



Welcome

Thank you for choosing Child Parent Counseling, LLC, to provide counseling services for your child and family. We value the special relationship between child and parent and use this relationship to help children and families become stronger together. We fully appreciate the difficult decision you have made to come to counseling. We realize that your child is the most precious thing in your life. It is our goal to help you and your child find long-lasting solutions to the difficulties that brought you here.

Our initial few sessions will focus on getting to know each other, gathering information about what brought you and your child to counseling and developing an initial treatment plan. Parent involvement is crucial to your child overcoming the issues that brought him or her to counseling. Initially, your therapist will want to meet with you and your child individually and together. Once a treatment plan is developed, counseling may focus on your child, you and your child together or your whole family. Many times, parents are also seen individually to develop strategies that help support your child at home. If you have any questions, please do not hesitate to ask your therapist.

Mechelle Gunther's Background

Mechelle received her M.A. degree in Clinical Psychology from Loyola College, Maryland in 1993. Prior to this she attended Elon College and received a B.A. in Psychology in 1990. Mechelle has over 20 years experience in the mental health field working with children, adolescents, families and adults in a variety of settings to include: inpatient treatment centers, group private practice, and school based counseling. Mechelle has worked on a contractual basis for the local county school system as a School Psychologist since 2002.

After completing graduate school, Mechelle obtained her Advanced Professional School Psychologist Certification in Maryland. While in Washington state, Mechelle received her National Certified Counselor credential and became a Licensed Mental Health Counselor in Washington. Mechelle has practiced as a Licensed Mental Health Counselor in Washington, Texas, Maine, and Maryland. Mechelle subscribes to the Code of Ethics of the American Counseling Association. Mechelle attends multiple trainings annually to continue to foster growth and development as a mental health professional and advocate for children.

Fee Schedule (Effective 5/7/14)

Initial Assessment & Intake: \$110 (45-60 min.)

Individual/Family Counseling: \$85 (45 min.)/\$100 (60 min.)

Group Psycho-education & Counseling: \$40 (45 min.)

Telephone support/consultation (parents/professionals): \$30 per 15 minutes

Summary of counseling services/assessments: rates vary

Credentials

Licensed Clinical Professional Counselor, MD, License Number: LC4019

Advanced Professional Certificate-MD: School Psychologist

National Certified Counselor, National Board for Certified Counselors, License Number: 50687

This information is required by the Board of Professional Counselors and Therapists, which regulates all licensed and certified counselors and therapists: 4201 Patterson Avenue Baltimore, MD 21215-2299 Phone: 410-764-4732 Fax: 410-358-1610

224 Mayo Road, Suite E Edgewater, MD 21037

Phone: (410) 798-8028 Fax: (410) 649-5256

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