

FJELLHEIM 6 – 107, Sons of Norway 1045 Ford Street Colorado Springs, CO 80915 719-574-3717 www.sonsofnorwaycs.com facebook.com/sonsofnorwaycs Published Monthly

January 2015 Volume 42, #1

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic countries, and to provide quality insurance and financial products to its members.

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#### **MEETING TIME:**

Monthly business meetings held the second Wednesday of every month (except July)

#### 7:00 PM

Viking Hall, 1045 Ford Street, Colorado Springs, CO

# SEND ARTICLES TO NEW EDITOR:

Michael Johaneson 1307 Wildwood Lane Castle Rock, 80104

mjohaneson@gmail.com Deadline for Feb. issue is Jan 20, 2015



The annual Christmas party was everything we could hope for. The kids started the afternoon making ornaments for the children's tree.

The meatballs, gravy, mashed potatoes and lefsa dinner was a kid's dream and the adults seemed to like it too.

The Song Spinners were way over the top. Watching two dozen vocalists enter the room in black ties for the men and long black dresses for the ladies, we expected a nice traditional choir. Wrong. They did some traditional Christmas carols very well. But they also did swing, jazz, and new versions of old favorites. They had five or six costume changes and engaged the audience at every opportunity. Then they took caroling around the tree with the children to new heights. The entertainment was superb.

A special thanks to Kathy for all the arrangements. And the center-pieces and the gift bags. Thanks also to Amanda for a great meal.



# **JANUARY 2015**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dec 28 9:00 am Christmas Undecorating				1	2	3
4	5	6 12:30 pm Card Social Viking Hall	7 9:00 am Board Meeting Viking Hall 1:00 pm Viking Sisters Olive Garden	8	9	10
11 12:00—4:00 Rosemaling Viking Hall	12	13	14 5 PM Book Club 6 PM FMC 7 PM Heritage Mtg Officer Installation Viking Hall	15	16	17
18	19	20	21	22	23	24 9;00 Zone 8 Training Trollheim
25 12:00—4:00 Rosemaling Viking Hall	26	27	28	29	30	31

**KEEP THE DATES -December 28, 9:00 am Undecorate Viking Hall January 7, 9:00 am Board Meeting** Viking Hall **January 14 7:00 pm Heritage Meeting** Viking Hall January 24, 9:00 am Zone 8 training, **Trollheim Lodge** February 28, 9:00 am **Barnelopet Snow Mtn Ranch** Winter Park

#### **COLORADO LODGE MEETINGS**

**FJELLDALEN** – 1st Tuesdays, 7 p.m.

Prince of Peace Lutheran Church, 2400 S Colorado Blvd,

Denver

**FJELLHEIM** – 2nd Wednesdays, 7 p.m.

Viking Hall, 1045 Ford Street, Colorado Springs

STEIN FJELL - 1st Thursdays, 7:00 p.m. Spiritual Life

Center, Good Samaritan Society, 2101 S. Garfield Ave,

Loveland

**STORFJELL** (Grand County) – No Set Day or Time, Various Locations

**TROLLHEIM** – 3rd Mondays, 7 p.m.

6610 W 14th Ave, Lakewood

**VESTAFJELL** – 2nd Sundays, 2 p.m.

Shepherd of the Valley Lutheran Church, Grand Junction and various cities on the Western Slope

**VESTERHEIM** – 4th Fridays, 7 p.m.

Atonement Lutheran Church, Baseline and Inca Parkway,

## President's Notes

# Yah sure, don't ya' know.....

The word "Lodge" is described by Daniel Webster as a place to show hospitality, and to be the meeting place for a body of members composing a branch of a fraternal organization. As we move forward in this new year, there will be numerous discussions concerning the future of our lodge and each of us may be asked what you believe is the definition of our lodge; Viking Hall. If you are able, please attend our January Membership Meeting on the evening of the 14th, at which time, your new Board will present our 2015 Budget. We will also have the Installation of the new 2015 Officers.

What a wonderful lead-in to introducing myself as your new President. During the past few years, as a new member, I've tried to listen to each of you, and experience the many wonderful lodge events. A little more than 42 years ago, I moved to Colorado Springs after growing up in a small southeastern town in Minnesota. The town had about 800 people, one school of Kindergarten through 12th Grade, a Lutheran Church and a Catholic Church. As a young child, I thought that there was just Lutherans and Catholics. But, as I grew older and wiser, I soon realized that there was also a bunch of Presbyterians. And after 19 years as a Land Development Project Manager and 23 years as a Financial Advisor, I retired June 1st of 2013.

