

INCIDENT PROCEDURE

TAKE CONTROL
ASSESS THE SITUATION
DELEGATE ACTION

CONTACT THE EMERGENCY SERVICES

At sea, all incidents: Coastguard, VHF Channel 16

Decompression illness: Pan Pan

Lives in danger: Mayday

On land:

Decompression illness: BHA / RN Diver Helplines

England, Wales, Northern Ireland: 07 831 151 523

Scotland: 01 224 681 818

Near drowning: Ambulance 999 or 112

Lost diver: Coastguard/Police 999 or 112

GIVE THE FOLLOWING INFORMATION:

Who you are Type of emergency Location



CASUALTY ASSESSMENT

Name M F Age

Date Time of incident

Time of onset of symptoms Time of assessment

Level of response Alert Voice Pain Unresponsive

Is the casualty oriented? Day Place Person

Changes in personality? Y/N? Chest pains (Y/N?)

Respiration: breaths/min Circulation: pulse beats/min

Vision Normal Tunnel Blurred Double

Tingling/numbness Head/neck L R Trunk L R

Arms L R Legs L R

Weakness Arms L R Legs L R

Smile/swallow symmetric? Y/N? Hand/eye co-ordination: Y/N?

Oxygen administration times Started Ended

Fluids administered Y/N? Amount (ml)

DECOMPRESSION ILLNESS

Keep the casualty quiet

Lie the casualty flat on his/her back

Administer 100% oxygen

Administer fluids

DIVE DETAILS

Ascent: Normal (Y/N) Rapid (Y/N) Missed stops mins

Incident dive Previous dives (most recent first)

Gas mix				
Surface interval				
Time				
Depth				
Duration				
Stop 1 (m / min)				
Stop 2 (m / min)				
Surfacing time				

MONITOR THE CASUALTY

Is the casualty's condition improving/static/deteriorating/relapsing?
Note any changes and times of changes.

IMPORTANT: This slate, plus dive computer and (if appropriate) the casualty's buddy should accompany the casualty to medical facilities