

# DRUG FREE ADAMS COUNTY

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## DRUG FREE ADAMS COUNTY MINUTES ~ February 27, 2019

Present (including sectors): Pat Miller (Superior Court/Drug Court), Kelly Sickafoose (DFAC/Drug Court), Wes Kuntzman (Mt. Zion UB Church), Anita Miller (Adams Wells Crisis Center), Wesley Haight (Berne PD – DETECT), Mandy Lengerich (Adams Wells Special Services), Bob Becker (Redeemer Lutheran Church), Alyca Galvin (AMH), Linda Hathaway (McMillen Health), April Fullenkamp (Bowen Center), Bob Corral (Bowen Center), Leonard Corral (Decatur PD), Kevin McIntosh (Monroe PD), Phil Hutson (Park Center), Cherish Ruble (Brightpoint), Curtis Rose (Brianna's Hope), Kelly Bollenbacher (Probation), Ian Gilbert (ACCC), Jaime Loshe (Probation), and Stephanie Smith (McMillen Health).

- 1. Patrick Miller welcomed everyone to the meeting.
- 2. Approval of January 23, 2019 Minutes: Motion: Bob Corral; 2nd: Mandy Lengerich; all in favor
- 3. Financial Reports
  - Local Drug Free Communities Fund
    - 2019 collections: \$2,371.50
    - o Expenditures: None at this time.
    - o Grantees will be paid in February
- **4.** News Around the State and Nation: The report was attached to the agenda.
  - A growing number of U.S. adults are misusing benzodiazepines such as Valium and Xanax, researchers at the University of Michigan have found.
  - Most people treated in the emergency room for an opioid overdose can safely leave the hospital in as little as one hour after receiving the opioid overdose antidote naloxone.
  - Drug overdose deaths among women ages 30 to 64 more than tripled between 1999 and 2017.
  - In Indiana, opioids were involved in almost 63% of drug overdose deaths in 2017.

#### 5. Guest Speaker: April Fullenkamp, Director Region 10, Bowen Center

- April stated that Bowen Center wants to partner with Adams Behavioral Health and Park Center.
- Bowen Center accepts Recovery Works and Medicaid.
- The organization provides services to children through adults, including wraparound services for the family.
- Bowen Center has a goal to "work ourselves out of a job."
- Skills coaches prepare clients to react appropriately to triggers and cravings.
- Ian asked if treatment scholarships can be used for Bowen Center services. Kelly reported that DFAC is waiting for a reply from State representatives.

#### 6. DFAC Business/Discussions

- Grantee presentation sign-up
  - The sign-up sheet was distributed.

#### • Recovery House

- Kelly invited the coalition to discuss the choosing of a recovery house provider: Serenity House or Oxford House.
- Discussion included certification requirements.
- Transportation continues to be an issue.
- The next recovery house meeting is March 12 at noon.

#### • Communities Talk: Town Hall Meetings to Prevent Underage Drinking Initiative

- DFAC is receiving a \$750 stipend for the town hall meeting.
- Kelly welcomed the coalition into discussion on potential topics for the meeting.
- Suggestions included: the dangers of combining alcohol with other drugs; the social hosting law; alcohol is not a rite of passage; craft beers and their higher potency; purple drank; and powdered alcohol.
- Panel members could include Leonard Corral, a parent who has experienced the tragic impact of underage drinking, and/or a representative from McMillen Health. Randy Davis from Brianna's Hope, school resource officers, and a school nurse were also discussed.
- August or September near homecoming was the suggested timeframe.

### What drug/alcohol issues are you seeing?

• Students are snorting and selling Benadryl. Fentanyl, synthetics and suboxone have been identified recently.

### 7. Opioid Task Force

- The coalition discussed potential speakers and topics for the upcoming symposium.
- Coalition members suggested discussing how individuals can handle life stressors, including mindfulness, diet, exercise, functional medicine, etc.
- Suggested speakers included the Mayor of Wabash and/or a recovery house representative.

#### 8. For the Good of the Order/Member Sharing

- CBD flowers are being sold at gas stations. The flowers do test positive for THC.
- **9. Adjournment** at 1:00 p.m.

NEXT MEETING: March 27, 2019, Adams Memorial Hospital, Monroe Room