

June 2014

Garden Island Sobriety

'Step Seven'

"Humbly asked Him to remove our shortcomings"



He said:

I want to live sober today.

Sometimes I find that I am still afraid of being healed. But I don't know why so it must be a character defect. Who would want to stay ill?

Three years ago, a friend of mine who is now coming up on 30 years sober told me that she was going to work on some of her strong personality points. She is known for her uncompromising personality in the rooms where I encountered sobriety. I was blown away by her statement, you mean, you still use the steps when you are almost 30 years sober? Yes, she said, because she didn't want to be one of those people in AA with long term sobriety who are totally insane and proud of it. So she entered into the steps again with her sponsor.

I don't get to hurt other people or judge other people and then blame it on my personality just because I was blessed today with sobriety. To be sober, in the AA sense, is to grow as a human spiritually. When I see my character defects I use inventory, prayer and meditation so that I don't act that way in the future.

In my relationship with my higher power, I am equally responsible for my prayers coming to life.

My character defects, in all their glory, are not going to go anywhere as long as I keep up the actions associated with them.

When I stop actions that I know hurt other people, then God removes my character defect. When I stop reacting and acting on impulse, then God removes my character defect. When I stop lying, cheating and stealing, then God removes my character defect. That is what I share about in the meetings, how my prayers come to life by working the steps. Meetings are a space of surrender.

Let go (of my character defects) **and let God** (heal me). And, now that I am sober a few days, the relationship I can love is the one I have with my higher power.

(cont. p. 2)



She said:

In Step Seven I embrace relationship. I begin to regard the people

and the world around me in a new light. I learn to dance.

Albert Einstein once said, "There are only two ways to live your life. One is as though nothing is a *miracle*. The other is as though everything is a *miracle*. I prefer the latter." How did man build ships that float, airplanes that fly, and rockets that bolt to the moon? Cause and effect in the natural world were observed, embraced and directed. When we connect with our higher power we become conductors of that natural power. My only goal becomes connecting to the source and removing any obstacles that muddy that connection. Miracles occur when we connect with our higher power.

What interferes with my connection to this higher power that resides within me? Most of my life I related with the world around me to get results. Before I got sober, I viewed the moments of my life as either obstacles to overcome (with happiness at the end) or something to resist. Understandably I was impatient for results when I was suffering through the process. In sobriety, I've learned that life *is process*.

If I can't enjoy the process of my life, how can I expect any result to be fulfilling? For it is there, in the moments of our lives, where our higher power exists. Connection occurs in this moment. The beauty and the miracle of my life lies in the relationship I have with *my moments*.

Connection with my higher power allows me to celebrate the beauty all around me, and to integrate that beauty into my life. It allows the beauty I see to touch me, and to change me. Connection alters my thinking, and *the mere recognition of it* continues to work from the inside out. It influences how I relate

(cont. p. 2)

He Said: (cont.) **With a spiritual awakening**, I found that nothing changed in the material world. With a spiritual awakening, I found that nothing changed in the spiritual world. In both cases, I couldn't see what was always already there. When I opened my eyes I saw that I was on the same path I was always on, just with a smile on my face rather than a shameful quivering lip.

God works in my life whether or not I try to control the outcomes. And when I let go of the outcomes I begin my education on the true meaning of humility in my life
~ Paul M., Kauai

She Said: (cont.) with others, and changes how I act in the world and even how I interact with my environment and the nature and animals on our planet. With connection, I see and feel experiences of beauty touch every area of my life.....because it connects me with the beauty inside of me.

I peel back the layers of my outer shell and find new layers that were hidden below the previous ones.....identity, sense of self, survival skills. Each layer I cast off gets me closer to the truth of who I am. I now recognize the novelty of my layers. Each one was my own design. I created my "self" only to find that I had already been created.

The Art of life lies in creating my moments. We are all creative masters. We create each brush stroke of our lives with every breath that we take. We create the message of our lives through the font of our actions. Don't be afraid to create your most cherished master-piece. It lies within your heart.

In Step 7 we connect with our higher power. Could Einstein view even our character defects as miracles? They have connected us with God. We no longer focus on the problem when we have a solution. Miracles.
~ Jill R., Kauai

Happy Birthday

Tom W.	6/17	1959	55 yrs
Julia P.	6/27	1977	37 yrs
Jeanine B.	6/1	1984	30 yrs
Jon S.	6/4	1987	27 yrs
Kathleen	6/1	1989	25 yrs
Bill E.	6/26	1989	25 yrs
Gary F.	6/1	1990	24 yrs
Linda W.	6/24	1991	24 yrs
Ron A.	6/1	1994	20 yrs
Chris	6/11	2000	14 yrs
Romeo G.	6/20	2000	14 yrs
Tatiana	6/18	2001	13 yrs
Tom C.	6/6	2005	9 yrs
Joe C.	6/1	2007	7 yrs
Chandra	6/15	2007	7 yrs
Jude H.	6/19	2007	7 yrs
Pirie I.	6/28	2007	7 yrs
Matt	6/26	2008	6 yrs
Corina W.	6/30	2013	2 yrs

Congratulations Everyone!!