Now that you know a paragraph version of me; I hope to, in the coming days and months, better get to know each of you to help me understand what I need to do, and what our Lodge needs to do, so that we all might enjoy our membership in The Sons of Norway and at the same time; have some fun. Whenever you would like to get in touch with me; my home phone number is 520-0303, and my email is <a href="mailto:ubetcha reagan.com">ubetcha reagan.com</a>. I have a cell phone, but it is usually in my black bag that I carry with me everywhere I go. I take my cell phone out of my bag and turn it on, when I want to call someone. It's an old Moto-Razr flip phone. I've been asked numerous times by AT&T if I would like to "up-grade"? No thanks......I can still call anyone on the phone that I've got. I was however, talked into putting "Call-Waiting" on my home phone. It sort of defines itself, doesn't it? If I'm on the phone and someone else calls me.....they can wait. If you are talking to me, and someone else calls me....., I will not put you on "hold", and talk to someone else. That's rude. Now, you also know a little more about my simple philosophy. I believe that a lot of complications are self-inflicted.

In closing my first words as President, I would like to extend my thanks and gratitude to Mike, as I'm sure that all of us do, for his dedication and detailed attention to the office of our Lodge's President during the past two years. He has been a valued asset to our Lodge, and we will all continue to look to him for his knowledge and advice for many coming years. Are we blessed? UBETCHA!

- Steve Hermanson, President.



#### HAPPY BIRTHDAY TO YOU

Dorothy G Everett	4
Wilma Nau	8
Nanette Walker Smith	8
Robert Eugene Olson	9
Cita L Helseth	12
Claire Suntken	12
Inger Pappas	14
Gary H Barnes	15
Lois M Enderud	15
Maria M Zakrzewski	21
Joan Bakken	25
Carol J Eacker	26
Christopher Hardy	27
Jeff W Hansen	28
Meagan Oldervik	28
Maren Sofia Lyby	30
Ryley Apodaca-Eacker	31



CARD SOCIAL - Potluck and cards on Tuesday January 6, at 12:30 pm. Come join the group for good food, cards and fellowship. Everyone is welcome. Any questions, call Ginny at 495-0253

Viking Sisters -Wednesday, January 7, we will have lunch at the Olive Garden at the Citadel Crossing at 1 pm.

All women of the lodge are Viking Sisters so feel free to join us.

Questions contact Ginny Johnson 495-0253



## **ROSEMALING CLASSES**

Rosemaling classes are scheduled for Sunday, January 11 from 12 to 4 and Janu-

ary 25 from 12 to 4. Reservations are required. Please call Cindy Bauer at 633-8260 or Bj Mapstone at 264-0955.

## **VOLUNTEER HOURS**

I NEED EVERYONE'S VOLUNTEER HOURS FOR 2014 NO LATER THAN FRIDAY, 23
JANUARY 2015. BE SURE TO INCLUDE ROUND
TRIP TRAVEL TIME!
THANK YOU.
CLEO ALLGOOD



# **Barnelopet 2015**

On Feb 28, Snow Mtn Ranch near Winter Park will again be the site for Barnelopet - "Children's Race". This is a free event open to all boys and girls of all skill levels. All skiers receive a beautiful gold medal.

It's an event where the whole family can get involved. Parents, grandparents and other spectators can line up at the finish line to cheer skiers on with cowbells and flags.

Last year, Fjellheim sent 8 young people to participate and 6 adults to help. Let's do it again.



# Scandinavian 2014 Tea Party Thanks

Serving tea to 150 guests and making a profit of \$2205 involves teamwork that is the signature mark of Fjellheim Lodge.

So many to thank—the table hostesses: Bjorg, Beth, Lois, Karen, Cathe, Tania, Adelle, Ruth, Collen, Agnes, Sonia, Kay, Virginia, Beverly, Ginny, Laura, Lynn, and Kerry - all putting together beautifully decorated tables enhancing the tea party experience. Then there was Mike, making hundreds of cups of tea, as well as taking part in the Program. Thanks also to Karen, our reservations expert, adjusting the names so that everyone was sitting where they wanted to be.

What would we do without Terry and BJ? There they were all day Saturday from 7 am to 7 pm preparing the Lodge for tea, then cleaning up after the event. In addition, there were the kitchen elves - making tea party sandwiches, putting together all the treats, dishing up and decorating the peach soup -Lois, Beth, BJ, Mike, Terry, Paul, Virginia, Kay, Colleen, Kathie, Barb, Ruth, and Cathe what a crew! Eunice did an outstanding job of publicity for the tea, thanks also to Dot and Sonja for their Christmas music hat added to the festivities.

