



The CCB Science 2 Service Distance Learning Program[®]

Please complete all required information and fax to 203.284.9500

For questions or assistance with the program, please email Jeff at JQuamme@ctcertboard.org

S2S 2053 Recovery Oriented Methadone Maintenance

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Northeast ATTC/Great Lakes ATTC/DBHMRS, 2009

Module 2 Pre Test

1. Public understanding of recovery as a _____ rather than a stable behavioral health status contributes to therapeutic pessimism and the social stigma attached to addiction and treatment.
 - a. idealistic goal
 - b. motivational state
 - c. treatment outcome
 - d. abstinence only idea

2. _____ is about the subtraction of pathology; recovery is ultimately about the achievement of global health, social functioning and quality of family/personal life.
 - a. Abstinence
 - b. Treatment
 - c. Remission
 - d. None of the above

3. Methadone pharmacotherapy _____ the reduction/cessation of drug use and the broader processes of psychosocial rehabilitation.
 - a. enhances rather than interferes with
 - b. reduces rather than blocking
 - c. completes rather than assisting with
 - d. has little effect on

4. For most patients, the _____ to methadone resulting from prolonged daily administration of optimum doses neutralizes the potentially intoxicating properties of the medication.
 - a. sensitivity
 - b. tolerance
 - c. aversion
 - d. addiction

5. Recent attempts to define addiction recovery have focused on three essential elements: resolution of drug related problems, _____, and improvement in global health.
 - a. employment
 - b. citizenship
 - c. reduction in criminal behavior
 - d. completion of formal treatment



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6. The cultural/professional equation of methadone and heroin (substituting one addictive drug for another) is reinforced by the characterization of MM as _____.
- a. "a last resort"
 - b. short term treatment
 - c. replacement therapy
 - d. palliative therapy
7. _____ recovery involves reconstructing roles, rules and relationships; and enhancing the resistance/resilience/health of all members.
- a. 12 Step
 - b. Psychosocial
 - c. Sustained
 - d. Family
8. Widespread acceptance of methadone maintenance is contingent upon _____ in the United States and on launching an effective and sustained campaign of professional and community education regarding methadone, methadone maintenance treatment and methadone assisted personal and family recovery.
- a. increasing OTP availability
 - b. cost reduction
 - c. elevating the quality of MM treatment
 - d. reducing methadone diversion