**Sobriety Birthdays Are Published In
The Month After Their Occurrence.**

Birthday Celebrations West Side

● Ala i ke Ola Hou 5:30 pm Last Friday of the month, Smokey Valley Clubhouse. CAKE AND POTLUCK

South Shore

● Koloa Monday Women's - 5:00 p.m., Koloa Library, Last Monday of the month. CAKE & POTLUCK

● Aloha Group - 7:30 p.m., Koloa Union Church, last Tuesday of the month - CAKE FOR BIRTHDAYS!

East Side

● Hui Ohana - 7:00-8:00 am Last Saturday of the month. CAKE FOR BIRTHDAYS!

● Steps to Freedom - 6:30 pm Last Monday of the month. CAKE & POTLUCK (7:30 pm meeting).

North Shore

● North Shore Aloha Group - 7:30 pm Last Monday of the month - CAKE FOR BIRTHDAYS!

● Princeville-Hanalei Group - 7:30 pm Last Thursday of the Month - CAKE FOR BIRTHDAYS!



4th of July

At Poipu Beach Park

'Big Pavilion'

Setup starts at 8:00 am, Festivities start at 9:00 am

Family Potluck & BBQ

Southside FIREWORKS start at 10:00 pm!!

See you there!!



Water Meeting and BBQ

At Lydgate Park and Pond

This Month July 13th at Lydgate Park

11:00 am Potluck/BBQ, 1:00 pm Meeting in the water



The Last Saturday Supper

At Koloa Salvation Army Hall

5348 Koloa Road, Koloa

This Month on July 26th, 7:00 pm

Speaker at 7:45 pm. Sponsored by Koloa Nooners



Steps to Freedom Birthdays

POTLUCK At Kapa'a United Church of Christ

1315 Ulu Street, Kapaa

This Month on July 28th at 6:45pm

Celebrate AA Birthdays. Speaker meeting 7:30 pm

A.A. Meeting Places



The Big Pavillion at Poipu Beach Park

Meeting: Sunday 7:00 am, The Koloa Aloha Group

'Daily Reflections'

Kauai Farm Bureau Fair



August 21 – 24, 2014

Once again our fellowship will be having an informational booth at the Kauai Farm Bureau Fair!



Men's Retreat at Kokee

"Thus We Grow"

Methodist Camp, Kokee

This Year September 12th – 14th

Contact the AA Hotline for more info: 245-6677



Ice Cream Social

At Lihue Lutheran Church

(On German Hill)

This Year on September 20th, 1:00pm



Hosted by AI-Anon

Meeting Lives Again!

THE MONDAY 11:15 MEDITATION MEETING
AT THE FIRST HAWAIIAN CHURCH IN KAPAA
HAS BEEN REVIVED BY "CPR".

Court Cards and Treatment Cards welcome!



The Concepts Checklist

Concept VII: The Charter and Bylaw of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

- ✓ Do we act responsibly regarding the "power of the purse?"
- ✓ Do we realize that the practical and spiritual power of the Conference will nearly always be superior to the legal power of the G.S.B.??

Find A.A. in Hawaii



at: www.area17aa.org

Send Area Contributions

ADDRESS IT EXACTLY LIKE THIS:

Hawaii Area Committee
1253 S. Beretania St., #2107
Honolulu, HI 96814-1822



AA ARCHIVES

June in Our History:

June, 1935: "The Upper Room" is first published coming out once a month with meditation for each day. It was required reading for early A.A. members before our Big Book was written.

June 10, 1935: Dr. Bob, who becomes AA's co-founder, takes his last drink on this date. June 10th is considered by most A.A. members and historians as the birth date of A.A.

June 1938: Bill W. and Hank P. begin slowly putting down on paper what will become our Big Book.

June 1940: Six inmates in San Quentin read a copy of the Big Book together and form the first A.A. group inside a prison. Bill W. was their guest speaker several times.

June 30th, 1941: "The Serenity Prayer" is found in the NY Herald Tribune newspaper by two members and brought into our New York office. Bill W. liked it so much it was reprinted and sent out with all replies to inquiries about A.A. from that day forward.

June 1945: 2500 A.A. members attended the 10th Anniversary of A.A. in Cleveland, reports the Cleveland Press. As of 1945 Cleveland has 14 of 500 A.A. groups in North America.