Our door prizes were expertly put together by BJ, fragrance samples were donated by Inger, and Christmas birthday cups filled with chocolates and placed on each tea table provided a nice touch. Food donations included lefsa. rosettes and raspberry jam from Lois, syrupsnippers from BJ and krumkaker from Inger.

Lastly, many thanks to all our guests and

members who support our Lodge events. All of you are Special and deserve a big hand! Mange Tusen Takk. Sissel



## Sunshine

To all of members who are celebrating special events in January 2015 - Happy Birthday and Happy Anniversary! Peace be with you all in 2015 and may prosperity be knocking at your door.

Shirley Stilley is home from the hospital after having a heart attack and stent put in. She is doing well and her sense of humor is intact! Get well soon Shirley. You have been, and will continue to be, in our thoughts and prayers.

A little thought as we start the New Year: An optimist stays up until midnight to see the new year in. A pessimist stays up to make sure the old year leaves. ~Bill Vaughan

# Happy New Year Everyone!!!

Karen Ravnaas



Hi Everyone,

Thanks so much for the visits, phone calls, cards, thoughts and prayers during my recent illness.

I'm home now and feeling a little better each day - the doctor says it will take a while. I'm not sure when I'll be able to join you for another meeting - February I hope. Thanks again.

Shirley Stilley

- 5 -

# Sons of Norway Celebrates Founders' Day

January 14 marks Founders Day within Sons of Norway; It was on this day in 1895 that 18 Norwegian Immigrants came together to form a mutual assistance organization that would one day become an international organization. Practical, cautious, and driven to find solutions to the financial problems many Norwegian-American families faced, the founders looked to their homeland for answers.

Several of them had lived in Trondheim, where for a small weekly fee, members and their families acquired free medical care. Borrowing from that plan, the men designed a mutual assistance organization to provide members with security against financial crisis, a forum to celebrate Norwegian-American nationalism, and a means to preserve the treasured literature, music, art, foods and customs of Norway. The founding charter describes the foundation of Sons of Norway and also provides a glimpse of what Norwegian newcomers strove for in America at the turn of the 20th century:

This corporation is organized upon fraternal principles, for the purpose of creating and preserving interest in the Norwegian language by its members insofar as compatible with the loyalty they owe the United States of America, to labor for the development, enlightenment and progress that conduce to honest citizenship, in order that the Norwegian people in their country may be properly recognized and respected; to aid its members and their families in case of sickness and death, by according them financial assistance of such magnitude and upon such conditions, as may be determined by its bylaws.

Over the next 15 years the organization grew, first within Minnesota and then the West Coast of the United States (Washington State). In the 120 years since its founding, Sons of Norway has grown into a Fraternal Life Insurance company serving more than 60,000 members in nearly 400 lodges throughout North America and Norway.

In celebration of our Founders' Day, all members are encouraged to wear their membership pins and any Sons of Norway clothing items you have.

This is a day to celebrate your membership, so be sure to tell your friends and family about Sons of Norway and all the great things its doing in your community.

# From Your Editor



Ok, I took this job to be helpful and learn something new. You know, keep the mind active and all that. It turns out to be a lot of work. That is fine but you should probably take every opportunity to tell me what fine publication this is. Ha-ha.

Thank you to all who contributed, especially those who did so on a Word document attached to their email. Like Word, the software we use-Publisher-is by Microsoft and it cuts and pastes nicely. Hope you like my first edition.

MJ

Book Club meets every second Wednesday at 5:00 pm at Viking Hall. Our facilitator is



Dot Everett.
Our book for January is Astrid and
Veronika by Linda
Olsson

You are welcome to join us on Wednesday, January 14 at 5:00 pm.

As reported at the December meeting, our Lutefisk Dinner served 321 people. The total income from ticket sales and product sales was \$9,074. Total expenses were \$3,587 leaving us with \$5,487. Ok then.

# "Hey, It's Not That Bad!"

Ole Bakken (written some years ago)

At the Lutefisk Dinner this year at Benet Hill we discovered that the dumpster that we usually use was filled to overflowing because the charter school had a Friday night event resulting in a lot of trash. There was no trash service available on Saturday so all of our plates, napkins, lutefisk boxes, etc. were piled by the dumpster. We felt it was our obligation to get these bags and boxes moved as soon as possible so on Sunday morning my pickup was packed full from floor to ceiling. Already by 9:30 AM the warmth was enough that the odor began to be noticeable. I proceeded to the waste transfer station and after paying the toll, I backed into the unloading stall, a place usually infested with cockroaches. Imagine my surprise as I noticed the cockroaches running away from the truck when I had parked!

