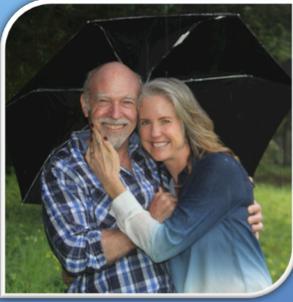


Relationship Vitality Training

With David & Tracy Wikander

Fostering Vibrant Relationships



This dynamic and innovative Relationship Vitality Training is open to all. Come whether you currently have a partner or not. If you are in a couple, you are welcome to bring your partner or come solo, either way your relationship will benefit. You will be able to apply the skills, concepts and tools you learn in this training to benefit all of your relationships; personal and professional.

November 19-21

Nov: 19: 6pm-8:30pm, Nov: 20-21: 9am-5pm

Coaches! Receive 14 hours of Resource Development CCE's for ICF!

Email Linda at info@systemsworx.com for additional information and registration

In this interactive and experiential training we will explore:

- Ways of communication that will create closeness instead of distance
- How to create and maintain a deeper connection
- Practical tools to help you navigate challenges and difficult or sensitive conversations
- How to step out of the conflict wheel and places of feeling "stuck"
- How to foster and maintain vibrancy, fun and spark in relationship...and much more!

I want to thank you again for the training this weekend. My husband and I both gained so much insight into our relationship. We learned more effective ways to communicate with one another. We walked away feeling more connected than we have in possibly our entire relationship. We both see that these new skills and tools we learned will help in all of our relationships in life, including with our children and in our professional lives. This training gave us a lot of hope and I can't thank you enough for that. The work you do makes such a positive impact on people and their relationships. We are incredibly grateful we attended your training.

Thank you!

A-Santa Cruz



Tracy and David Wikander offer relationship trainings internationally for couples and individuals to foster vibrant and intentional relationships.

Tracy is a respected and popular Licensed Marriage and Family Therapist with a private practice in Santa Cruz, CA. David is an

international relationship coach, senior trainer, and certification supervisor for CRR Global. David and Tracy each specialize in working with individuals

and couples who seek to be more skillful in relationships. They believe that relationships can thrive and remain full of intimacy and passion

over the years. With positive guidance, nurturing, communication tools, and willingness, couples can have a relationship filled with vitality. Discover

more about David and Tracy, their trainings, articles, and newsletters at www.CouplesVitality.com