

Ingredients

1/2 Cup Ice Cubes1/2 Cup mixed berries1/4 cup Greek style plain yogurt

2 tablespoons vanilla syrup 1/4 cup pineapple or orange juice Honey or agave to taste

Step by Step Instructions

Place all ingredients in a standard blender or drink blender and blend until smooth.

Serve as desired, topped with whipped cream or plain.

Sweeten to taste with additional honey or agave or sweetener of your choice.

