



NTCA FEBRUARY LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Beef Hot Dog on a w/g bun Vegetarian Baked Beans Fruit Milk	4 Chicken Nuggets Rice Broccoli w/g bread Fruit Milk	5 Grilled Cheese on w/g bread Hearty tomato soup Crackers Fruit Milk	6 Waffles Turkey sausage Hash browns Fruit Milk	7 Chicken Patty on w/g bun Mixed vegetables Fruit Milk
10 Spaghetti w/ meat sauce Green beans w/g roll Fruit Milk	11 Turkey Meatballs w/ gravy Mashed potatoes Steam carrots w/g bread Fruit Milk	12 Nachos w/ meat & cheese Refried beans Mexicali Corn Fruit Milk	13 Turkey & cheese w/g bread, Romaine salad Fruit Milk	14 Hamburger on a w/g bun Whole kernel corn Fruit Milk
17 Beef Hot Dog on w/g bun Vegetarian Baked Beans Fruit Milk	18 Chicken Nuggets Rice Steamed Carrots w/g bread Fruit Milk	19 Grilled Cheese on a w/g bread Chunky Tomato Soup Crackers Fruit Milk	20 Waffles Turkey sausage Hash browns Fruit Milk	21 <p style="text-align: center;">NO SCHOOL</p>
24 <p style="text-align: center;">MID-SEMESTER BREAK NO SCHOOL</p>	25 Turkey Meatballs w/ gravy, Mashed potatoes, steam carrots, w/g bread Fruit Milk	26 Nachos w/ meat & cheese Refried beans Mexicali Corn Fruit Milk	27 Turkey & cheese on w/g bread, Romaine salad Fruit Milk	28 Hamburger on w/g bun Whole kernel corn Fruit Milk

1% Low-fat milk or fat-free chocolate milk is served with every meal

This institution is an equal opportunity provider.