June 1947: This issue of the Grapevine carried for the first time, the A.A. Preamble, written by the Grapevine's editor Tom Y.

June 1981: Switzerland holds its 25th A.A. Anniversary! Lois (Bill's widow) was one of the guest speakers.

From 'Big Book Dave', Elected Archivist, Interior Alaska
June 2012 Issue

~ Submitted by Mathea A.



OUR THANKS to B.B. Dave & Mathea A.

Kauai Intergroup

The Next Intergroup Meeting:
July 5th, 9:30 am
The Lihue Neighborhood Center

Intergroup Treasurers Report

April 2014

Income:

Alejandro H Literature (Dist. Workshop)	3.96
Princeville Hanalei Books	16.25
North Shore Aloha	140.00
Princeville Hanalei	209.37
Poipu Beach Sunrise	81.50
Koloa Aloha	100.00
Whiskey And Milk	120.00
Step Sisters	31.00

Expenses:

Hi Telecom	25.63
Guardian Self Storage	114.58
Us Postal Service Annual Box Fee 3606	80.00
Ink Spot (GIS)	150.00

Balance	3,433.28
Less Prudent Reserve	-200.00
And Less 4 th July Event	-500.00
Total Available	2,733.28

~ Prepared by Mike C. ~

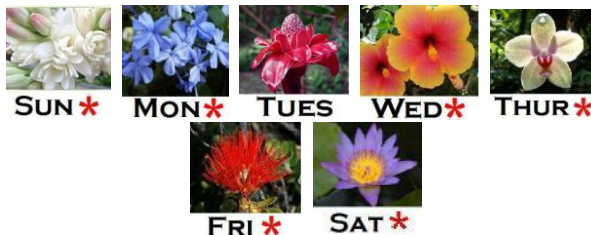
SEND YOUR CONTRIBUTIONS TO:

Kaua'i Intergroup
P.O. Box 3606
Lihue, HI 96766



Kauaiaa.org Visit Our Website!

Kauai A.A. Meeting Schedule



Compact 2-pg schedule
--prints on legal-size 8½x14"

Kauai A.A. Events Calendar

Link to HI Island AA websites

Contact: website.intergroup@gmail.com

Intergroup Officers:

Chair:	Bob B. chair.intergroup@gmail.com
Alt. Chair:	Susan ON.
Treasurer:	Mike C.
Alt. Treas.:	Mo L.
Secretary:	No Huhu
Literature:	Linda
Hotline:	Danette M. hotline.kauai@gmail.com
Events Chair:	Patti Lyne B.
Events Co-Chair:	David V.

Request a newsletter by e-mail



Contact: District6newsletter@hotmail.com

Editor: Linda B.

District 6, Kauai:

The Next District Meeting:
July 19th, 9:30 am
The Lihue Neighborhood Center

PI Committee

The Next Meeting is on July 19th, at 3:00^{pm}
~ At the picnic tables at Nawiliwili Beach Park ~
publicinfo@kauaiaa.org

District 6 Treasurer's Report

June, 2014

GROUP CONTRIBUTIONS:

Whiskey & Milk	50.00
Koloa Aloha	100.00
Keep it Simple	10.00
Princeville-Hanalei	183.20
Step Sisters	11.00
Income June:	354.20

EXPENSES:

Workshop expense:	7.63
Workshop expense:	4.17
Office expense:	30.00
PI / CPC:	60.00
Expenses June:	101.80

Bank Balance:	3,813.98
Prudent Reserve:	1,000.00

~ Prepared by Steve Q. ~

SEND YOUR CONTRIBUTIONS TO:

Kaua'i District Committee
P.O. Box 1503
Kapa'a, HI 96746



Hawaii Area 17 Budget Assembly



Aug. 16 - Aug. 17, 2014
At The Lahaina Civic Center

Hosted by District 13, Tri-Island, Hawai'i

Required attendance: GSRs, DCMS, Standing Committee Chairs and Area Officers.

District 6 Elections

Panel 65

September 20th, 2013

At the Lihue Neighborhood Center

ELECTIONS FOR THE FOLLOWING POSITIONS:

- DCM
- ALTERNATE DCM
- DISTRICT TREASURER
- DISTRICT SECRETARY

EVERY GROUP IS AUTONOMOUS BUT ENCOURAGED BY DISTRICT TO:

- Elect Group Steering Committee Members following Structures & Guidelines, and Service Manual as guides for the voting procedure.
- Elect their GSR before the Hawaii Area 17 Election Assembly Oct., 19, 2014, Puna, HI
- Send their New GSR to vote for the New DCM and District Officers.

The District 6 Committee:

DCM:	Ron A. DCM6@area17aa.org
Alt. DCM:	Alejandro H.
Secretary:	George K.
Treasurer:	Steve Q