The transfer stations use huge machines made by Caterpillar with wheels two feet wide and four feet high with steel lugs. These machines run forward and backward over the trash to compact it. There is a blade in front to push trash into trucks moved into special loading pits. These are rugged machines. I threw a lutefisk box with some water and fish residue into the pit and about 15 seconds later, the huge compacter came toward the box. When the machine got about 3 feet from the box, the engine made a loud cough, the exhaust stack blew a large white smoke ring, the blade fell with a loud "Whomp!" and the engine died. Several people in thick white suits with glass helmets came running out yelling "Ragg Mopp, Ragg Mopp!" and grabbed the lutefisk boxes and placed them in several thicknesses of plastic bags and then into a steel container lined with concrete. I asked if I could be of help and they said to get out of there (it was a little stronger than that, actually) and to never come back. As I drove away, I saw a truck that said "HazMat" on the side of it so maybe that's what they were yelling.

Joan made me park the pickup 3 blocks away from the house until I got it fumigated. I parked it in front of a house that has an incessantly barking dog, which, subsequently, has run away.

#### **FJELLHEIM - 2015 OFFICERS**

FJELLHEIM - 2015 OFFICERS					
<b>Board of Directors</b>					
President	Steve Hermanson	520-0303			
	ubetcha@reagan.o	com			
Counselor	Michael Johaneso	n 720-971-0130.			
Secretary	Sara Berge	495-2134			
Asst. Secretary	Laurie Hauschild	660-1105			
Treasurer/Finance Chair	Millie Sullivan	597-0381			
Membership Secretary	Shirley Stilley	475-1524			
Dugguam Dinastons					
Program Directors Social Coordinator	Kathie Godsil	266-9592			
Cultural Coordinator	Marjorie Erickson				
Hostesses	Doris Lake	596-8600			
110000000	Darlene Aaland	550-1288			
	Carol Eacker	633-5193			
Sunshine	Karen Ravnaas	390-0621			
Sports	Kerry Hefta	266-9429			
Foundation	Caren Alvestad	648-2320			
Cultural Skills	Bjørg Mapstone	264-0955			
Book Club	Dot Everett	328-1481			
0 0 0					
Support Officers	I alla III-lananana	(22, (002			
Greeters	Lois Halvorson	632-6003 576-1396			
Marshall	Owen Bergland Dave Haugen	599-0810			
Editor/Photographer	Michael Johaneso				
Editor/Filotographer	mjohaneson@gma				
Web Page & Facebook	Randy Johnson	260-7028			
Musician	Sonja Gund	473-9588			
Publicity	Eunice Bluhm	495-2029			
Historian	Virginia Nelson	650-7029			
Librarian	Sonja Gund	473-9588			
Viking Sisters	Ginny Johnson	495-0253			
Committees/Special Ac		452 1110			
Auditors	Dean Tollefson	473-1110			
	Ole Bakken Millie Sullivan	632-3892			
Tubfrim	Tania Oldervik	597-0381 310-3586			
Volunteer Hours	Cleo Allgood	598-1982			
Field Representative	Cico / tiigoou	370-1702			
Tiora Tropi osoniani i					
Fjellheim Management	Corporation (FM	<u>C)</u>			
Directors	Karen Ravnaas	390-0621			
	Paul Wiig	596-6159			
	Doug Haug	632-4284			
	Swede Knutson	473-3297			
	Chuck Sullivan	597-0381			
Trustoos	Owen Bergland	576-1396			
Trustees	Rodger Erickson Jerry Johnson	597-2196 495-0253			
	Terry Mapstone	264-0955			
	Terry wiapstone	204-0733			
Colorado Zone 8 Director					
	Beverly Moe	720-746-9755			
	bevm259@comca	ast.net			
District 6 President					
Mary Beth Ingvoldstad 707-987-2404					
mbingvoldst@aol.com					
Sons of Norway Board Lyle Berge 720-470-4961					
Sons of for way board	bergenorsk@como				
	2015011013K@COIIIC				

ALL PHONE NUMBERS HAVE 719 PREFIX UNLESS OTHERWISE IS NOTED Sons of Norway Monthly Newsletter Mike Johaneson, Editor Viking Hall—Fjellheim 6-107 1045 Ford Street Colorado Springs, CO 80915

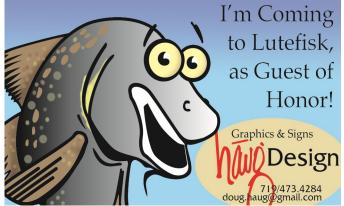


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