

CASE Events Calendar - December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	2	3 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	4	5
6	7	8 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	9	10 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	11	12
13	14	15 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	16	17 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	18	19
20	21	22 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	23	24 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	25 Christmas Day	26 Boxing Day
27	28	29 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	30	31 New Years Eve Essentrics and Cardio 11:30 to 12:45		

Note: Watch email for more detail on activities and events.