



YOGA LEARNING ADVENTURES

FAMILY YOGA REGISTRATION

Connect with your family while practicing yoga and mindfulness techniques. All family members, ages 4+ are welcome in any combination. Lots of options and modifications will be offered to meet all skill levels and needs. Expect both noise and silliness AND quiet and calm. No experience necessary. Bring a yoga mat for each family member if possible. Pre-registration is required.

DAY & TIMES: Friday Nights, 6:00-7:30pm

LOCATIONS: Kellar School
6413 N. Mount Hawley Rd.
Peoria, IL 61614

Salem Lutheran Church
1700 W. War Memorial Dr.
Peoria, IL 61614

INVESTMENT PER CLASS
\$25 for 2 family members
\$10 for each additional family member

DATES: April 12, 26
May 3, 10, 17

May 24, 31
June 7, 21, 28
July 19, 26

Adult Contact: _____ Date(s) Attending _____

Address (street, city, & zip) _____

Email _____ Cell Phone _____

List each Family Member Attending	Age	Birthdate	Relation to you	Exercise Routine & Yoga Experience	Allergies, Special Needs, Or Other Considerations

Emergency Contact, available during class:

Name _____ Phone _____ Relation to You _____

TO REGISTER

1. Complete registration form. Access the printable form on the website or come early to first class.
2. E-mail completed form to angie@yogalearningadventures.com or mail to address below.
3. Cash, check, or online credit card payments are accepted. Make checks payable to *Yoga Learning Adventures*.

ANGIE SWEARINGIAN
102 FRASER ST
EAST PEORIA, IL 61611

CONTACT
Angie Swearingian, Owner & Teacher
Yoga Learning Adventures
angie@yogalearningadventures.com
www.yogalearningadventures.com

WAIVER AND RELEASE

I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, including death, damages, or loss which my family or I may sustain as a result of participating in Family Yoga. I agree to waive and relinquish all claims my family or I may have as a result of participating in this workshop against Yoga Learning Adventures LLC, Angie Swearingian, and Peoria Public School District 150. I do hereby fully release and discharge Yoga Learning Adventures LLC, Angie Swearingian, and Peoria Public School District 150 from any and all claims from injuries, including death, damage, or loss which I may have, or accrue to myself on account of participation in Family Yoga. I further agree to indemnify and hold harmless and defend Yoga Learning Adventures LLC, Angie Swearingian, and Peoria Public School District 150 from any and all claims resulting from injuries, including death, damages, and losses sustained by me and arising out of, connected with, or in any way associated with activities of Family Yoga. In case of an accident or sickness, I consent to emergency medical care provided by ambulance or hospital personnel.

I have read the above Liability Waiver and fully understand the contents. I voluntarily agree to the terms and conditions stated above.

Signature _____

Printed Name _____ Date _____