

KOL HANESHAMAH 2015-2016/5776
TIKKUN OLAM DESCRIPTION SHEET

- 1. “SPECIAL GAMES ANNUAL FIELD DAY” OCTOBER 4, 2015, 12-2:30**
Come help empower disabled children and adults as they participate in a variety of sports events, earn ribbons, and walk away with an incredible sense of pride and accomplishment. This Tenafly JCC event is followed by a kosher barbecue and the entire day is set to music. Help make a difference in the lives of our participants and their families. Whole families are encouraged to volunteer together. Note: This is a change of date from the item that was in last year’s *tikkun olam* list. Please let us know if you can join us on the new date. Registration is required, but we will process it for you.
- 2. MITZVAH DAY SUNDAY NOVEMBER 1, 2015**
Join us for our 8th annual musical revue. This year we will entertain the residents of the Brightview Assisted Living in Tenafly, NJ, 2:30 - 3:45 pm. Can you dance, juggle, play an instrument, sing, tell jokes? We will end with some group singing led by Alan Arenson and Brynn Levy on guitar. Perform an act, join in the group singing, or both! Note: Registration is required, but we are happy to process it for you.
- 3. BLOOD DRIVE**
Save lives by volunteering to help out or give blood, on a Sunday to be announced. We will team up with St. Paul’s for this event. Teens 16 and over can donate, but 16-year-olds must have written parental permission.
- 4. PALISADES TRAIL CLEANUP**
Join us as we clean up the Palisades Interstate Park trail on Sunday October 4, and the first Sunday of every month thereafter.
- 5. DONATE HOLIDAY GIFTS**
Bergen County Volunteer Service will provide us with a list of needy families. You will be given a brief description of one of these families along with their Christmas wish list, and asked to shop for appropriate gifts for that family.
- 6. HOMELESS SHELTER**
Join us to cook and/or sleep at the Family Promise homeless shelter in Englewood. KH will cover a few days at the end of June or beginning of July, with specific dates to be announced.

WE WILL CONTACT YOU WITH ARRANGEMENTS. If you have questions, please call our Kol HaNeshamah office at 201-816-1611 or email tikkunolam@khnj.org