100 Relay – Men
12:25	4 x 100 Relay – Women
12:30	1500 Meter - Men
12:50	1500 Meter - Women
1:15	110 Meter Hurdles - Men
1:20	100 Meter Hurdles - Women
1:25	400 Meter - Men
1:35	400 Meter - Women
1:45	100 Meter - Men
1:55	100 Meter – Women
2:05	800 Meter - Men
2:20	800 Meter - Women
2:35	400 Meter Hurdles - Men
2:50	400 Meter Hurdles - Women
3:05	200 Meter - Men
3:20	200 Meter - Women
3:40	5000 Meter - Men
4:05	5000 Meter - Women
4:35	4 x 400 Meter Relay - Men
4:55	4 x 400 Meter Relay – Women