



**Public Health**  
Prevent. Promote. Protect.

The **Gasconade County Health Department** would like to welcome you to our county and hope you have an enjoyable time here and stay safe. We do want to protect our families, friends, and visitors, so please be respectful to our community and others around you by following practices to stop the spread of the COVID-19 virus.

- *IF YOU ARE SICK PLEASE STAY HOME*
- *PRACTICE SOCIAL DISTANCING*
- *WASH YOUR HANDS OR USE HAND SANITIZER AS OFTEN AS POSSIBLE*
- *AVOID CROWDED AREAS*
- *WEAR A FACEMASK IN PUBLIC AREAS, ESPECIALLY IF CROWDED*

**CORONAVIRUS DISEASE 2019 (COVID-19)**  
**Symptoms of COVID-19**

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

**CONTACT TRACING SLOWS THE SPREAD OF COVID-19**

**STOP THE SPREAD OF GERMS**  
Help prevent the spread of respiratory diseases like COVID-19.

When in public, wear a cloth face covering over your nose and mouth.

**CORONAVIRUS DISEASE 2019 (COVID-19)**  
**STOP THE SPREAD OF GERMS**  
Help prevent the spread of respiratory diseases like COVID-19.

Stay at least 6 feet (about 2 arms' length) from other people.

**6 ft**

**Cloth Face Covering Do's & Don'ts:**

**DO:**

- ✓ Make sure you can breathe through it
- ✓ Wear it whenever going out in public
- ✓ Make sure it covers your nose and mouth
- ✓ Wash after using

**DON'T:**

- Use on children under age 2
- Use surgical masks or other personal protective equipment (PPE) intended for healthcare workers

IF YOU HAVE ANY QUESTIONS OR CONCERNS PLEASE LOGIN TO OUR WEBSITE: [www.GasconadeCountyHealth.com](http://www.GasconadeCountyHealth.com)